each person

Mental Health
Awareness Week

9th – 15th May 2022

Mental Health in the Workplace

12.7% of all sickness absence days in the UK can be attributed to mental health conditions.

Better mental health support in the workplace can save UK businesses up to £8 billion per year.

It is estimated that over 14% of staff experience mental health problems in the workplace.

How Employers Can Help

Wellbeing Hub

If your team aren't confident talking about wellbeing, a clever solution is with a Wellbeing Hub. Individuals can access helpful information independently and anonymously.

Rewards & Recognition

Showing your team appreciation can help increase wellbeing, lower turnover, and even boost engagement.

BRAVOCADO Great job!

YOU'RE OUTTA THIS WORLD

A Simple Hello

Just a simple hello, thank you, or how are you can help put a smile on someone's face. Why not send an Ecard today and get your office beaming.