



Training Schedule
UK/Europe March 2024 Intake
(UK Timezone)

Dates	UK March 2024 Intake
Friday 22nd March 2024	Welcome Session - 3:00pm-5:00pm
Saturday 23rd March 2024	Module 1: Foundations - 9:30am-5:30pm
Sunday 24th March 2024	Module 1: Foundations - 9:30am-5:30pm
Wednesday 27th March 2024	Module 1 Integration Call - 3:00pm-5:00pm
Tuesday 2nd April 2024	Foundations Practicum - 3:00pm-5:00pm
Saturday 27th April 2024	Module 2: Presence & Sense - 9:30am-5:30pm
Sunday 28th April 2024	Module 2: Presence & Sense - 9:30am-5:30pm
Wednesday 1st May 2024	Module 2 Integration Call - 3:00pm-5:00pm
Tuesday 7th May 2024	Presence & Sense Practicum - 3:00pm-5:00pm
Saturday 25th May 2024	Module 3 - Resource & Regulate 9:30am-5:30pm
Sunday 26th May 2024	Module 3 - Resource & Regulate 9:30am-5:30pm
Wednesday 29th May 2024	Module 3 Integration Call - 3:00pm-5:00pm
Tuesday 4th June 2024	Resource & Regulate Practicum - 3:00pm-5:00pm
Saturday 22nd June 2024	Module 4: Attune & Resonate - 9:30am-5:30pm
Sunday 23rd June 2024	Module 4: Attune & Resonate - 9:30am-5:30pm
Wednesday 26th June 2024	Module 4 Integration Call - 3:00pm-5:00pm
Tuesday 2nd July 2024	Attune & Resonate Practicum - 3:00pm-5:00pm
Saturday 20th July 2024	Module 5: Contact & Constellate 9:30am-5:30pm
Sunday 21st July 2024	Module 5: Contact & Constellate 9:30am-5:30pm
Wednesday 24th July 2024	Module 5 Integration Call - 3:00pm-5:00pm
Tuesday 30th July 2024	Contact & Constellate Practicum - 3:00pm-5:00pm
Saturday 24th August 2024	Module 6: Embody & Integrate - 9:30am-5:30pm
Sunday 25th August 2024	Module 6: Embody & Integrate - 9:30am-5:30pm
Wednesday 28th August 2024	Module 6 Integration Call - 3:00pm-5:00pm
Tuesday 3rd September 2024	Embody & Integrate Practicum - 3:00pm-5:00pm
Tuesday 10th September 2024	Unification Session - 3:00pm-5:00pm
Saturday 14th September 2024	Completion Session - 3:00pm-5:30pm