

# TRANSITIONS™



**ELA's mission is to empower young people in their self-development journey, offering engaging activities that provide essential tools for success. The **Transitions** model within our program emphasizes crucial skills like making a positive first impression and fostering critical thinking. Through reflective activities and identifying learning styles, students gain a deeper understanding of themselves. This program provides a safe environment and a toolkit for practicing and reflecting on growth opportunities.**

## SELF DEVELOPMENT LEARNING TOOLS

- ✓ TOOLKIT FOR TRANSITIONING
- ✓ SELF DISCOVERY
- ✓ SITUATIONAL LEADERSHIP
- ✓ TIME MANAGEMENT
- ✓ ABC'S OF COMMUNICATION
- ✓ GOAL SETTING THE SMART WAY

## ASK YOUR STUDENT:

**How many  
seconds it takes to  
make a First  
Impression!**

**11%**

AVERAGE INCREASE  
IN GPA FOR  
PARTICIPANTS IN A  
SELF DEVELOPMENT  
PROGRAM.

**83%**

STUDENTS WHO MADE  
ACADEMIC GAINS WHEN  
PARTICIPATING IN A SELF  
DEVELOPMENT PROGRAM  
WITH AN ACADEMIC  
COMPONENT.

**LEARN  
MORE  
ELA**  
EFFECTIVE LEADERSHIP ACADEMY

