

BIG IDEA

When we approach the table for communion, we need to remember that God is offering us grace in this meal, and it is not something that we should miss. It is also not something we should do on our own, but as the church gathers together. Finally, that same grace removes the spotlight from us and shines it on Christ and how he lovingly welcomes all who believe in him to feast.

THOUGHTS FROM THE SERMON

- 1. Read Mark 14:12-26. What stood out to you in the reading?
- 2. How were you impacted by the message this week?
- 3. Why is it essential that we look at the Passover meal and its history?
- 4. In what ways does Jesus' request of the disciples to find a man carrying water mimic his previous request for them to find a colt?
- 5. What are the four prominent views of the Lord's Supper, and how are they different? Why is the fourth view so beautiful? (visit www.gatewayepc.org/news to read the sermon manuscript which details each view)
- 6. In light of the grace God offers during communion, how should we approach the table?
- 7. Why should the spotlight be on Jesus and not on us as we feast on the bread and the cup?

NOTES

PERSONAL REFLECTION AND APPLICATION

- 1. Do the words "beautiful" and "intimate" come to mind when you approach communion?
- 2. Reflect on God's grace that is represented in the Lord's Supper. What emotions or thoughts come to mind for you personally?
- 3. What has been your personal view of communion? After hearing the message, has that view changed? If so, how and why?
- 4. How does knowing the spotlight is on Christ and not you at the Lord's table take the pressure off of you personally?
- 5. How can you apply what you learned from the sermon to your life today?
- 6. How can your group hold you accountable this week? How can they encourage you?

DEEPER

Pray: Take time this week to pray for each member individually. At your next meeting, follow up with each other's prayer requests. Start to pray for those you want to invite to one of our services at Easter.

Read: 1 Corinthians 11:23-26 and Mark 14:12-26. Take time to reflect on these passages and write down your thoughts.

Sing: Visit https://www.gatewayepc.org/news and listen to the worship songs from Sunday throughout the week. Look up the lyrics to each song and spend some time reading them as well.

Memorize: As a Life Group, pick a few verses from the sermon and memorize them this week. (Mark 14:12-26; 1 Corinthians 11:23-26)

Love: How can your group show the love of Christ to our community in the coming month?