



EVERLAST
F.I.T.

2024 F.I.T.
CATALOGUE



PRO GRIP BURST RESISTANT FITNESS BALLS

- Textured surface ensures greater control
- Low-impact workout for all fitness levels
- Develop lower back and ab muscles for a stronger core
- Two-way action pumped included
- Tone upper and lower body in one workout
- Gain better balance and flexibility without joint strain

ITEM #:

EE7501GY – 75CM (GREY)

EE7501VI – 75CM (VIOLET)





DUO AB WHEEL

- Tightens abs and strengthens core muscles
- Tones arms, shoulders and back
- Dual wheels for stability
- Molded handles for secure grip

ITEM #:
ER7534GN





WOVEN BAND

- Designed for comfort and control
- Increases strength and stability
- Ideal for warm up, recovery and muscle activation
- Durable natural latex rubber
- Set of 3 - light, medium and heavy bands
- Band dimensions: 10" (25.4 cm) x 2" (5.08 cm)
- Thickness dimensions: Light - 0.03" (0.08 cm)

ITEM #:

EE2994GY – Light Resistance





CABLE JUMP ROPE 11'

- Excellent for cross overs, side jumps, double-overs, skips and more
- Ideal for all fitness levels
- Made of galvanized steel wire
- Extended Length - adjustable rope up to 11 ft (3.35 m)

ITEM #:
EE8570BL





MEDICINE BALLS

- Develops speed and agility
- Conditions upper and lower body
- Builds stamina
- Targets core muscles
- Textured surface for stability
- Durable construction

ITEM #:

EE5129GN – 8LB

EE5130BL – 10LB



HAND THERAPY KIT

- Strengthen fingers, hands, wrists and forearms
- Reduces stiffness and soothes joint pain
- Helps relieve built-up stress in the palms and joints of the hand
- Includes 3 hand balls with different levels of resistance: soft, medium and firm

ITEM #:
EE5069MU





600ML SHAKER BOTTLES

- Includes a spiral whisk ball to mix ingredients with ease
- Perfect for protein shakes, smoothies etc.
- Features an ergonomic flip cap and leak proof seal
- BPA Free

ITEM #:

EE8017TQ – Turquoise

EE8017GY – Grey

EE8017RE – Red

EE8017BK – Black

EE8017PK – Pink

EE8017WH – White

EE8017BL – Blue





2.2L WATER BOTTLE

- Contains a large capacity of 2.2 liters
- Reusable water bottle with a leak-proof, stainless-steel cap and nylon strap
- Sturdy handle makes the water bottle easy to carry
- BPA-free and DEHP-free

ITEM #:

EE3183RE – Clear

EE9065BK – Black





FOLDING EXERCISE MAT

- PU leather shell and expanded polyethylene foam padding
- provides maximum support and comfort
- Non-absorbent shell
- Sewn handle for easy transportation
- Mat size: 24" (61 cm) x 72" (183 cm) x 1.25" (3 cm)

ITEM #:
EV9050BK





YOGA ESSENTIALS KIT

- Kit includes everything needed to start and maintain your yoga regime.
- 1 PVC anti-slip yoga mat 24" (61cm) x 72" (183cm) x 0.12" (0.3cm)
- 1 cotton yoga strap 1.5" (3.8cm) x 72" (183cm)
- 2 EVA foam yoga bricks 3" (7.62cm) x 6" (15.24cm) x 9" (22.86cm)

ITEM #:
EY6350PU



The Everlast logo is located in the top left corner. It features the word "EVERLAST" in a stylized, black, serif font with a small "E" logo underneath it, all set against a red background.

EVERLAST

A woman with long brown hair in a ponytail is performing a squat in a gym. She is wearing a black tank top, black leggings with a red waistband, and black sneakers. She is standing on a blue mat with red and black lines. In the background, there are white walls, a large window with a black and white striped awning, and a rack of dumbbells.

2024 ELITE FITNESS CATALOGUE



BURST RESISTANT FITNESS BALLS

- Tone the upper and lower body in one workout
- Gain better balance and flexibility without joint strain
- Completely supports and cushions the body
- Two-way hand pump for quick inflation

ITEM #:

ET3583GY(65CM)

ET3584BK (75CM)





PRO GRIP BURST RESISTANT FITNESS BALL

- Tone the upper and lower body in one workout
- Gain better balance and flexibility without joint strain
- Completely supports and cushions the body
- Two-way hand pump for quick inflation

ITEM #:
ET7500BK (65CM)





STABILITY BALL WITH 3LB SAND FILL

- Durable, anti-burst construction
- Gym grade PVC
- 7P Free
- 3lb (1.36 kg) of weight ballast within the ball
- 2-way action pump included

ITEM #:

ET4117LA (55CM)

ET4118BL (65CM)

ET4119BK (75CM)

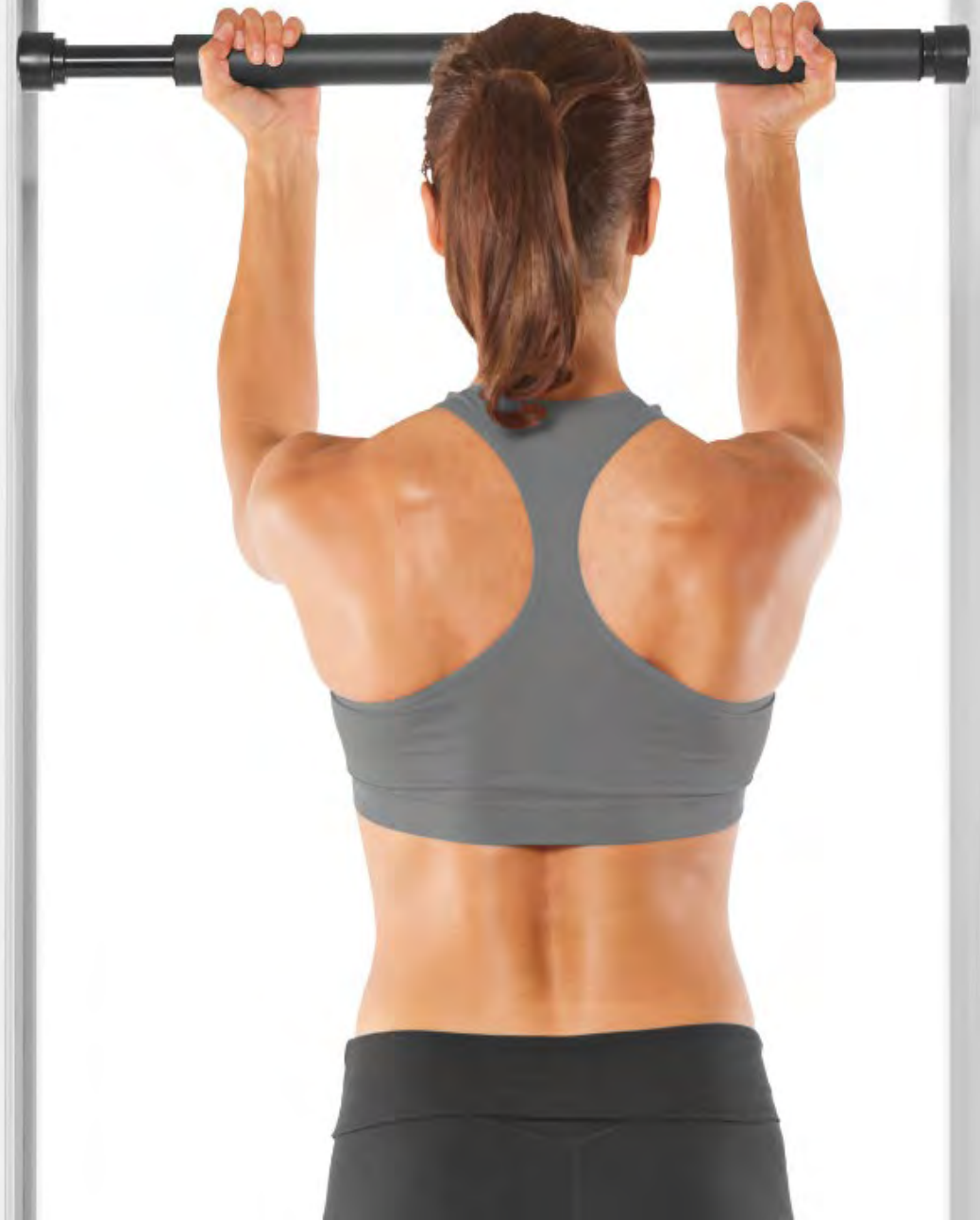




CHIN & SIT UP BAR

- Adjustable to doorways up to 36" (91cm) with one telescoping end
- Soft, foam-covered bar for extra comfort
- Holds up to 250lbs (113kgs)
- 2 sets of brackets for an easy switch from chin up bar to sit ups without having to reinstall

ITEM #:
ET2405BK





DUO AB WHEEL

- Tones abdominals
- Strengthens arms and shoulders
- Two easy-glide wheels for stability
- Moulded easy-grip handles for comfort
- Lightweight and portable

ITEM #:
ET7534RE





SLIDERS

- Smooth glide dual surfaces
- Thermoplastic surface for carpeted gym floors
- High density foam surface for wood, laminate or tiles

ITEM #:
ET3768BK





PUSH UP STAND

- Inclined push-up bars are lightweight and portable
- Ergonomic design provides optimal wrist positioning, reduces discomfort and targets more muscle groups
- Non-slip foam comfort grips help your wrists and hands
- Build strength in your upper body, arms, legs, and abdominal area with dips, push-ups, L-sits, stretches and many more bodyweight strength training exercises

ITEM #:
ET3250BK





TOTAL BODY WORKOUT KIT

- Kit Includes: Upper-Body Strength Bar, Push Up Stands and Duo Wheel
- Portable, easy to store kit can create a complete workout gym in seconds whether at home, at work or on the road

ITEM #:
ET3252BK





ADJ. GRIP STRENGTHENER W/COUNTER

- Strengthen hands, wrists and forearms
- Turn the quick adjust dial to change resistance
- Adjustable resistance from 20 to 90 lb (9 - 41 kg)
- Keep track of your repetitions with the built in counter
- Durable rubberized grip

ITEM #:
ET1306RE





STRETCH BANDS

- 3 pack of bands in light, medium and heavy resistance
- For resistance training and rehabilitation
- Improves strength, range of motion and flexibility
- Provides progressive resistance
- Made of natural latex

ITEM #: ET7657AS





MINI BANDS SET OF 3

- 3-piece set: Light, medium and heavy bands
- 3" (7.6cm) x 12" (30cm) for comfort and control
- Durable natural latex rubber
- Increases strength and stability
- Lightweight and portable

ITEM #:
ET9522AA





MINI BANDS SET OF 3

- Enhances strength, endurance, coordination and flexibility
- Made from natural latex rubber
- Lightweight and portable
- Light band provides 24-48lb (11-24kg) of resistance
- Medium band provides 48-75lb (22-34kg) of resistance
- Heavy band provides 99-121lb (44-55kg) of resistance
- Extra heavy band provides 121-231lb (55-105kg) of resistance

ITEM #:
ET3082PU - LIGHT
ET3083OR – MEDIUM
ET3084BL – HEAVY
ET3085BK – EXTRA HEAVY





RESISTANCE TUBING

- Padded handles
- Multiple exercise variations
- 4ft / 1.2m dipped latex tube
- Tones multiple muscle groups
- Lightweight and portable

ITEM #:
ET9614RE – Medium Resistance
ET9615BK – Heavy Resistance





SUSPENSION TRAINER

- Provides a full body workout using your own weight as your resistance
- Easily adjustable from 4.5ft to 5.7ft
- Extension anchor strap provides additional length as well as versatility of anchor points
- Metal carabiners for easy and secure adjustment and assembly
- Workout in progress warning card to make sure you are not interrupted
- Conveniently stored in its own carry bag

ITEM #:
ET7535BK





LEATHER JUMP ROPE 9.5'

- 9.5ft/2.9m leather jump rope
- Increases cardio performance
- Builds endurance
- Improves coordination
- Precision ball bearings for extra speed
- Contoured and polished wood handles
- Rope made of genuine leather

ITEM #:
ET2445TN

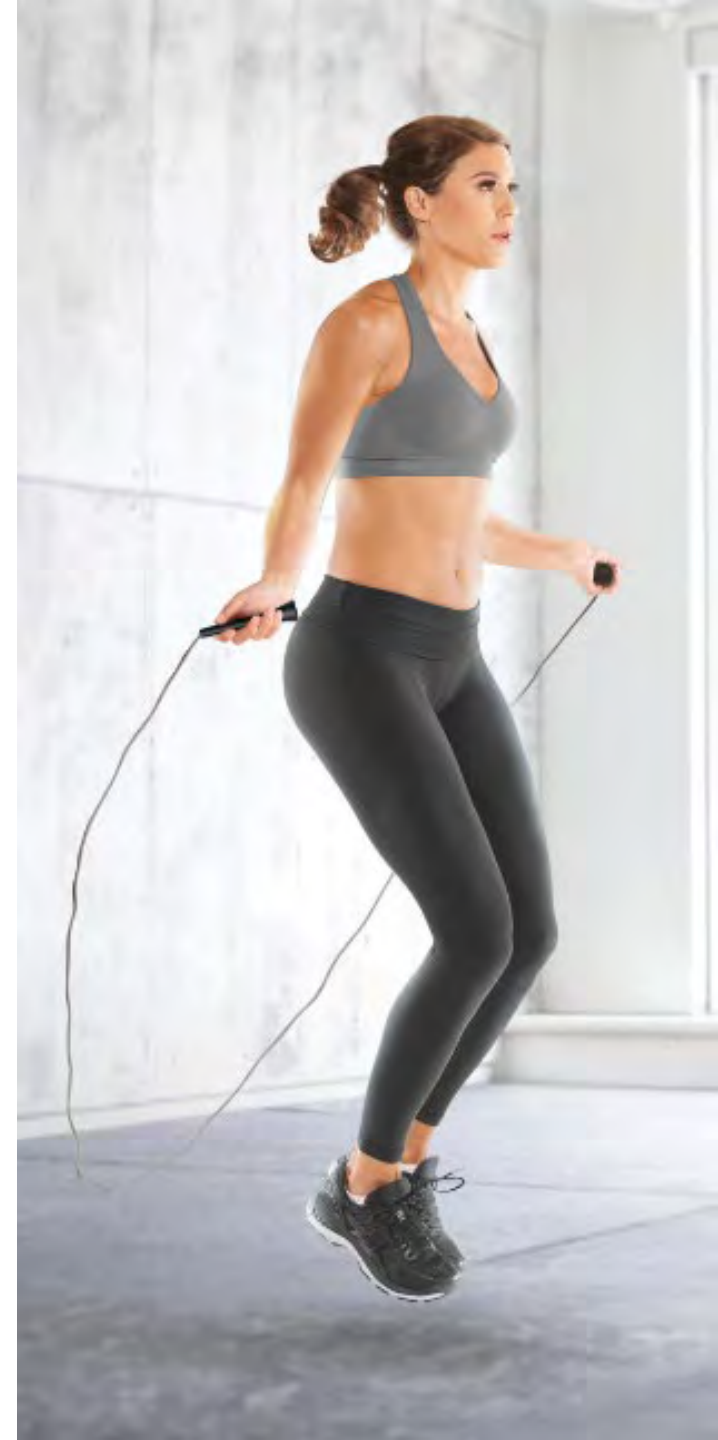




SPEED ROPE

- Increases cardio performance
- Builds endurance
- Improves coordination
- Designed for speed
- Ultra lightweight
- Moulded, smooth handles

ITEM #:
ET2448BK





DELUXE SPEED ROPE

- 9ft (2.7m) jump rope
- Durable rubber rope
- Precision ball bearings for speed
- Cushioned handles for comfort

ITEM #:
ET3631BK





ADJUSTABLE WEIGHTED VEST 20LB

- 16 removable iron sand filled weights for weight adjustments from 1.25lb - 20lb (0.57kg - 9.1kg)
- Reflective strips for safety in low light conditions
- Padded shoulders for comfort
- 3.5" x 6.5" (8.9cm x 16.51cm) pocket to fit most smart phones
- Adjustable grip strip closures

ITEM #:
ET6667BK





SAUNA SUIT PVC – M/L

- Two piece suit with elastic waist, cuff and neck
- High quality PVC for low maintenance and easy cleaning
- Made with EverFresh technology, an antimicrobial treatment that prevents odours
- Heat welded seams to help keep moisture inside
- Reinforced arm pits and crotch for added strength and durability

ITEM #:
ET2711BK





COMFORT FIT ANKLE/WRIST WEIGHTS

- Contoured for a comfortable fit
- Easily adjustable
- Soft, absorbent terry lining
- 2 lb/0.9 kg pair (1 lb/0.45 kg each)
- 5 lb/2.27 kg pair (2.5 lb/1.13 kg each)

ITEM #:

ET4439RE – 2LB PAIR

ET4442GY – 5LB PAIR





ANKLE/WRIST WEIGHTS

- Brushed polyester material for comfort around wrist and ankle
- Sealed sand filled for consistent weight distribution
- Full wrap
- Hook and loop closure to adjust for most sizes
- 6 lb pair, 3 lb (1.36 kg) each
- 8 lb (3.6 kg) pair, 4 lb (1.8 kg) each

ITEM #:

ET4445RE – 6LB PAIR

ET4446BK – 8LB PAIR





2-10LB ADJUSTABLE NYLON WEIGHTS

- Contains 2 ankle/wrist weights: 2-10lb (0.91 - 4.54kg) pair 1-5lb (0.45 - 2.27kg) each
- Individual 1lb (0.45kg) nylon weights slip securely into pockets, customizing your workout
- Grip-strip closure for a perfect fit
- Strengthens biceps and triceps
- Tone hips, thighs and calves
- Burn extra calories while aerobic conditioning
- One size fits most



ITEM #:
ET7582GY





SLAM BALL PRO GRIP

- 10 inch diameter
- Ultra durable PVC shell
- Textured surface for better, sure grip
- Very low bounce
- Designed for a full body workout

ITEM #:

ET5168BK – 15LB

ET5175BK – 20LB





HYDROFLO FITNESS TRAINING BAG

- Combining water and air creates weight instability for a challenging total body workout
- Ideal for cardio, endurance, balance and strength training
- Made with high-quality PVC material for long-lasting durability
- 4 comfort handles ensure a firm grip and help perform a variety of exercises
- Simply fill compartment with water and air depending on your required weight
- Maximum weight: 44 lbs / 20 kgs
- Air pump included

ITEM #:
ET9267CL





WORKOUT FITNESS GLOVES

- Improve your workout with a better grip
- Pull loops allow for quick and easy removal of your gloves
- Fingerless design provides maximum freedom of motion
- Padded palms help prevent calluses
- Mesh between the fingers allows for breathability and comfort

ITEM #:

ET7319BKSM – S/M

ET7319BKLX – L/XL





RX MATRIX HOLLOW ROLLER 13"

- 13-inch hollow roller
- Matrix wave pattern for large and small muscle groups
- Firm roll with forgiving EVA wrap
- Suits all-purpose recovery needs
- Carry loop

ITEM #:

ET3764BK – BLACK

ET3765CA – PRINT

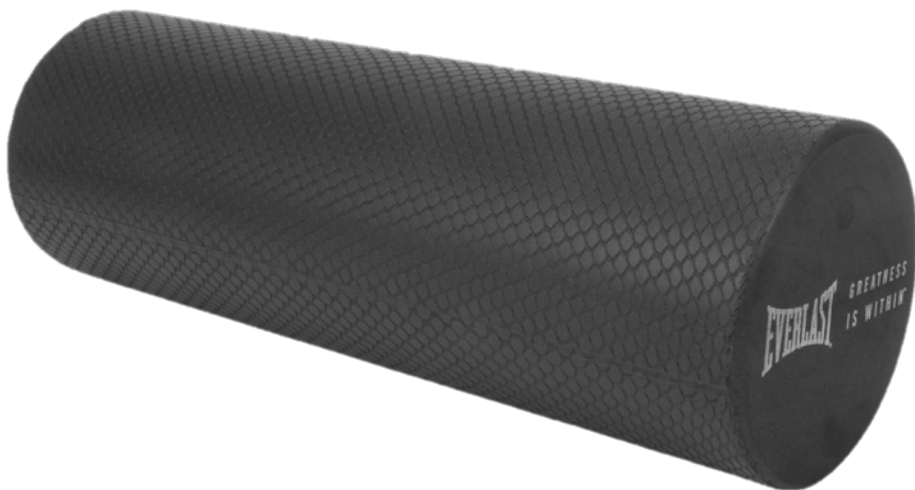




RX EVA FOAM ROLLER 18"

- Premium EVA roller
- For all muscle groups
- All purpose, standard arsenal roller

ITEM #:
ET5113BK





RX MATRIX HOLLOW ROLLER 24"

- Full body, large muscle group roller
- Hollow core with matrix linear design for all muscle groups
- Firm roll, with giving EVA wrap to suit all purpose recovery roll needs
- 24" (61 cm)

ITEM #:
ET7665BK





RX MULTISTICK

- Independent EVA wrapped modules
- Excellent, deep tissue massage
- Contoured handles for control and ease of use
- Modules roll independently for comfort

ITEM #:
ET7672CA





10MM EXERCISE MAT 24" X 68"

- Provides a soft and comfortable surface for exercising
- Ideal for floor exercises such as Yoga, Pilates and stretching
- Rolls up easily for compact storage and portability
- High-density 10 mm (0.4") thick foam for maximum comfort
- Made from eco-friendly materials that are CA65 and REACH compliant
- Latex-free

ITEM #:

ET6926BK – BLACK

ET6926GY – GREY

