



# Pre-Procedure Form

Our client's health is our main priority. The following all require medical clearance on your doctors Letterhead or prescription pad prior to your procedure. Please check which applies to you:

**\*If you are pregnant or nursing, permanent makeup procedures cannot be done.**

- Pregnant or nursing
- Heart Valve Replacement
- Pacemaker
- Stents
- \* ○ Joint replacement
- Organ transplant (**Written permission by Dr.**)
- History of fever blisters (**Even one**)
- Shingles or Bell's Palsy **within 1 year**
- Extended use of steroids **within 2 months**
- Insulin dependent diabetic
- **Prescription** Acne Medication
- Seizures
- Lupus
- Rheumatoid Arthritis
- Vitiligo (**ask if on medication for this**)
- Rosacea, Eczema and/or Psoriasis (**must wait if in flare up**)
- Blood thinners (Prescribed by your doctor, not Aspirin)
- Full round of Chemotherapy
- Do you have any active rashes, breakouts, or inflammation?
- Do you have any upcoming surgeries scheduled? **When?**
- Are you currently under a doctor's care for a condition?
  - Describe:
- Do you require pre-medication for dental procedures?

**\* If over 2 years and does not need to premedicate for dental procedures- DOES NOT need medical clearance**

## Required Waiting Periods:

*\*Do not use any facial products or cleansers with Retinol or Glycolic Acid 1-2 weeks before & after your procedure\**

### EYEBROW

- **Botox or Disport** – 2 Weeks after injections
- **Topical Acne Cream** – Benzoyl Peroxide, Clindamycin, Proactiv – 1 week
- **Chemical Peels** that include retinols, glycolic acid (A.H.A) and Vitamin C – 4-6 weeks
- Laser Resurfacing 8-weeks
- IPL (intense pulsed light) – 2 weeks
- **Suntanned skin** – 3-4 weeks for your face and 2-3 months for scar camouflage
- **Brow Lamination** – 4 weeks before procedure (must wait 6-8 weeks to get after brow procedure)

### EYELINER

- **Eyelash extensions** must be removed 1-2 days prior to procedure.
- **Contact lenses** must be removed prior to procedure, bring glasses
- **Latisse or any eyelash growth serum** (including mascaras)-STOP for a minimum of 4 weeks (due to excessive bleeding, bruising, and color retention)
- **Stye or Chalazion** – wait 2 weeks from time of healing, 4 weeks if removed.
- **Lasik - Cataract Surgery** – must wait 3-months to heal or 1 month prior to eye surgery.
- **Eye Diseases (i.e. Glaucoma or Graves' Disease: Hyper Thyroid)** – require medical clearance
- **Blepharitis: Can be Contagious-** requires medical clearance
- **Upneeq** or an eye-opening lift– requires medical clearance
- **Lash Lift** – 4 weeks
- **Lash Tint** – 2 weeks
- **Optic Atrophy** – 4 weeks

### LIP

- For best results, **5 days prior** to procedure, use **Vaseline or Lip Balm DAILY** to moisturize your lips.
- **Use a lip scrub.** You can purchase one or make using a combination of honey and sugar.
- **Fever blisters:** If you have **EVER** had 1 in your lifetime, you will require an antiviral (**Valacyclovir**) prescription from your family doctor to start as prescribed. Request enough medication for your touch-up visit as well. Start prescription 2 days before procedure & use for 6 days total.
- **Fillers** (i.e., Juvéderm, Silk, Voluma, Sculptra, etc.) 1-week minimum waiting period
- **Fat transfer in lips** –1-month waiting period for swelling to subside

**ACCEPTANCE:** Please read thoroughly before signing.

I confirm that I have reviewed the information and have completed to the best of my knowledge.

**Client Name (Print):** \_\_\_\_\_

**Signature of Client X** \_\_\_\_\_

**Date:** \_\_\_\_\_