

Leading self



VIDEO BASED



ALL DEVICES



CERTIFICATE



2 HOURS



COACHING



Some people have a natural tendency towards leadership, but for many, it's a skill that needs to be learned and practiced.

The challenge is that, in a busy workplace, the importance of leadership development can often be overlooked.

The Leading Self programme has been designed to give leaders—or aspiring leaders—insight into themselves, their effectiveness, and the influence and impact they have on the people they.

Who's it for?

Current managers.

New managers.

Up and coming talent.

All staff (great leaders don't have to be managers).

What are the learning outcomes

After completing Leading Self your people will be able to:

- Understand what influences their behaviour.
- Recognise their strengths, blind spots and working style preferences.
- Communicate clearly with an awareness of the importance of tone and body language.
- Identify what they need to do to lead a high performing team.

Programme outline

Each course is self-paced and will take you about 10 to 15 minutes to complete.

Short videos will show you what good looks like and provide you with some thought-provoking actions that you can implement in your leadership. Questions, activities and resources will help you remember the key learning points.

Optional practical coaching activities and coach check-ins and customised videos can be included.

1. Your Values
2. Your Personality Style
3. Strengths, Weaknesses & Vulnerabilities
4. Emotional Intelligence
5. Leadership Behaviours
6. Communication
7. Goal Setting
8. Working Smarter

Optional extras

Customised videos, including an intro from your CEO, filmed with your people and products.

Coaching.

Programme outline

1. Your Values

- What are values?
- Values-based Leadership
- Values that conflict with others
- Working together

2. Your Personality Style

- Identifying your personality style
- Understanding your personality style
- Recognising personality styles in others
- Working with different personality styles
- Flexing to meet the needs of your team

3. Strengths, Weaknesses & Vulnerabilities

- Recognising your strengths
- Managing your weaknesses
- The power of vulnerability
- Behaviours of a vulnerable leader

4. Emotional Intelligence

- Self awareness
- Self management
- Empathy
- Relationship management
- Self motivation

5. Leadership Behaviours

- Know the big picture
- Develop shared values
- Admit your mistakes
- Treat everyone fairly
- Identify your team's strengths
- Recognise and deliberate success
- Communicate

6. Communication

- What is communication?
- Types of communication

7. Goal Setting

- The value of goal setting
- Determining your goals
- SMART goals
- Benefits of SMART goals

8. Working Smarter

- Where do you spend your time?
- Making meetings matter