

# THE somatic SCHOOL



## Training Schedule UK/Europe May 2024 Intake (Mid-week) (UK Timezone)

Dates	UK May 2024 Intake (Mid-week)
Wednesday 1st May 2024	Welcome Session - 3:00pm-5:00pm
Thursday 2nd May 2024	Module 1: Foundations - 9:30am-5:30pm
Friday 3rd May 2024	Module 1: Foundations - 9:30am-5:30pm
Wednesday 8th May 2024	Module 1 Integration Call - 3:00pm-5:00pm
Monday 13th May 2024	Foundations Practicum - 3:00pm-5:00pm
Thursday 6th June 2024	Module 2: Presence & Sense - 9:30am-5:30pm
Friday 7th June 2024	Module 2: Presence & Sense - 9:30am-5:30pm
Wednesday 12th June 2024	Module 2 Integration Call - 3:00pm-5:00pm
Monday 17th June 2024	Presence & Sense Practicum - 3:00pm-5:00pm
Thursday 4th July 2024	Module 3 - Resource & Regulate 9:30am-5:30pm
Friday 5th July 2024	Module 3 - Resource & Regulate 9:30am-5:30pm
Wednesday 10th July 2024	Module 3 Integration Call - 3:00pm-5:00pm
Monday 15th July 2024	Resource & Regulate Practicum - 3:00pm-5:00pm
Thursday 8th August 2024	Module 4: Attune & Resonate - 9:30am-5:30pm
Friday 9th August 2024	Module 4: Attune & Resonate - 9:30am-5:30pm
Wednesday 14th August 2024	Module 4 Integration Call - 3:00pm-5:00pm
Monday 19th August 2024	Attune & Resonate Practicum - 3:00pm-5:00pm
Thursday 5th September 2024	Module 5: Contact & Constellate 9:30am-5:30pm
Friday 6th September 2024	Module 5: Contact & Constellate 9:30am-5:30pm
Wednesday 11th September 2024	Module 5 Integration Call - 3:00pm-5:00pm
Monday 16th September 2024	Contact & Constellate Practicum - 3:00pm-5:00pm
Thursday 3rd October 2024	Module 6: Embody & Integrate - 9:30am-5:30pm
Friday 4th October 2024	Module 6: Embody & Integrate - 9:30am-5:30pm
Wednesday 9th October 2024	Module 6 Integration Call - 3:00pm-5:00pm
Monday 14th October 2024	Embody & Integrate Practicum - 3:00pm-5:00pm
Friday 18th October 2024	Unification Session - 3:00pm-5:00pm
Friday 25th October 2024	Completion Session - 3:00pm-5:30pm