

lunch.

starters

CHEFS HOMEMADE SOUP

sourdough, salted butter

£8.45 (VG*, GF*)

DUCK & ORANGE PATE

sourdough crostini, cumbrian chutney

£9.45 (GF*)

GARLIC WILD MUSHROOMS

cumbrian blue cheese, garlic bread

£9.45 (V, GF*)

SPRING VEGETABLE RISOTTO

vegan parmesan and rocket pesto

£9.45 (VG, GF)

classic mains

WHOLETAIL WHITBY BREADED SCAMPI

thick cut chips, tartare sauce, lemon wedge, mushy peas

£19.95

HOMEMADE STEAK & KESWICK ALE PIE

braised beef steak in local ale, rosemary and thyme, shortcrust pastry, creamy mash and seasonal vegetables

£20.95

8^{oz} WAGYU BEEF BURGER

streaky bacon, monterey jack cheese, baby gem lettuce, beef tomato, smoked aioli, tennessee burger bun, onion rings, red cabbage slaw and skinny fries

£21.95

CARTMEL PORK & APPLE SAUSAGE

creamy mash, caramelised red onion gravy, seasonal vegetables

£19.95

PAN-FRIED SUPREME OF CHICKEN (GREEK STYLE)

marinated supreme of chicken in garlic, lemon and herb, roasted mediterranean vegetables and new potatoes, chard feta cheese, finished with kalamata olives and tzatziki sauce

£23.95 (GF)

VEGAN LINGUINE BOLOGNESE

vegan parmesan, side salad and garlic bread

£19.95 (VG)

SPRING GREEN VEGETABLE RISOTTO

rocket pesto, side salad and garlic ciabatta

£19.95 (VG, GF*)

MOVING MOUNTAINS BURGER

tennessee burger bun, guacamole, beef tomato, onion, house slaw, cheese and skinny fries

£19.95 (VG)

VEGAN INDIAN PLATTER

seasonal vegetables in a butternut squash curry, pakora, poppadom, pilaf rice, garlic and coriander, flat bread, mango chutney, riata, and sweet and spiced cashew nuts

£21.95 (VG, GF*)

sides

ONION RINGS £4.95

THICK CUT CHIPS £4.95

CHEESY CHIPS £5.95

GARLIC BREAD £4.95

CHEESY GARLIC BREAD £5.95

SIDE SALAD £4.95

SEASONAL VEGETABLES £4.95

SKINNY FRIES £4.95

GF = Gluten Free, GF* = Gluten Free Option Available, V = Vegetarian, VG = Vegan
If you have any dietary requirements please let a member of staff know and we will do our best to accommodate you

PLEASE ORDER ALL
FOOD & DRINKS
AT THE BAR

salsads

PRAWN COCKTAIL

baby gem, marie rose sauce

Starter £11.95 / Main £21.95 (GF*)

SUPER FOOD SALAD

tenderstem broccoli, beetroot, guacamole, cucumber, quinoa, cherry tomato, rocket, sesame seeds, ginger

Starter £9.95 / Main £19.95 (VG, GF*)

CHARGRILLED CHICKEN COB SALAD

baby gem, croutons, cherry tomatoes, cumbrian farmhouse cheese dressing

Starter £9.95 / Main £19.95 (GF*)

children's - £8.95

LAKELAND SLICED HAM (GF)

chips & peas

FISH & CHIPS (GF)

mushy peas

CUMBERLAND SAUSAGES (GF)

mash and peas

BREADED CHICKEN FILLETS

chips & peas

VEGAN BOLOGNAISE LINGUINE (VG, GF*)

garlic bread

hot ciabattas

served on warm rustic ciabatta

(gluten free bread available on request)

BACON & BRIE, CRANBERRY SAUCE £14.95

CUMBERLAND SAUSAGE, CARMELISED ONION CHUTNEY £14.95

GRIDDLED FLAT IRON STEAK, ROCKET, CARMELISED ONIONS £16.95

GRILLED CHICKEN & BACON, MAYONNAISE £14.95

FISH BUTTY, MUSHY PEAS & TARTARE SAUCE £15.95

GRILLED VEGAN HALLOUMI, ROCKET, ONION, BLACK OLIVE & TOMATO (VG) £14.95

all served with thick cut chips and salad

sandwiches

on white or brown sliced farmhouse bread

(gluten free bread available on request)

PRAWN MARIE ROSE WITH BABY GEM LETTUCE £10.95

CUMBRIAN ROAST HAM £8.95

CUMBERLAND CHEDDAR CHEESE SAVOURY £8.95

TUNA MAYONNAISE & CUCUMBER £8.95

FREE-RANGE EGG MAYONNAISE & ROCKET £8.95

all served with salad, coleslaw and salted crisps

desserts

APPLE & BLACKBERRY CRUMBLE (VG, GF) £9.45

custard or lake district vanilla ice-cream

LEMON MERINGUE PIE (GF) £9.45
lake district raspberry sorbet, raspberry coulis

STICKY TOFFEE PUDDING (GF*) £9.45
lake district salted caramel ice-cream, toffee sauce

CHOCOLATE CARAMEL FUDGE CAKE £9.45
lake district death by chocolate ice cream

CHEESECAKE OF THE DAY £9.45
lake district ice cream or double cream

CUMBRIAN CHEESE BOARD £11.95
blengdale blue, eden vally brie, cumberland farmhouse, smoked applewood, celery, crackers, grapes, apple and local chutney

LAKE DISTRICT ICE CREAM £8.45
3 scoops of your choice

LAKE DISTRICT SORBET £8.45
3 scoops of your choice



MARY MOUNT HOTEL

Keswick