

Where would you like to go on pilgrimage? Do some research and make a plan with your family about pilgrimages you would like to take, near and far!

### Local Pilgrimage Sites

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### National Shrines to Visit

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### International Pilgrimages To Plan (Someday!)

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*Come, let us go up to the Lord's mountain, to the house of the God of Jacob. That he may instruct us in his ways, and we may walk in his paths. ~Isaiah 2:3*

*Pilgrimages evoke our earthly journey toward heaven and are traditionally very special occasions for renewal in prayer. For pilgrims seeking living water, shrines are special places for living the forms of Christian prayer "in Church." ~CCC 2691*

# Eucharistic Pilgrimage Passport

## What is a Pilgrimage?

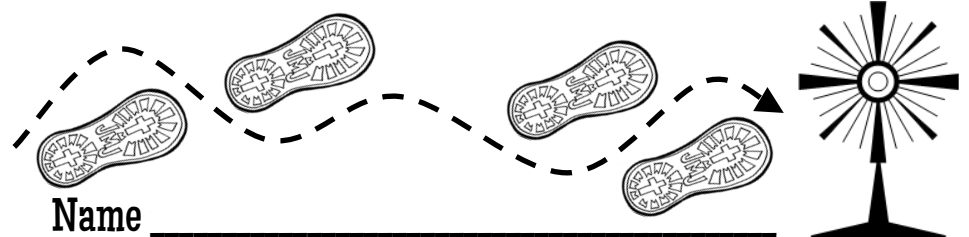
A pilgrimage is a trip made for a religious purpose to a holy site. Pilgrimages help us remember that our whole life is a journey toward our eternal home in Heaven. On this journey we are strengthened through prayer and the Sacraments, especially the Eucharist—our food for this earthly pilgrimage.

Christians might go on pilgrimage to pray for a specific intention, to do penance, or to grow closer to God. Pilgrimages always include prayer and some sort of travel, especially walking. They also are often characterized by praying for a specific intention (like for healing or discernment), making a sacrifice, and participating in the Sacraments, such as Mass and Confession.

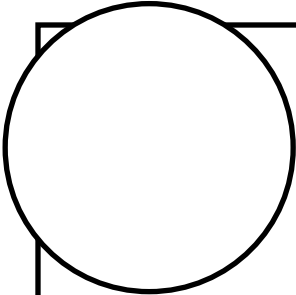
A pilgrimage could take you around the world or could be right in your own backyard. Someday you might plan a trip to Jerusalem, Rome, Lourdes, or Fatima, but you can still go on pilgrimage right in your own town or even your own home! A pilgrimage to your parish church, a nearby shrine, or a statue in your garden is an opportunity to pray and learn to listen to the voice of the Holy Spirit. Ultimately, every pilgrimage is a journey of the heart in which we follow the path that the Lord has given us to travel on our way to Heaven.


## You Can Go on a Pilgrimage!

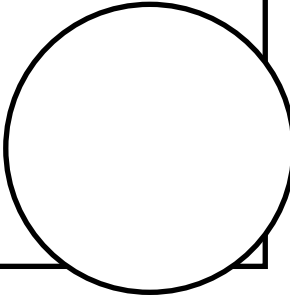
Use the back of this booklet to list pilgrimages that you would like to go on. Do some research and look for local places your family can visit. On the inside pages, keep track of your pilgrimages and prayer intentions. Use the extra page of "stamps" to mark your Pilgrimage Passport!

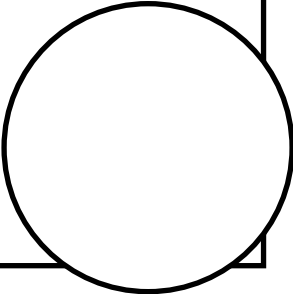


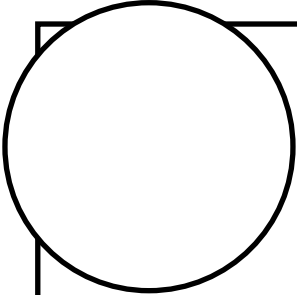
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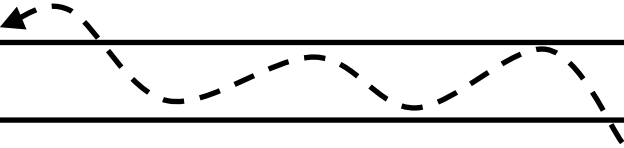
 Pilgrimage Destination:  
Date:  
Prayer Intention:

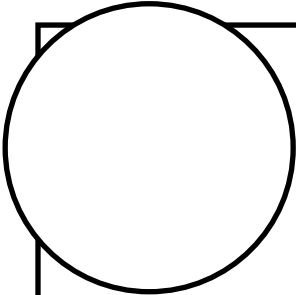


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