## Finding quality alcohol and other drug information.

It can sometimes be daunting or confusing trying to find reliable, evidence-based information on alcohol and other drugs. Here are some great resources you can use.

## **Effects of drugs**

Find out about the effects of certain drugs or how they interact with each other.

- ADF Drug Facts: https://adf.org.au/drug-facts/
- Positive Choices Drugs A to Z: https://positivechoices.org.au/drugs-a-z/
- · Hi-Ground substance info: https://hi-ground.org/substances/
- Tripsit Drug Combinations: https://combo.tripsit.me/
- Polydrug Use: https://adf.org.au/reducing-risk/polydrug-use/

## **Vaping**

Learning more about vaping and young people.

- Vaping (e-cigarettes): https://adf.org.au/drug-facts/vaping-e-cigarettes/
- · Vaping and young people: https://adf.org.au/talking-about-drugs/parenting/vaping-youth/
- Vaping and Young People for Parents and Carers: https://lungfoundation.com.au/wp-content/uploads/2021/07/ Factsheet-Vaping-and-Young-People\_For-Parents-Jul2021.pdf
- E-cigarettes and vaping in young people where to from here?: https://positivechoices.org.au/parents/webinar-vaping-where-to-from-here

## **Further AOD information**

Check out some of the latest issues, news and research from Australia and around the world in the ADF's collection of Insights articles at adf.org.au/insights.

- Cannabis use and young people: https://adf.org.au/insights/cannabis-young-people/
- Bad reactions and drug-related emergencies: https://adf.org.au/insights/bad-reactions-emergencies/
- Treatment and support for young people: https://adf.org.au/insights/treatment-support-youth/
- Stigma and people who use drugs: https://adf.org.au/insights/stigma-people-who-use-drugs/





