

# Black maternal health resources

FRAME

## The Black Mamas Matter Alliance (BMMA)

BMMA is a national organization that advocates for policies and practices that improve Black maternal health. They work to address systemic barriers, increase awareness, and provide training and technical assistance to improve maternal health and rights, with the goal of reducing maternal mortality and morbidity rates among Black women.

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## The Centering Healthcare Institute

A nonprofit organization that aims to transform healthcare delivery and outcomes by promoting the Centering model of care. In this model, women receive care in a group setting with a team of healthcare providers. The approach emphasizes patient engagement, education, and peer support, with the goal of improving health outcomes and reducing healthcare costs.

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## The California Maternal Quality Care Collaborative (CMQCC)

CMQCC is a public-private partnership that works to improve maternal health outcomes in California. They achieve this by developing and disseminating clinical guidelines, providing training to healthcare providers, collaborating with hospitals and health systems, collecting and analyzing data, and engaging in advocacy and public education efforts.

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## The Doula Project

A volunteer-run organization that provides free compassionate support and education to people during pregnancy, birth, and postpartum in New York City. They work to ensure that all people have access to doula care, regardless of their financial or social circumstances. The organization also advocates for reproductive justice and works to reduce disparities in maternal health outcomes.

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## The Black Women's Health Imperative (BWHI)

BWHI is a nonprofit organization that aims to advance the health and wellness of Black women and girls through advocacy, education, research, and leadership development. They work to address the social, economic, and environmental factors that impact the health of Black women, and advocate for policies and programs that promote health equity and justice.

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## Frame can help

In addition to the resources above, Frame coaches provide a safe space for you to have your stories, voice and concerns heard.

We will support you in navigating healthcare from discussing how to advocate for yourself, to helping you understand ways to find a provider that respects and listens to you.

For more information, send us an email:

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