

Parenting

Alcohol and your children: helping parents.

Why is this important?

As a parent, you are your child's biggest role model. It's not just what parents say that makes a big difference, it is also what you do that shapes a young person's attitudes and behaviours. As a parent, you play an important role in how early your children start drinking or using other drugs, or if they do at all.

What can parents do?

There are many ways you can help protect your child from the harms of alcohol and other drugs, starting from a young age. This program, run by your Local Drug Action Team, provides you with the knowledge you need to support your child and practical tips you can use in everyday life.

When does the program run?

How to join

For more information on the program:

Please call

on or email



About our program



Alcohol
and Drug
Foundation



Local Drug Action Team Program