



Summary of the IHC Annual Report 2023



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Note about the words used in this Easy Read document



This Easy Read document uses the words **intellectual disability**.



We know some people prefer the words **learning disability**.



For this IHC document we will use the words intellectual disability.

What is in this document



This Easy Read document is from **IHC**.



IHC is an organisation that works for people with intellectual disabilities.



IHC supports people with intellectual disabilities in lots of different ways.

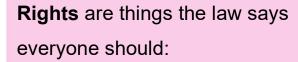


IHC also speaks up for people with intellectual disabilities to:



- have **rights**
- be part of the community
- live good lives.





- have
- be able to do.



This Easy Read document is a **summary** of the IHC **Annual Report** 2023.



A **summary** is:

- shorter than the full report
- tells you the main ideas.



The **Annual Report** says what IHC has done in the last year.

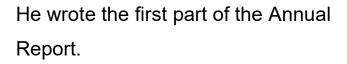
What the Chief Executive said



Chief Executive means the person in charge of an organisation.



Ralph Jones is the Chief Executive of IHC.





Ralph Jones said that last year was quite difficult for IHC.



He thinks next year might be difficult too.







- COVID-19
- not having enough workers
- not having enough money.



COVID-19 is a virus that can make you sick.



Ralph Jones said when there is a lot of COVID-19 about lots of support workers might be too sick to go to work.



When a lot of workers are sick some people cannot get the support they need to do extra things.



IHC has tried to work out ways to keep supporting people when there is a lot of COVID-19 about.

Bathing



Ralph Jones also said IHC had problems keeping **service users** safe when they have a bath.



In this document **service users** means people who get support from IHC.



IHC service users cannot have baths anymore.



Ralph Jones says IHC will keep talking to experts to work out if this can be done safely.

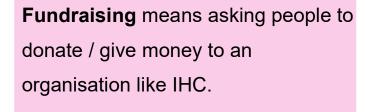
Money



IHC gets funding / money from the Government.



It also gets money from fundraising.

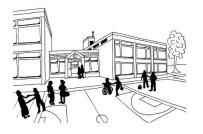




IHC got nearly 14 million dollars from fundraising last year.

IHC programmes

1. Education



In 2008 IHC told the Human Rights Commission that disabled children experienced **discrimination** in schools.



Discrimination is when people are treated differently because of things like:



- being disabled
- how old they are
- their skin colour.



This year the Government said they will set up a new funding and support system to make schooling better for disabled learners.



2. Self-advocacy

IHC is supporting people with intellectual disabilities to self-advocate.



Self-advocate means speak up for yourself.



IHC is teaching people how to self-advocate by having:

- talks
- meetings
- online meetings.



3. Stand Tall



IHC worked with **inGame** to make an online game called Stand Tall.



inGame is a company that makes computer games.



Stand Tall teaches people how to manage money.



You can find out more about Stand Tall on the IHC website:

https://tinyurl.com/5chf39c3

4. Volunteers



IHC needs lots of **volunteers** to work in their programmes.



Volunteer means someone who works for no money.



It can be hard to find enough volunteers.



IHC has been using **social media** to ask more people to be volunteers.



Social media means things like:

- Facebook
- Twitter / X.

Accessible Properties



Accessible Properties is the part of IHC that does social housing.



Social housing means houses for people who:

- do not have a lot of money
- would find it hard to buy a house.



Social housing can be run by:

- the Government
- local councils



other organisations like
 Accessible Properties.



Accessible Properties has houses that work well for disabled people.



Accessible Properties can support people to feel like part of their community.



Accessible Properties has got 15 new houses this year.



There will be almost 2 thousand Accessible Properties by 2025.



Accessible Properties is working with other organisations like:





• property developers.



City council means the people who make decisions about how to run a city.



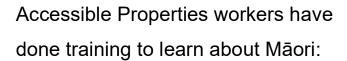
Iwi means a Māori tribe or community of people.



A **property developer** is a person or a company that builds homes to sell or rent to other people.







- language
- culture.



Culture is a way of:

- thinking that a group shares
- doing things as a group.



About a 1 in every 4 people who live in Accessible Properties houses are Māori.



You can find out more on the Accessible Properties **website**:

https://tinyurl.com/ywuy24re

IDEA Services



IDEA Services is the part of IHC that supports adults with intellectual disabilities to:



- live independently
- be part of their community.



Independent means:

- doing things for yourself
- making your own decisions.

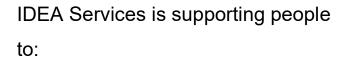


IDEA Services also does residential care.

Residential care means living in a group home with support workers.







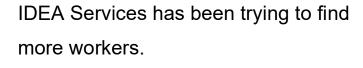
- get jobs
- learn new things
- do things for fun.



Sometimes IDEA Services has not had enough support workers.



When there are not enough workers IDEA services to change how they do things.





The number of workers they have is going up.



You can find out more on the IDEA Services **website**:

www.idea.org.nz

Choices NZ



Choices NZ is the part of IHC that supports disabled people to meet their **goals**.



Goals means the things you want to do in the **future**.

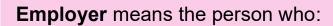


Future means in the time / years to come.

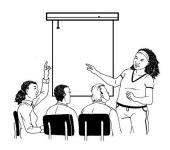


Choices NZ is working with **employers** to show them that disabled people can be great workers.





- decides who gets a job
- pays the people who work for them.



This year Choices NZ has been looking at supporting people to go from school to:



- training
- having a job
- being a volunteer.

Enabling Good Lives

Enabling Good Lives is a new programme that Choices NZ is running in a few places.



Enabling Good Lives is about disabled people being in charge of:



- how they live their lives
- what support they get
- how they manage their money.



In the **Manawatū** Enabling Good Lives has supported 75 people this year.



The **Manawatū** is the part of the North Island around Palmerston North.



People using Enabling Good Lives can work with **life coaches**.



Life coaches support people to:

- make plans
- figure out how to make the things they plan happen.



Around New Zealand Enabling Good Lives **facilitators** have supported 76 people to get paid jobs.



Facilitator means a person who makes things easier.



You can find out more on the Choices NZ website:

www.choicesnz.org.nz

Where to find more information



You can read the full 2023 IHC Annual Report at:

https://tinyurl.com/5n8kwrtm



You can read the IHC **financial statements** for 2023 at:

https://tinyurl.com/bdhxerdn



The **financial statements** list all the money IHC has:

- been given
- spent.



The financial statements are not in Easy Read.



You can find out more about IHC on the IHC website:

www.ihc.org.nz



If you have questions you can **phone** IHC on:

0800 442 442



You can email IHC at:

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You can write to IHC at:



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This information has been written by IHC.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



The ideas in this document are not the ideas of People First New Zealand Ngā Tāngata Tuatahi.



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