



EVERLAST

**2023
FITNESS
CATALOGUE**



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EVERLAST

CORE

TRAINING



STABILITY BALL WITH 3LB SAND FILL

STABILITY BALL WITH 3LB SAND FILL

- Durable, anti-burst construction
- Gym grade PVC
- 7P Free
- 3lb (1.36 kg) of weight ballast within the ball
- 2 way action pump included



55CM LAVENDER: ET4117LA 65CM BLUE: ET4118BL 75CM BLACK: ET4119BK

PRO GRIP ANTI-BURST FITNESS BALL

- Textured surface ensures greater control
- Low impact workout for all fitness levels
- Develop lower back and ab muscles for a stronger core
- Tone upper and lower body in one workout
- Gain better balance and flexibility without joint strain
- 2 way action pump included for quick inflation
- Latex free - made of PVC



65CM BLACK: ET7500BK

ANTI-BURST FITNESS BALL

- Tone upper and lower body in one workout
- Gain better balance and flexibility without joint strain
- Completely supports and cushions the body
- 2 way action pump included for quick inflation
- Latex free - made of 100% PVC



65CM GREY: ET3583GY 75CM BLACK: ET3584BK

CHINNING AND SIT UP BAR

- Adjustable to doorways up to 36" (91 cm) with one telescoping end
- Soft, foam covered bar for extra comfort
- Holds up to 250 lbs (113 kgs)
- 2 sets of brackets for an easy switch from chin up bar to sit ups without having to reinstall
- Telescopes from one end. Foam can be adjusted to the center by pushing down firmly on it until it reaches desired position.

ET2405BK

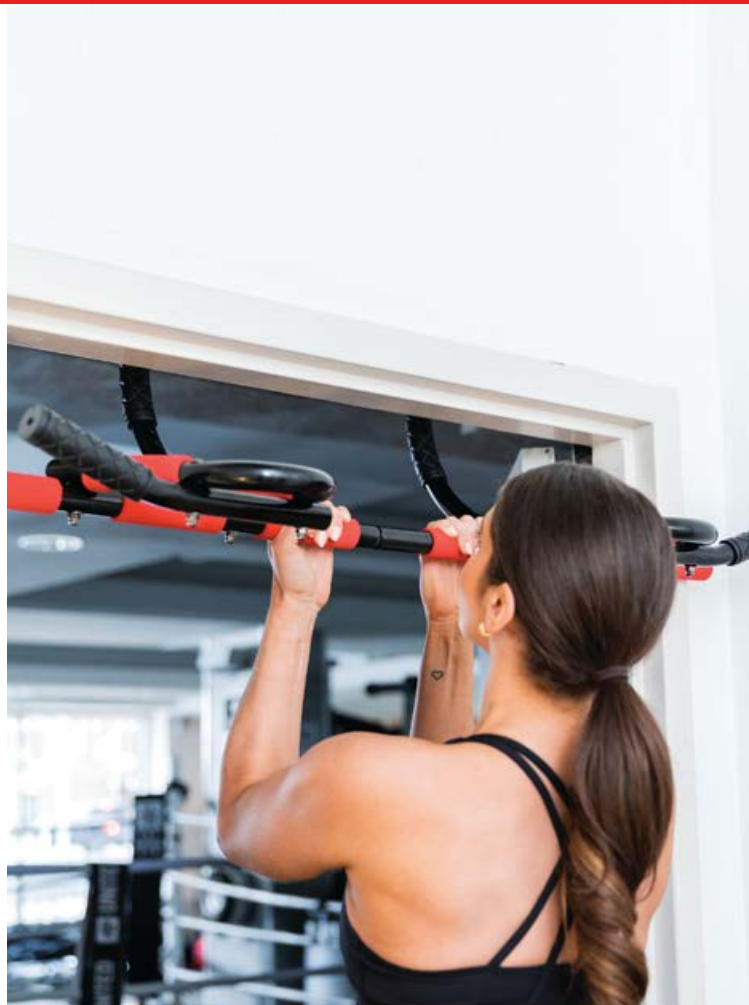


PRO DOOR GYM

- Steel construction
- Comfortable foam hand grips
- Can hold a maximum of 300 lb / 136 kg
- 12 grip positions
- Easy installation
- Fits standard doorways 24"-35.8" / 61 cm-91 cm



ET9960BK



DUO EXERCISE WHEEL

- Tones abdominals
- Strengthens arms and shoulders
- Develops back muscles
- Two easy-glide wheels for stability
- Molded easy-grip handles for comfort
- Lightweight and portable



ET7534RE



ELITE AB WHEEL

- Ergonomic rubber grip handles
- Steel shaft
- Durable rubber tread
- ABS rigid hub



ET6960BK



PUSH UP BARS

- Steel Construction
- Slip-resistant foam covered handles for comfort
- Hard rubber footpads for stability



ET7764BK



INCLINE PUSH UP BARS

- Inclined push-up bars are lightweight and portable
- Ergonomic design provides optimal wrist positioning, reduces discomfort and targets more muscle groups
- Build strength in your upper body, arms, legs and abdominal area with dips, push-ups, L-sits, stretches and many more



ET3250BK



TOTAL BODY WORKOUT KIT

UPPER-BODY STRENGTH BAR

- Exercise every upper-body muscle group
- Quickly and effectively build more powerful shoulders and back, a stronger chest, defined abs and bigger biceps and triceps
- Ideal for pull-ups, push-ups, chin-ups, dips, crunches and more
- Installs in most doorways in seconds without screws

DUO WHEEL

- Exercise your arms, shoulders, abs and back
- Target your core
- Two wheels provide increased stability
- Molded handles provide maximum grip and comfort

INCLINE PUSH UP BARS

- Inclined push-up bars are lightweight and portable
- Ergonomic design provides optimal wrist positioning, reduces discomfort and targets more muscle groups
- Build strength in your upper body, arms, legs and abdominal area with dips, push-ups, L-sits, stretches and many more



ET3252BK

SLIDERS

- Smooth glide dual surfaces
- Thermoplastic surface for carpets and gym floors
- High density foam surface for wood, laminate or tiles



ET3768BK



BALANCE ELITE

- The textured surface provides slip resistance and stability
- Natural latex resistance tubing
- Durable ABS base
- 264 lb / 120 kg anti-burst maximum weight limit



ET7540BK



WORKOUT GLOVES WITH VIRAL OFF

- Microfiber palms for superior comfort and grip
- Lightweight top material for breathability and less bulk
- Secure fit, grip strip closure
- Design allows for quick and easy removal of your gloves
- Features innovative Polygiene ViralOff® antimicrobial Technology
- Reduce germs and bacteria by 99% in less than 2 hours
- ViralOff® also stops the growth of odor-causing bacteria



S-M: ET8302CMSM M-L: ET8303CMML L-XL: ET8304CMLXL

WORKOUT GLOVES WITH VIRAL OFF

- Microfiber palms for superior comfort and grip
- Lightweight top material for breathability and less bulk
- Secure fit, grip strip closure
- Design allows for quick and easy removal of your gloves
- Features innovative Polygiene ViralOff® antimicrobial Technology
- Reduce germs and bacteria by 99% in less than 2 hours
- ViralOff® also stops the growth of odor-causing bacteria



S-M: ET9974CMSM M-L: ET9981CMML

FULL FINGER WORKOUT GLOVES WITH VIRAL OFF

- Microfiber palms for superior comfort and grip
- Lightweight top material for breathability and less bulk
- Secure fit, grip strip closure
- Features innovative Polygiene ViralOff® antimicrobial Technology
- Reduce germs and bacteria by 99% in less than 2 hours
- ViralOff® also stops the growth of odor-causing bacteria



BLACK S-M: ET2999BKSM BLACK M-L: ET3000BKML BLACK L-XL: ET3001BKLL BLUE S-M: ET7788BLSM BLUE M-L: ET7795BLML

WORKOUT FITNESS GLOVES

- Improve your workout with a better grip
- Pull loops allow for quick removal of your gloves
- Fingerless design provides maximum freedom of motion
- Padded palms help prevent calluses
- Mesh between the fingers allows for breathability and comfort



S-M: ET7319BKSM L-XL: ET7319BKXL

LIFTING STRAPS

- Aids in lifting heavy weights
- Increases traction and gripping strength
- Reduces hand fatigue



ET4415RE



WEIGHTLIFTING BELT CAMO PRINT

- Provides back and abdominal support
- Durable foam core, with soft, comfortable bound edges
- Heavy gauge steel roller buckle makes tensioning simple and easy
- Reinforced stitching that enhances strength and suppleness to ensure it can withstand intense use
- Sturdy Hook-and-loop closure for protected and adjustable fit
- Belt width: 5.25" (13.3 cm)
- Medium belt fits 36" - 40" waists (91.5 - 101.5 cm)
- Large belt fits 40" - 44" waist (101.6 - 111.75 cm)



MED: ET3780ME LG: ET3781LG



EVERLAST

RESISTANCE TRAINING



STRETCH BANDS

STRETCH BANDS

- Ideal to improve mobility, prevent injuries and assist in rehab
- For body toning, stretching and flexibility
- Made from premium latex

Light Band (Green)

- 8 lb (2.2 kg) of progressive resistance
- Size: 47.24" (120 cm) x 5.9" (15 cm) x 0.02" (0.35 mm)

Medium Band (Orange)

- 12 lb (3.4 kg) of progressive resistance
- Size: 47.24" (120 cm) x 5.9" (15 cm) x 0.02" (0.45 mm)

Heavy Band (Black)

- 18 lb (8.2 kg) of progressive resistance
- Size: 47.24" (120 cm) x 5.9" (15 cm) x 0.02" (0.55 mm)



LIGHT: ET3750GN MEDIUM: ET3751OR HEAVY: ET3752BK SET OF 3: ET7657AS

MINI LATERAL BANDS

- 3" (7.6cm) x 12" (30cm) for comfort and control
- Durable natural latex rubber
- Light, medium and heavy resistance bands included
- Dynamic warm-up and muscle activation
- Increases strength and stability
- Lightweight and portable



ET9522AA

BODY WEIGHT SUSPENSION TRAINER

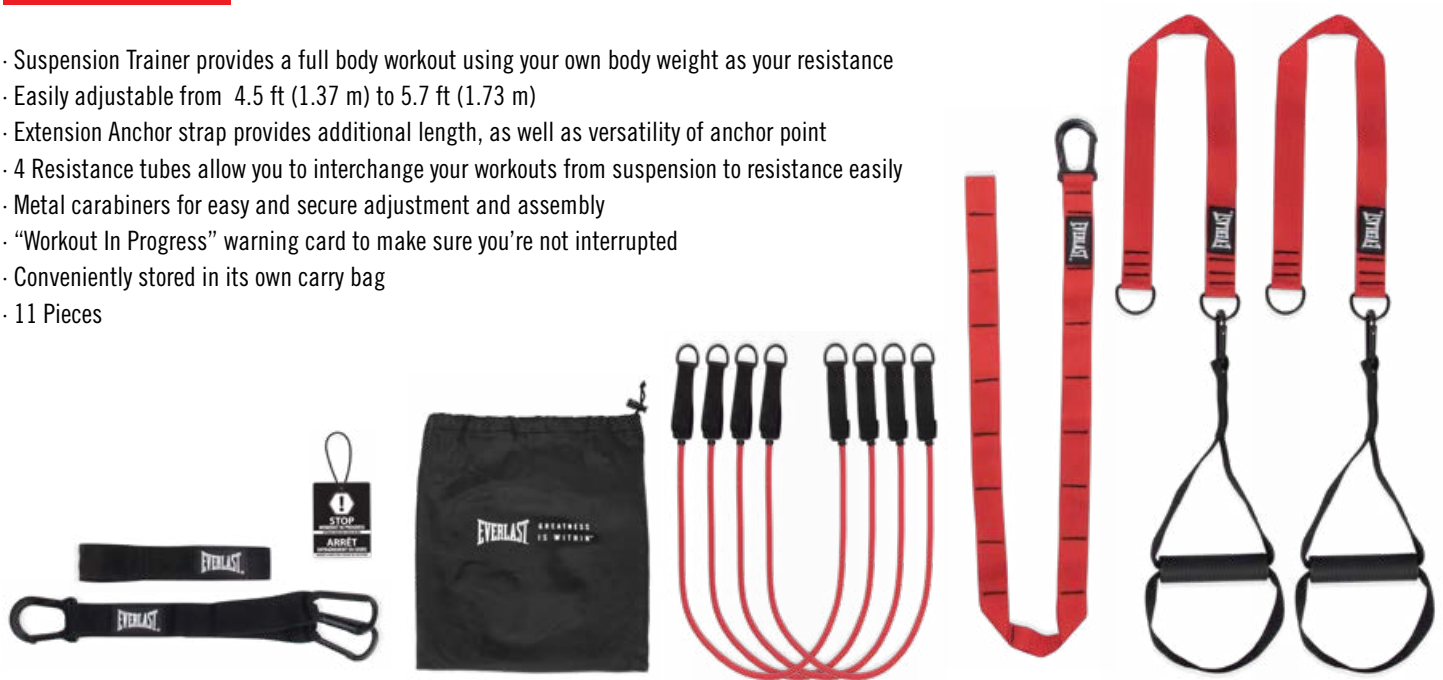
- Suspension Trainer provides a full body workout using your own body weight as your resistance
- Easily adjustable from 4.5 ft (1.37 m) to 5.7 ft (1.73 m)
- Extension Anchor strap provides additional length, as well as versatility of anchor point
- Metal carabiners for easy and secure adjustment and assembly
- "Workout In Progress" warning card to make sure you're not interrupted
- Conveniently stored in its own carry bag
- 7 Pieces



ET7535BK

BODY WEIGHT SUSPENSION TRAINER WITH 4 TUBES

- Suspension Trainer provides a full body workout using your own body weight as your resistance
- Easily adjustable from 4.5 ft (1.37 m) to 5.7 ft (1.73 m)
- Extension Anchor strap provides additional length, as well as versatility of anchor point
- 4 Resistance tubes allow you to interchange your workouts from suspension to resistance easily
- Metal carabiners for easy and secure adjustment and assembly
- "Workout In Progress" warning card to make sure you're not interrupted
- Conveniently stored in its own carry bag
- 11 Pieces



ET7542BK

POWER CABLE WITH DOOR ANCHOR AND CARRY BAG

- For body toning, flexibility and rehab
- Made of premium latex
- Rubber handle for improved grip
- Door anchor included for added versatility
- Carry bag for easy storage and portability

- Light - Pink Power Cable: 10lb (4.5 kg) of resistance
- Medium - Green Power Cable: 14lb (6.35 kg) of resistance
- Heavy - Orange Power Cable: 20lb (9 kg) of resistance



LIGHT: ET7687PK MEDIUM: ET7688GN HEAVY: ET7689OR

POWER CABLE RESISTANCE SET

- For body toning, flexibility and rehab
- 2 resistance tubes offering 10 lb (4.5 kg) and 14 lb (6.35 kg) of resistance
- Multi clip system to quickly add or subtract tension (3 combinations - 10 lb / 4.5 kg - 24 lb / 10.9 kg)
- Made of premium latex
- Rubber handle for improved grip
- Door anchor included for added versatility
- Carry bag for easy storage and portability



ET7580AS

POWER CABLE ELITE DELUXE SET

- For body toning, flexibility and rehab
- 4 resistance tubes offering 10 lb (4.5 kg), 14 lb (6.35 kg), 20 lb (9 kg) and 24 lb (10.9 kg) of resistance
- Multi clip system to quickly add or subtract tension (15 combinations - 10 lb / 4.5 kg - 68 lb / 30.8 kg)
- Made of premium latex
- Rubber handle for improved grip
- Door anchor included for added versatility
- Carry bag for easy storage and portability



ET7581AS

RESISTANCE BANDS

- Padded handles
- Multiple exercise variations
- 4ft / 1.2m dipped latex tube
- Lightweight and portable
- Red band provides medium resistance
- Black band provides heavy resistance



MEDIUM: ET9614RE HEAVY: ET9615BK

RESISTANCE WOVEN POWER BANDS (SET OF 3)

- Premium woven elastic design prevents band from pinching and rolling during workouts
- Ideal for pilates, yoga, strength training and other conditioning exercises
- Light grey band provides: 15-30 lb (7-14 kg) of resistance
- Medium red band provides: 25-40 lb (11-18 kg) of resistance
- Heavy black band provides: 35-60 lb (16-27 kg) of resistance



ET3744AS



POWER BANDS

- Enhances strength, endurance, coordination and flexibility
- Made from natural latex rubber
- Light purple band provides 24-48 lb (11-24 kg) of resistance
- Medium band provides 48-75 lb (22-34 kg) of resistance
- Heavy blue band provides 99-121 lb (45-55 kg) of resistance
- Extra-Heavy black band provides 121-231 lb (55-105 kg) of resistance



LIGHT: ET3082PU MEDIUM: ET3083OR HEAVY: ET3084BL EXTRA HEAVY: ET3085BK



ADJUSTABLE HAND GRIP WITH COUNTER

- Strengthens hands, wrists and forearms
- Turn the quick adjust dial to change resistance
- Adjustable resistance from 20 to 90 lb (9 - 41 kg)
- Keep track of your repetitions with the built in counter
- Durable rubberized grips



ET1306RE



HAND GRIPS

- Extra strength hand grips
- Develops hand and wrist strength
- Tones forearms
- Wood handles



ET2429WD



The Everlast logo is displayed in white on a red rectangular background. It features the word "EVERLAST" in a bold, serif font, with a stylized "E" logo underneath.

EVERLAST

ENDURANCE

TRAINING



ANKLE/WRIST WEIGHTS

- Brushed polyester material, for comfort around wrists and ankles
- Sealed, sand filled for consistent weight distribution
- Full wrap, hook and loop closure to adjust for most sizes.
- 6 lb (2.72 kg) pair, 3 lb (1.36 kg) each
- 8 lb (3.6 kg) pair, 4 lb (1.8 kg) each



8LB: ET4446BK 6LB: ET4445RE



COMFORT FIT ANKLE/WRIST WEIGHTS

- Contoured for a comfortable fit
- Easily adjustable
- Soft, absorbent terry lining
- 2 lb (0.9 kg) pair, 1 lb (0.45 kg) each
- 5 lb (2.27 kg) pair, 2.5 lb (1.13 kg) each



2LB: ET4439RE 5LB: ET4442GY

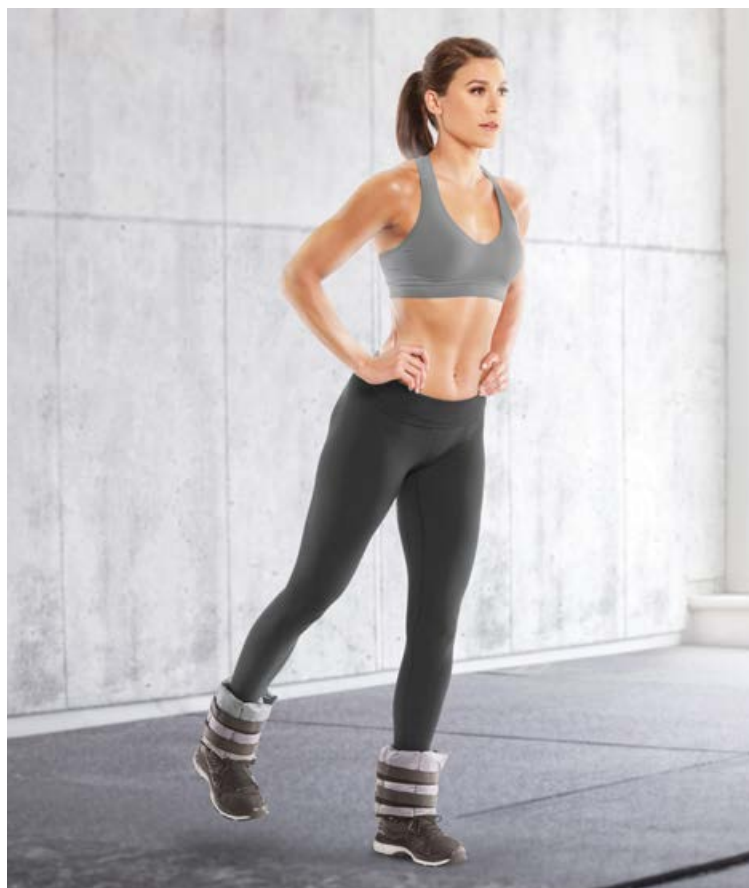


ADJUSTABLE ANKLE/WRIST WEIGHTS

- Individual 1 lb (0.45 kg) nylon weights slip securely into pockets, customizing your workout
- Grip-strip closure for a perfect fit
- Strengthens biceps and triceps
- Tone hips, thighs and calves
- Burn extra calories while aerobic conditioning
- One size fits most
- 2-10 lb (0.91 kg - 4.54 kg) pair, 1-5 lb (0.45 kg - 2.27 kg) each



ET7582GY



20LB WEIGHTED VEST

- 16 removable iron sand filled weights for weight adjustments from 1.25 lb - 20 lb (0.57 kg - 9.1 kg)
- Reflective strips for safety in low light conditions
- Padded shoulders for comfort
- 3.5" x 6.5" (8.90 cm x 16.51 cm) pockets to fit most smart phones
- Adjustable grip strip closure



ET6667BK



PVC SAUNA SUIT

- Two piece suit with elastic waist, cuff and neck
- High quality PVC for low maintenance and easy cleaning
- Made with Everfresh technology, an antimicrobial treatment that prevents odours
- Heat welded seams to help keep moisture inside
- Reinforced arm pits and crotch for added strength and durability

ET2711BK



11FT CABLE JUMP ROPE

- Excellent for cross overs, side jumps, double-overs, skips and more
- Adjustable rope up to 11 ft (3.35 m)
- Durable, lightweight and portable
- Ideal for all fitness levels
- Made of galvanized steel wire



ET8570BK

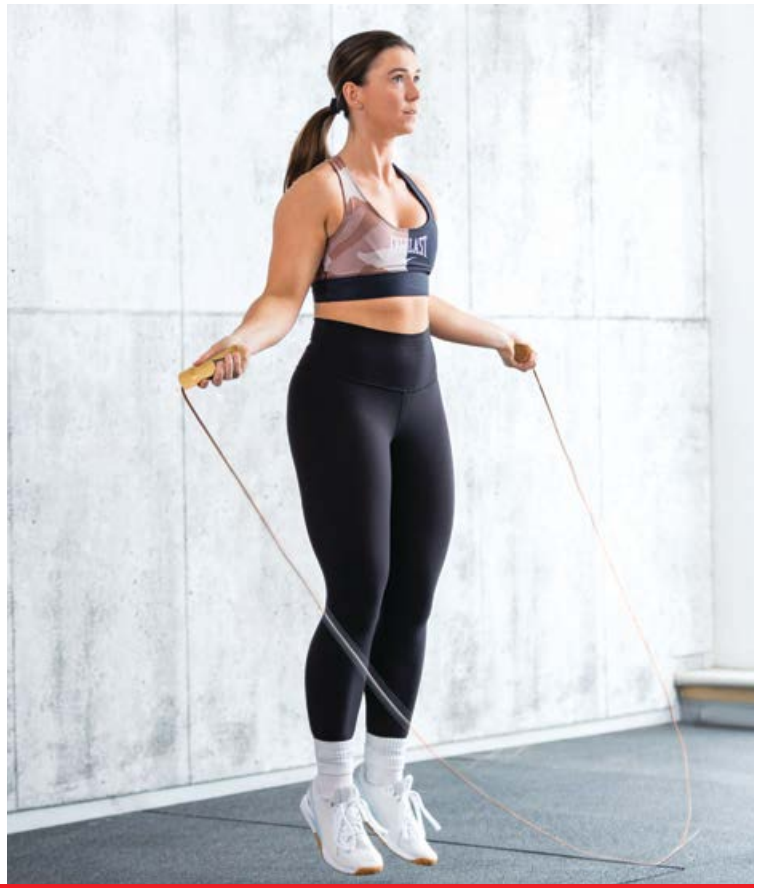


LEATHER JUMP ROPE

- Increases cardio performance
- Builds endurance
- Improves coordination
- Precision ball bearings for extra speed
- Contoured and polished wood handles
- Extended length
- Rope made of genuine leather
- 9.5ft (2.9m) leather jump rope



ET2445TN

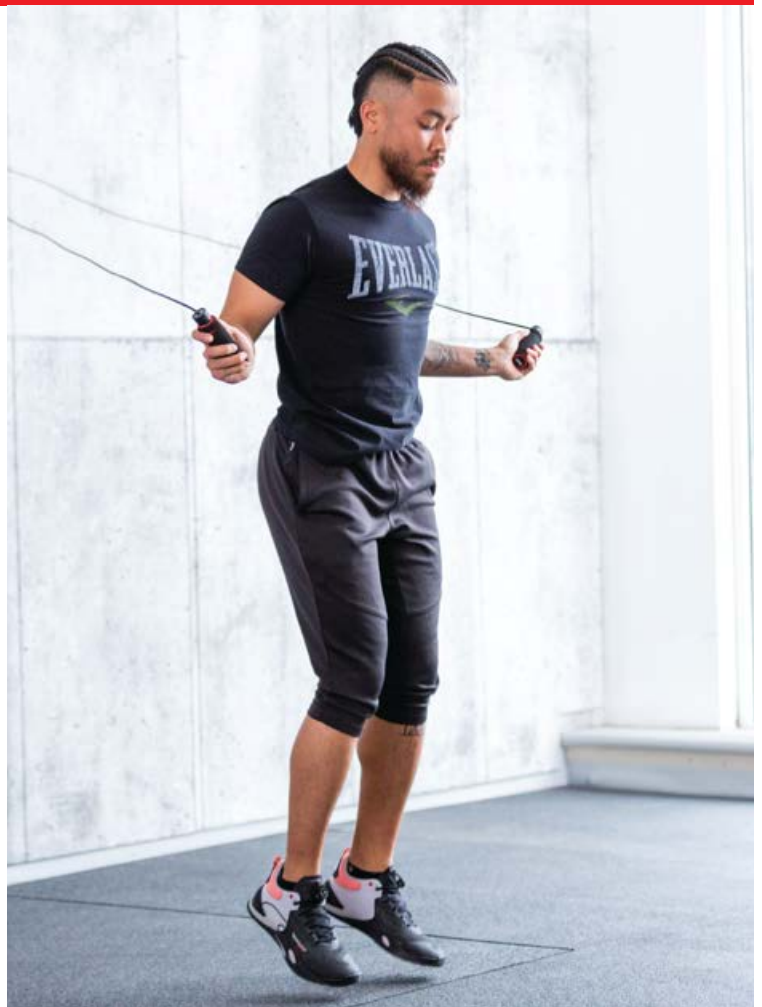


WEIGHTED JUMP ROPE

- Removable 0.15 lb (0.07 kg) of each weight in each handle
- Foam handles
- Precision ball bearing rotation for increased speed
- Plastic speed rope provides durability
- Adjustable up to 9 ft (2.74 m)



ET6357BK

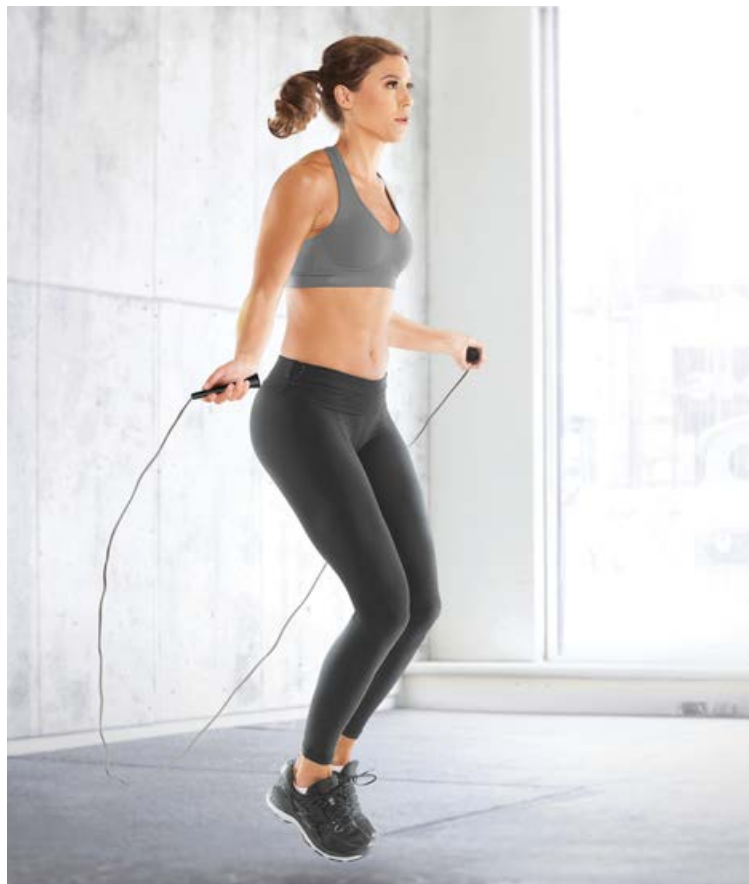


SPEED ROPE

- Increase cardio performance
- Builds endurance
- Improves coordination
- Designed for speed
- Ultra lightweight
- Molded, smooth handles



ET2448BK



DELUXE SPEED ROPE

- Durable rubber rope
- Precision ball bearing for speed
- Cushioned handles for comfort
- Length: 9' (2.7 m)



ET3631BK



CAST IRON KETTLEBELLS

- Cast iron
- Vinyl dipped
- Build strength and power
- Functional full-body workout
- Burn fat and tone muscles



10LB: ET5220GN 15LB: ET5221OR 20LB: ET5222BK



AGILITY LADDER

- Helps improve foot speed and agility
- Benefits include better coordination, balance and overall fitness
- Perfect for a variety of drills and warm-up activities
- High visibility flat plastic rungs
- For indoor and outdoor use
- Carry storage bag included
- Dimensions: 13' (3.96 m) in length, 18.62" (47.3 cm) in width



ET0486RE



30FT BATTLE ROPE WITH WALL MOUNT

- Poly Dacron durable rope
- Heat shrink grips for superior handling
- Battle rope steel wall mount
- 30 ft (9 m) standard length
- 1.5" (38 mm) diameter
- 15 lb (6.8 kg) total weight



ET5182BK



PRO GYM 3 LEVEL STEPPER

- Original Fitness Gym Stepper
- Risers provide 2" (5 cm) each in height
- Extended length and width provide excellent surface area for all step exercises
- High density, molded polyethylene
- 43" x 16" x 4" (110 cm x 41 cm x 10 cm) main step



ET8584RE



TEXTURED SLAM BALL

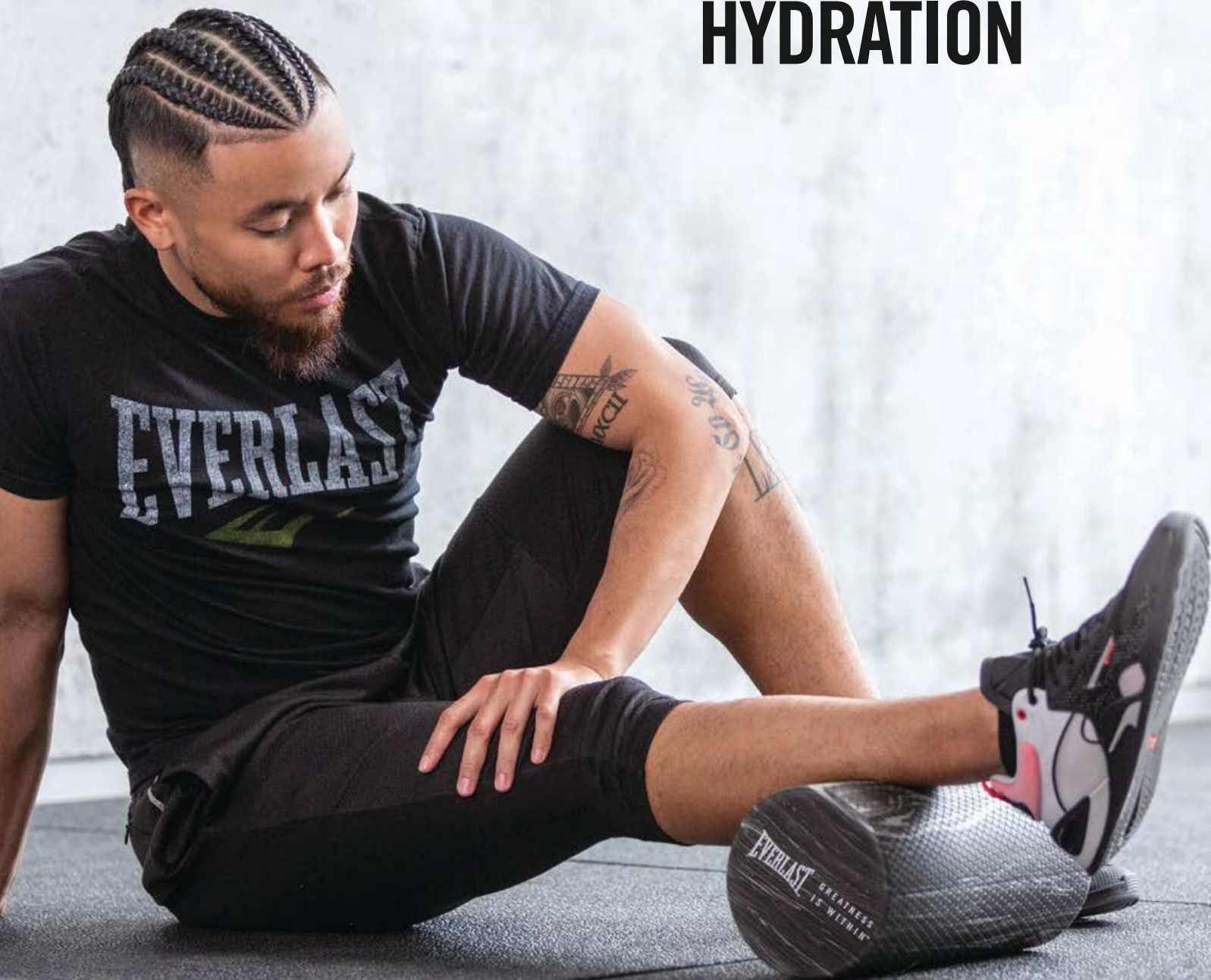
- 10 inch diameter
- Ultra durable PVC shell
- Textured surface for better, sure grip
- Very low bounce
- Designed for a full body workout



15LB: ET5168BK 20LB: ET5175BK



RECOVERY & HYDRATION



12" RX EVA ROLLERS

- Premium EVA roller
- For all muscles groups
- All purpose, standard arsenal roller
- 12" (30.5 cm) length



BLACK: ET5112BK PRINT: ET5117CA



18" RX EVA ROLLERS

- Premium EVA roller
- For all muscles groups
- All purpose, standard arsenal roller
- 18" (45.7 cm) length



BLACK: ET5113BK PRINT: ET5118CA



13" RX MATRIX HOLLOW ROLLER

- Matrix "wave" pattern for large and small muscle groups
- Firm roll, with forgiving EVA wrap suits all purpose recovery roll needs
- Carry loop
- 13" (33 cm)



CAMO: ET3765CA



24" RX MATRIX HOLLOW ROLLER

- Full body, large muscle group roller
- Hollow core with matrix linear design for all muscle groups
- Firm roll, with giving EVA wrap to suit all purpose recovery roll needs
- 24" (61 cm)



ET7665BK



RX STICK

- Deep tissue massage stick
- Thermoplastic build for durability
- Contoured grips for control



ET0534BK

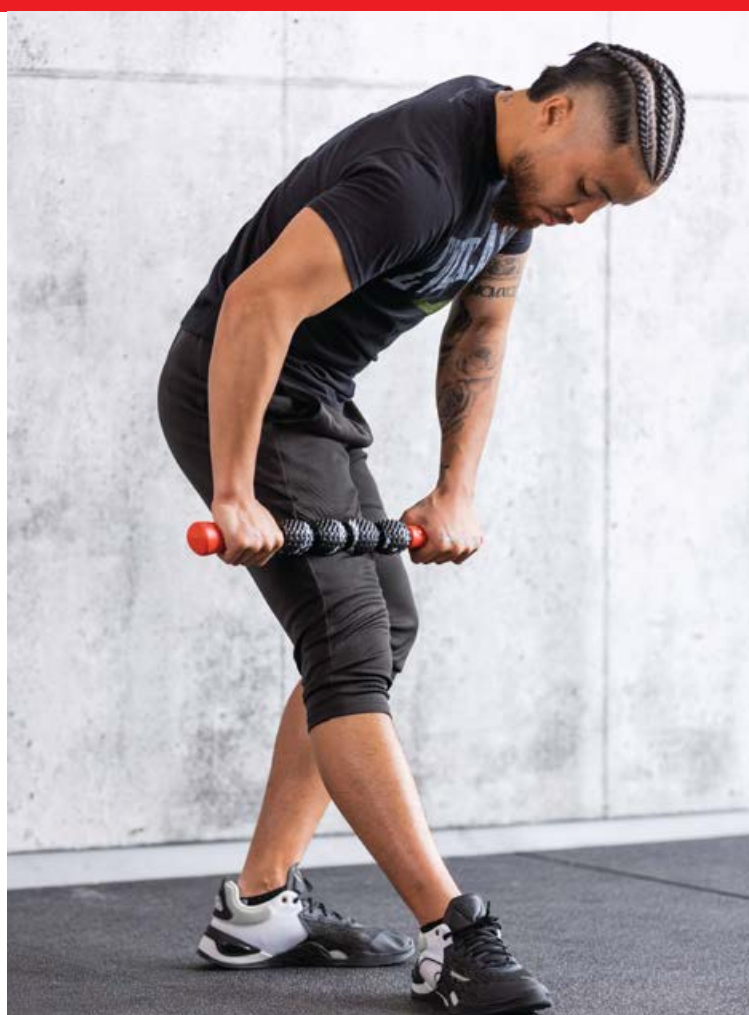


RX MULTISTICK

- Independent EVA wrapped modules
- Excellent, deep tissue massage
- Contoured handles for control and ease of use
- Modules roll independently for comfort



ET7672CA



2.2L WATER BOTTLE

- Reusable water bottle with a leak-proof, stainless-steel cap and nylon strap
- Sturdy handle makes the water bottle easy to carry
- BPA-free and DEHP-free
- Contains a large capacity of 2.2 litres



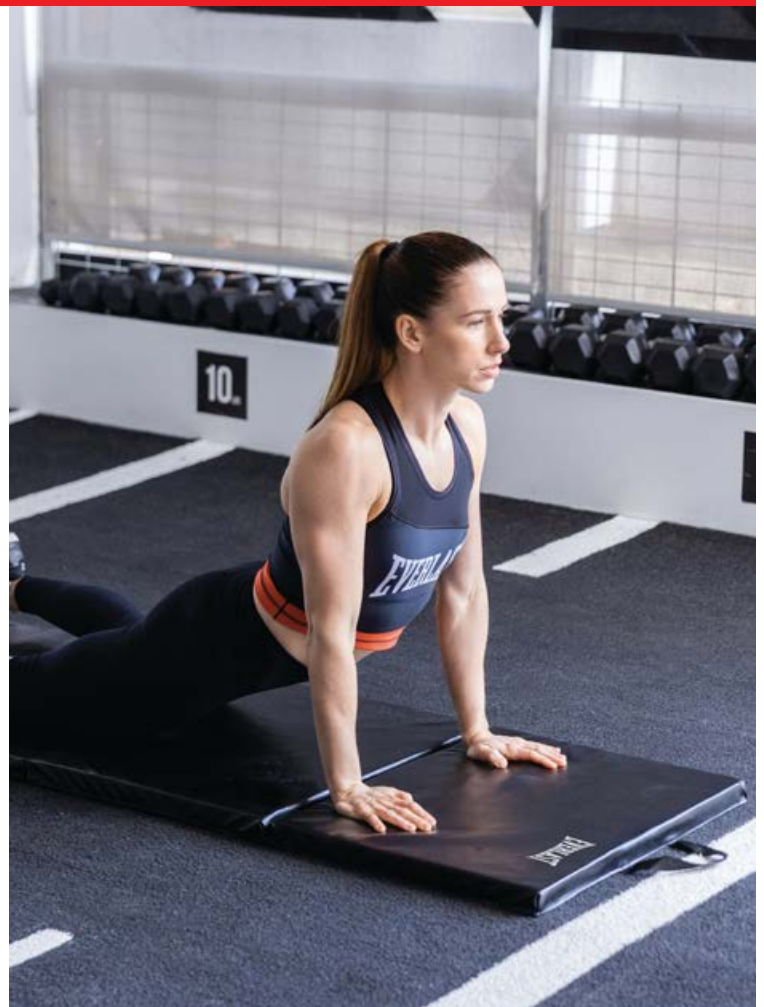
ET9065RE

FOLDING GYM MAT

- PU Leather shell and expanded polyethylene foam padding provides maximum support and comfort
- Non-absorbent, easy clean shell
- Sewn in handle for easy transportation
- Folds quickly and easily
- Size: 24" x 1.25" x 72" (60.95 cm x 3.17 cm x 182.9 cm)



ET9050BK



MERCHANDISING THAT KNOCKS OUT THE COMPETITION

- FULL COLOUR BILINGUAL PACKAGING
- EASY TO MERCHANDISE





NEW EVERLAST FITNESS APP

FIND YOUR GREATNESS WITHIN WITH A FREE 30 DAY TRIAL

With various training videos and tips from professionals, we cater to beginners and advanced athletes alike. No matter your goals, the Everlast Fitness App is here to help you get into fighting shape.

TO REDEEM:

- Scan the QR code or visit everlastfitnessapp.com
- Download Everlast Fitness onto your favorite device
- Enjoy your 30 day trial



NOTES

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SPORT ***FITNESS*** *ACI BRANDS INC.*

Everlast has been the name in boxing since 1910. From greats such as Ali, Frazier, and Marciano to modern-day heroes like Tyson, Leonard, and Cotto, have all laced up a pair of Everlast gloves.

We understand the struggles and challenges that every fighter must face in day-to-day training, from the long, grueling hours in the gym to the sacrifices made well before they step in between the ropes, and under the lights.

WARRANTY INFORMATION:

Everlast warrants its products to be free from defects in materials and workmanship for a period of 1 year from date of purchase, provided they have not been subjected to obvious abuse, neglect or misuse. Everlast's sole liability is limited to repairing or replacing products that are returned within this 1 year period, unless specific product literature specifies otherwise.

Please contact us for full details, and for replacement assistance. In order to better assist you, our customer service team will require proof of purchase.

FOR ORDERING + CUSTOMER SERVICE:

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FAX (905) 829-1766

CUSTOMER SERVICE TEL 1-800-668-5593

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