



moyo

**ANNUAL REPORT
2019-2020**

WWW.MOYOHCS.CA



The Moyo HCS office is located on the territories of the Anishnabek, Huron-Wendat, Haudenosaunee, Ojibway, and Mississaugas of the Credit First Nation. We also recognize the past and present contributions of Métis, Inuit and First Nations peoples that continue to have a hand in shaping and strengthening these communities in our province and country as a whole.

ANNUAL REPORT

Moyo Health & Community Services proudly shares a snapshot of its impact in the Peel Region in this annual report.

Our Mission

Working together to improve the health and prosperity of communities in Peel.

Our Vision

Optimal health and well-being for all.

Our Values

Confidentiality, Respect and Caring
Safe and Supportive Space
Accountability and Transparency.

Moyo HCS officially rebranded in June 2019 from Peel HIV/AIDS Network. This was an intentional move by stakeholders to remove barriers to accessing care, reflect changing trends in Health Communications, reflect the expanding scope of the agency and reiterate our solidarity in working with racialized communities.

Moyo is a Swahili word that means heart, life, spirit. These three pillars guide our philosophy. We remain committed to the principles of social justice, equity, and inclusion, and to ensuring that communities affected & effected by HIV attain optimal health and well-being.





MESSAGE FROM HOPE RAMSAY, EXECUTIVE DIRECTOR

It is indeed a privilege to work with the amazing staff team at Moyo Health and Community Services and the dedicated Board of Directors who have so willingly volunteered their time, energy and passion to fulfill our vision of *Optimal Health and Well-being for All*. Together, the board and staff have worked hand in hand to accomplish our mission of *Working Together to Improve the Health and Prosperity of Communities in Peel*.

The past year has been one that saw a lot of changes and growth for us at Moyo Health and Community Services. Our team has had to deal with several challenges including staff transitions, the onset of the COVID-19 pandemic, a heightened overdose crisis and the ever-looming cloud of anti-black racism. These situations have all helped to develop our team's confidence and given them renewed energy to keep doing what they are passionate about. Their accomplishments have been a true testament to the resilience and determination they possess. I am grateful for the leadership provided by managers and supervisors whose commitment to excellence far outweighs any challenge encountered over the year. I feel blessed to be associated with and to lead a team who strives for excellence and is committed to both professional and personal growth.

In serving our clients, the concept of **HEART** (a safe space where you can be you), **LIFE** (we strive for your well-being) and **SPIRIT** (we are community champions and change makers) remain the guiding principles for how we engage with our various communities. Thank you for always holding us accountable as this serves to ensure we strive for excellence in everything.

Without our community partners our work would not be possible. A special thanks to those who have been long-term partners and to those who have recently joined us in accomplishing our mission.

Lastly, I want to thank all our funders who have made it possible to do this work; these include:

- AIDS and Hepatitis C Program, Ministry of Health
- Public Health Agency of Canada
- Region of Peel and City of Brampton
- Immigration Refugee and Citizenship Canada
- Salvation Army
- MAC AIDS Foundation and American Eagle Foundation
- Meridian Credit Union

With your help, we will continue to provide a growing array of health promotion, education, social and support services for people living with, affected by, and at systemic risk of HIV including substance users, the 2SLGBTQ+ community, newcomers and Black Indigenous People of Colour (BIPOC).

As we look towards the months and years ahead, we know that this work becomes more meaningful when we immerse ourselves in it. We can never give in to fear, anxiety or the idea that we are not doing enough. Let us embrace the challenges, be thankful for the gift of serving others and do all in our power to show how blessed we are to share our knowledge and talents with our communities in Mississauga, Brampton, and Caledon.

Looking forward to all we will accomplish together.

With gratitude,
Hope Ramsay



MESSAGE FROM RACQUEL BREMMER, BOARD CHAIR

Twenty- twenty has been year of significant change for not just Moyo Health and Community Services, but for the world as we know it. This year brought with it many challenges, but it also surfaced many opportunities to adapt to new ways to better serve the needs of the communities this agency supports in the midst of a pandemic. Not only did this agency, like many others, grapple with ensuring we continuously serve the needs of the most vulnerable populations of Peel during a pandemic, it also

found creative ways to respond to the overdose crisis that was heightened due to the global epidemic, in addition to all the other psycho-social services the staff and volunteers provides daily.

As we reflect on the last few months of 2019 to the present, this agency, through the commitment and tenacity of its staff, board, volunteers, clients and support from its funders, has grown stronger and more inspired to live its vision “Optimal Health and Well-being for All”. It has truly been an honour to work with the staff and board over the past year to accomplish many successful examples of how our mission of “Working Together to Improve the Health and Prosperity of Communities in Peel” is enacted through the region. This was demonstrated in events like The International Day Against Homophobia, Transphobia and Biphobia (IDAHOT), and through advocacy events that garnered media attention, which showcased Moyo’s commitment to speak up about social justice issue that affect our community.

As Martin Luther King Jr stated, “every step toward the goal of justice requires sacrifice, suffering, and struggle; the tireless exertions and passionate concern of dedicated individuals.” This has been the theme in my opinion, of Moyo’s journey over the past year.

Throughout this report, the Moyo team will share information on both new projects and the long-standing services and programs that the organization has continued to bring to priority populations served by this agency. You will also be inspired by the dedication and commitment of its stakeholders to re-centre HIV/AIDS as the foundation on which this agency was founded and continues to operate. Over the last year, The Board of Directors’ took some time to evaluate these foundational principles and ensured the GIPA/MIPA (Greater/Meaningful Involvement of People living with HIV) principles that aims to realize the rights and responsibilities of people living with HIV, including their right to self-determination and participation in decision-making processes, was once again reflected in its governance. The board pivoted, rebuilt its team to ensure its membership reflected the community this agency serves and gathered the expertise and skills needed to support this agency in this time. We also took some time to ensure that its leadership possessed the philosophies this agency needed and hired a new Executive Director, Hope Ramsay. Hope brings decades of HIV/AIDS related expertise, compassion, skills, an intersectional approach leadership to the Moyo team and has proven to be the right fit to this dynamic team of champions. Through strategic collaboration, strong leadership, stakeholder engagement, and a re-imagining of what is possible when team work leads the actions of this agency, we have already begun to increase service delivery to new clients across this region, increase funding, and create an infrastructure and culture to weather the storms of 2020 and beyond.

I look forward to guiding the organization and working closely with members, staff, and the board to set new goals and inspire the growth that brought Moyo through a very challenging phase of its organizational development. I am truly inspired by the humanity, commitment and courage of this team to strive for excellence through service to our priority populations across Brampton, Caledon and Mississauga, and am honoured to serve as your Board Chair.

Sincerely,

Racquel Bremmer

YEAR IN REVIEW

Figure 1:

2070

Volunteer Hours
provided

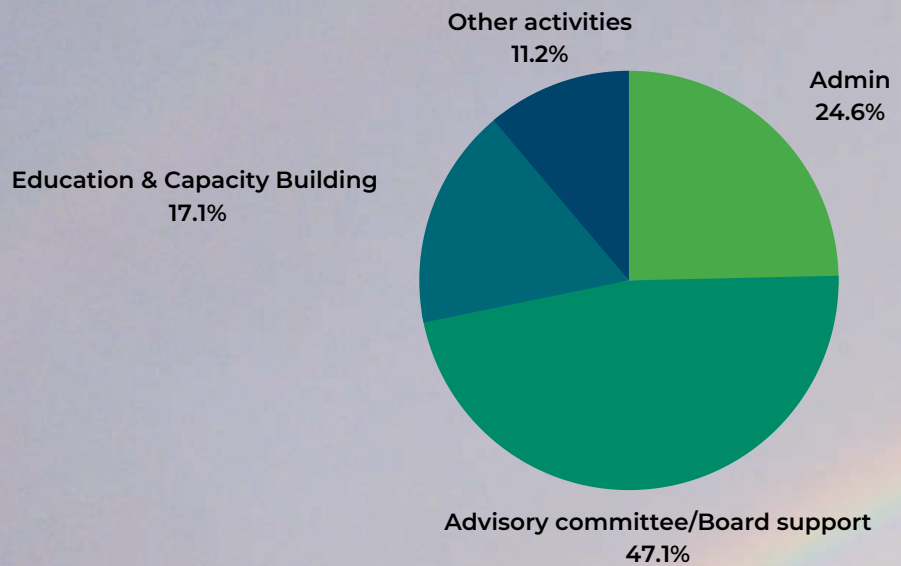


Figure 2:

216969

Harm Reduction and
Safer Sex Materials
distributed

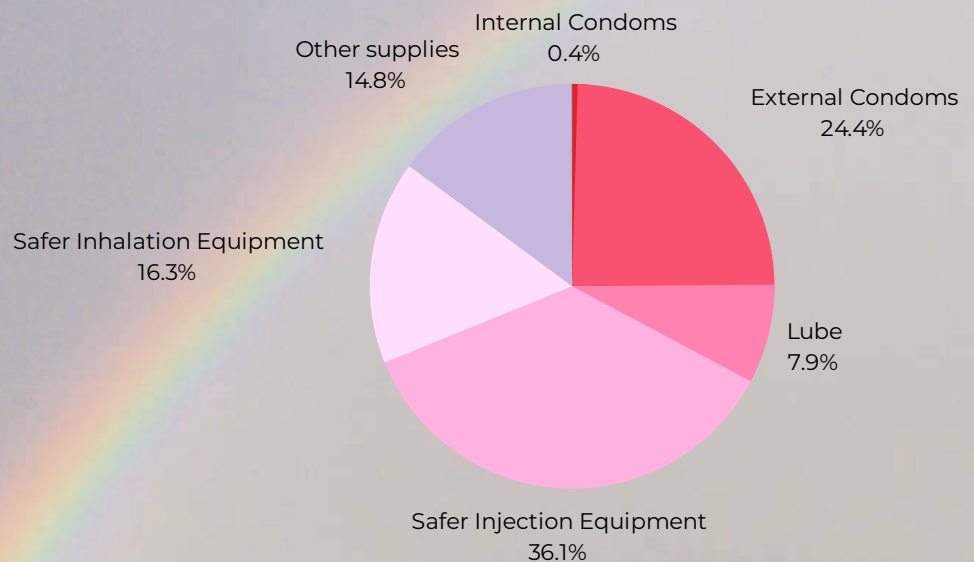
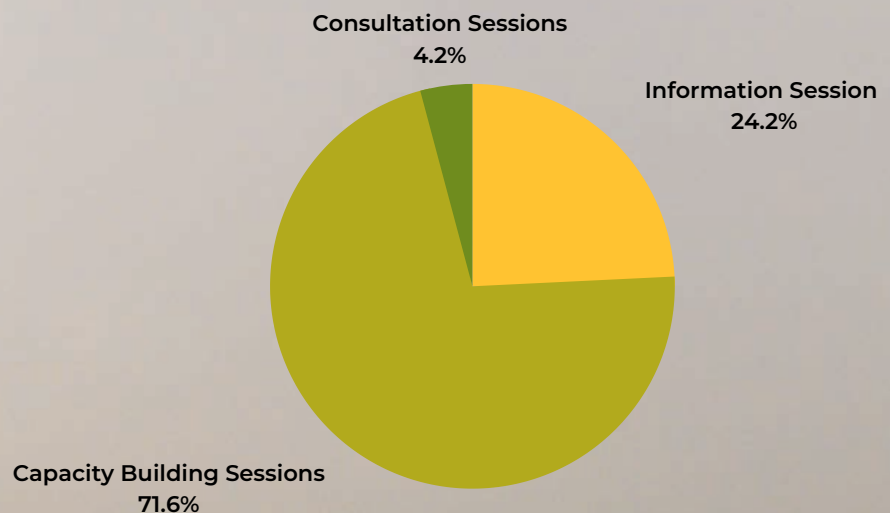


Figure 3:

2963

Persons engaged
in Education Activities



YEAR IN REVIEW (CONT'D)

Table 1

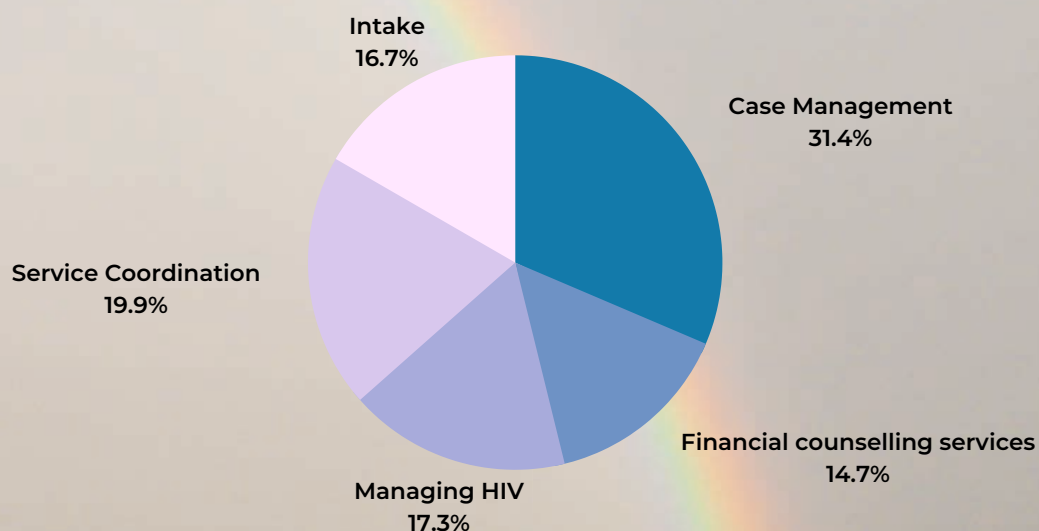
GROUPS REACHED	NUMBER OF EVENTS	NUMBER OF CONTACTS
People Living with HIV/AIDS	65	341
Gay, Bi, Men who have Sex with Men	148	1306
Indigenous Folks	4	43
People Who Use Substances	318	2176
Women and Femme Identifying Folks	69	295
African, Caribbean and Black Communities	34	435

4500
Persons reached
through
606
Community Events

Figure 4:

156

Clients received services through the Support Program



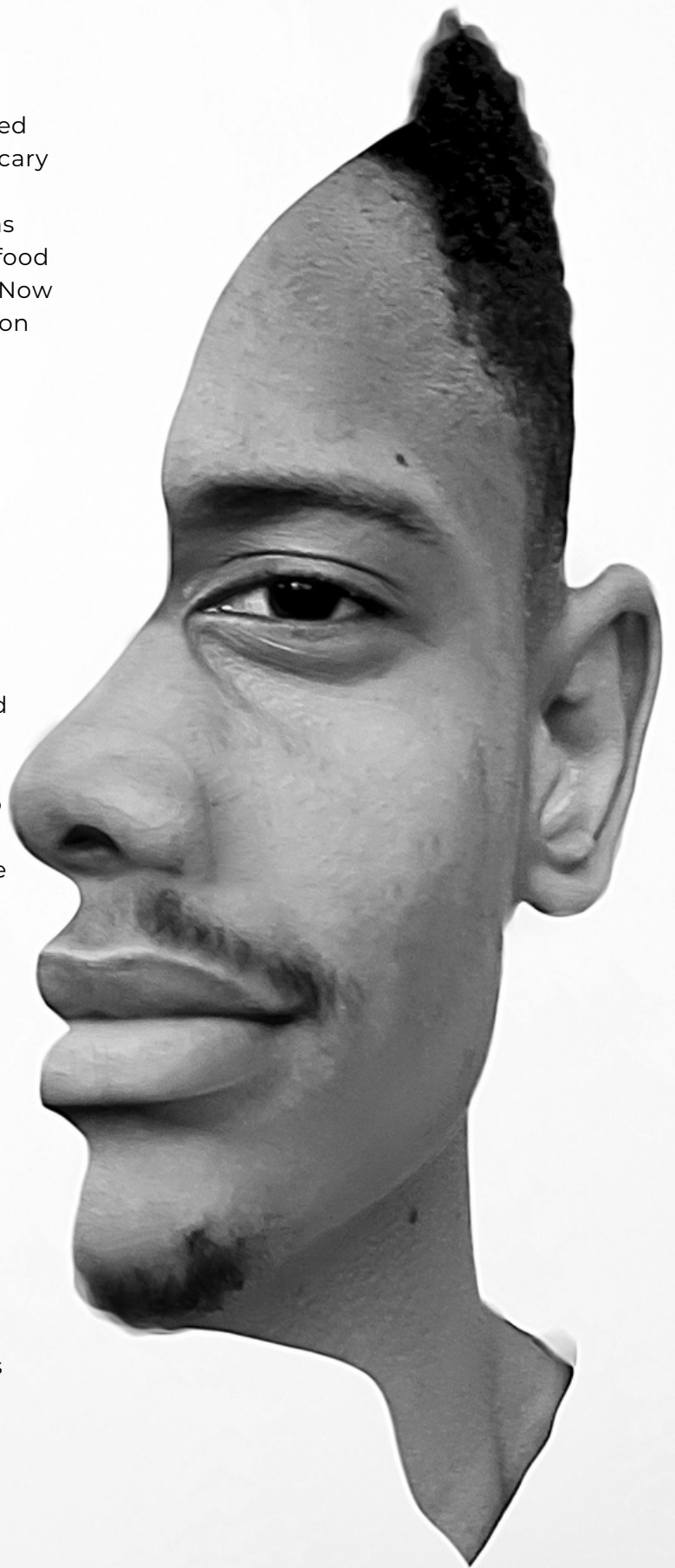
OUR IMPACT IN STORIES

"I can't thank you enough. I've never felt judged or anything by anyone at Moyo. It was really scary to meet a professional in this field but after chatting with the harm reduction worker I was put at ease and was able to get supplies and food and emotional support. I felt so alone before. Now my belly is full, and I feel like I have someone on my side" - Client, Harm Reduction Programs

"I am a member of the Moyo health organization for the past two years now, the organization has been very helpful to me as they continue providing support in terms of my basic needs ranging from groceries, gift cards, cooked food on every Mondays, hand sanitizers, facemask, toiletries and more. The organization has also provided me with sound counselling, workshops seminars which have helped me a lot to boost my morals and confidence in my day to day life. Thank you to the team I got the help that I needed when I needed it. I am so much better because of the help that I received."

- Client, Support Programs

"I feel more connected to my queer community; I didn't feel as isolated as I got to find more people like me. Living in Peel region means I've had go downtown to clubs and bookshops to see other queer folks. But it's nice to find that through Totally Outright at Moyo. With my family doctor, I actually switched my doctor. I found a younger South Asian doctor and I feel more comfortable with him. I have the same perspective around my family doctor, but now I know the main things I'd like to get tested for. I have more vocabulary to support this. I've only been working with Moyo and If i ever have a scare now I know who to go to." - Client, Health Promotion & Prevention Programs



OUR COLLABORATIVE IMPACT

Our work with our local indigenous friendship centre, **The Indigenous Network** has created many opportunities for collective and collaborative learning and growth. We look forward to growing our partnership and finding meaningful ways to engage in Indigenous Solidarity work with our communities.

We continue to work with Great Lakes African Muslim Association of Ontario, a volunteer-run association that provides support, resources and education to family and friends from the East African Francophone Community. Our goal was to share space and provide opportunities to focus on the health impact that HIV has on the African Caribbean Community by sharing information on systemic and social risk and preventive health factors.

Celebrating **Black History** in Peel has always been an exciting time for our agency and communities. We worked alongside Roots Community Services, United Way GTA, Black Youth Student Success Initiative Laidlaw and the Ontario Trillium Foundation to bring a night celebrating Black history and contributions



Working collectively with **Vision Brampton**, a youth lead organization and **Operation Black Vote** we were able to create a space for African, Caribbean and Black community members to come together voice their concerns and increase local civic engagement.

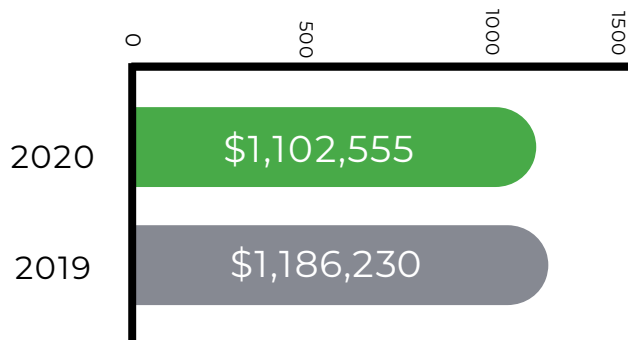
This year, we also became members of the **Brampton Board of Trade** to join a network of community partners from all sectors to collaborate and contribute creative solutions for regional prosperity.

REVENUES

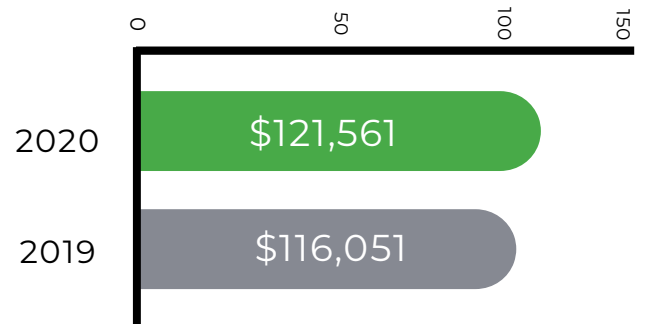
Statement of Revenues and Expenditures Year Ended March 31, 2020

Note: the following pages entitled 'Revenues' and 'Expenditures' are a pictorial representation of some figures. For full details, please refer to the 'Funders and Financials' page.

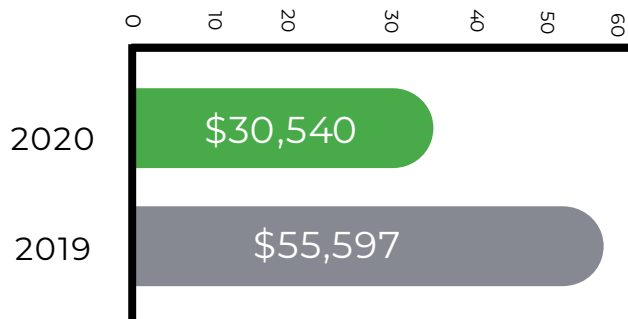
Grants



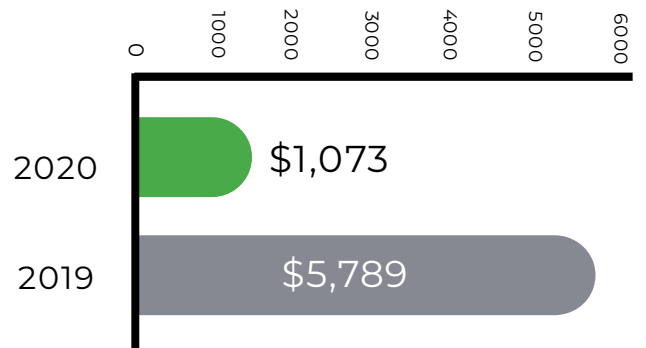
Public Health Agency of Canada



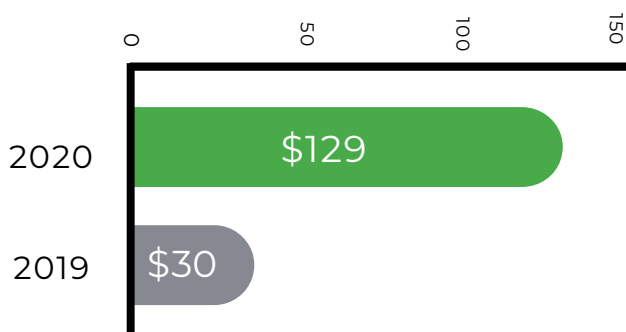
Fundraising, Donations and Training



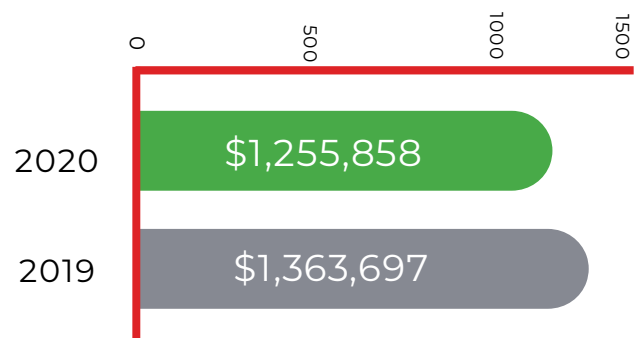
Interest and Other



Memberships



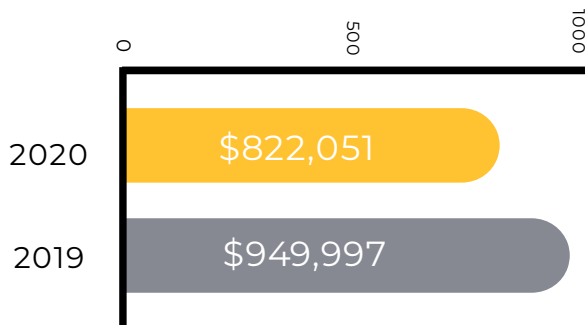
Total Revenue



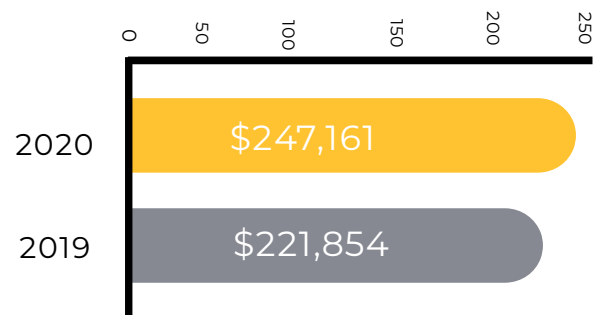
EXPENDITURES

Statement of Revenues and Expenditures
Year Ended March 31, 2020

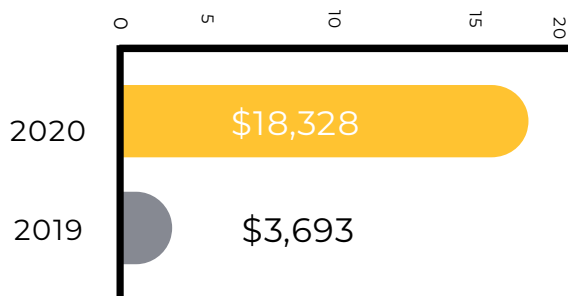
Salaries and Wages



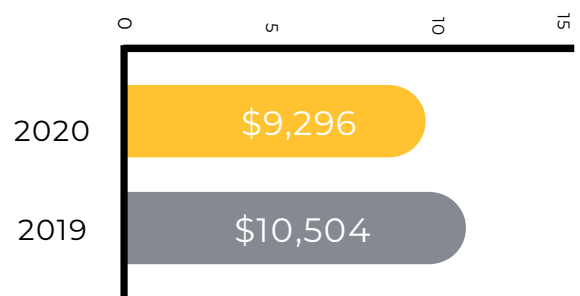
Program Expenses



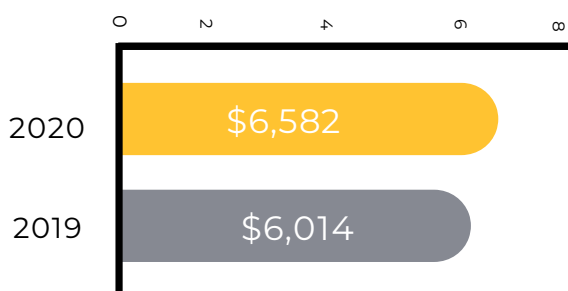
Fundraising Expenses



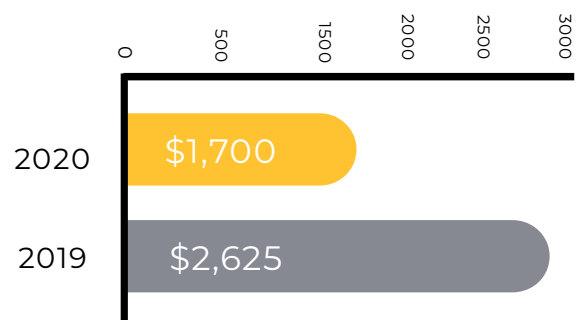
Staff Development and Support



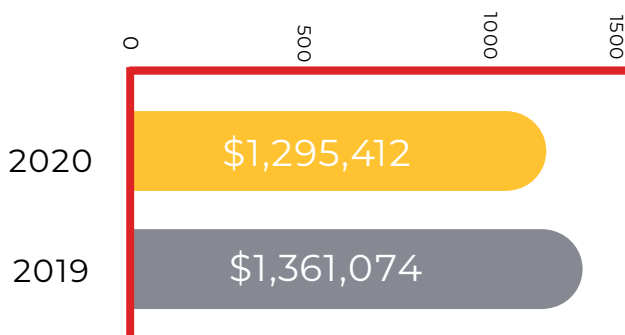
Assistance Provided to Clients



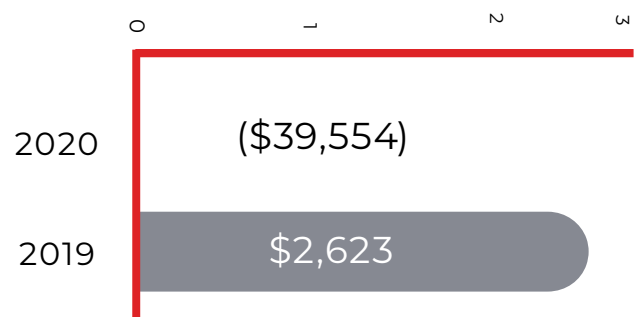
Volunteer Services



Total Expenditures



Excess of Revenues Over Expenditures



FINANCIALS & FUNDERS

Statement of Revenues and Expenditures Year Ended March 31, 2020

	2020	2019
REVENUES		
Grants (Note 7)	\$ 1,102,555	\$ 1,186,230
Public Health Agency of Canada	121,561	116,051
Fundraising, donations and training	30,540	55,597
Interest and other	1,073	5,789
Memberships	129	30
	1,255,858	1,363,697
EXPENSES		
Salaries and wages	822,051	949,997
Program expenses	247,161	221,854
Rent	77,785	78,136
Professional fees	65,060	45,920
Office	19,680	19,812
Fundraising expense	18,328	3,693
Amortization	11,472	14,334
Staff development and support	9,296	10,504
Insurance	8,629	8,089
Gain (loss) on change in fair value of marketable securities	7,668	96
Assistance provided to client	6,582	6,014
Volunteer services	1,700	2,625
	1,295,412	1,361,074
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENDITURES	\$ (39,554)	\$ 2,623

We thank our key funding partners, such as Ontario Ministry of Health and Long Term Care, Public Health Agency of Canada, Region of Peel and many others over the year. Without their support we would be unable to carry out our mission. Please refer to the message from our Executive Director for full list of funding partners.



Public Health
Agency of Canada

Agence de la santé
publique du Canada

OUR TEAM 2019 - 2020

Hope Ramsay, Executive Director
 Adam Chalcraft, Harm Reduction Supervisor
 Dawn A. M. Scarlett, Support Program Manager
 Yoshith Perera, Health Promotion & Prevention Programs Manager
 Colin Samuels, Operations Manager
 Shradha Pandey, Drug Strategy Coordinator
 Steve Gould, PHA Engagement Coordinator
 Kaminda Msumbulwa, Newcomer Photovoice Project Coordinator
 Sam Yoon, Administrative Support Coordinator
 Natalie Kaminski, Harm Reduction Outreach Coordinator
 Joy Nortei, African, Caribbean and Black Programs Coordinator
 Jodh Singh, Men's Health Program Coordinator
 Navneet Sandhu, Peer Collaborative Coordinator
 Rittu Sohal, Harm Reduction Outreach Coordinator
 Denyelle Fraser, Women's Health Program Coordinator
 Allegra Morgado, 2SLGBTQ+ Programs Coordinator



Hope



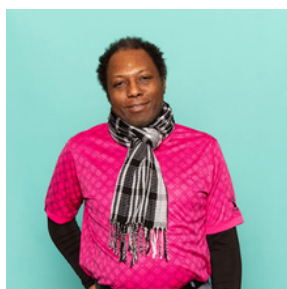
Adam



Dawn



Yoshith



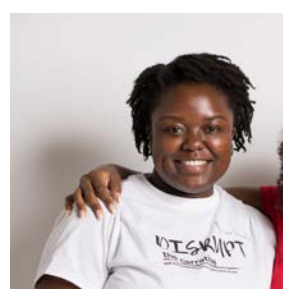
Colin



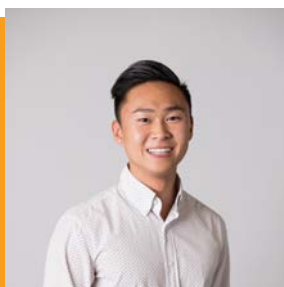
Shradha



Steve



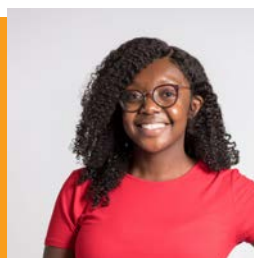
Kaminda



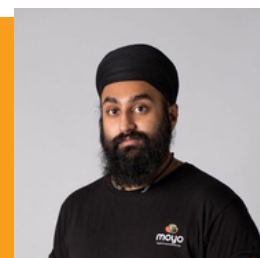
Sam



Natalie



Joy



Jodh



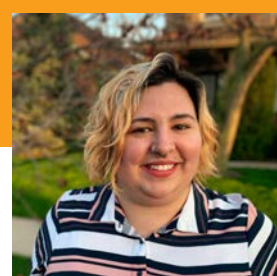
Navneet



Rittu



Denyelle



Allegra

OUR BOARD 2019 - 2020

Board Chair, Racquel Bremmer
Vice Chair, Marilyn Oladimeji
Secretary, Michelle Bilek
Former Treasurer, Teneshia Samuel
Treasurer, Balu Mistry
Board Member, Lee Maillard
Board Member, Deepa Mahanti
Board Member, Taranum Khan
Board Member, Leslie-Ann Fullerton
Board Member, Tina Garnett



Racquel



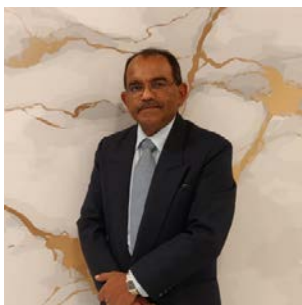
Mariyn



Michelle



Teneshia



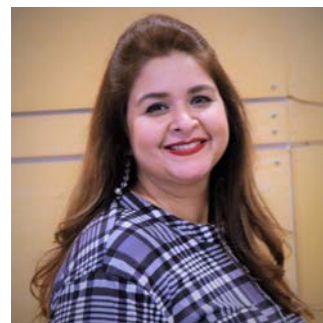
Balu



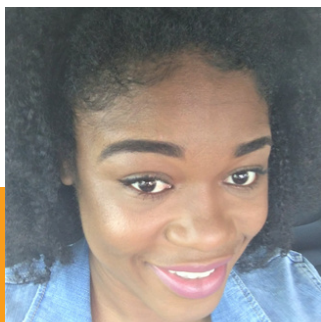
Lee



Deepa



Taranum



Leslie-Ann



Tina

CONNECT WITH US



LOCATION:

Community Door,

7700 Hurontario St #601 Brampton, ON L6Y 4M3

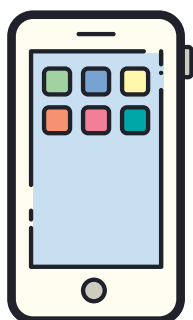
Telephone: (905) 361-0523 Toll-free: 1 (866) 896-8700

Fax: (905) 595-1443



OFFICE HOURS:

Monday – Friday 9:00 am – 5:00 pm



WEBSITE:

<https://moyohcs.ca>

SOCIAL MEDIA:

Twitter: <https://twitter.com/moyohcs>

Facebook: <https://www.facebook.com/moyohcs.ca/>

Instagram: <https://www.instagram.com/moyohcs.ca/>