

PART OF **NOCH** GROUP

# **QUALIFICATION SPECIFICATION**

# **Level 3 First Aid Qualifications**

NOCN Level 3 Award in Emergency First Aid at Work Qualification No: 603/2447/8 NOCN Level 3 Award in First Aid at Work Qualification No: 603/2446/6

## **Operational Start Date**

31 January 2022

## Version

4.0 - September 2022

## To know more about NOCN:

- Visit the NOCN website: <u>www.nocn.org.uk</u>
- Call the Customer Service Team: 0300 999 1177

www.nocn.org.uk



## Introduction

**NOCN** is a market-leading awarding organisation that has been providing qualifications for a wide range of centres, including FE colleges and training providers, for 30 years both in the UK and internationally.

We work with centres to deliver a high quality and flexible service for learners to underpin our passionate belief in the power of education and its impact on communities and individuals.

We offer all the advantages of being with a national awarding organisation with a diverse portfolio of qualifications, alongside providing a personalised, bespoke, service to our centres and learners.

As an accredited Leader in Diversity, we are proud of our reputation as a provider of fully accessible, trusted and flexible qualifications.

## **About NOCN Group**

NOCN is part of NOCN Group, a progressive educational charity whose core aims are to help learners reach their potential and organisations thrive. The group includes business units specialising in regulated UK and international qualifications, end point assessment, endorsed programmes and assured short courses, Smart job cards, assessment services, consultancy, and research. NOCN Group shares a joint purpose to offer learners, training providers, employers, and FE Colleges a fully integrated range of learning and skills development products and services.

Information about all our courses and qualifications is available from our website: <a href="https://www.nocn.org.uk/">https://www.nocn.org.uk/</a>

## **First Aid Awarding Organisation Forum**

NOCN is a member of the First Aid Awarding Organisation Forum (FAAOF). This means that we work with other Awarding Organisations to develop joint principles and standards for the delivery, assessment and quality assurance of First Aid qualifications including:

- Assessment Principles for Regulated First Aid Qualifications
- Blended Learning in First Aid Quality Assurance Standards
- Delivery Standards for Regulated First Aid Qualifications

You can find more information about these important standards on the Forum's website. http://www.firstaidqualifications.org.uk/

The website also includes answers to Frequently Asked Questions.



## **Qualifications at a Glance**

Title	Size
NOCN Level 3 Award in Emergency First Aid at work	L3 Award = 1 Credit, 6 GLH
NOCN Level 3 Award in First Aid at Work	L3 Award = 2 Credits, 18 GLH
Purpose	Target Audience
These qualifications are vocationally based and offer the opportunity for learners to demonstrate an achievement of practical skills, understanding and knowledge of a First Aider and what is required to offer suitable care and administer First Aid procedures for minor injuries and illness in the workplace.	Any individual who needs to support their role with First Aid skills and knowledge in the workplace as well the voluntary and community sector
Content Overview	Entry Requirements
The NOCN Level 3 Award in Emergency First Aid at Work and NOCN Level 3 Award in First Aid at Work are	There are no formal entry requirements for learners undertaking these qualifications.
vocationally based qualifications. The units offer the opportunity for learners to achieve a balance of practical skill and knowledge.	However, learners need to be physically able to perform first aid techniques.
Assessment	Additional Resources
The assessment for these qualifications are multiple-choice tests and observation of practical skills.	All practical observation assessments are hosted on vLearn.



## Summary of changes:

This section summarises the changes to the qualification specification since the last version (version 3.0 January 2022).

Version	Publication Date	Summary of Amendments
V4.0	1 September	Changes to assessment and grading.
	2022	Pass mark changed, time allowed changed and number of multiple choice questions changed for each unit. (See page 7)
V4.0	1 September 2022	Changes in unit content. Please note changes in assessment criteria and learning outcomes. (See pages 16 – 33)



## Contents

In	troduc	stion1
1.	Over	view of Qualification5
	1.1.	Entry Requirements
	1.2.	Progression
2.	Quali	fication Details6
	2.1.	Qualification Structure
	2.2.	Total Qualification Time (TQT)6
	2.3.	Assessment and Grading7
	2.4.	Fair and Equitable Assessment9
	2.5.	Test Invigilation
	2.6.	Learners with Particular Requirements
	2.7.	Recognised Prior Learning
	2.8.	Delivery Requirements 11
	2.9.	Duration of Training11
	2.10.	Requalification 12
	2.11.	Summary of Standards for Duration, Certification and Delivery of First Aid Qualifications 12
3.	Centi	re Information
	3.1.	Required Resources for Delivering the Qualification
	3.2.	Offering the qualification
4.	Com	ponent Information
	4.1	Component 1 17
	4.2	Component 2



## 1. Overview of Qualification

These qualifications are vocationally based and offers the opportunity for learners to demonstrate an achievement of practical skills, understanding and knowledge of a First Aider and what is required to offer suitable care and administer First Aid procedures for minor injuries and illness in the workplace.

## 1.1. Entry Requirements

There are no formal entry requirements for learners undertaking these qualifications. However, if learners are taking the NOCN Level 3 Award in First Aid at Work, they will need to achieve the unit 'Recognition and Management of Illness and Injury in the Workplace' within 10 weeks of achieving the unit 'Emergency First Aid in the Workplace'.

Learners must be able to demonstrate the requirements of these qualifications and have access to required assessment opportunities and relevant resources. Please refer to specific assessment requirements on individual components for more information.

Centres should undertake initial assessment activities with learners to ensure these are appropriate qualifications and they can achieve the level they will be studying before enrolling them onto a programme of learning.

These qualifications are available to learners aged **14** or over but a learner is unable to act as a First Aider in the workplace until they reach the age of 16.

## 1.2. Progression

The qualifications will provide learners with an opportunity to:

- Be able to administer First Aid procedures in the workplace.
- Become a Qualified First Aiders in the workplace by achieving a First Aid certification which is valid for 3 years.
- Progress to the NOCN Level 3 Award in First Aid at Work following completion of the NOCN Level 3 Award in Emergency First Aid at Work.
- Access other qualifications such as certain NOCN qualifications in the sector, where First Aid training is necessary for achieving the qualification.

'Within any certification period, FAAOF strongly recommends that first aiders undertake annual refresher training. Although not mandatory, this will help qualified first aiders maintain their basic skills and keep up to date with any changes to first aid procedures.'



## 2. Qualification Details

## 2.1. Qualification Structure

The **NOCN Level 3 Award in Emergency First Aid at Work** is a **1** credit qualification with a Total Qualification Time (TQT) of **7** Hours, including **6** Guided Learning Hours (GLH).

Learners **must** achieve 1 credit from the single mandatory component outlined below.

Component Title		Credit Value	Ofqual Reference Number
Emergency First Aid in the Workplace	3	1	F/650/3474

The **NOCN Level 3 Award in First Aid at Work** is a **2** credit qualification with a Total Qualification Time (TQT) of **22** Hours, including **18** Guided Learning Hours (GLH).

Learners **must** achieve 2 credits from the two mandatory components outlined below.

Component Title	Level	Credit Value	Ofqual Reference Number
Emergency First Aid in the Workplace	3	1	F/650/3474
Recognition and Management of Illness and Injury in the Workplace	3	1	H/650/3475

## 2.2. Total Qualification Time (TQT)

Through consultation with users, TQT has been agreed by considering the total number of learning hours required for the average learner to achieve this qualification.

TQT is split into two areas:

Area	Example of activities
<ol> <li>Guided Learning Hours (GLH):         <ul> <li>learning activity under the immediate guidance or supervision of a lecturer, supervisor, tutor or other appropriate provider of education or training</li> <li>includes the activity of being assessed if the assessment takes place under the immediate</li> </ul> </li> </ol>	<ul> <li>Classroom-based learning supervised by a teacher</li> <li>Work-based learning supervised by a teacher</li> <li>Live webinar or telephone tutorial with a teach in real time</li> <li>E-learning supervised by a teacher in real time</li> <li>All forms of assessment which take place under the immediate</li> </ul>



guidance or supervision of a lecturer, supervisor, tutor or other appropriate provider of education or training <b>2. Other Learning Hours (OLH):</b>	<ul> <li>guidance or supervision of an appropriate provider of training</li> <li>Exam time</li> <li>Independent and unsupervised</li> </ul>
<ul> <li>an estimate of the number of hours a learner will spend, as directed by (but not under the immediate guidance or supervision of) a lecturer, supervisor, tutor or other appropriate provider of education or training, including:         <ul> <li>preparatory work</li> <li>self-study</li> <li>any other form of education or training, including assessment</li> </ul> </li> </ul>	<ul> <li>research/learning</li> <li>Unsupervised compilation of a portfolio of work experience</li> <li>Unsupervised e-learning</li> <li>Unsupervised e-assessment</li> <li>Unsupervised coursework</li> <li>Watching a pre-recorded podcast or webinar</li> <li>Unsupervised work-based learning</li> </ul>

The agreed Total Qualification Time has been used to identify the qualifications' Credit Value.

## 2.3. Assessment and Grading

The assessment for these qualifications must follow the requirements set out in the FAAOF Assessment Principles for Regulated First Aid Qualifications document.

These principles state that assessment should determine a learner's ability to act safely, promptly and effectively when an emergency occurs at work and to deal with a casualty. All learning outcomes in the unit(s) must be achieved. Assessments may take place at any time during the delivery of the qualifications and does not need to be done as a final assessment. It is however a requirement for the learner to be aware that assessment is taking place.

The assessment requirements set out in this qualification specification comply with the principles, but it is recommended that centres are familiar with the FAAOF Assessment *Principles for Regulated First Aid Qualifications* document:

## https://faaof.org/assessment-principles/

The NOCN Level 3 Award in Emergency First Aid at Work and NOCN Level 3 Award in First Aid at Work are externally assessed qualifications. Each unit of the qualifications is assessed by multiple-choice tests and observations of practical skills.

The multiple-choice tests are externally set and externally marked. The observations of practical skills assessments are externally set and internally marked.

Centres must ensure that knowledge based learning is substantive, and relevant to the work or events likely to be encountered during a First Aider at work role.



## Knowledge Assessment

Learners will be required to complete the multiple-choice test after the delivery of the content for that unit. The assessments will be taken online using the assessment platform; however, paper-based assessments will also be available. If paper-based assessment is selected, then these results need to be captured in the assessment platform. Please see NOCN assessment scheduling guidance for further information.

https://www.nocn.org.uk/support/systems-support/assessment-scheduling/

Each test is externally set and marked and consists of multiple-choice questions covering the learning outcomes and associated assessment criteria for each unit.

Assessment conditions:

- The multiple choice tests are closed book tests meaning that learners are not permitted to use teaching and learning materials or their notes to answer the questions.
- Learners who achieve the required pass mark for the multiple-choice tests and pass the practical observations for each unit will be awarded either the NOCN Level 3 Award in Emergency First Aid at Work or the NOCN Level 3 First Aid at Work qualification, dependent on their chosen qualification.

## NOCN Level 3 Award in Emergency First Aid at Work:

Component Title	MCQ's	Pass Mark	Time to complete
Emergency First Aid in the Workplace	17	12	26 min

## NOCN Level 3 Award in First Aid at Work:

Component Title	MCQ's	Pass Mark	Time to complete
Emergency First Aid in the Workplace	17	12	26 min
Recognition and Management of Illness and Injury inthe Workplace	31	22	47 min

## Practical Observations

Each learner will be assessed through Competency Based Observational Assessments (CBOA).

To achieve the practical elements of each unit each learner must be observed by a suitably qualified assessor. Learners will perform a number of practical tasks in relation to the skills required to be demonstrated.



Learners will be assessed as to being competent in achieving/not achieving against the relevant assessment criteria.

Centres must ensure that when learners are being assessed this is not done in the presence of learners who have not yet undertaken their assessment.

## Simulation

Simulation is permitted – each unit details what may be simulated.

Assessors and learners will complete the practical observation forms provided by NOCN and hosted on the vLearn platform.

The qualification is graded at Pass/Fail.

**NOTE**: If undertaking the First Aid at Work qualification, Unit 2 Recognition and Management of Illness and Injury in the Workplace must be completed within 10 weeks of achievement of Unit 1 Emergency First Aid in the Workplace.

## Standards of First Aid practice

Skills and knowledge must be taught and assessed in accordance with currently accepted First Aid practice in the United Kingdom as laid down:

- by the Resuscitation Council (UK); and
- in other publications, provided that they are supported by a responsible body of medical opinion.'

## 2.4. Fair and Equitable Assessment

Assessment within the NOCN Level 3 Award in Emergency First Aid at Work and NOCN Level 3 Award in First Aid at Work is designed to be accessible and inclusive.

## 2.5 Test Invigilation

The multiple-choice test invigilator is the person in the test room with responsibility for conducting a particular test in the presence of candidates. Invigilators have a key role in upholding the integrity of the test process.

The role of the invigilator is to ensure that tests are conducted in accordance with laid down instructions, to:

- Ensure that all candidates have an equal opportunity to demonstrate their abilities.
- Ensure the security of the test papers and completed response sheets, before, during and after the test.
- Prevent possible candidate malpractice.
- Prevent possible administrative failures.

Invigilators must:

- Be appropriately trained in their duties.
- Give all their attention to conducting the test properly.
- Be able to observe each candidate in the test room at all times.
- Be able to confirm candidate identity.
- Inform the Head of the Centre if they are suspicious about the security of test papers, completed response sheets or any other issue that threatens the integrity of the test



process. (In such cases, the Head of the Centre must inform NOCN immediately, and send a full written report within five working days of the suspicion arising).

Invigilators **must not:** carry out any other task (for example doing other work or using a mobile phone) in the test room.

## Test Management

NOCN's Invigilation Policy on the NOCN website (<u>https://www.nocn.org.uk/support/nocn-policies/</u>) provides detailed guidance for centres on the following areas of test management:

- Keeping test papers secure.
- Starting the test.
- During the test.
- Summoning help during a test.
- Candidates who arrive late.
- Leaving the test room.
- Ending the test.
- Completing the documentation.
- Malpractice.
- Emergencies.

#### 2.6 Learners with Particular Requirements

If you are a NOCN Recognised Centre and have learners with particular requirements, please see the **NOCN Reasonable Adjustments and Special Considerations Policy and Procedure** found on the NOCN website at <u>https://www.nocn.org.uk/</u>.

This policy gives clear guidance on the reasonable adjustments and arrangements that can be made to take account of disability or learning difficulty without compromising the assessment criteria.

The NOCN Centre Approval process requires the centre to hold policy statements on Equal Opportunities, Diversity and Disability Discrimination, which will be reviewed by NOCN Please refer to the **NOCN Quality Assurance Manual for further details.** 

## 2.7 Recognised Prior Learning

Recognising Prior Learning is an assessment process that recognises learning that has its origins in a learner's experience and / or previous formal and informal learning contexts. This includes knowledge and skills gained within school, college, university, and outside formal learning situations such as through life, employment, apprenticeships, and other work experiences.

NOCN is committed to the Recognition of Prior Learning (RPL) and has developed a policy and procedures to inform and support centres. This is available on the NOCN website at

https://www.nocn.org.uk/



## 2.8 Delivery Requirements

The delivery of these qualifications must comply with the requirements set out in the FAAOF *Delivery Standards for Regulated First Aid Qualifications* document.

The requirements set out in this qualification specification comply with these Delivery Standards but it is recommended that centres become familiar with the FAAOF *Delivery Standards for Regulated First Aid Qualifications* document.

## https://faaof.org/delivery-standards/

Centres are required to use a learner to trainer ratio of 12:1 (12 learners to 1 trainer). If there are more than 12 learners, additional qualified trainers must be available.

Centres must ensure that the following equipment is available:

- A minimum of 1 Resuscitation manikin between a maximum of 4 learners (facilities mustbe available to ensure the manikin face is kept sterilised, for example with the use of disposable face shields or manikin face wipes).
- A minimum of 1 training defibrillator between a maximum of 4 learners
- A minimum of 1 disposable training dressing per learner
- A minimum of 1 pair of disposable gloves (not latex) per learner
- A minimum of 1 First Aid kit
- Training rooms that have carpeted floors or mats/blankets provided, for use during practical sessions
- Adequate training and assessment facilities to accommodate maximum number oflearners on course
- A training room which is safe, that has adequate ventilation, lighting sufficient for learners to read easily, and temperature suitable to maintain a 'shirt sleeve' environment. It is also required that training rooms are able to cater for people with any special needs (where appropriate).
- All hygiene and health and safety precautions must be met.

## 2.9 Duration of Training

The minimum duration of training as follows:

- First Aid at Work 18 hours over three days
- First Aid at Work Re-qualifying 12 hours over two days
- Emergency First Aid at Work 6 hours over one day

## **Blended Learning**

Blended learning is permitted for these qualifications, providing that it complies with the Blended Learning in First Aid Quality Assurance Standards document.

#### https://faaof.org/blended-learning/

**Note:** distance learning must be completed before the face-to-face classroom session and all assessments must take place in the classroom.



The minimum face-to-face learning duration for each type of course should be as follows:

Course	Total course minimum hours duration	Minimum face-to-face learning hours
Emergency First Aid at Work	6	4
First Aid at Work	18	12
First Aid at Work Requalifying	12	6

## 2.10 Requalification

Learners who have previously attained the First Aid at Work qualification should requalify by undertaking the full qualification again. Providing the learner's First Aid at Work certificate has not expired by more than 1 calendar month (e.g., expired on 5th, started course on or before 4th of the following month), the contact hours may be reduced to 12 hours over 2 days. To attend the shorter re-qualification course, learners should provide evidence of their previous First Aid at Work qualification.

Centres and employers should be aware that if a workplace first aider's certificate expires, they will not be accepted as a first aider for the purposes of the First Aid at Work Regulations until they have re-taken the qualification.

# 2.11 Summary of Standards for Duration, Certification and Delivery of First Aid Qualifications

The following table summarises the key requirements for delivery of FAW and EFAW qualifications:

Qualification	Minimum Contact Hours	Minimum Days	Maximum Weeks	Minimum Session	Learner/ Trainer Ratio	Certificate Validity	Annual Refresher Recommended
First Aid at Work	18	3	10	2 hours	12:1	3 Years	Yes
First Aid at Work (Requalification)	12	2	7	2 hours	12:1	3 Years	Yes
Emergency First Aid at Work	6	N/A	4	2 hours	12:1	3 Years	Yes



## 3. Centre Information

## 3.1. Required Resources for Delivering the Qualification

As part of the requirement to deliver these qualifications, staff undertaking delivery, assessment and quality assurance must meet the minimum requirements for competency. The minimum requirements are set out in the FAAOF Assessment Principles for Regulated First Aid Qualifications.

## https://faaof.org/assessment-principles/

(All \* references to the section in the Assessment Principles, as above)

## Trainers

Those involved in the training of these qualifications must have knowledge and competency in First Aid as well as knowledge and competency to train based on qualifications and experience. An acceptable portfolio **must show**:

- i. Occupational knowledge and competence in First Aid evidenced by:
   Holding a First Aid at work/medical gualification as detailed in Appendix 1\*
- ii. Knowledge and competency in teaching/training First Aid evidenced by:
  - Holding an acceptable teaching/training qualification as detailed in Appendix 2\*

AND either:

- Providing an acceptable log of teaching First Aid within the last 3 years, or;
- Providing an acceptable record of competently teaching theoretical and practical First Aid sessions under the supervision of a suitably qualified Trainer/Assessor.

## Assessors

Those involved in the assessment of these qualifications must have knowledge and competency in First Aid as well as knowledge and competency to assess based on qualifications and experience. An acceptable portfolio **must show**:

- i. Occupational knowledge and competence in First Aid evidenced by:
  - Holding a First Aid at work/medical qualification as detailed in Appendix 1\*
- ii. Knowledge and competency in assessing First Aid evidenced by:
  - Holding an acceptable assessing qualification/CPD Training as detailed in Appendix 2

AND either:

- Providing an acceptable log of First Aid assessments conducted within the last 3 years, or;
- Providing an acceptable record of competently assessing theoretical and practical First Aid qualifications under the supervision of a suitably qualified assessor.

Centre staff may undertake more than one role, e.g., Trainer and Assessor or Internal Quality Assurer, but they **cannot** carry out any quality assurance on work that they have previously assessed.



## **Internal Quality Assurance**

Those involved in the internal quality assurance of these qualifications (IQA's) must have knowledge and competency in First Aid as well as knowledge and competency in internal quality assurance. An acceptable portfolio **must show**:

- i. Occupational knowledge and competence in First Aid evidenced by:
   Holding a First Aid at work/medical gualification as detailed in Appendix 1\*
- ii. Knowledge and competency in internal quality assurance evidenced by:
   Holding a gualification/completing CPD training as detailed in Appendix 3\*

Internal Quality Assurers **must**:

- Have knowledge of the requirements of the qualification they are quality assuring at the time any assessment is taking place.
- Have knowledge and understanding of the role of assessors.
- Visit and observe assessments.
- Carry out other related internal quality assurance.

Each centre must have internal quality assurance policies and procedures in place. The policies and procedures must be sufficient to secure the quality of the award, ensuring validity, reliability, and consistency.

NOCN supports and recognises Centre's internal quality assurance systems which support the above; any system should encourage standardisation and sharing of good practice.

## **Continuing Professional Development (CPD)**

Centres are expected to support their staff, ensuring that their subject knowledge remains current and that their members of staff are up to date with regards to best practice in delivery, assessment and quality assurance.

## **External Quality Assurance**

Once recognised as a Centre, NOCN will allocate an External Quality Assurer. The External Quality Assurer will have ongoing responsibility for monitoring the Centre's compliance with the requirements of recognised Centre approval status.

The External Quality Assurer will make regular visits to all centres. During these visits they will:

Monitor the Centre's compliance with the Centre approval criteria by reviewing course documentation, meeting managers, tutors, internal quality assurers, learners, and administrative staff.

Review the standard of the Centre's assessment and internal quality assurance practices and decisions to determine whether all assessment requirements are met to support safe and valid claims for certification.

Refer to the NOCN Quality Assurance Manual for further information on the External Quality Assurance process.



The External Quality Assurer will make regular visits to all Centres. During these visits he/she/they will:

- Monitor the Centre's compliance with the Centre Recognition agreement by reviewing course documentation, meeting managers, tutors, internal quality assurers, learners and administrative staff.
- Verify recommendations for achievement submitted by the centre via Quartzweb.

Refer to the **NOCN Quality Assurance User Guide** for further information on the External Quality Assurance process.

## 3.2. Offering the qualification

## **All Centres**

All first aid centres should adhere to the applicable legislation on First Aid at Work, specifically to Health and Safety (First-Aid) Regulations 1981 and Health and Safety (First-Aid) Regulations (Northern Ireland) 1982 (as amended). Centres should also adhere to the guidance provided by the Health and Safety Executive. This guidance has also been adopted by the Health and Safety Executive for Northern Ireland (HSENI).

Training and qualifications for the purposes of First Aid at work are no longer approved by HSE/HSENI, but all First Aid training providers should meet the Assessment Principles for Regulated First Aid Qualifications and be prepared to demonstrate how they satisfy certain criteria. These criteria include:

- the qualifications expected of trainers and assessors
- monitoring and quality assurance systems
- teaching and standards of first-aid practice
- syllabus content
- certification

## **Existing Centres**

If you are already recognised to offer NOCN qualifications and would like more information about offering this qualification, please contact: <u>business-enquiries@nocn.org.uk.</u>

Use Horizon to add this qualification to your centre.

## **New Centres**

If you are interested in offering this qualification, but are not yet a NOCN Approved Centre and would like more information about becoming a NOCN centre and offering this qualification please see **Become a Registered Centre** on our website https://www.nocn.org.uk/customers/nocn-centres/\_and click Become a Centre.



## 4. Component Information

The NOCN Level 3 Award in Emergency First Aid at Work qualification consists of **1 mandatory** component.

The NOCN Level 3 Award in First Aid at Work qualification consists of **2 mandatory** components

Component 1 is in **both qualifications** and component 2 is in the NOCN Level 3 Award in First Aid at Work **only**.

To achieve their qualification learners will need to achieve a pass mark for each of the components dependent on their chosen qualification. The assessments have been externally created.

A copy of each of the components follows.



## 4.1. Component 1

Title:	Emergency First Aid in the Workplace			
Level:	Level 3			
Credit value:	1			
GLH	6			
Unique Reference Number:	F/650/3474			
Aim:	The aim of this unit is to provide learners with the knowledge and skills needed to deal with a range of workplace first aid situations.			
Assessment	This unit is assessed by multiple-choice tests and observations of practical skills.			
Learning outco	omes			
1. Unde	erstand the role and responsibilities of a first aider.			
Delivery conter	nt:			
	earning outcome is to provide the learners with the knowledge to know			
	and responsibilities of a first aider. Learners will be able to identify how to			
minimise risk to	self and others and also need for consent when providing first aid.			
The learner mus	<b>\</b>			
	he <b>role and responsibilities</b> of a first aider			
	now to minimise the risk of infection to self and others			
	he need for <b>consent</b> to provide first aid			
-	-			
2. Be able t	to assess an emergency situation safely.			
	The aim of this learning outcome is to provide the learners with the knowledge and skills to			
be able to conduct a scene survey and primary survey of a casualty. Learners will also				
	ummon appropriate assistance.			
Conduct	a scene survey			
<ul> <li>Conduct a primary survey of a casualty</li> </ul>				
Summon appropriate assistance when necessary				

3. Be able to provide first aid to an unresponsive casualty.



#### **Delivery content:**

The aim of this learning outcome is to provide learners with the knowledge and skills to know when and how to administer CPR. Learners will also know and demonstrate how to place a casualty in the recovery position and demonstrate continual monitoring of breathing whilst the casualty is in the recovery position. Learners will be able to identify when to administer first aid to a casualty experiencing a seizure.

The learner must:

- Identify when to administer Cardio Pulmonary Resuscitation (CPR)
- Demonstrate adult CPR using a manikin
- Identify when to place a casualty into the recovery position
- Demonstrate how to place a casualty into the recovery position
- Demonstrate continual monitoring of breathing whilst the casuality is in the recovery position
- Identify how to administer first aid to a casualty who is **experiencing a seizure**
- 4. Be able to provide first aid to a casualty who is choking

#### **Delivery content:**

The aim of this learning outcome is to provide learners with knowledge to identify when a casualty is choking and how to administer first aid to a casualty who is choking.

The learner must:

- Identify when a casualty is **choking**
- Demonstrate how to administer first aid to a casualty who is choking
- 5. Be able to provide first aid to a casualty with external bleeding

#### **Delivery content:**

The aim of this learning outcome is to provide learners with the knowledge to identify whether external bleeding is life-threatening and to demonstrate how to administer first aid to a casualty with external bleeding.

The learner must:

- Identify whether external bleeding is life-threatening
- **Demonstrate** how to administer first aid to a **casualty with external bleeding**
- 6. Know how to provide first aid to a casualty who is suffering from shock

## **Delivery content:**

The aim of this learning outcome is to provide learners with knowledge to recognise when a casualty is suffering from shock and how to administer first aid to a casualty who is



suffering from shock.

The learner must:

- **Recognise** when a casualty is suffering from **shock**
- Identify how to **administer first aid** to a casualty who is suffering from **shock**
- 7. Know how to provide first aid to a casualty with minor injuries.

#### **Delivery content:**

The aim of this learning outcome is to provide learners with knowledge to identify when a casualty has a minor injury and how to administer first aid for a minor burn and scald.

The learner must:

- Identify how to administer first aid to a casualty with:
  - Small cuts
  - o Grazes
  - Bruises
  - Small splinters
  - Nosebleeds
- Identify how to administer first aid to a casualty with minor burns and scalds.

## Scope of Training

The Scope of Training identifies areas that must be covered during the delivery of this unit. This is the minimum that is expected but tutors are expected to include other areas, knowledge of which will benefit their learners, based on location, types of work available and from the tutors own professional experience.

Requirements	
Identify the role and	Identification of the roles and responsibilities of a first aider may
responsibilities of a	include:
first aider	Preventing cross infection
	Recording incidents and actions
	Safe use of available equipment
	Assessing an incident
	Summoning appropriate assistance
	Prioritising treatment
	Dealing with post incident stress



Identify how to	Minimising the risk of infection may include:
minimise the risk of	Personal Protective Equipment (PPE)
infection to self and	Hand hygiene
others	Disposal of contaminated waste
	Using appropriate dressings
	Barrier devices during rescue breaths
	Covering own cuts
	Others may include casualties, work colleagues or people within
	the workplace environment.
Identify the need for	Identifying the need to gain consent may include:
consent to provide	Gaining consent
first aid	Implied consent
Conduct a scene	Conducting a scene survey may include:
survey	Checking for further danger
	Identifying the number of casualties
	Evaluating what happened
	Prioritising treatment
	Delegating tasks
Conduct a primary	The primary survey sequence may include:
survey of a casualty	• Danger
	Response
	Airway
	Breathing
	Circulation
Summon appropriate	Summoning appropriate assistance may include:
assistance when	Shouting for help
necessary	Calling 999/112 via speakerphone or bystander
	Leaving the casualty to call 999/112
	Calling an NHS emergency helpline such as 111
Identify when to	Identifying when to administer CPR must include:
administer Cardio	When the casualty is unresponsive and:
Pulmonary	<ul> <li>Not breathing</li> </ul>
Resuscitation (CPR)	<ul> <li>Not breathing normally/agonal breathing</li> </ul>
Demonstrate adult	Demonstrating CPR must include:
CPR using a manikin	30 chest compressions
	<ul> <li>Correct hand positioning</li> </ul>
L	

	<ul> <li>5-6cm compression depth</li> </ul>
	<ul> <li>100-120 per minute</li> </ul>
	2 rescue breaths
	<ul> <li>Correct rescue breath positioning</li> </ul>
	$\circ$ Blowing steadily into mouth (about 1 sec to make
	chest rise)
	$\circ$ Taking no longer than 10 seconds to deliver 2
	breaths
	AED (Defibrillator)
	<ul> <li>Correct placement of AED pads</li> </ul>
	<ul> <li>Following AED instructions</li> </ul>
	CPR – minimum demonstration time of 2 minutes at floor level
	May additionally include use of rescue breath barrier devices
Identify when to	Identifying when to place the casualty into the recovery position
place a casualty into	should include when the casualty has lowered levels of response
the recovery position	and:
	Does not need CPR
	Is breathing normally
	Is uninjured
	An injured casualty may be placed in the recovery position if the
	airway is at risk (e.g. fluids in the airway or you need to leave the
	casualty to get help)
Demonstrate how to	Placing a casualty into the recovery position may include:
place a casualty into	<ul> <li>Placing in a position that maintains a stable, open,</li> </ul>
the recovery position	draining airway at floor level
	<ul> <li>Continually monitoring airway and breathing</li> <li>Turning the casualty onto the opposite side every 30</li> </ul>
	minutes
	Placing heavily pregnant casualty on their left side
Demonstrate	Continually monitoring airway and breathing includes:
continual monitoring	<ul> <li>Continual checking for normal breathing to ensure that cardiac arrest can be identified immediately</li> </ul>
of breathing whilst	
the casualty is in the	
recovery position	
Identify how to	Administering first aid to a casualty having a generalised seizure
administer first aid	may include:
to a casualty who is	<ul> <li>Keeping the casualty safe (removing dangers)</li> <li>Nation the time and duration of the asigure</li> </ul>
experiencing a	<ul> <li>Noting the time and duration of the seizure</li> <li>Opening airway and checking breathing post seizure</li> </ul>
L	

seizure	Determining when to call 999/112
Identify when a	Identifying mild choking may include recognising the casualty is
casualty is choking	able to:
	<ul> <li>Speak</li> <li>Cough</li> <li>Breathe</li> <li>Identifying severe choking may include recognising the casualty</li> <li>is:</li> </ul>
	<ul> <li>Unable to cough effectively</li> <li>Unable to speak</li> <li>Unable or struggling to breathe</li> <li>In visible distress</li> <li>Unconscious</li> </ul>
Demonstrate how to	Administering first aid for choking should include the following:
administer first aid	Encouraging to cough
to a casualty who is	<ul><li>Up to 5 back blows</li><li>Up to 5 abdominal thrusts</li></ul>
choking	Calling 999/112 when required
	CPR if unconscious
	Demonstration must be simulated using a training device – not
	another learner.
Identify whether	Identifying the severity of arterial bleeding may include
external bleeding is	recognising the blood:
life-threatening	<ul><li>Is under pressure</li><li>Spurts in time with the heartbeat</li></ul>
	Recognition that arterial bleeding Is a life-threatening emergency
	Identifying the severity of venous bleeding may include
	recognising the blood:
	<ul><li>Volume in veins is comparable to arteries</li><li>Flows profusely from the wound</li></ul>
	Recognition that venous bleeding Is a life-threatening emergency
	For context - identifying capillary bleeding may include
	recognising that blood trickles from the wound. Capillary bleeding
	Is not a life-threatening emergency.
Demonstrate how to	Administering first aid for external bleeding may include:
administer first aid	Maintaining aseptic technique
to a casualty with	Siting or laying the casualty
external bleeding	<ul> <li>Examining the wound</li> <li>Applying direct pressure onto (or into) the wound</li> <li>Dressing the wound</li> </ul>



	Cotostrankia blagding treatment may include:
	Catastrophic bleeding treatment may include:
	Wound packing
	Tourniquet application
Decemies when a	Improvised tourniquet application
Recognise when a	Shock: hypovolaemic shock (resulting from blood loss)
casualty is suffering	Hypovolaemic shock recognition may include:
from shock	Pale, clammy skin
	Fast, shallow breathing
	Rise in pulse rate
	Cyanosis
Identify how to	Dizziness/passing out when sitting or standing upright
Identify how to	Administering first aid for hypovolaemic shock may include:
administer first aid	Treating the cause
to a casualty who is	<ul><li>Casualty positioning</li><li>Keeping the casualty warm</li></ul>
suffering from shock	<ul> <li>Calling 999/112</li> </ul>
Identify how to	Administering first aid for small cuts and grazes may include:
administer first aid	Irrigation
to a casualty with:	Dressing
Small cuts	Administering first aid for bruises may include:
Grazes	Cold compress for 10 minutes
Bruises	Small splinter removal may include the following steps:
<ul> <li>Small splinters</li> </ul>	Cleaning of area
Nosebleeds	Remove with tweezers
	Dress
	Administering first aid for a nosebleed may include:
	Sitting the casualty down, head tipped forwards
	<ul> <li>Pinching the soft part of the nose</li> </ul>
	Telling the casualty to breathe through their mouth
Identify how to	Administering first aid for minor burns and scalds may
administer first aid	include:
to a casualty with	Cooling for 20 minutes
minor burns and	Removing jewellery and loose clothing
scalds.	Covering the burn
Simulation	Determining when to seek advice Simulation is permitted in this unit. The following ACs must be
Simulation	
	assessed by practical demonstration: 2.1, 2.2, 2.3, 3.2, 3.4, 3.5,
	4.2, 5.2



## 4.2. Component 2

Title:	Recognition and Management of Illness and Injury in the Workplace	
Level:	Level 3	
Credit value:	1	
GLH	12	
Unique Reference Number:	H/650/3475	
Aim:	The aim f the unit is for the learner to attain knowledge and practical competences required to deal with a range of workplace first aid situations.	
Assessment	This unit is assessed by multiple-choice tests and observations of practical skills.	
Learning outcomes The learner will:		
2. Be a	able to conduct a secondary survey.	
Delivery conter	nt:	
The aim of this I	earning outcome is to provide the learners with the knowledge to be able	
to conduct a sec	condary survey by identifying the information that needs to be collected.	
Learners will also demonstrate how to conduct a head to toe survey.		
The learner mus	st:	
<ul> <li>Identify t</li> </ul>	the information to be collected when gathering a casualty history	
<ul> <li>Demonstrate how to conduct a head to toe survey</li> </ul>		
2. Be able to provide first aid to a casualty with suspected injuries to bones, muscles and joints.		
Delivery content:		
The aim of this learning outcome is to provide the learners with the knowledge to		
recognise a suspected fracture, dislocation, sprain or strain and how to administer first aid		
to the casualty. Learners will also demonstrate how to apply a support sling and an		
elevated sling.		
Recogni	Recognise a suspected:	
• Fracture or dislocation		
	$\sim$ Sprain or strain	

- Sprain or strain
- Identify how to **administer first aid** for a casualty with suspected:



- Fracture or dislocation
- Sprain or strain
- **Demonstrate** how to apply:
  - A support sling
  - o An elevated sling

3. Be able to provide first aid to a casualty with suspected head and spinal injuries.

## Delivery content:

The aim of this learning outcome is to provide learners with the knowledge to know how to recognise a suspected head or spinal injury and how to administer first aid for a suspected head injury. Learners will demonstrate how to administer first aid for a casualty with a suspected spinal injury.

The learner must:

- Recognise a suspected:
  - Head injury
  - Spinal injury
- Identify how to administer first aid for a **suspected head injury**
- Demonstrate how to administer first aid for a casualty with a suspected spinal injury
- 4. Know how to provide first aid to a casualty with suspected chest injuries.

## Delivery content:

The aim of this learning outcome is to provide learners with knowledge to identify how to administer first aid for suspected fractured ribs and penetrating chest injury.

The learner must:

- Identify how to **administer first aid** for suspected:
  - Fractured ribs
  - Penetrating chest injury

5. Know how to provide first aid to a casualty with burns and scalds.

## **Delivery content:**

The aim of this learning outcome is to provide learners with knowledge and skills to recognise the severity of burns and scalds and also how to administer first aid for burns involving dry or wet heat, chemicals and electricity.

The learner must:

• Identify how to recognise the severity of burns and scalds



- Identify how to administer first aid for burns involving:
  - Dry/wet heat
  - Chemicals
  - Electricity

6. Know how to provide first aid to a casualty with an eye injury.

#### **Delivery content:**

The aim of this learning outcome is to provide learners with knowledge to know how to administer first aid for eye injuries involving dust, chemicals and embedded objects.

The learner must:

- Identify how to administer first aid for eye injuries involving:
  - o **Dust**
  - Chemicals
  - Embedded objects
- 7. Know how to provide first aid to a casualty with suspected poisoning.

#### **Delivery content:**

The aim of this learning outcome is to provide learners with knowledge to know how poisonous substances can enter the body and how to administer first aid to a casualty with suspected sudden poisoning.

The learner must:

- Identify how poisonous substances can enter the body
- Identify how to administer first aid to a casualty with suspected sudden poisoning
- 8. Be able to provide first aid to a casualty with anaphylaxis.

#### **Delivery content:**

The aim of this learning outcome is to provide learners with the knowledge to recognise suspected anaphylaxis and how to administer first aid for a casualty with suspected anaphylaxis. Learners will also demonstrate the use of a 'training device' adrenaline auto-injector.

The learner must:

- Recognise suspected anaphylaxis
- Identify how to administer first aid for a casualty with suspected anaphylaxis



### • **Demonstrate** the use of a 'training device' adrenaline auto-injector

9. Know how to provide first aid to a casualty with suspected major illness.

#### **Delivery content:**

The aim of this learning outcome is to provide learners with the knowledge to recognise and administer first aid for suspected major illness for example, heart attack, stroke, epileptic seizure, asthma attached and a diabetic hypoglycaemic emergency.

The learner must:

- Recognise suspected:
  - o Heart Attack
  - o Stroke
  - Epileptic seizure
  - o Asthma attack
  - Diabetic hypoglycaemic emergency
- Identify how to administer first aid to a casualty suffering from:
  - Heart Attack
  - o Stroke
  - Epileptic seizure
  - Asthma attack
  - Diabetic hypoglycaemic emergency

#### Scope of Training

The Scope of Training identifies areas that must be covered during the delivery of this unit. This is the minimum that is expected but tutors are expected to include other areas, knowledge of which will benefit their learners, based on location, types of work available and from the tutors own professional experience.

#### Scope of Assessment

Requirements	
Identify the	Information to be collected when gathering a casualty history
information to be	<ul><li>may include:</li><li>Signs and symptoms</li></ul>
collected when gathering a casualty	Event history
history	Allergies



	Past medical history
	Last meal
	Medication
Demonstrate how to	Performing a systematic check of the casualty may include:
conduct a head to toe	Head and neck
survey	Shoulders and chest
	Abdomen
	Legs and arms
	Head to toe survey: must be conducted on a casualty with a
	continually monitored or protected airway (e.g. a conscious
	casualty or a casualty placed in the recovery position).
Recognise a	Recognising fractures, dislocations, sprains and strains may
suspected:	include:
Fracture or	Pain
dislocation	Loss of power
Sprain or	Unnatural movement
strain	Swelling or bruising
	Deformity
	Irregularity
	Crepitus
	Tenderness
Identify how to	Administering first aid for fractures and dislocations may include:
administer first aid	<ul> <li>Immobilising / keeping the injury still</li> </ul>
for a casualty with	• Calling 999/112, or
suspected:	Arranging transport to hospital
Fracture or	Administering first aid for sprains and strains may include:
dislocation	Rest
Sprain or	• Ice
strain	Compression/comfortable support
	Elevation
	Demonstrating the application of a sling must include:
Demonstrate how to apply:	A support sling
A support	An elevated sling
sling	
An elevated	
sling	
-	



- ·	
Recognise a	Recognising concussion, compression and fractured skull may
suspected:	include:
Head injury	Mechanism of injury
Spinal injury	Signs and symptoms
	Conscious levels
	Recognising spinal injury may include:
	Mechanism of injury
	Pain or tenderness in the neck or back
	Head injury: includes concussion, compression and skull
	fracture. The learner is not expected to differentiate between
	these conditions.
Identify how to	Administering first aid for a head injury may include:
administer first aid	Determining when to call 999/112
for a suspected head	Maintaining airway and breathing
injury	Monitoring response levels
	Dealing with fluid loss
Demonstrate how to	Administering first aid for spinal injuries may include:
administer first aid	• Calling 999/112
for a casualty with a	Keeping the head and neck in-line
suspected spinal	• Safe method(s) of placing the casualty into a recovery
injury	position whilst protecting the spine (if the airway is at
	risk).
Identify how to	Administering first aid for suspected rib fracture may include:
administer first aid	• Calling 999/112
for suspected:	Casualty positioning
Fractured ribs	Supporting the injury
Penetrating	Administering first aid for a penetrating chest injury may include:
chest injury	• Calling 999/112
	Casualty positioning
	Controlling bleeding around the wound (without covering
	the wound)
	<ul> <li>Leaving a sucking chest wound open to fresh air</li> </ul>
Identify how to	Recognising the severity of burns and scalds may include:
recognise the	• Cause
severity of burns and	• Age
scalds	Burn/scald size



	Depth
	Location
Identify how to	Administering first aid for dry/wet heat burns may include:
administer first aid	
	Cooling the burn
for burns involving:	Removing jewellery and loose clothing
Dry/wet heat	Covering the burn
Chemicals	Determining when to call 999/112
Electricity	Administering first aid for chemical burns may include:
	Ensuring safety
	Brushing away dry/powder chemicals
	Irrigating with copious amounts of water (unless contra-
	indicated)
	Treating the face/eyes as priority
	Administering first aid for electrical burns may include
	Ensuring it is safe to approach/touch the casualty
	Checking DRABC and treating accordingly
	Cooling the burns
Identify how to	Administering first aid for dust in the eye may include:
administer first aid	Irrigation with clean water
for eye injuries	Ensuring the water runs away from the good eye
involving:	Administering first aid for a chemical in the eye may include:
Dust	Irrigation with large volumes of clean water (unless
Chemicals	contra-indicated due to the chemical involved)
Embedded	Ensuring the water runs away from the good eye
objects	• Calling 999/112
	Administering first aid for an embedded object in the eye may
	include:
	Covering the injured eye
	Ensuring the good eye is not used (cover if needed)
	<ul> <li>Calling 999/112 or arranging transport to hospital</li> </ul>
Identify how	Identification of the following routes a poison can enter the body
poisonous	may include:
substances can enter	Ingested (swallowed)
the body	<ul> <li>Inhalation (breathed in)</li> </ul>
	Absorbed (through the skin)



	<ul> <li>Injected (directly into skin tissue, muscles or blood</li> </ul>
	vessels)
Identify how to	Administering first aid for corrosive substances may include:
administer first aid to	Ensuring your own safety
a casualty with	<ul> <li>Substances on the skin – diluting and washing away with</li> </ul>
suspected sudden	water
poisoning	<ul> <li>Swallowed substances – rinsing out the mouth then</li> </ul>
	giving frequent sips of milk or water (subject to sufficient
	levels of response)
	Calling 999/112 and giving information about the poison
	if possible
	<ul> <li>Protecting airway and breathing</li> </ul>
	Resuscitation if necessary using PPE/Barrier devices
	Administering first aid for non-corrosive substances may
	include:
	Ensuring your own safety
	Calling 999/112, and giving information about the poison
	if possible
	Protecting airway and breathing
	Resuscitation if necessary using PPE/barrier devices
Recognise suspected	Recognising anaphylaxis may include rapid onset and rapid
anaphylaxis	progression of a life-threatening airway, breathing and
	circulation problem:
	<ul> <li>Airway – Swelling of the tongue, lips or throat</li> </ul>
	<ul> <li>Breathing – Difficult, wheezy breathing or tight chest</li> </ul>
	Circulation -
	<ul> <li>Dizziness, feeling faint or passing out</li> </ul>
	<ul> <li>Pale, cold clammy skin and fast pulse</li> </ul>
	<ul> <li>Nausea, vomiting, stomach cramps or diarrhoea</li> </ul>
	There may also be skin rash, swelling and/or flushing.
Identify how to	Administering first aid for anaphylaxis may include:
administer first aid	Calling 999/112
for a casualty with	Correct casualty positioning
suspected	<ul> <li>Assisting to use their adrenaline auto-injector</li> </ul>
anaphylaxis	Resuscitation if required
Demonstrate the use	The use of a 'training device' adrenaline auto-injector: must be



of a 'training device'	demonstrated using a training device and NOT a live auto-
adrenaline auto-	injector
injector	
Recognise	Recognising a heart attack may include:
suspected:	Sudden onset
Heart Attack	Crushing chest pain
Stroke	<ul> <li>Skin appearance (for e.g. pale, grey, sweaty)</li> </ul>
emergency	Variable pulse,
Epileptic	Shortness of breath
seizure	Recognising stroke may include performing the FAST test:
Asthma attack	F: Face
Diabetic	A: Arms
hypoglycaemic	S: Speech
emergency	T: Time to call 999/112
	Other stroke symptoms include sudden problems with balance,
	walking, dizziness, coordination, vision and severe headache.
	Recognising an epileptic seizure may include the following
	patterns:
	Aura
	Tonic phase
	Clonic phase
	Recovery phase
	Recognising an asthma attack may include:
	Difficulty breathing and speaking
	Wheezy breathing
	Pale and clammy skin
	Cyanosis
	Use of accessory muscles
	Recognising a diabetic hypoglycaemic emergency may include:
	Fast onset
	Lowered levels of response
	Pale, cold and sweaty skin
	Normal or shallow breathing
	Rapid pulse
Identify how to	Administering first aid for a heart attack may include:
administer first aid to	Correct casualty positioning



a casualty suffering	Calling 999/112
from:	Calming and reassurance
Heart Attack	Assisting to take an aspirin if indicated
Stroke	Administering first aid for a stroke may include:
Epileptic	Maintain airway and breathing
seizure	Correct casualty positioning
Asthma attack	• Calling 999/112
Diabetic	Administering first aid for an epileptic seizure may include:
hypoglycaemic	Removing dangers and safely protect the head
emergency	Noting the time and duration of the seizure
	Loosening tight clothing around the neck
	Determining when to call 999/112
	Post seizure care, including monitoring of airway and
	breathing
	Administering first aid for an asthma attack may include:
	Correct casualty positioning
	Assisting a casualty to take their reliever inhaler and use
	a spacer device
	Calming and reassurance
	Determining when to call 999/112
	Administering first aid for a diabetic hypoglycaemic emergency
	may include:
	Giving 15-20g of glucose for conscious casualties
	(subject to sufficient response levels)
	Providing further food or drink if casualty responds to
	glucose quickly
	Determining when to call 999/112
Simulation	Simulation is permitted in this unit. The following ACs must be
	assessed by practical demonstration: 1.2, 2.3, 3.2, 3.3, 8.3



# NOCN

Acero Building 1 Concourse Way Sheaf Street Sheffield South Yorkshire England S1 2BJ

Tel: 0300 999 1177 Email: nocn@nocn.org.uk

## www.nocn.org.uk