# **Team Agreement**

## **Part 1: Individual preparation**

#### **Purpose:**

Contribute to actively work with team development. Lay the foundation for good team dynamics.

#### **Description:**

At the next meeting, your project team will discuss and agree on basic guidelines for your joint work. Before the next meeting, make the following individual preparations.

#### Part 1:

As an introduction to team agreements, check out the following videos from the University of Michigan: <u>https://www.coursera.org/lecture/leading-teams/02-12-team-charters-a-tool-for-designing-your-team-C7Krg</u>

### Part 2:

Reflect on the questions below. Write down short sentences or words of support before presenting your answers to the group at the next meeting.

- What are your experiences of working in teams, in your education or in a workplace?
- What positive and negative experiences do you have of working in a team?
- What do you need to thrive in a group?
- What do you expect from others in a team and what do you think others expect from you?
- What do you hope that you and your team will achieve through the project?
- What do you personally hope to get out of the project?
- What strengths can you contribute with?
- What do you usually need help with?

Good luck!