WILD FOODS & MEDICINES PROGRAM VIDEO LINKS

TEND, GATHER AND GROW CURRICULUM
GRuB Vimeo Page: https://vimeo.com/grubinoly
Honoring Plants, Places, and Cultural Traditions: https://vimeo.com/464023111
Alder: https://vimeo.com/571847275
Bigleaf Maple: https://vimeo.com/571847692
Douglas Fir: https://vimeo.com/571848197
Traditional Cooking Methods – Bentwood Box: https://vimeo.com/725835061
Traditional Cooking Methods – Camas: https://vimeo.com/725837461

Online Workshops
Wild Edible Berry Toolkit for families: https://vimeo.com/431538703 Password: wild berries
Wild Spring Greens: https://vimeo.com/401427062
Tree Communities – Student Green Congress: https://youtu.be/zkVnR3uF8ow

PLANT TEACHINGS FOR GROWING SOCIAL-EMOTIONAL SKILLS MOVEMENT VIDEOS
Cottonwood with Chenoa Egawa: https://vimeo.com/614101167
Hawthorn with Chenoa Egawa: https://vimeo.com/478301976
Nettle with Chenoa Egawa: https://vimeo.com/478300727
Plantain with Chenoa Egawa: https://vimeo.com/478301204
Willow with Chenoa Egawa: https://vimeo.com/585505322
Yarrow with Chenoa Egawa: https://vimeo.com/478301512
Native Berry Walk with Rachel Smart: https://vimeo.com/585518414

CEDAR BOX STORIES (NORTHWEST INDIGENOUS FOODS)
Storytelling with Roger Fernandes: https://vimeo.com/cedarboxstories
Camas: Attention to the seasons: https://vimeo.com/163888029
Clams: Growing in community together: https://vimeo.com/163884736
Deer and Elk: https://www.youtube.com/watch?v=_xUpUnG3IrE#t=19
Huckleberry: Traditional foods are whole foods: https://vimeo.com/163879444
Nettles: Generations of Traditional Knowledge: https://vimeo.com/user15256940
How Nettle Saved the People: Roger Fernandes (Lower Elwha) https://vimeo.com/90379255
Salmon: More than Just food: https://vimeo.com/user15256940
Seaweed: A source of superfood energy: https://vimeo.com/164168950
Cooking with Seaweed: https://www.youtube.com/watch?v=lPNc8FyoQqY
Shellfish: Seeds for the next generation: https://vimeo.com/189871226
SWINOMISH 13 MOONS CURRICULUM:
Moon of the Salal Berry: https://www.youtube.com/watch?v=nmyXycR_a7s
Moon of the Blackberry: https://www.youtube.com/watch?v=2bH7m0KKbsc
Moon of the Salmonberry: https://www.youtube.com/watch?v=36Fw09CYGo
Moon of Digging Time (Camas): https://www.youtube.com/watch?v=_ae47szJ6XE
Swinomish Community Visits a Clam Garden: https://www.youtube.com/watch?v=9dDesE4u07U

OTHER VIDEOS
Plant Stories to Light Our Way: https://vimeo.com/91341869
Healing Gardens at Northwest Indian Treatment Center: https://www.youtube.com/watch?v=Tqu9KEFxFwo
History is Unwritten: https://vimeo.com/26927439