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Department for  
Digital, Culture,  
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# Celebrating Identity and Diversity

**Identity is who we are, and diversity simply means differences between each other or things. Both of these can be influenced by many factors such as our culture, location, family and friends and what we are taught or learn as we get older.**

Being able to relate to each other can help us build connections as human beings. For example, you and your peers have the shared identity and understanding of what it means to be a student. There are also unique parts of yourselves that make you different from one another, for example culture or the languages you speak.

To strengthen a community of RESPECT we need to understand and value the differences that individuals or groups of people bring to our society, rather than excluding or treating them unfairly.

Being yourself and celebrating your differences is always a strength and something to be proud of.

So here are some activities that help you do just that! You can pick one activity or choose to complete them all with your peers/teacher. Try to choose people you don't usually work with.

# DIVERSITY IN THE UK

Time taken: 15 minutes

## Mini quiz

Quiz to start exploring cultural diversity and its influence on UK society.

You can play the quiz in class. Answer the questions individually or in groups. The answers will be revealed at the end. The person or tutor group that gets the highest score receives a prize of their teacher's choice.

**1. As of 2022, how many people live in the UK?**

- ☐ 40 million
- ☐ 67 million
- ☐ 82 million

**2. The Commonwealth is a voluntary collection of different countries (some of which were previously under British rule) working towards shared goals of prosperity, democracy, and peace.**

**How many countries are part of the Commonwealth?**

- ☐ 190
- ☐ 3
- ☐ 54

**3. As of 2021, what percentage of people are from an ethnically diverse background?**

- ☐ 7.9%
- ☐ 40%
- ☐ 14%

**4. Which is the biggest festival in Europe that celebrates Caribbean culture, arts, food, and music?**

- ☐ Notting Hill Carnival
- ☐ Manchester Caribbean Carnival
- ☐ St Pauls Carnival

**5. According to a 2021 poll, which takeaway did British people prefer the most?**

- ☐ Indian
- ☐ Fish and Chips
- ☐ Chinese

**6. In a recent 2019 report, what percentage of people agree diversity has had an impact on our UK food, music, and sport?**

- ☐ 70%
- ☐ 25%
- ☐ 64%

# MINI QUIZ ANSWER SHEET:

1. **67 million**
  2. **54 countries**
  3. **14%**
  4. **Notting Hill Carnival**
  5. **Chinese**
  6. **70%**
- 

## References:

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<https://ourglobalfuture.com/reports/stretching-the-flag-measuring-and-celebrating-the-diversity-of-british-culture/> [medium=explore&mprop=count&popt=Person&hl=en](https://datacommons.org/place/country/GBR?utm_medium=explore&mprop=count&popt=Person&hl=en)

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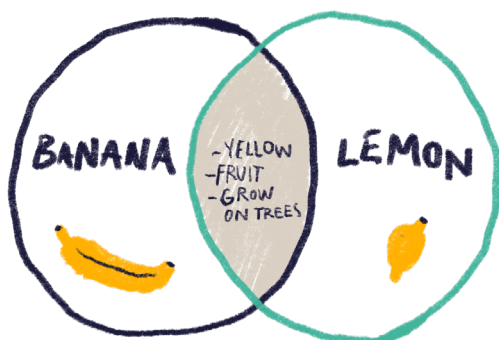
<https://ourglobalfuture.com/reports/stretching-the-flag-measuring-and-celebrating-the-diversity-of-british-culture/>

# ME, YOU, US

Time taken: 15 minutes

## Exploring similarities and differences amongst students

Below is a Venn diagram, which is a visual representation of the relationship between a group of different things. This activity shows the link between your own identity and your peers. The left circle represents one person, and the right circle represents the other. The middle represents both of you.

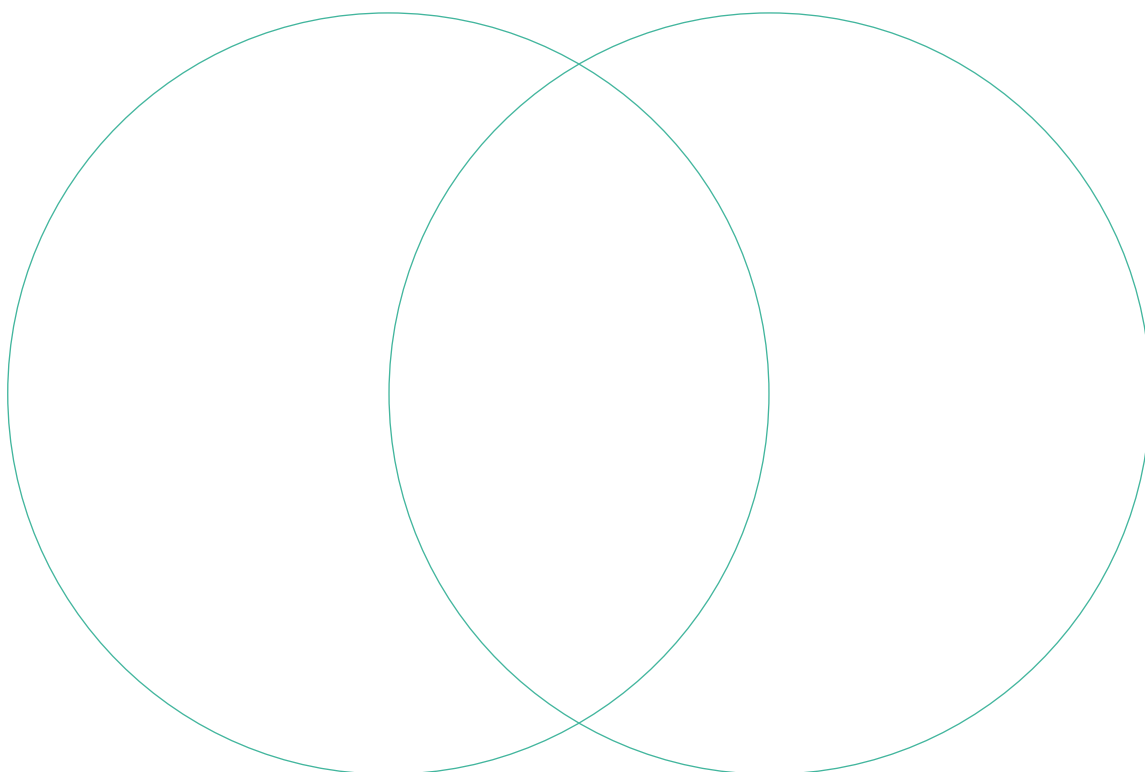


In pairs, each person must write down in their circles unique things that make up who they are e.g., culture, appearance, likes or dislikes. Then, fill out the middle section with things that you both have common.

Then, discuss the following questions as a pair:

- What was the most interesting or surprising thing you learnt about the other person?
- Why do you think being different is a positive thing?
- How would you feel if you were treated differently for any of the things in your own circles?

You can then share your thoughts with the class if you wish.



## WHO ARE THEY?

**Time taken:** 30 minutes

**Exercise to learn about someone from a diverse background and discuss ideas and thoughts about their story with others.**

Think about or research someone that is from an ethnically diverse background and has made an impact on you in some way. For example, art, music, food, fashion, or aspirations. The person doesn't have to be a historical or famous figure!

**Answer the following questions:**

- Tell us about them. What is their story?
- What parts of their identity do you relate to or appreciate?
- How have they influenced or inspired you?

# DIVERSITY BRAIN DUMP CHALLENGE

**Time taken:** 2 minutes

## Quick activity to understand the impact cultural diversity has on our daily lives

In pairs, write down things in your everyday life that you can think of that are influenced by or come from different countries. Some examples could be a loved one, music, food, fashion, hair, or sport. Each pair will have time afterwards to share out loud with the class and the same thing cannot be repeated twice.

List as many as you can in two minutes on this piece of paper or notebook. GO!

**After the class discussion, answer the following question:**

- Imagine a life without those things. What would it be like?

## BONUS REFLECTIONS

**Time taken:** Optional

Prompts that can be completed at the end of an activity either alone or as a whole class. The aim is to reflect on the wider topic of identity and diversity.

Use the questions on the right to do some self-reflection or discuss them with your class. You can choose to answer all of them or pick a few.

- How did you find the activities?
- What is one thing you learnt from the activities?
- What would you say to someone else to encourage them to see the importance of accepting and treating those from different backgrounds equally?
- What is one action you can take within your community to continue the celebration of identity and diversity?

We're proud to be the only charity set up in memory of Diana, Princess of Wales, and her belief that young people have the power to change the world. It's a big mission but there are two things within it that we focus our charity's efforts on – young people and change.

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Throughout all of our programmes and initiatives, 'change' for and by young people is central, including our anti-bullying work which encourages change in attitudes and behaviours.

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We hope you found this resource useful and wish you all the best in your anti-bullying journey. If you would like to help us create more resources and train even more Anti-Bullying Ambassadors, you can make a £5 donation by texting CHANGE 5 to 70470 or visit [diana-award.org.uk/donate](https://diana-award.org.uk/donate)

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