

# **Volunteer Descriptions**

# **Individual Volunteer Options**

# Option #1:

**Position Title:** *Life on Point* Group Facilitator

**Reports to:** Terry Davis (<u>terry@liveonpoint.org</u>; 423-619-0276)

**Assists:** *Life On Point* Staff Member(s)

#### **Overview of Position:**

Meets weekly with middle and/or high school students on school campuses to provide support, serve as a role model, and lead discussions utilizing the *Life On Point Curricula*.

# **Specific tasks:**

- Communicate curricula objectives to middle and/or high school youth
- Facilitate activities/discussions in smaller subgroups
- Co-lead larger group or serve as a presenter on a particular topic
- Build relationships with youth and develop knowledge of youth culture
- Help with group management such as attendance, gathering materials, etc.
- Create strategies for group activities based upon group feedback
- Serve as academic coach in Student Success Planning (SSP) schools

### **Qualifications:**

#### Volunteer must possess:

- Vision for youths' futures and patience during the process
- Passion for youth as "whole people"
- Energy/ability to promote enthusiasm within the group
- Belief in the importance of healthy life choices as central to protecting the "whole teen"
- Punctuality and consistency when attending groups
- "Whole person" health and pursues personal growth
- Understanding and maintenance of healthy boundaries and encouragement of the development of a strong teen support network

#### **Requirements:**

# Pre-Group Assignment Checkpoints:

- Fill out volunteer application
- Provide qualified references
- Pass a TBI/FBI Background check
- Review volunteer policies and procedures

# **Time Requirement:**

• 1+ hours per week, in addition to training as needed

#### **Benefits for Volunteer:**

- Impacting the future of individual teens by cultivating their strengths and guiding them on their path to thrive
- Access to proven curricula focused on a strengths-based approach (i.e., positive psychology and cognitive behavior)
- Deeper understanding of how community can build assets in/for youth
- Firsthand exposure to Chattanooga teen culture

\*Please note that availability of *Life On Point* Facilitator/Mentor positions is subject to the needs of the group and its Life On Point Staff. On Point will have to check with each group's staff member to assess volunteer needs. Therefore, working in particular schools or with particular groups cannot be promised.

# Option #2:

**Position:** Mobile Pantry Volunteer (Dalewood Middle School/Brainerd High School)

**Reports to:** Terry Davis (<u>terry@liveonpoint.org</u>; 423-619-0276)

Assists: Nicole Brogden (nicole@liveonpoint.org)

#### **Overview of Position:**

Meets once a month at Dalewood Middle School or Brainerd High School to provide support to families in need through provision of food items at the mobile food pantry.

# **Specific tasks:**

- Unload, organize, and package food items in preparation for distribution
- Distribute packaged food products to clients as they arrive
- Record data regarding clients accessing the mobile food pantry
- Work as a team and build rapport with other volunteers, staff members, etc.

# **Requirements:**

### **Pre-Assignment Checkpoints:**

- Fill out volunteer application
- Meet with volunteer supervisor

# **Time Requirement:**

• 2+ hours per month, 2<sup>nd</sup> Wednesday of each month for 4-5 months (per semester)

# Option #3:

**Position:** Special Event Support

**Report to:** Terry Davis (<u>terry@liveonpoint.org</u>; 423-619-0276)

**Assist:** On Point Staff Members

#### Overview of Position:

Provide support to On Point staff for banquets, luncheons, or other On Point special events.

# **Specific tasks:**

- Assist on event day for set-up, guest assistance and registration, and/or clean-up
- Involvement in event planning in various capacities including logistical and administrative assistance
- Represent and champion On Point as an On Point volunteer

#### **Requirements:**

# **Pre-Assignment Checkpoints:**

- Fill out volunteer application
- Meet and interview with volunteer supervisor

### Time Requirement:

• Dates and times vary depending on events

#### **Benefits:**

- Experience in event planning and production
- Cultivation of communication and organizational skills
- Networking and relationship-building with members of the community

# **Group Volunteer Options**

# Option #1:

**Position:** Mobile Pantry Volunteering (Dalewood Middle School/Brainerd High School)

**Report to:** Terry Davis (<u>terry@liveonpoint.org</u>; 423-619-0276)

**Assist:** Nicole Brogden (<u>nicole@liveonpoint.org</u>)

#### **Overview of Position:**

Groups meet once a month at Dalewood Middle School or Brainerd High School to provide support to families in need through provision of food items at the mobile food pantry.

### **Specific tasks:**

- Unload, organize, and package food items in preparation for distribution
- Distribute packaged food products to clients as they arrive
- Record data regarding clients accessing the mobile food pantry
- Work as a team and build rapport with other volunteers, staff members, etc.

# **Requirements:**

### **Pre-Assignment Checkpoints:**

- Fill out volunteer application
- Meet with volunteer supervisor

# **Time Requirement:**

• 2+ hours per month, 2<sup>nd</sup> Wednesday of each month for 4-5 months (per semester)

# Option #2:

**Position:** Special Event Support

**Report to:** Terry Davis (<u>terry@liveonpoint.org</u>; 423-619-0276)

**Assist:** On Point Staff Members

#### **Overview of Position:**

Provide support to On Point staff for banquets, luncheons, or other On Point special events.

#### **Specific tasks:**

• Assist on event day for set-up, guest assistance and registration, and/or clean-up

- Involvement in event planning in various capacities including logistical and administrative assistance
- Represent and champion On Point as an On Point volunteer

# **Requirements:**

# **Pre-Assignment Checkpoints:**

- Fill out volunteer application
- Meet and interview with volunteer supervisor

# **Time Requirement:**

• Dates and times vary depending on events

### **Benefits:**

- Experience in event planning and production
- Cultivation of communication and organizational skills
- Networking and relationship-building with members of the community