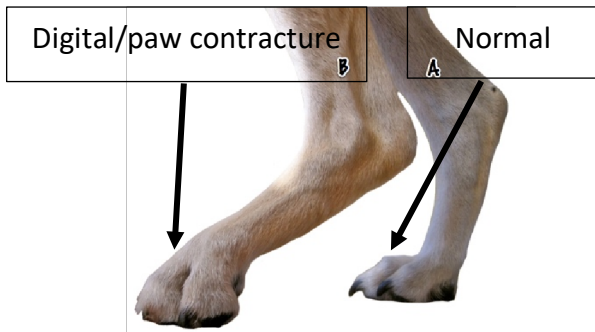


Toe Extensions

If your patient has been in a cast or has a soft tissue injury above their paws, they may show signs of contracted digits/paw. Resolving this allows patient to achieve full range of motion where possible.



*Pelvic limb example shown.
Same principles would apply
to thoracic limb!*

What to do at home:

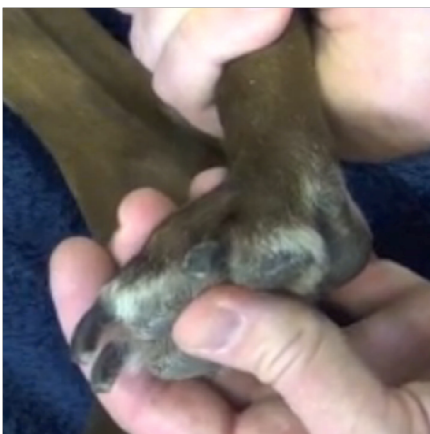
Daily rehabilitation includes gentle dorsiflexion (toe extensions) of each toe joint on the affected paw.

Do 5-10 reps per toe, 2-3 times a day

Goal is for pet to achieve full range of motion of the paw

Please speak with your veterinarian if you are unsure how to perform these exercises.

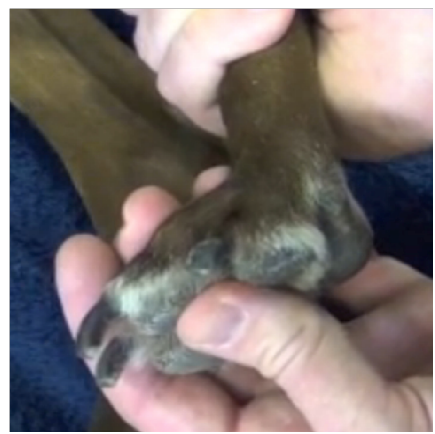
Hold tarsus/ankle in full extension; hold carpus/wrist at 180°



1. Place thumb on main paw pad



2. Place finger on top of "knuckle" and push down to extend toe.



3. Hold extension for 2 seconds, then repeat