

Marqueze Washington

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SUMMARY

16x All American and National Champion Graduate from the University of Arkansas. Consistently recognized for the ability to adapt in fast-paced and competitive environments- driven to exceed standards of projected success. Free-lancer with leadership, information management, product distribution, and exceptional interpersonal skills.

EDUCATION

Bachelor of Science, Sports Management

School: University of Arkansas • Graduated: 05/2017

Associates of Science, General Studies

School: Arkansas Baptist College • Graduated: 05/2014

EXPERIENCE

D1 Rogers Strength, Speed & Agility Coach 10/15/21 to Current

- Nutrition and human anatomy knowledge.
- Fitness equipment, exercise and strength training expertise.
- Motivation, communication and listening skills
- Team leadership

Food Service Company • Company: Peter Kern Library: Host/Barback/Bar
waiter • 10/28/20 to 9/26/21

- Providing patrons with accurate wait time estimates during busy periods.
- provided excellent service, made customers feel very welcomed
- negotiated and solved problems if any with customers
- Maintaining a neat, organized FOH environment

Food Service Company • Hermans: Restaurant Server • 01/18 to 10/20/20

- Delivered accurate and well-presented food orders
- monitored customers movements and quickly cleared empty tables for future tables
- provided excellent service and attention to customers when face-to-face

Intern Assistant • Company: Razorback Foundation • 1/2017 to 5/2017

- Monitored facility during peak and Slow hours
- Provided Excellent Customer service
- Performed data entry to ensure proper filing of sensitive information
- Handled delivered for multiple departments

LEADERSHIP

Team Captain of University of Arkansas Track Team

- Mediator for problems
- Worked closely with coaches to help understand athletes
- Mentored incoming freshmen and recruits.

SKILLS

- Decisive
- Quick Learner
- Strong Verbal Communication skills
- Dedicated Team Player
- Exceptional Problem Solver
- Deadline-Driven
- Persuasive
- Adaptable
- Self motivated
- Customer service
- Works well under pressure

AWARDS

Dean's List Honoree

- [Fall, 2013]
- [Spring, 2014]
- [Spring, 2017]

Arkansas Baptist College Men's
Track & Field Team

- 8x All American

University of Arkansas Men's Track
& Field Team

- 8x All American
- NCAA 4x100m Champion

USA Indoor World Team

- Indoor World Silver Medalist
for USA Track and Field

Reference Page

NAME	Occupation	Contact
Travis Geopfert	Associate Head Coach of University of Arkansas	479-409-7218
Carrie Wright	Restaurant Owner/Manager	479-445-9877
Jerica Thomas	Physical Therapist	601-951-6912
Wallace Spearmon	Professional Athlete	479-283-2630