

# Cheyenne & Arapaho TRIBAL TRIBUNE

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March 15, 2022 - Vol. 18, Issue 6

## Tribal leaders expect economic boost from Buy Indian Act

By Mikaela DeLeon, Gaylord News

### ECONOMIC GROWTH



WASHINGTON – Oklahoma tribes are hopeful an update to a century-old law will spur tribal economies and the new rules will create a uniform approach to contracting procedures.

The Buy Indian Act was created in 1910 to set aside government procurement contracts for Indian-owned businesses. The Bureau of Indian Affairs and the Indian Health Service are the sole federal departments the act applies to. Still, in 2015 the Government Accountability Office reported only 12 to 15 percent of IHS contracts went to Indian-owned businesses and suggested sweeping reform is needed to increase contract opportunities.

Sen. John Hoeven (R-ND) sponsored the Indian Community Economic Enhancement Act of 2020, which amended three federal economic laws. It requires the IHS and BIA to create a uniform approach to Buy Indian Act procurement procedures to “reduce red tape that limits Indian business promotion.” The bill also expanded access to capital for tribes and increased opportunities for Native business promotion.

On Jan. 13, the IHS released its final rule on the Buy Indian Act in response to the BIA’s final rule, which was released in December 2021. The IHS says benefits of its final rule would include expanding the Buy Indian Act to all construction and removing regulatory burdens by allowing

Indian economic enterprises (IEE) to increase subcontracts, removing construction restrictions for IEEs and clarifying the language of the act and its procedures.

Oklahoma tribal leaders say the new regulations could provide the economic boost they’ve been seeking.

“These new provisions are a step in the right direction and I believe many tribes, including our business arm, may want to take advantage of the opportunity,” said Cherokee Nation Principal Chief Chuck Hoskin Jr.

Hoskins said updated Buy Indian Act procedures will energize Native businesses. One of the largest updates expands the act over all construction. This includes construction of health care facilities, personnel quarters, water supply and waste disposal facilities. The final rule by BIA and IHS also emphasizes the commitment to purchasing Native products and hiring Native labor without the typical “competitive process.”

“By prioritizing federal contract awards to Indian-owned firms, the Buy Indian Act can fuel job creation and boost economic development across Indian Country,” he said.

Over the past decade, Cherokee Nation Businesses have generated \$728 million. In northeast Oklahoma, the nation and its businesses make an annual economic impact of \$2.16 billion. The CNB website states the tribe is “committed to changing the Oklahoma community through economic growth.”

The IHS’s final rule is expected to generate \$200 million in contract opportunities, an estimated \$145 million above last year’s yield of \$55.9 million.

Choctaw Nation Chief Gary Batton said he is “pleased with the IHS’s commitment to providing economic opportunities for Indian-owned and controlled businesses.”

The anticipated revenue increase is expected to come from “set-aside procurement contracts,” which would prioritize Indian-owned and controlled businesses for BIA and IHS government

See BUY INDIAN ACT / pg. 9

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## Clear Creek County holds first public comment on potential Mt. Evans name change to Mt. Blue Sky

By Alan Gionet

(IDAHO SPRINGS, Colo.) Clear Creek Board of County Commissioners Tuesday night opened its meeting to public comment about the possibility of changing the name of Mount Evans. People chimed in on the idea in an online meeting.

“I am a descendant of Governor Evans,” Anne Hayden said. “I have to agree with them that it’s time for the name of the mountain to be changed.”

Others talked about what they believed was an ugly Evans legacy left when territorial Gov. John Evans was involved in precipitating the Sand Creek Massacre of Native American Cheyenne and Arapaho in 1864.

“They knew what they were doing, and they did it in a very intentional manner, primarily to get Indian people out of Colorado. By whatever means necessary,” Rick Williams said.

All who spoke said they were in favor, but Liz Tyus, who said she lived in the Mt. Evans area, wondered how much good it would do.

“By changing names and removing statues, I don’t think that people can seriously heal from that,” Tyus said. “I still think that people are going to call it Mt. Evans.”

Among emails sent to the board opposed to the

idea were comments from Dorian Billing. “Society should be provided the privilege to learn from the past. If we wipe out our history to placate this ‘entitled’ generation, we take away the right of future generations to know the truth of mistakes that were made in hope they are not repeated.”

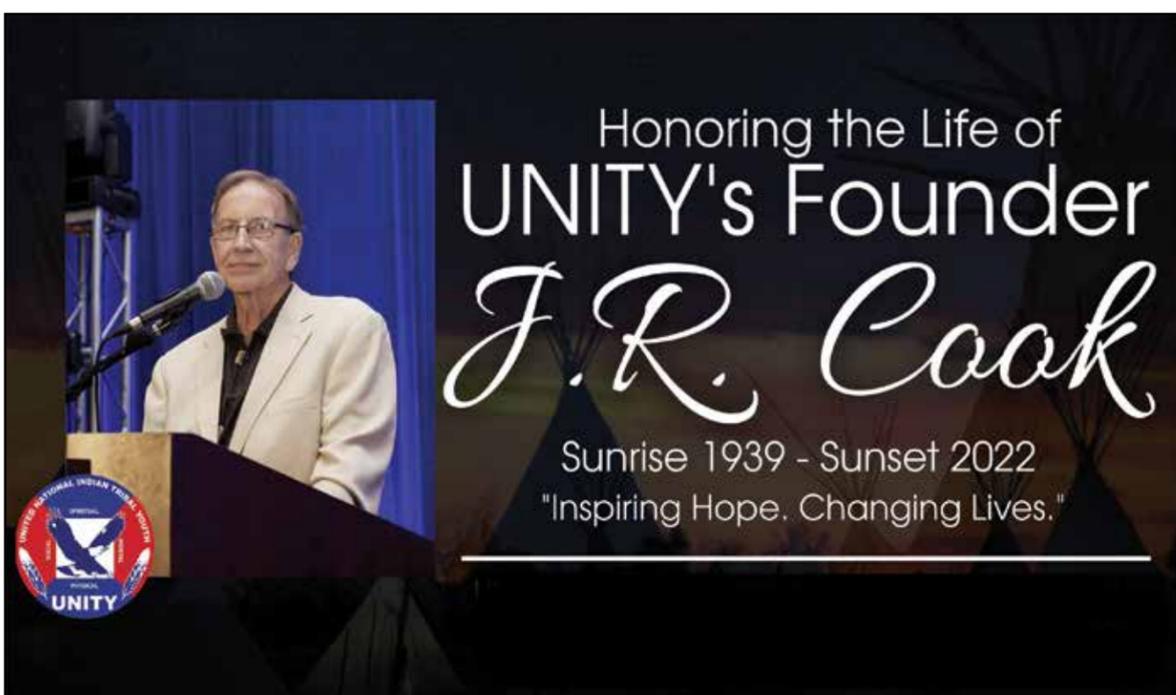
Among the first to apply for the change were the Southern Cheyenne and Arapaho tribes, headquartered in Oklahoma.

“I believe right now is probably the best time for change. I believe that people have open minds,” said Gov. Reggie Wassana of the Cheyenne and Arapaho Tribes. “Blue Sky has a significant meaning to the Cheyenne and Arapaho people. I believe on the Arapaho side, sometimes they’re known as Blue Sky People. And on the Cheyenne side, we have a ceremony where part of the phase is a blue-sky ceremony.”

An estimated 230 Cheyenne and Arapaho people were killed at Sand Creek. Evans later resigned under pressure for his actions related to the killings.

“When we hear Evans, Governor Evans, Mount Evans, we know that, then our demise was close simply because he had an agenda and a

See NAME CHANGE / pg. 9



## Indian Country mourns the death of UNITY founder J.R. Cook

Rosemary Stephens, Editor-in-Chief

There are people whose impact on Native American communities throughout the U.S. have stood out from the others, and one such person, whose impact on Native youth will forever live on long after his passing, is J.R. Cook, founder of United National Indian Tribal Youth (UNITY).

J.R. Cook, Cherokee, passed away at the age of 83 on Feb. 25, 2022, in Oklahoma City. His ties and community involvement in Cheyenne and Arapaho country dates to the 1970s.

Cook was a well-loved basketball coach, and after a successful coaching career, spent over a decade as the Upward Bound director at Southwestern Oklahoma State University (SWOSU) in Weatherford, Okla. He also served as one of the original Cheyenne and Arapaho Housing Authority Board Commissioners.

Cook once wrote, “American Indian youth have more negative than positive influences in their lives and more reasons to fail than to succeed,” and he set out to highlight the tremendous talent and leadership skills of Indian youth.

He created UNITY in 1976 with a small group of youth, primarily of Cheyenne and Arapaho descent. Today it is one of the oldest and largest national Native youth leadership organizations in the United States, now headquartered in Mesa, Ariz. UNITY has more than 320 youth councils in the United States and has impacted over 250,000 Indigenous youth from rural and urban communities all over the world.

“The passing of J.R. Cook, founder of UNITY is a tremendous loss for Indian Country. His passion for the wellbeing of Native American youth and his commitment to this cause has led to national and international involvement of youth in the UNITY organization,” Cheyenne and Arapaho Gov. Reggie Wassana wrote in a statement honoring Cook.

Born and raised in northeastern Oklahoma, Cook grew up on a farm, dreaming of becoming a college basketball coach. He attended Coffeyville College, the University of Oklahoma, and earned a master’s degree from SWOSU, where he also served as an assistant basketball coach.

He was a teacher and mentor, and he directed the Indian Education Project focusing on dropout prevention

See J.R. COOK / pg. 7



Gov. Reggie Wassana



Carrie Whitlow  
Executive Director of  
Education



Teresa Dorsett, acting  
Chief of Staff/Executive  
Director of Administration



Breanna Faris  
Executive Director of  
Enrollment

## Class of 2022 Leadership Native Oklahoma to be held in Concho, OK

(CONCHO, OK) The 2022 session of Leadership Native Oklahoma (LNO), sponsored by the American Indian Chamber of Commerce of Oklahoma (AICCO) will be held at the headquarters of the Cheyenne and Arapaho Tribes April 13, 2022, in Concho, Okla.

According to the AICCO Mission Statement, LNO is committed to improving Oklahoma's future for our communities, Native and non-Native alike, by encouraging, installing, and facilitating a support network of dynamic leaders with a tribal perspective. Stimulating the need for increased awareness and commitment to all areas of tribal involvement, Native and non-Native Oklahomans will work to shape Oklahoma's future for all citizens.

Some of the stated program objectives include interactive learning opportunities, one-of-a-kind experiences and high-level introductions to outstanding community and tribal leaders and optimizing opportu-

nities to engage with leading innovators and directors of tribal and state government.

AICCO has been in operation over 25 years and currently has six chapters throughout Oklahoma, North Central, Eastern, Tulsa, Oklahoma City, South-west and Southeastern.

This year's class will be held 9 a.m., Wednesday, April 13 in Concho, Okla., with Cheyenne and Arapaho Gov. Reggie Wassana opening with an introduction. Keynote speakers in-

clude Cheyenne and Arapaho Tribes Executive Director of Education Carrie Whitlow, Executive Director of Enrollment Breanna Faris, acting Chief of Staff/Executive Director of Administration Teresa Dorsett, Lucky Star Casino Financial Officer Stephanie Black, Culture and Language Director Cheyenne Chief Gordon Yellowman, and finishing the day with a tour of the tribes' buffalo herd with Director of Agriculture and AICCO OKC Chapter President Nathan Hart.



Nathan Hart, AICCO  
OKC Chapter President/  
Director of Agriculture



Gordon Yellowman,  
Cheyenne Chief/Culture &  
Language Director



Stephanie Black,  
Financial Officer-Lucky  
Star Casino

## El Reno Indian Health Center Community Open House

(EL RENO, OK) The El Reno Indian Health Center is pleased to announce the soft opening of the new El Reno Indian Health Center with a Community Open House on Thursday, March 24, 2022 from 1 pm to 4 pm. The Community Open House is open to everyone, with staff providing guided tours of the new facility. We invite the entire community to join us.

Over the past several years, the El Reno Indian Health Center has weathered many storms and changes, but through the partnership and collaboration of the Cheyenne and Arapaho

Tribes, the clinic has now emerged resilient and much stronger with the ability to serve more patients with additional services. Currently, the facility offers primary care, pharmacy, low complexity waived laboratory, pediatrics, behavioral health and public health nursing services. Through this unique partnership with the Cheyenne and Arapaho Tribes, the El Reno Indian Health Center will expand these services and resume dental and optometry, and expand to include services of radiology and physical therapy. The new services will

be phased in as the final construction and demolition of the existing clinic is finalized over the coming months.

This historic facility expansion has been made possible by utilizing tribal funds along with the service unit's third party collections from Medicare/Medicaid/Private Insurance, with no appropriations or funding through Indian Health Service (IHS). The Cheyenne and Arapaho Tribes and IHS have worked diligently to design, build, and equip the facility with cultural elements to enhance the health care experience.

El Reno Indian Health

*Submitted article*

Center is planning to close patient services the week of March 28, 2022 to move into the new facility. We encourage all patients to be in contact with their provider or the pharmacy before March 28, 2022 to ensure their needs are met. Services in the new facility will begin operations starting the week of April 4, 2022.

Clinton Service Unit takes pride in the vision to provide quality health care services focusing on prevention, restoration and collaborative relationships that "exceed the needs" of our patients, community and tribal partners.

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Friday—15% off all Flower!  
Saturday—Choose any deal of the week!  
Daily Happy Hour—15% off everything 7-8PM  
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**SAVE THE DATE**

Transfer ceremony of the  
Clinton IHS Hospital  
to the Cheyenne and  
Arapaho Tribes

## Old Indian hospital transfers to Cheyenne and Arapaho Tribes

The Clinton Indian Health Center is pleased to announce the official transfer of the Clinton Indian Hospital campus to the Cheyenne and Arapaho Tribes.

The Clinton Service Unit (CSU) has been working with the Cheyenne and Arapaho Tribes over the past three and a half years to facilitate the transfer.

The hospital campus consists of 14.69 acres that was originally a part of a Cheyenne allotment. The hospital, nurses' quarters, the doctor's

cottage, and garage/engineers quarters were built in 1933 with continued expansion on the campus until being moved into the existing Clinton Indian Health Center in 2007.

The CSU and Cheyenne and Arapaho Tribes invites you to join us 11 a.m., Friday April 8, 2022 at the hospital campus for a ceremony to memorialize the property transfer.

Future plans for the property are currently under development.

Community Open House  
**CHEYENNE AND ARAPAHO TRIBES**  
**EL RENO INDIAN HEALTH CENTER**

THURSDAY, MARCH 24, 2022, 1PM - 4 PM

The community is welcome to join Indian Health Services and the Cheyenne and Arapaho Tribes for a walk-through of the El Reno Indian Health Center. Doors will be open from 1 PM to 4 PM for this come-and-go event.

CHEYENNE and ARAPAHO TRIBES  
INDIAN HEALTH SERVICE  
IHS • 1955

# Tribes in mid-west to receive \$1.7 billion water settlement

*Interior Secretary Deb Haaland visited Arizona amid the announcement that 16 tribal water settlements will receive payment*

By Kalle Benallie, Indian Country Today

Interior Secretary Deb Haaland, Laguna Pueblo, was in Phoenix this week to meet with tribal leaders for a big water settlement announcement.

On Tuesday, at the Arizona Department of Water Resources building, she announced the Interior's plan for tribes to receive \$1.7 billion in Indian water rights claims.

"I am grateful that tribes, some of whom have been waiting for this funding for decades, are finally getting the resources they are owed," she said. "With this crucial funding Interior will uphold our trust responsibilities and ensure that tribal communities receive the water resources they have long been promised."

The money is for "outstanding federal payments necessary to complete their terms," according to an Interior press release, and comes from President Joe Biden's infrastructure law that invests more than \$13 billion directly in tribal communities.

Roughly \$2.5 billion will be used to implement the Indian Water Rights Settlement Completion Fund. Along with the available funds from the existing Reclamation Water Settlement Fund — which is expected to receive \$120 million in mandatory funding annually from 2020 to 2029 — numerous tribes and settlements will be receiving money this year.

Those include: Aamodt Litigation Settlement (Pueblos of San Ildefonso, Nambe, Pojoaque, and Tesuque), Blackfoot Nation, Confederated Salish and Kootenai Tribes, Crow Nation, Gila River Indian Community, Navajo-Utah Water Rights Settlement and Navajo-Gallup Water Supply Project, San Carlos Apache Nation, Tohono O'odham Nation and the White Mountain Apache Tribe.

The fund also has an executive committee made up of Bureau of Reclamation, Working Group on Indian Water Settlements, Bureau of Indian Affairs, Water and Science and Indian Affairs representatives and the solicitor. Additionally, the committee will recommend the remainder of the fund in the future to Haaland based on its current project needs.

The U.S. Supreme Court ruled in 1908 that tribes have rights to as much water as they need to establish a permanent homeland, and those rights stretch back at least as long as any given reservation has existed. As a result, tribal water rights often are more senior to others in the West,

where competition over the scarce resource is fierce.

Litigation can be expensive and drawn-out, which is why many tribes have turned to settlements. The negotiations generally involve tribes, states, cities, private water users, local water districts and others and can take years if not decades to hash out.

Currently there were 34 Indian Water Rights settlements enacted by Congress.

Haaland, since Monday, has visited Salt River to highlight the Urban Waters Federal Partnership and the work of the Rio Salado Project, "that is helping protect, restore and revitalize the Salt and Middle Gila River Watershed." She also visited the Arizona Department of Water Resources and met with the Inter Tribal Council of Arizona and the Gila River Indian Community.

Tribal leaders' response

The tribes in Arizona that will receive \$224 million are the Tohono O'odham Nation's Southern Arizona Indian Water Rights Settlement, the Gila River Indian Community's Water Rights Settlement, and White Mountain Apache Tribe's Water Rights Settlement.

Gila River Gov. Stephen Roe Lewis praised U.S. Sens. Kyrsten Sinema and Mark Kelly, both Democrats, for including water infrastructure funding in the bill. Haaland met with both senators during her visit.

"The water rights funding in the Bipartisan Infrastructure Funding is historic and will have an immediate impact in the community by accelerating irrigation projects that will create approximately 200 jobs," Lewis said. "(The Community) looks forward to continuing to work together to address the water and drought conditions in Arizona and along the Colorado River."



White Mountain Apache Tribe Chairwoman Gwendena Lee-Gatewood was one of the tribal leaders to meet with Haaland at the Inter Tribal Council of Arizona.

"On behalf of the White Mountain Apache Tribe, we are ecstatic and grateful for the funding our tribe will receive from the bipartisan infrastructure law," she said. "This funding is crucial to effectuate the White Mountain Apache Tribe Water Rights Quantification Act. For a tribe like ours, where clean, reliable drinking water is not always available, this funding means that we are closer to completing our Rural Water System Project that will provide safe drinking water for generations to come."

San Carlos Apache Chairman Terry Rambler posted on Facebook that the meeting with Haaland went well.

"I requested Secretary Haaland to help provide funding from the infrastructure bill to start and finish our CAP water delivery project so that we can start replenishing our water aquifers and expand our farming and cattle businesses," Rambler said. "We need to know the true impact to the environment and local water resources not just for today but also forty years from now in light of the severe drought we are in."

# Oklahoma governor's tension with tribes attracts attention of western states

By Nancy Marie Spears, Gaylord News

While Oklahoma remains in a power struggle with its 39 tribes on criminal jurisdiction and whether Native American reservations still exist, some Western states have been collaborating with their tribes for years.

In New Mexico, the state supreme court laid the foundation in 2006 for what has become known as the McGirt decision, the Oklahoma case in which the U.S. Supreme Court ruled that the Muscogee reservation had never been dissolved.

Jerri Mares, the New Mexico Attorney General's legislative affairs director, said New Mexico's Supreme Court held in a 2006 case that New Mexico did not have jurisdiction to prosecute crimes occurring on reservations there.

"While New Mexico will undoubtedly feel an impact of the McGirt v. Oklahoma decision in the future, New Mexico case law has already established a framework for who can exercise jurisdiction over crimes committed by members of Indian tribes in Indian Country," Mares said.

Oklahoma courts have since ruled under McGirt that the reservations of the Cherokee, Choctaw, Chickasaw, Muscogee, Seminole and Quapaw tribes were never dissolved by Congress.

Robert J. Miller, an Arizona State University College of Law professor, said his own tribe's 14,000-acre reservation of the Eastern Shawnee Tribe in Oklahoma could potentially be re-recognized under McGirt.

Miller said Arizona had by far the most

Indian Country within its borders until McGirt re-recognized reservations for Oklahoma tribes. Arizona is made up of 27% Indian Country, while Oklahoma now comprises 43% Indian Country.

"There's no state making the same arguments Oklahoma is," Miller said. "Oklahoma's acting like this is the end of the world. Yes, 43% is a pretty big deal and it's a shock to the system. I called this case a bombshell and it was a bombshell for the feds, the state and the tribes."

But Oklahoma Gov. Kevin Stitt has been in conflict with Oklahoma tribes beginning with casino gaming compacts in 2019, a year before the July 2020 McGirt ruling. In 2021, he went toe-to-toe with the tribes over hunting and fishing compact costs and the expiration of gaming compacts.

Stephen Greetham, Chickasaw Nation's senior counsel, said "there's no ambiguity left to be reasonably argued," in the applications of the law.

Greetham said that in his experience working with his team, Stitt only wants to work with the tribes under a framework of rolling back McGirt, "and the tribes aren't going to do that."

"Each one of those states (outside Oklahoma) has been dealing with this for quite a long time," Greetham said. "They have invested, built, and structured their law enforcement systems in order to deal with the law as it is. What Oklahoma is doing, instead of working with the tribes and working with

the law as it is, it's continuing arguments to try to say 'no, not us, we're different.' It doesn't work that way."

Oklahoma's attorney general on Thursday indicated there might be room for dialogue with the state's tribal nations.

"The Attorney General has had constructive conversations with tribal leaders and looks forward to more in the future," the Oklahoma Attorney General office's communication director Rachel Roberts said. "Our office will continue to endeavor to work with the Indian Nations toward meaningful solutions that benefit all Oklahomans."

Oklahoma's position isn't totally unique, according to Monte Mills, a University of Montana Federal Indian Law professor who said state and local concerns over tribal rights and their impact on non-tribal citizens are often at the core of state-tribal conflicts.

"That's not to say there haven't been conflicts over whether the state exerts authority or taxes certain people within reservation boundaries," Mills said. "Those have continued, but that basic question about whether the reservations exist hasn't been an issue here recently like it has in Oklahoma."

Alexander Skibine, professor at the University of Utah's S.J. Quinney College of Law, pointed to continued disputes about reservation boundaries for the Ute Tribe.

"Although McGirt is only relevant to Oklahoma in the immediate future, disputes about reservations' boundaries or disestablishment have affected a number of states,"

Skibine said. "Here in Utah, the state has had a long history in refusing to cooperate fully with federal rulings concerning reservation boundaries."

Skibine said Utah was refusing to accept Ute reservation boundaries as established by federal courts.

Miller said there also are a number of Supreme Court cases in which Arizona was litigating against the tribes. In 1959 and 1973, the state was involved in suing individual tribal members in state court as well as a case where the state tried to tax a Native woman's salary who lived on the Navajo reservation. Arizona, he said, has learned to recognize tribes for what they are: an equal body of government.

"The state (Arizona) recognizes tribal governments as constitutionally recognized governments and you have to deal with them the same as you deal with other states or you deal with a city or a county," Miller said. "There's a lot of obligations on the tribes in Oklahoma now that they didn't have before. Most of them are working very diligently to absorb these new powers. They're cooperating with the feds, they want to cooperate with the state. Will the state?"

Nancy Marie Spears, a Gaylord News reporter is an enrolled member of the Cherokee Nation of Oklahoma. Gaylord News is a reporting project of the University of Oklahoma Gaylord College of Journalism and Mass Communication. For more stories from Gaylord News visit [GaylordNews.net](http://GaylordNews.net)

Rosemary Stephens, Editor-in-Chief

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**Cheyenne and Arapaho**

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# PUBLIC NOTICE

## Special Tribal Council Meeting Saturday April 2<sup>nd</sup>, 2022 @ 10:00 am Respect Gym, Concho, OK

In accordance with the Constitution of the Cheyenne and Arapaho Tribes, pursuant to Article V, Section 3 (b) Special Meetings of the Tribal Council may be called by petition signed by one hundred fifty Members of the Tribes. All requests for a Special Tribal Council Meeting of the Tribal Council shall be submitted to the Office of the Tribal Council. Upon receipt of a valid petition, the Coordinator of the Office of the Tribal Council shall call the Special Meeting.

### Special Tribal Council Meeting Agenda Items:

1. A Tribal Council Resolution to establish a policy for fuel card assistance to Tribal Council Meetings
2. A Tribal Council resolution to amend Tribal Council Resolution 100408ATC-002 Tribal Council Rules of Order and Procedure to include Electronic Voting

### Office of the Tribal Council

Jennifer Bailey  
Tribal Council Coordinator  
Office Phone: 405-422-7430  
Cell Phone: 405-215-4697  
Email: jbailey@cheyenneandarapaho-nsn.org

## ATTENTION



The Cheyenne and Arapaho Department of Transportation (CADOT) will be providing limited transportation services for the Special Tribal Council Meeting at Concho, OK on Saturday April 2<sup>nd</sup>, 2022. Due to the existing state of emergency in our state with respect to COVID-19, the following will be required in the deployment and use of the Cheyenne and Arapaho Tribal Transit (CATT) Program services.

### DEMAND RESPONSE services only provided!

What is demand response services?  
Transports on a case-by-case need where the client must identify pick-up and drop-off; Transports are arranged on the availability of drivers and the availability of vehicles.

### What must you do to schedule a ride?

Call 833-547-2364 before March 25<sup>th</sup> to request transport and identify location of pick-up. The Cheyenne and Arapaho Tribal Transit (CATT) will try to accommodate as many requests as possible.

Social distancing on vehicles in which passengers are required to maintain at least 3-feet between themselves and others creates capacity limits that vary by vehicle. Out of concern for safety, the following will be applied:

- **Sedan/Mini-Van Capacity:** One (1) Client (Note: only exception is if client requires assistance then a ride-along will be allowed; Ride along must board at the same time as client and must adhere to CATT Service Rules)
- **Bus/Transit Van Capacity:** 2-3 Clients (Unless from same family, riders must board at the same time and must adhere to CATT Service Rules)

To limit contact between drivers and passengers and further decrease the possibility of the spread of the Coronavirus, the CATT has developed rules and respectfully asks that you abide by them for the health and wellness of everyone.

- All passengers will be pre-screened prior to boarding any Transit vehicle.
- Any passengers that are sick or displaying any COVID-19 symptoms will not be allowed to board any CATT vehicle!

Any questions, please call our office daily from 8 am to 5 pm at:

833-547-2364, or directly at (580)-331-2600

CHEYENNE AND ARAPAHO TRIBES  
SPECIAL TRIBAL COUNCIL MEETING  
Saturday April 2<sup>nd</sup>, 2022  
RESPECT Gym  
10:00 am

A Tribal Council Resolution to establish a policy for fuel card assistance to Tribal Council Meetings

Tribal Council Resolution No: \_\_\_\_\_

Date Posted:  
Date Published:  
Date Approved:

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized Indian tribe organized under a Constitution ("Chey. & Arap. Const.") approved by the tribal membership on April 4, 2006 and approved by the Secretary of the Interior; and

WHEREAS: Article V, Section 1 of the Constitution composes the Tribal Council to be Members of the Tribes age eighteen and over.

WHEREAS: Cheyenne and Arapaho Constitution Article V, Section 2(a) grants the Tribal Council "the power to set policy for the Tribes" and "all other powers and duties specifically provided by the Constitution[.]" and

WHEREAS: Cheyenne and Arapaho Constitution Article V, Section 3(a) ....The Tribes shall provide bus transportation for members of the Tribes to attend the Annual Meeting.

WHEREAS: Providing bus transportation for outside the service area to the Tribal Council meetings would be costly for the Tribal Council and the Tribes.

WHEREAS: In lieu of providing bus transportation the Tribal Council hereby establishes a policy for fuel card assistance to attend the Tribal Council Meetings.

WHEREAS: The purpose of this policy is to provide guidance for the proper issuance and use of fuel cards for Members of the Tribal Council who reside outside the Cheyenne and Arapaho Tribes' district boundaries to attend the Meetings of the Tribal Council held in Concho, OK.

Page 1 of 3  
Tribal Council Resolution No. \_\_\_\_\_

A Tribal Council Resolution to establish a policy for fuel card assistance to Annual Tribal Council Meetings

WHEREAS: The following guidelines are set, subject to amending if necessary:

- Fuel Cards:** The fuel card type, brand, and incremental dollar amounts will be determined by the TCC, as appropriate.
- Eligibility:** Transportation assistance is available to all Tribal Members on a first-come, first-served basis until allocated fuel card resources are depleted. Applying for fuel cards will be made available at least 90 days prior to the Annual Meeting date and deadline is 45 days prior to Annual Meeting date.
- Distance:** Transportation assistance will be provided to tribal members residing 200 miles outside the service area.
- Car Pools:** One Tribal Council Member will be awarded fuel card(s) based on distance traveled in one vehicle to attend the Annual Meeting. Intentional abuse or misuse of resources will result in suspension of all Tribal Council Members in the entire car pool.
- Suspension:** Suspension of future fuel card assistance to tribal members' abuse or misuse of resources by verification of non-attendance at the Annual Meeting of the Tribal Council.
- Award Amount:** The following mileage distance chart is from the Cheyenne and Arapaho Tribes HOPE Guidelines (Revised November 2015), and used as guidance for determining the total amount in fuel cards to be awarded:

MILES	AMOUNT
200-300	\$50.00
301-450	\$75.00
451-600	\$100.00
601-800	\$125.00
801-950	\$150.00
951-1100	\$175.00
1101-1300	\$200.00
1301 & over	\$250.00

NOW THEREFORE BE IT RESOLVED BY THE TRIBAL COUNCIL OF THE CHEYENNE AND ARAPAHO TRIBES hereby enacts this policy for establishing fuel card assistance policy to the Annual Tribal Council Meeting.

Tribal Council Chairperson

Page 2 of 3  
Tribal Council Resolution No. \_\_\_\_\_

A Tribal Council Resolution to establish a policy for fuel card assistance to Annual Tribal Council Meetings

I, \_\_\_\_\_, hereby certify that the foregoing is a true and correct copy of Tribal Council Resolution \_\_\_\_\_, which was voted on by the Tribal Council of the Cheyenne and Arapaho Tribes, Special Tribal Council Meeting on April 2<sup>nd</sup>, 2022, by a vote of \_\_\_ for, \_\_\_ against, and \_\_\_ abstaining.

Tribal Council Secretary

Page 3 of 3  
Tribal Council Resolution No. \_\_\_\_\_

A Tribal Council Resolution to establish a policy for fuel card assistance to Annual Tribal Council Meetings

CHEYENNE AND ARAPAHO TRIBES  
SPECIAL TRIBAL COUNCIL MEETING  
Saturday April 2<sup>nd</sup>, 2022  
RESPECT Gym, Concho, OK  
10:00 am

A Tribal Council Resolution to Amend Tribal Council Resolution 100408ATC-002 Tribal Council Rules of Order and Procedures to include electronic voting.

Tribal Council Resolution No: \_\_\_\_\_

Date Posted:  
Date Published:  
Date Approved:

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized Indian tribe organized under a Constitution ("Chey. & Arap. Const.") approved by the tribal membership on April 4, 2006 and approved by the Secretary of the Interior; and

WHEREAS: Cheyenne and Arapaho Constitution Article V, Section 2(a) grants the Tribal Council "the power to set policy for the Tribes" and "all other powers and duties specifically provided by the Constitution [.]" and

WHEREAS: Cheyenne and Arapaho Constitution Article V, Section 2(d) grants the Tribal Council to the power to establish its own rules of order and procedure.

WHEREAS: Tribal Council Resolution 100408ATC-002 Tribal Council Rules of Order and Procedure was passed in 2008 by the Tribal Council.

WHEREAS: Page 4, Section (8) Voting states the Tribal Council shall have the right to approve or disapprove proposed resolutions by secret ballot or hand count.

WHEREAS: This resolution seeks to amend the voting section (8) of the Tribal Council Policy and Procedures to include electronic voting at Tribal Council Meetings.

NOW THEREFORE BE IT RESOLVED BY THE TRIBAL COUNCIL OF THE CHEYENNE AND ARAPAHO TRIBES: The Tribal Council approves this amendment to Resolution 100408ATC-002 Tribal Council Policy and Procedures, Page 4, Section (8) Voting, to include electronic voting at Tribal Council Meetings.

Page 1 of 2  
Tribal Council Resolution No. \_\_\_\_\_

A Tribal Council Resolution to

BE IT FINALLY RESOLVED: The Tribal Council hereby passes the amendment to the Tribal Council Policy and Procedures for the Branch of the Tribal Council.

Tribal Council Chairperson

I, \_\_\_\_\_, hereby certify that the foregoing is a true and correct copy of Tribal Council Resolution \_\_\_\_\_, which was voted on by the Tribal Council of the Cheyenne and Arapaho Tribes, Special Tribal Council Meeting on April 2<sup>nd</sup>, 2022, by a vote of \_\_\_ for, \_\_\_ against, and \_\_\_ abstaining.

Tribal Council Secretary

Page 2 of 2  
Tribal Council Resolution No. \_\_\_\_\_

A Tribal Council Resolution to

Authentic  
Native American  
Art  
Pottery Fetishes  
Jewelry



Eleanor Lefthand  
www.agalleryofnations.com

C&A TRIBAL EPA PROGRAM  
ENVIRONMENTAL OVERSIGHT COMMITTEE  
EOC MEETING



Tribal and community members are welcome and encouraged to attend this information exchange meeting discussing solid waste, clean air and water and any other environmental concerns or issues in the Tribal Service Area. This meeting is open to anyone who wants to attend and provide Feedback.

FRIDAY, MARCH 25, 2022 10:00 AM - 12:00 PM

LARGE CONFERENCE ROOM

TRIBAL COMPLEX 100 REDMOON CIRCLE CONCHO, OK

For more information, contact the Tribal EPA Program  
405.422.7410 or 405.422.7431

# Helping Indigenous Communities

## Cheyenne and Arapaho tribal citizen begins journey as new program manager for OU's suicide prevention program

Latoya Lonelodge, Staff Reporter

With a drive to help others within her Indigenous community, Cheyenne and Arapaho tribal citizen Dominga Cruz has been given the opportunity to fulfill that goal in her position as the new program manager and coordinator for the suicide prevention training project at the Anne and Henry Zarrow School of Social Work at the University of Oklahoma (OU).

Born and raised in Woodward, Okla., Cruz graduated from Woodward High School in 2002, then moved to Oklahoma City where she worked throughout her 20s before deciding to go back to school. Cruz started OU in 2016, where she received her bachelor's in human relations in December 2019. Immediately after, Cruz began her master's program in public administration, where she plans to graduate in May 2022. Cruz has maintained a 3.8 GPA while working full time and taking care of her son.

It wasn't until she began college that Cruz learned her passion for being around people and helping others.

"I found that I like being with people, I'm an extrovert, I get energy off of being around groups and socializing, so human relations were sort of the way to go," Cruz said.

With an interest for human relations as her choice of study, Cruz said it helped her focus on the study of humans, social behaviors, and interactions, which Cruz planned to transition that knowledge into her Master of Public Administration program. Cruz has been conducting research through her current position with the suicide prevention training project, and in conjunction with the suicide prevention resource center, where she is writing a simulation manual for them.

Leading up to her position in social work, Cruz said after completing her bachelors, she wanted to continue her work in social work, but didn't want a master's in social work.

"I was able to work on getting my public administration, because that would allow me the flexibility to do research but still focus it, in a way, to do social work without having to do social work," Cruz said.

Cruz said her passion is not only to work with people, and groups of people, but to help her fellow Indigenous communities. Cruz wrote an article over *McGirt vs Oklahoma* that was published in the *Washington Post* in July 2020.

"My passion is to bring awareness to Native issues, like the Missing and Murdered Indigenous Women and Girls movement, like McGirt, and encouraging Indigenous communities to become educated and that it's never too late to become educated," Cruz said.

Cruz also strives to bring awareness to issues that are unfortunately predominant in Native communities, like alcoholism and diabetes, along with the Missing and Murdered Indigenous Women and Girls (MMIWG) movement.

"All these issues, things that happen to us and that sort of get ignored or just kind of stereotyped, so I'm trying to work toward that, and the suicide rate of Indigenous communities, trying to bring attention and awareness to that," Cruz said.

Cruz was the former training coordinator at the OU Center for Public Management, where she learned a lot about DHS and social work that fed into her interests. With her experience in her former position and on her way to completing her master's, Cruz applied for



Dominga Cruz is the new Program Manager and Coordinator, Suicide Prevention Training Project at the Anne and Henry Zarrow School of Social Work at the University of Oklahoma. (Submitted photo)

the position with suicide prevention training.

"I figured that sounds super interesting to do research and to accomplish all these things, and so I applied for it, and I got it, I was super surprised and happy," Cruz said.

Cruz began her new position in November 2022, being able to perform research, where she is researching simulation laps and how to build one from the ground up.

"Meaning what does it take to build a simulation, if an organization or a department at a university, for example, if they don't have a large budget, how is it we can build a successful simulation with a small budget, or if we were given a larger budget what could we add to it," Cruz said.

With trying to make a successful simulation, Cruz said they also must take into consideration the learners and actors that are hired for

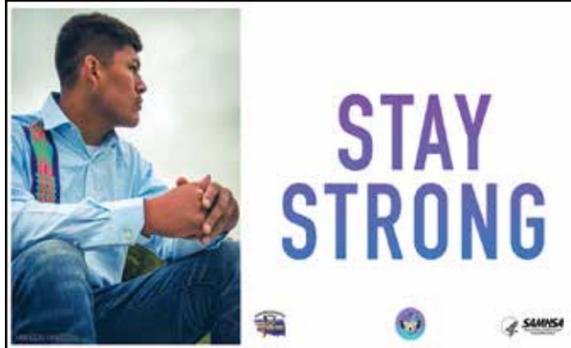
simulation tests. Actors must be fully prepared to give their all in their role in trying to simulate or emulate as close to real life as possible.

"Because they're helping social workers go through duty simulation tests and sort of see what being a social worker is like in real life, if they are called out to a home, and a child, teenager or adult is feeling suicidal, or they're on the brink of it, or having suicidal thoughts, they need to know how to deal with this," Cruz said.

Cruz said what she looks forward to the most in her new position is creating research that will be beneficial for other people.

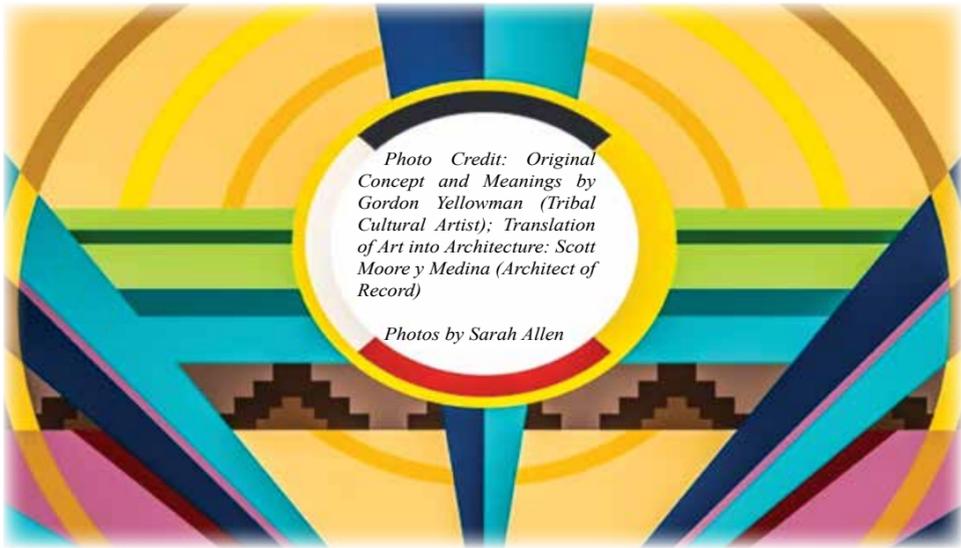
"I want to know that I can produce research that is helpful for others, if someone was to come up on it, and can read it, it would help them," Cruz said.

See CRUZ / pg. 7



LOCAL SUICIDE LIFELINE
There is Hope
There is Help
405-397-0522
SAMHSA logo

Cheyenne and Arapaho Tribes
School Clothing Program
2022/2023 School Year IMPORTANT DATES
Monday April 11, 2022 Applications Become Available
Monday July 11, 2022 First Batch of Applications Will Be Processed
Monday Oct. 31, 2022 Application Deadline



## 'Medicine Mural' at George Hawkins Memorial Treatment Center chosen as one of the 2022 Design for the Common Good International Exhibition

(DENVER, COLO.) In January 2022, the Design for the Common Good International Exhibition opened at the Metropolitan State University of Denver, featuring 30 public interest design projects from 22 countries. One of those catalytic projects is the "Medicine Mural" at the Cheyenne and Arapaho Tribes' George Hawkins Memorial Treatment Center. There is a special tie to Denver and Colorado, as the lands are the homelands of the Cheyenne and Arapaho people. They lived their lives there and in surrounding geographies before the encroachment of the U.S. Territorial government, which led to the tragic Sand Creek Massacre, signaling the removal of the Cheyenne and Arapaho to Oklahoma.

The exhibit's "Medicine Mural" video features Cheyenne Chief and Cultural Artist, Gordon Yellowman Sr., who conceptualized the mural and

supervised the adaptation for constructability by Blue Star's Lead Design Architect and Founder, Scott Moore y Medina. The video also highlights the views, experiences, and wisdom of Winnie White Tail Mendivil (Director of the C&A Substance Abuse Program at G. Hawkins) and Katelynn Pipestem (Staff Counselor Technician and Art Therapist).

The exhibition tells the individual and collective stories of projects selected by the five international design organizations that comprise the Design for the Common Good network, showcasing how projects across the globe can share a profound connection to the social, economic, and environmental fabric of life when the local community and land are understood and meaningfully engaged. Design for the Common Good Network

See MEDICINE MURAL / pg. 7

TRIBAL HUD VASH
Helping Tribal Homeless Veterans
This is a program that was developed in partnership with the Department of Housing and Urban Development (HUD), the Department of Veterans Affairs, and the Cheyenne & Arapaho Tribes. "VASH" stands for "VA Supported Housing." It was designed to assist homeless Veteran families. The VA will provide case management and community support services to keep Veterans in permanent quality housing in the community.
If you are a homeless tribal veteran and you're interested in receiving housing through the HUD VASH Program, please contact Katie Poole with the VA clinic at 405.249.1534. For further questions please contact the CAHA Housing Authority at 580.331.2400 and ask for Eileen Salcido.
HUD-VASH VA Supportive Housing logo, Department of Veterans Affairs logo, CHEYENNE and ARAPAHO TRIBES logo

# March is officially Social Work Month

# Social Services

For almost 60 years Social Work Month has helped increase awareness around the profession and champion the cause of social workers. By shining a light on social work, the monthlong celebration creates an opportunity to improve the lives of social workers and the communities they support in several ways. This year's theme for Social Work Month is "The Time is Right for Social Work."

Below is a list of some of the program services under the Cheyenne and Arapaho Tribes' Dept. of Social Services for tribal citizens of the Cheyenne and Arapaho Tribes, along with a main contact number.

- Domestic Violence: 405-620-6395
- (24 Hour Crisis Line for Sexual Assault: 405-308-0156)
- Food Distribution: 405-276-6049 or 580-331-2358
- Food Pantry: 405-422-7908
- Indian Child Welfare: 405-422-7495
- Social Services (including child protection/adult protection/foster care, IIM Accounts, Family Violence Advocacy and Victims Advocate: 405-422-7923
- Substance Abuse: 580-331-2370
- Tribal Opioid Response Project: 405-422-7452



**Cheyenne and Arapaho Tribes' Dept. of Social Services leaders, standing l-r: Social Services Coordinator Andrea Patterson. Food Distribution Coordinator Eddie Hamilton, Emergency Youth Shelter Coordinator James Reveles and Domestic Violence Coordinator Kevonda Fuller.**

**Sitting l-r: Indian Child Welfare Coordinator Dorothy Inoa, Substance Abuse Director Winnie White Tail, Executive Director of Social Services Winona Youngbird and Social Services Executive Assistant Marla Roman Nose.**



**Sophie Burgess named 2021 Employee of the Year for the Emergency Youth Shelter.**



**Emergency Youth Shelter staff.**



**Domestic Violence Program staff**



**Kevonda Fuller named 2021 Employee of the Year for Domestic Violence.**



**Food Distribution staff**



**Social Services staff.**



**Bobbi Lampkin named 2021 Employee of the Year.**



**Indian Child Welfare staff.**



**Brian Keith named 2021 Employee of the Year for ICW.**



**Kelvin Lime named 2021 Employee of the Year for Food Distribution program.**



**Tribal Opioid Project staff**



**Substance Abuse staff**



**Domingo Whiteman named 2021 Employee of the Year for Tribal Opioid Project**

## El Reno High School Girl's Basketball Team Punch Their Ticket to the Oklahoma State Championship with a 60-47 Win Over Midwest City Bombers

By Glen Miller, El Reno Tribune

(MOORE, OK) Senior Ashlyn Evans-Thompson uncorked a career-high 41 points as El Reno High School's girls basketball team punched its ticket to this week's Class 5A State Championships with a 60-47 win over Midwest City.

The victory over the Bombers came in the 5A West Area 1 championship game and extended El Reno's current win streak to six games. The Indians, now 22-4 on the year, play March 10 in the state quarterfinals at Norman North against Grove.

Friday's semifinals and Saturday's title game will be played at the University of Oklahoma's Lloyd Noble Center.

The trip to state is the fifth in six seasons under El Reno head coach Jennifer Douglas and the second in a row. It's the 12<sup>th</sup>

Elite Eight appearance for El Reno since its first in 1991.

"I try to stay humble because there are people that coach for years and never make it to the state tourney. I'm blessed to be in the position I'm in and I'm so proud of these girls.

"I can watch film and all do all the prep work but it's the girls that go out there and step up and do what I ask of them," said Douglas.

One of those who stepped up was Evans-Thompson.

The guard made 11-of-26 shots from the floor for 42 percent, including a 3-of-7 effort from the 3-point arc for 43 percent. She was 16-of-21 from the free-throw line for 76 percent. She added seven rebounds, three assists and three steals.

"She has always been a selfless kid and she knows team basketball and plays that way. She tries to get everyone involved and not take the glory for herself.

"I've always known she is capable of big-time games and this night presented itself to where she put the team on her back and carried them and the girls said let's go," said Douglas.

After Midwest City pulled to within one, 43-42, Evans-Thompson sparked an 11-0 run with back-to-back baskets, separated by a key defensive rebound.

Following a basket from Janae Black-Harmon and a free throw from Tetona Blackowl, Evans-Thompson capped the break with four straight makes from the charity stripe.

The lead never dipped below double digits as Evans-Thompson and Blackowl dribbled off over two minutes of the clock on consecutive possessions.

El Reno ended the game shooting 43 percent from the floor (19-of-44), while making 19-of-26 free throws for 73 percent. The Indians led in transition points (16-8), paint points (28-24), assists (14-8), steals (10-5) and blocks (7-6).

Pauline Black-Harmon closed with a line of 10 points, four rebounds and four blocked shots. Janae Black-Harmon finished with seven boards, four points, three steals and a block.

Blackowl had four assists and three points, while Leslie Valdez added two points and two caroms.



**Tetona Blackowl (above) goes up for a shot in their game against Midwest City. The El Reno High School girls' team punched their ticket to the state championship games with the win of Midwest City 60-47. (Photos / Glen Miller)**

**Pauline Black-Harmon makes the layup. El Reno High School girls' team win the 5A West Area 1 Championship over Midwest City.**



# MEDICINE MURAL

continued from pg. 5

functions as an incubator and a compendium for best ideas, projects, practices, and education in the burgeoning realm of human-centered, public interest design.

Selection of the George Hawkins Memorial Treatment Center and its "Medicine Mural" for the Exhibition was fueled by its involvement with a Native Nation and its connection to the state of Colorado. It is an important project for the Cheyenne and Arapaho people. It represents hope, regaining of cultural pride, and recovery from pain and addiction. Blue Star asked for the involvement of community and cultural leaders on the expansion and improvement of the facility. Central to this effort was the vision and artistic guidance of Gordon Yellowman, Sr., one of the traditional Chiefs of the Cheyenne Nation with family ties to the Arapaho. Gordon collaborated with Blue Star Founder and Lead Designer Scott Moore y Medina and the wider A/E team to take a sketch with deep cultural symbolism and colors and turn it into a "paint by numbers" construction drawing that could be understood and painted by professional painters. Thus, the "Medicine Mural" at the George Hawkins Memorial Treatment Center was born.

The mural is more than a piece of art, it is a roadmap to cultural understandings and teaching that is used every day in the Center's healing and recovery programs. The Design for the Common Good exhibition



Medicine Mural design by Cheyenne Chief Gordon Yellowman (center) pictured with George Hawkins Memorial Treatment Center's Director Winnie White Tail and Counselor Katelynn Pipestem. (Photos by Sarah Allen)

**Cultural Inspiration & Translations**

**White:** tséwókiéno (that which is white): active life, dancing  
- White represents purification, related to ceremony and rituals.

**Yellow:** tséshéwó (that which is yellow): new life, beauty, energy  
- Yellow represents the grandmother - Sun, giver of life

**Red:** tséshí'ó (that which is red): warmth  
- Red, the blood of the People, represents Day

**Blue:** tséshé'tsivo (that which is blue): sky, water  
- Blue represents the Blue Sky/Water, Grandfather Sky

**Black:** tséshó'kítshavo (that which is black): death, hatred, darkness  
- Black represents the Night, the Grandmother Moon

**Pink:** tséshó'kítshavo (that which is pink): transition and transformation  
- Pink represents metamorphosis, warmth and subtlety in feminine form, Sky at Sunset

**Green:** tséshó'kítshavo (that which is green): medicines, vegetation  
- Green represents growth and healing, often associated with plants and grasses

Note: The Native American language represented here is the Cheyenne language, which is a living language that is very distinctive, with multiple levels of meaning and nuance embedded within.

To learn more, go to [www.cheyennemuseum.gov](http://www.cheyennemuseum.gov)

uses project images, sketches, photographs, and video to tell this story, including their Native traditions and world views, the importance of Native art and colors in architectural design, the meanings behind the "medicine mural" and the general message they wanted the citizens of modern-day Colorado and the World to hear from the Cheyenne and Arapaho perspective. To learn more about this Blue Star Integrative Studio project, as well as view images and video, visit [www.bsi.studio/george-hawkins-memorial-treatment-center.html](http://www.bsi.studio/george-hawkins-memorial-treatment-center.html).

# CRUZ

continued from pg. 5



Looking towards the future in her work of doing research and bringing attention to Indigenous issues, Cruz said she also wants to bring more attention to ICWA, otherwise known as the Indian Child Welfare Act.

"I think with DHS, it needs more attention, and teaching and knowledge need to be taught about ICWA because it is tough for people to learn and understand," Cruz said.

After getting the basic manual written about simulations, Cruz said she plans to incorporate suicide prevention.

"This role is brand new, I've been given the flexibility to sort of turn this role into what I want it to be, since I've only been in this position since November, I'm still learning a lot, but I know I want to incorporate Native issues and Indigenous communities," Cruz said.

# J.R. COOK

continued from pg. 1

and cultural retention the Southwest Indian Cultural Center, serving ten western Oklahoma schools. In 2002 Cook would travel to Washington D.C. to address the U.S. Senate committee on Indian Affairs, along with UNITY staff member and Indian Education Director Teresa Dorsett, to bring to the forefront mental health issues facing Native youth. The hearing was aired across the country on C-Span.

"I had the privilege of working for and with J.R. as a consultant and a UNITY staff member while they were based in Oklahoma City. I spoke in front of the U.S. Senate committee on Indian Affairs, and that was just one of the opportunities I had because of J.R.," Teresa Dorsett said.

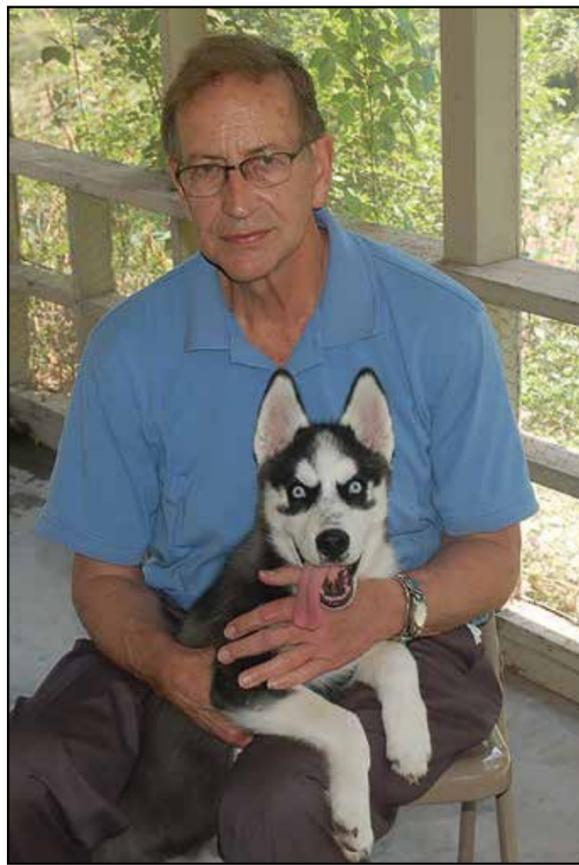
Dorsett believes Cook's whole mission for UNITY was to give Native youth opportunities to develop their internal leadership skills and to challenge them to get out of their comfort zones.

"The most important thing to me is he was the kindest soul I had ever met and I will really miss him," Dorsett said.

On March 2, UNITY released a statement asking all UNITY family and friends to honor Cook with a moment of silence during their 45th annual UNITY gathering.

"We are so deeply saddened to learn of J.R.'s passing. But his legacy and influence live on in the thousands of lives he has touched," Mary Kim Titla, UNITY executive director said. "We will continue to honor his memory and spirit by living UNITY's mission and developing the next generation of Native youth leaders."

Cook once offered this advice to Native



youth, "You are special and unique. Respect yourself and all creation. Keep your tribe and culture alive for future generations. Know and use your talents. Be the best you can be."

### ABOUT UNITY

Founded in 1976, United National Indian Tribal Youth, Inc. (UNITY) is a national network organization promoting personal development, citizenship, and leadership among Native Youth. UNITY's mission is to foster the spiritual, mental, physical, and social development of American Indian and Alaska Native youth ages 14 -24 and to help build a strong, unified, and self-reliant Native America through greater youth involvement. UNITY's network currently includes 320 affiliated youth councils in 36 states. Youth Councils are sponsored by Tribes, Alaska Native villages, high schools, colleges, urban centers, and others.



# OBITUARIES

## Cynthia Louella Medicine Bear

Cynthia Louella Medicine Bear was born on April 22, 1939, to Herbert and Susie (Sandhill) Whitebuffalo. She passed away on Feb. 25, 2022, at her home in Watonga, Okla. at the age of 82.

Cynthia grew up in Watonga and attended school up to the eighth grade at Concho and High School in El Reno, Okla. Cynthia was baptized at the Watonga Indian Baptist church when she was a teenager and went to Indian Bible Camp at Roman Nose. Later, she was a member of the Indian Methodist Church throughout her life. She married Leslie Medicine Bear Sr. and they were married for 52 years until his passing in 2010.

Cynthia worked as a CMA. She took shorthand, loved bingo, an avid fan of American Bandstand, loved 50s music and Elvis. Back in the day, she loved to dance. She enjoyed traveling to Michigan to see her father and other relatives, and all the places in between. Cynthia loved to do crossword puzzles and was an avid reader, her favorites being Nora Roberts and James Pat-

erson. Most of all, Cynthia loved her family, she enjoyed caring for her children, her grandchildren, and great grandchildren.

She was preceded in death by her parents, Herbert and Susie Whitebuffalo, her husband Leslie Medicine Bear Sr., her daughter Diana Medicine Bear, son-in-law Alex Lopez, her siblings, Beatrice Nanpooya, Rochelle Whitebuffalo, Dwight Whitebuffalo, Edwin Paul Sandhill, Elizabeth Roman Nose, her grandchildren, Malisha Medicine Bear, Marcus Guillen, Brayden Cooper Medicine Bear, Aiden Horse, Miguel Miller, and numerous other beloved family members.

Survivors include her children, Leslie Medicine Bear II of Oklahoma City, Gwen Lopez of Enid, Okla., Annette Medicine Bear of El Reno, Brian Medicine Bear and wife Lisa of Watonga, Kurt Medicine Bear of Watonga, granddaughter Sarah Osage and husband Garrett of Newalla, Okla., grandson Joshua Osage and wife April of Watonga, and



granddaughter Lesa Miller and husband Jamie of Oklahoma City, her brothers, Quinton Roman Nose of Watonga, Herbert Whitebuffalo II of Watonga, and Melvin Roman Nose of El Reno, her nieces and nephews, numerous grandchildren and great grandchildren, as well as a host of cousins, other relatives and friends.

An all-night wake service was held March 3 at the Watonga Emergency Response Center in Watonga, Okla. Funeral service was held March 4 at the Watonga Church of the Nazarene, officiated by Rev. David Lee and Rev. Gerald Panana, followed by an interment at the Kingfisher Cemetery in Kingfisher, Okla.

## Robert Reece Goodbear

Robert Reece Goodbear was born in Clinton, Okla. on June 20, 1953 to Blossom Goodbear. He departed this life Feb. 28, 2022 at his home in Watonga, Okla. He was the fourth of 10 children and a citizen of the Cheyenne and Arapaho Tribes.

Robert was a graduate of Watonga High School and later graduated from East Central University in Ada, Okla. He worked as a nurse at Southwest Medical Center, Children's Hospital, and Baptist Hospital in Oklahoma City for many years. He also served as a page in Washington, D.C. for a summer in his youth. Robert lived in Watonga, Geary, Ft. Worth, Texas, Oklahoma City and California throughout his life.

Robert was affectionately known as "Uncle Bob" among family and friends. Although he did not have children of his own, he considered Penny Scrapper, Lillie Franklin, Lucy Gonzales, Richard "Earl" Scrapper, Ros-

ie Tallbear, Neva Tallbear, Tommy Whiteman, and Moses "Dee" Tallbear as his children. He was a kind, loving uncle to all his nieces and nephews, and he had special relationships with many of his siblings' grandchildren, especially Noah, Issac, and Gabriel Scrapper, Happy Shortman, Natasha Sankey, and Geneva and Jose Gonzales-Garcia. He had a very strong bond with Selesa Scrapper, and he called her his baby.

Robert enjoyed many activities such as going to casinos with his siblings and family, tennis, and bowling. He played in many leagues throughout his life. He also enjoyed celebrating with family at birthday parties and holiday parties.

Robert is survived by his brothers, Moses "Buddy" Tallbear Jr. of Lodge Grass, Mont., and Duke Youngbear of Watonga, his sisters, Millie Youngbear of Watonga, Lois "Jeanie" Youngbear of Oklahoma City and Bernice



Youngbear of Watonga. He is preceded in death by his grandmother Rosie Touching Ground, mother Blossom Goodbear, father Clinton Youngbear, brother Richard Tallbear, sister Violet Rose Tallbear-Scrapper, brother Ted Youngbear, sister Etta "Chico" Coyote Robe, and sister-in-law Amber Lavonne Tallbear.

Wake service was held March 4 at the Watonga Indian Baptist Church in Watonga, Okla. Funeral service was held March 5 at the Watonga Emergency Response Center, officiated by Pastor Pat Gonzales, followed by an interment at the IOOF Cemetery in Watonga, Okla.

continued on next page

## OBITUARIES

## OBITUARIES



### Lawrence Homer Hart - He'amavehonevëstse (Sky Chief)

Lawrence Homer Hart, He'amavehonevëstse (Sky Chief) was born at home on the banks of Quartermaster Creek north of Hammon to Jennie Howling Water and Homer Hart on Feb. 24, 1933.

He was delivered by his grandmother Corn Stalk, Anna Reynolds, who was a midwife and delivered numerous Cheyenne babies. His grandfather John Peak Heart (later John P. Hart) was a Cheyenne Sundance Priest, Native American Church leader and Cheyenne Chief.

Lawrence had two older brothers Alvin and Sam, three older sisters Lucy, Lenore, and Kris, who preceded him in death. He has one younger sister Ramona who resides in Weatherford, Okla.

Lawrence was raised by Cornstalk and John P. speaking only Cheyenne the first years of his life. His early formal education was at the Quartermaster School in Moorewood. English was a challenging subject, because of his "language problem" he was held back in first grade. Lawrence remained close to his grandfather, traveling with him during the summers.

John P. Hart often led Native American Church services with the Ute Mountain Utes in Colorado and around the Four Cor-

ners region in Colorado. Lawrence attended Hammon High School playing basketball, running track, and graduating in 1952. Lawrence attended Bethel College in North Newton, Kansas where he lettered in track.

He met a Kansas girl named Betty Bartel and the two were married Oct. 4, 1957. Betty and Lawrence had three children, Connie Hart Yellowman, Nathan Hart, and Cris Hart Wolfe.

Lawrence is survived by four grandchildren, Micah C. Hart, Cristina Hart "Cricket" Yellowman, Lily D. Hart, Sydney S. Hart, and Lexus L. Wolfe; and two great-grandchildren Nolan Ortiz and Stevanna "Sister" Ortiz. Lawrence is also survived by numerous nieces and nephews, their children, and grandchildren.

In 1955, Lawrence left Bethel to realize his dream of flying jet fighter planes in the Navy and the Marines. First Lieutenant Lawrence Homer Hart was the first American Indian to become a U.S. military jet pilot and instructor. He was a commissioned Marine but flew his wartime missions off a U.S. Navy Aircraft carrier. He was one MIG kill short of qualifying as an ACE when a truce with North Korea was declared.

While in the Marine Corps, he was selected to appear on the then popular "What's My Line" television show. He signed in using his Cheyenne name Black Beaver and his occupation was a jet fighter pilot.

His grandfather John Peak Heart selected Lawrence to take his place as a Cheyenne Chief. When the initiation was scheduled

to occur in Hammon, Okla., Lawrence's commanding officer authorized him to fly to Clinton-Sherman so he could be in attendance. Following the ceremony Lawrence told the people he would fly over the location. Numerous descendants of those in attendance spoke of the time they waived their tea towels in the sky when Lawrence conducted the fly-over. On that day he also broke the sound-barrier flying over the Gulf Coast before returning to his station at Chase Field, Beeville, Texas.

After he became a Cheyenne Chief, Lawrence left military service and attended Southwestern Oklahoma State University before returning to Bethel to graduate in 1961 with a degree in History. Lawrence then attended the Associated Mennonite Biblical Seminary in Elkhart, Indiana and became an ordained Mennonite pastor. Lawrence and Betty moved to Clinton in 1963 where he served as pastor to the Koinonia Mennonite Church until October 2021.

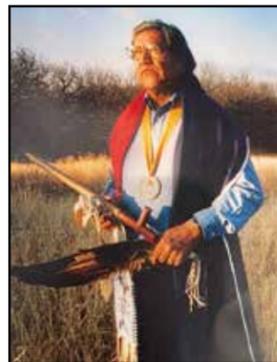
Throughout his career, Lawrence served on numerous local, state and National Indian Education boards and Committees. He also served on several Mennonite Committees as well as a board member to his alma mater Bethel College. In 1992 he was selected by the U.S. Senate as a Delegate to the White House Conference on Indian Education. That same year he was named "Indian Elder of the Year" by the National Indian Education Association. Lawrence served as a board member of the Clinton Public Schools as well as leadership positions from 1993 to 1998. He was the first Na-

tive American elected to serve that position.

He received many awards including "Distinguished Citizen Award" by the Oklahoma Heritage Association in 1993. In 1995 he was the recipient of the "Distinguished Service Award" from Bethel College. In 1997, the Cheyenne and Arapaho Tribes recognized his as a "Distinguished Honorary Citizen" for Cheyenne language preservation. In September 1996, Secretary Bruce Babbitt appointed Mr. Hart to the Review Committee of the Native American Graves Protection and Repatriation Act of 1990.

The family would like to extend thanks to the Cheyenne and Arapaho Tribes programs and Cheyenne District 3 for the assistance provided to their elder tribal member Lawrence H. Hart. The family also thanks Good Shepherd Hospice for the care provided to their husband, father, and uncle during the last year of his life.

A visitation was held March 9 at the Koinonia Indian Mennonite Church in Clinton, Okla. Funeral service was held March 10 at the Clinton Emergency Response Center. Marine Military Honors was held at the burial on the Lawrence H. Hart Property of Red Wheat Allotment in Clinton, Okla.



### Nelson Erwin Clark

Nelson Erwin Clark was born March 11, 1942, in Concho, Okla. to Ben Freeman and June (Simpson) Clark. He passed from this life on Feb. 4, 2022 in Watonga, Okla., at the age of 79.

Nelson grew up in the Geary, Okla. area and attended Geary Schools where he excelled in wrestling. In his later high school years, he moved with his father to Chicago, Ill., where he graduated from Senn High School.

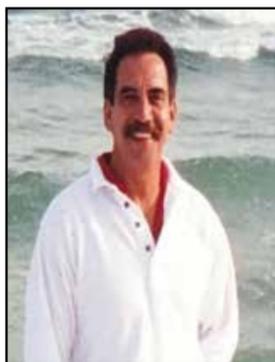
After graduation he went to work in an envelope manufacturing plant. He learned to and excelled at adjusting the envelope machines. His position transferred to the company's Oklahoma City plant in the early 1960s. Soon after his relocation, Nelson met Sandy Babbitt and the couple was married on Nov. 15, 1964 in Oklahoma City.

Nelson's next adventure was attending Paul's Beau-

ty College where he earned the title of "Master Stylist" to come through the school. While he practiced his newfound craft he went by the name "Starhawk." In the mid 1980s Nelson went to work in the oilfield for a number of years and later worked for Merrill Burris at the bank.

He served on the legislature of the Cheyenne and Arapaho Tribes and worked for Emergency Management for the tribe as well. During this time Nelson was committed to saving the Geary Nursing Home. Nelson was a determined man and worked diligently to "get it right" in all of his work. He was a member of the Swapping Back Indian Church as a child and continued his Christian walk that his grandmother instilled in him throughout his lifetime.

Nelson is survived by his wife Sandy, children, Dawn Rouselle, Jonathan Clark



and Ben Dillon, grandchildren, Juliann Clark, Logan Clark, and Ashton Rouselle, and Mariah Morgan, and sister, LaVonne Rose Avans, as well as numerous cousins, nieces, nephews, other relatives and a host of friends.

Nelson's parents, Ben and June Clark preceded him in death.

Memorial services were held March 11 at the First Christian Church Brown Event Center in Geary, Okla., officiated by Rev. Richard Cox and Rev. Wendell Prim.

### Lance Wendell Dyer

Lance Wendell Dyer, 67, a citizen of the Cheyenne and Arapaho Tribes, went to his heavenly home on Feb. 28, 2022, at Integris Hospital in Yukon, Okla., surrounded by his family and staff members.

Lance was born Oct. 17, 1954 at the PHS Indian Hospital in Lawton, Okla., to Bruce and Belle Greaney Dyer. He weighed in at 3 lbs. at birth. Lance was placed in an incubator for six weeks. Lance's mother passed away when Lance was 7 years old, and his father passed away when Lance was 35 years old.

Lance previously resided at the Bethany Children's Hospital, the Hissom Memorial Center, the Enid State School and the Cottonwood Manor of Yukon.

In 1993 Lance moved into his own home in El Reno, Okla., being cared for by 24-hour staff with his sister as his legal guardian.

Lance was preceded in death by his paternal grandparents, Crawford and Clara Thunder Dyer, maternal grandparents, John and Lula Curtis Greaney, parents, Bruce and Belle Greaney Dyer, sister Sharon Dyer Tammen, brother Bruce Dyer Jr., and three baby sisters.

Lance is survived by his aunt Marie Whiteman, sisters, Clara Goodmiller, Patricia Dyer White, cousins Ruth Maldonado, Carolyn Levi, Sue Velasquez, Clifton Greaney Jr., Brenda Velasquez, Randal Greaney, Erma Brown, Wallace Avans, Beverly Avans, Gib Miles, James Dyer, Wesley Dyer Jr., and many nieces, nephews and friends.

Lance touched many lives, was a joy to be around and will be greatly missed by all who knew and loved him.

The family would like to thank the following for



their support during the loss of Lance, Rev. Alvin Deer, Melinda Miles, George Levi, Gib Miles, Fred Mosqueda, Creg Hart, Emmett Redbird, Becca Rishnoover, Tony Maldonado, Chris Eaglenest, Larry Franklin, Kameron Padilla, Chris Tallbear, Travis Ogilvie, James Dyeer, Patty Bell, Mary Kaulaity, Judy DeWitt, Carol Kaulaity, Lily Nelson, Willie Nelson and all those who prayed for the family to have strength to get through the passing of our very special loved one.

### James Daukei

James Daukei was born Nov. 7, 1962, in Hobart, Okla. to Horace Daukei and Erma WhiteEagle Tasso, and passed away Feb. 24, 2022, at the age of 59.

He was a resident of the Watonga community for his entire life, where he was a founder and owner of two small, home-based businesses, *GG Spotted Horse Finest Beadwork* and *Icey Hot Lawn Care*.

Aside from his own businesses James had worked at many places around town and out of town as well. He worked for the Cheyenne and Arapaho Housing, Stevens Carpet of Watonga, the Watonga Cheese Factory, Watonga Public Schools, City of Watonga Sanitation Department, and the city of Tulsa Derailment. He at-

tended Kingfisher, Watonga, and Riverside Schools, and was a member of the First Assembly of God, in Watonga.

James enjoyed mowing, beading, and helping his neighbors in a time of need. He was a family-oriented man, and he loved to sit and visit with his relatives. He entered an ordained marriage, with Pauline White-Tail on May 10, 1985.

He was preceded in death by his parents, three brothers, Waldo, Gary, and Charles "Louie", and one sister Norma, and one son William Alan Redbird.

He is survived by his wife, Pauline, of the home in Watonga, son James Icey Daukei Jr., two adopted daughters, Marion Redbird and Newalkis BigMedi-



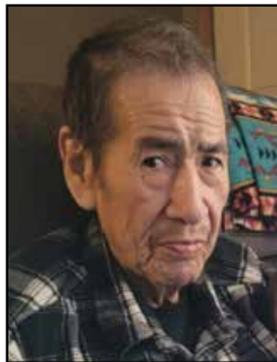
cine, two brothers, Gene Daukei and David Tasso, six sisters, Mada Beverly, Juanita, Pyllis, Marilyn and Carolyn. Ten grandchildren, one great-grandchild as well as numerous other relatives and friends.

Funeral service was held March 2 at the Nazarene Church in Watonga, Okla., officiated by Rev. Doug Jackson, followed by an interment at the West Mount Pleasant Cemetery.

### Raymond L. 'Red' Stonecalf

Raymond L. "Red" Stonecalf, Jr., was born March 17, 1947, to Raymond L. Stonecalf and Eldine (Fire) Stonecalf in Clinton, Okla. He passed away March 4, 2022, in the Integris Baptist Hospital in Oklahoma City. "Red," as he is known by family and friends, was raised in Clinton and also attended school in Clinton. Soon after his schooling he enlisted in the U.S. Marine Corp. where he served in the Vietnam war After being honorably discharged, he returned to Oklahoma and worked at the Riverside Indian School and Concho Indian School assisting with the young men and coaching. He retired after 29 years of service. He also worked in the Cheyenne

and Arapaho Smoke Shop. He was a member of the Indian Baptist Church in El Reno, Okla. He enjoyed traveling, watching basketball and was always available to help somebody out. He is preceded in death by his parents, three brothers, Gary Stonecalf, Carl Stonecalf and Tim Stonecalf, and sister Geneva Stonecalf. He is survived by his daughter Nicole Cobb of Lawton, Okla., his long-time companion and friend, Lois Franklin of Oklahoma City, four sisters, Wanda Morgan, Sherrill Stonecalf, both of Clinton and Janice Salehi and Ranell Wilson both of El Reno. He is also survived by three grandchildren, Logan Milne, Moira Stobbe and Isabella Appel, three great grandchildren,



Illiana Milne, Anais Milne and Kai Stonecalf-Stobbe.

A wake service was held March 8 at the Kiesau Lee Funeral Chapel in Clinton, Okla. Funeral service was held March 9 at the Clinton Emergency Response Center, officiated by Woodrow Kinney, Donnie Ahhaity and Toni Ruiz, followed by an interment at the Clinton Indian Cemetery.

# BUY INDIAN ACT

continued from pg. 1

contracts. The new rules from the IHS would also create more opportunities for non-tribal businesses to partner with tribal businesses. A tribally-owned business is any that is at least 51% owned by an Indian tribe.

“The Buy Indian Act’s improved regulations will help our Chahtapreneurs (Choctaw business owners) and our tribally-owned businesses to expand and grow, ultimately helping our tribe and its members to thrive,” Batton said.

Choctaw Nation’s website Seestates that Choctaw businesses «generate hundreds of millions of dollars annually» and «create more than 6,000 jobs for tribal and non-tribal Oklahomans.» The revenue generated by the tribe is dedicated to tribal assistance programs such as health care and education.

In 2020, Harvard re-

searchers estimated that Native businesses could lose up to \$50 billion during COVID-19. The pandemic would also put 1.1 million tribal business workers, Native and non-Native, at risk of losing their jobs. With IHS and BIA prioritizing Buy Indian set-asides instead of businesses that are not IEE, Native companies and employees could see a chance to recoup from pandemic-related economic losses.

The IHS’s final rule is set to go into effect on March 14. The updated policies will allow for collaboration between the IHS and the BIA to effectively enforce the new procedures.

Gaylord News is a reporting project of the University of Oklahoma Gaylord College of Journalism and Mass Communication. For more stories from Gaylord News visit Gaylord-News.net.

# Message From Your District Legislator

Cheyenne District 3 Legislator Darrell Flyingman

## Anybody Need A Job?



I can’t keep quiet after hearing some remarks made at the open public hearing recently. Some of our tribal members may have valid reasons to complain, but others complain just to start trouble. Some will lie and start rumors because they don’t like someone or out of jealousy.

vertised in local newspaper, radios, Social Media and by word of mouth.

The legislators and the Executive Branch try very hard to help our tribal members who have reasonable requests with valid documentation and facts.

I have checked with the Human Resources Departments for both Tribal and Casino offices as to why the many positions are vacant. First, the applicant must qualify for the job, which is one reason some are not hired; some applicants cannot pass background checks, while others who could be hired fail the drug test or are on probation by the courts and for other reasons.

We have people who complain about the Tribe not hiring them, yet, the Tribe has close to 100 vacancies available to tribal members who want to work, and is advertised weekly.

Reasons that some tribal members are terminated: employee will not show up for work; employee is late for work too many times.

We have approximately 75 or more jobs available at our casinos, with some casinos offering \$500 to take a job! So, jobs are available if the people want to work. Jobs are ad-

Darrell Flyingman  
Proud Cheyenne Warrior



# Celebrate National Nutrition Month

Jenna Crider  
RD/LD, IBCLC  
Diabetes Wellness Program

eat rather than what sounds good in the moment.

It’s common advice to change our eating for weight loss, to decrease body fat and to change how we look. While those side effects of diet change can be positive, our motivation to perk up our eating habits can come from a more immediate effect. With the questions of “how do I feel after eating” will help keep us focused rather than thinking of what my BMI might become.

How we eat can be a form of self care, cherishing our health and giving our mind and body a chance to feel its best.

If you decide to experiment with this process, of examining how you feel after you eat, here are a few things to keep in mind:

Simple sugars (sweet drinks, donuts, cakes, white/refined breads), highly processed foods (chips, crack-

ers) digest very quickly and cause blood sugar to spike quickly. The next reaction is our blood sugar then drops. Causing us to feel tired and for some even hungry again.

Having carbohydrates that are higher in fiber (whole wheat bread, wild rice, oatmeal, fruit, quinoa) will cause the digestion process to take longer. This helps keep the blood sugar level more steady and keeps us fuller longer.

Fruits and vegetables are naturally high in fiber as well as vitamins and minerals that make our bodies vibrant and full of life.

Eating high fat foods such as high fat meats, many fast foods and fried foods can cause us to feel weighed down.

Drinking water throughout the day will hydrate your body, keeping organs cleansed and helping your mind and body perform op-

tunately.

Consider trying this out with one meal a day. Take lunch for example. If you normally run and grab something quick, try planning ahead a bit and having leftovers from dinner or having something you bought at the grocery store that you can take to work. It doesn’t have to be complicated. Add a fruit or vegetable to your meal. And see how you feel!

If you give this a try I’d love to hear from you!

For a personalized weight management plan that meets your individual needs, consult a registered dietitian either at the Diabetes Wellness Center or the Clinton Service Unit. For more information and tips on health and wellness contact Jenna Crider RD/LD, IBCLC at 405-422-7656 or toll free at 800-247-4612 ext. 27656 or by email, jcrider@cheyenneandrapaho-nsn.gov.

# NAME CHANGE

continued from pg. 1

policy to actually exterminate Indian people, same thing as Hitler with genocide of the Jews,” Wassana said.

There are other proposals for change. Five so far, but more are possible. Here is the list:

Mount Blue Sky (from the Southern Cheyenne and Arapaho Tribes)

Mount Cheyenne-Arapaho (from the Northern Cheyenne Tribe)

Mount Soule (from a private party)

Mount Rosalie (from a private party)

Mount Evans (to be re-designated after a different Evans family member, from a private party)

The state is asking Clear Creek County for its view of the potential of the name change because the mountain is in the county. But the county’s input is not binding. The Colorado Geographic Naming Advisory Board will be the first government entity to potentially advance the idea of change. The governor would have to approve as well before any name change would be advanced to the U.S. Board on Geographic Names that would potentially change

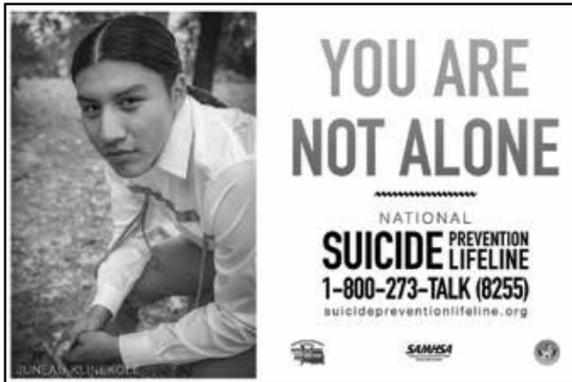
the name.

Also weighing in on the matter are tribes such as the Ute who were on the land in that era.

“The Southern Ute Indian Tribe does support the renaming of sites with histories of colonization and genocide of indigenous people, including Mt. Evans in Clear Creek County,” the tribe said in a statement to CBS4. “Ute people are the oldest continuous residents of Colorado with no migration story. Therefore, the renaming of Mt. Evans should coincide with a strong educational campaign to include Ute history and the Mouache and Tabeguache Ute bands which who called this area home.”

Wassana hopes for change to be positive and one of honoring, rather than that of maintaining sullied names from the past.

“I hope that something becomes positive out of this, and that’s all I think that we ever want is that there be good changes on this earth and not reminders of what the past has done to us in a negative light,” Wassana said.



Cheyenne & Arapaho Tribes Court Clerk document for Case No. CIV-2010-101, involving Kelly Oheltoint and Donald Bullcoming Jr.

Cheyenne & Arapaho Tribes Court Clerk document for Case No. JED-2022-0001, involving Karen L. Morales and Rito Morales.

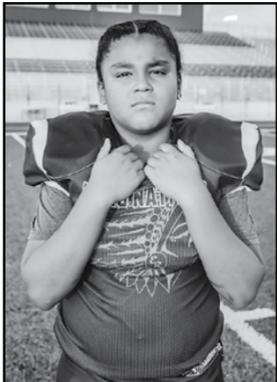
Cheyenne & Arapaho Tribes Court Clerk document for Case No. CIV-2022-0017, involving Stecker Andrew Daukei.

Cheyenne & Arapaho Tribes Court Clerk document for Case No. PG-2008-0050, involving K.M.M. and Sandra Kay Meat.

# HAPPY BIRTHDAY



Happy birthday Bubba dad loves you and thinks about you every day. May you continue to grow and be the best you can be. Happy 10th birthday you will always be under my wing.  
Love your dad



Happy 10th birthday! You have the biggest heart and try to make anyone smile that you meet! Keep on killing it in your sports you make your whole family proud! Thanks for being the best big brother, cousin and protector anyone can ask for. Parents are Dylan Elledge and Tiara Ford. Love you bubba, always mom



## Happy Heavenly Birthday



In Loving Memory of Burgess Fred Primeaux  
March 12, 1972  
May 15, 2015  
Happy 50th Heavenly Birthday Daddy...  
Lord Knows How Much We Miss You Everyday...  
The Man Only I Knew...  
We Love You Eternally and Beyond.  
Your Babies, Amy, Kaleb, Tara



A Birthday Remembrance  
March 20, 1947 –  
Jan. 30, 2022  
Those we love don't go away,  
John walks beside me every day.  
Unseen but always near,  
Deeply loved, sadly missed and always here.  
Helen



HAPPY BIRTHDAY!  
AWAYA BERT & CADENCE BERT  
MARCH 6  
HAPPY BIRTHDAY!  
DESTINY BERT  
MARCH 30  
LOVE, MOMMA BABY  
SALYAH, LOVELYNN, RIVER, MEAWAW, TREVY AND LATOYA



Congratulations to Simphony Washee. Simphony is 8 years old from Arapaho, Okla. She plays for 10U Western Oklahoma Football club. Her soccer team played in the Invitational Red Earth North Oklahoma City soccer tournament on March 5-6 and they tied for 2nd place.



## Congratulations



Congratulations, Dad! We are so proud of you. We love and miss you.  
Love, Sierra, Allena, Danny, AJ and Crista



The Cheyenne and Arapaho Tribes' Department of Transportation recognize Andrew Whitecrow for his hard work and dedication for seven years with the Tribal Transit Program. And well wishes ANDREW WHITECROW in your future endeavors!

## From Floyd Blackbear:

Floyd BlackBear sat down in early 2022 to record the Cheyenne & Arapaho people he had come to know in his 52 years of living in Watonga. He came to Watonga in 1970 as minister of the Wesley Tah Memorial United Methodist Church. Many people in Watonga were related to him. When he first came to Watonga, BlackBear was visited by Everett Yellowman, Grover Turtle and Roy Nightwalker, who asked if he would respect traditional ceremonial people. He told them he would, and he did so, encouraging them to

speaking and hold giveaways at services and other activities and also allowing Native American Church members to sing their songs at services, even though he was initially criticized by some other church people. Youths decorated the church with a plywood cutout of a tipi and eagles soaring in prayer. As the years went by, he preached at many funerals, and have conducted weddings or other doings for many of these families. Below is a list of individuals BlackBear said he remembers with, "deepest respect."

- Edward Sr. & Susie Starr
- Carol Wheeler Pettis
- Jacob White Eagle
- Lavada Gould
- Frank & Annie Seger
- Eugene Jr. & Aurelia Blackbear
- Amanda Hail
- Pete & Pearl Whitebear
- Joe & Caroline Antelope
- Willie & Clara Morrison
- George & Edna Cleveland
- Gregory & Jane Blackburn
- Archie Walker
- Eugene Sr. & Bessie Blackbear
- Grover & Susie Turtle
- John & Gerty Black
- Everett & June Yellowman
- Ernest & Ruth Brooks
- Clinton & Blossom YoungBear
- Albert & Adelia Black
- Herman & Lenora Addison
- Frank & Jenny Pendleton
- Edward White Thunder
- Guy Sr. & Ella Hicks
- Blanche Roman Nose
- Susie Roman Nose
- Sarah Beard
- Charles Sr. & Emma Yellow Calf
- Tom & June Garcia
- Lisa Tall Bear
- Wilbur & Florence Flynn
- George & Agnes Bald Eagle
- Mary Wheeler Addison
- Mollie WhiteBird
- Minnie Blackbear
- Leonard Sr. & June Goodbear
- Esther Michon
- Thamer Mitchell

- Norma Riggles
- Henry & Josephine Richard
- Kawa & Agnes Black
- Herbert & Nellie White Buffalo
- Quinton & LaDonna Roman Nose
- Larry & Pauline Roman Nose
- Ruth B. Wolfe & Charles Boint
- Duke & Hollie YoungBear
- Malcolm Jr. & Wilma WhiteBir
- Ralph & Senoria Blackbear
- Richard & Resi Hampton
- Esther MedicineBear
- Leslie Sr. & Cynthia MedicineBear
- Dean & Mary MedicineBear
- Marie Whiteman
- Dean & Elizabeth Morlan
- Ed & Maude Belly Mule
- Larry & Roberta Black
- Benjamin Dyer
- Delbert & Frankie Hail
- Donna Willis
- Merle Big Medicine
- Rhoda Braxton
- Roy Curtis
- Jasper & Mary Red Hat
- Howard & Julia Goodbear
- Darlene Wolfmule
- Sherry Wright
- Albert Wright
- Tom Littlehawk
- Mickey Littlehawk
- Mabel Todd
- Bonnie Franklin
- Mary Koons
- Richard & Erma Tasso
- Minoma Antelope Davison
- Garrett & Donna MedicineBear
- Rita Wheeler Price
- Janelle Wheeler Robinson

**C&A Labor Day PW Benefit Dance**  
April 16, 2022

**Concho (ERC) Community Bldg.**  
Concho, OK  
Gourd dance @3pm Supper @5pm Dance to follow

**Head Staff**  
MC: Alan Fletcher  
HS: Garrison Morris  
HMD: David Strong  
HLD: Winona Youngbird  
HBD: Gambit Jeux Morton (3)  
HGD: Nanami B. Whiteshield WhiteThunder(1)  
AD: Kenny Daniels  
Honored Elder: Carolyn Levi  
Co-Host: Oklahoma Indian Bikers Club

**Lots of RAFFLES**  
**And Cake walk**

Sponsors are not responsible for theft or accidents. NO alcohol or drugs ALLOWED  
For More Info: Gerry Redbird 405 215 7399 Corvina Morton 405 201 0371 or  
Phyllis White Thunder 405 538 5229

**Graduation Honor Dance for**  
**Levi Youngbird-Pedro**  
**Riverside Indian School**  
**Class of 2022**  
Saturday, April 2nd  
Watonga ERC  
Gourd Dance 3 PM. Supper 5 PM.  
Program to follow.

Head staff:  
MC: Nathan Littlehawk  
HS: Jason Goodblanket  
HMD: Domingo Whiteman  
HLD: Allyssa Pineda  
HLB: Phenix McHenry-Sindone  
HLG: Winter Beaver  
Honored Elder: Samarrah Gallegos  
Honored Veteran: Gerald Panana, Army  
Host Family: Karen Little Coyote Family  
AD: TBA

~RAFFLES~GIVEAWAYS~SCAVENGER HUNT~  
~CAKE WALK~

Sponsored by the family of Levi Youngbird-Pedro.  
Not responsible for accidents or injuries. No drugs or alcohol.

**7TH/8TH GRADE BASKETBALL TRY-OUTS**

**10 APRIL 2022**

**GIRLS 12:00 p.m.**  
**BOYS 1:00 p.m.**

Must be fully vaccinated and provide COVID vaccination card on the day of try outs. If not vaccinated the player must be present for COVID testing prior to try outs at the RESPECT Gym beginning at 11:00 a.m. for girls and 12:00 p.m. for boys.

There will be NO TRANSPORTATION! For more info Please call Caleb Gilbert (405) 422-7578

**George Hawkins Memorial Treatment Center**  
IS NOW ACCEPTING APPLICATIONS FOR THE NEXT 90-DAY TREATMENT CYCLE OCCURRING  
**APRIL 27, 2022- JULY 26 2022**

**Admission criteria**

- Client information sheet (pg. 3 on app)
- Health examination (pg. 4 on app to be filled out by a physician)
- Release of Information (pg. 5 on app to be filled out by client)
- Copy of CDIB
- Hep A, B, & C readings from lab work
- TB/PPD skin test
- Immunization records
- Current list of medications
- Copy of covid-19 vaccine card
- A recent covid-19 test
- In-person assessment conducted at GHMTC

**All applications will be accepted until April 15th, 2022**

**FOR AN APPLICATION PLEASE CALL THE GEORGE HAWKINS MEMORIAL TREATMENT CENTER BY PHONE**  
**(580)-331-2370 OR (580)-614-1226**

Cheyenne and Arapaho Tribes | Department of Social Services  
Mailing Address: P.O. Box 175, Clinton, Oklahoma 73601

**Cheyenne and Arapaho Housing Authority**  
Established 1969

The Cheyenne & Arapaho Housing Authority is committed to providing affordable, safe, and decent housing, while promoting self-sufficiency through employment, education, and economic stability to income eligible Native American families, with preference given to enrolled Cheyenne and Arapaho Tribal Members.

Housing Authority Applications: **PROGRAMS**

Any time you need a form sent to you, please stop by our office or contact us so that Housing can get the right form sent your way!

Housing forms include:

- Mutual-Help Home Ownership Application
- Annual Update Form (WL)
- BI-Annual Recertification
- Down Payment Assistance Application
- ARPA Application
- Home Ownership Housing Program
- Down Payment Assistance
- Independent Living Center
- Housing Assistance Fund (HAF) (Coming Soon)

**SERVICE AREA**  
The Cheyenne & Arapaho Housing Authority services our reservation boundaries in western Oklahoma.

This includes our counties of:

- Beckham
- Canadian
- Dewey
- Majors
- Washita
- Blaine
- Custer
- Kingfisher
- Roger Mills
- Woodward

**HUD Income Guidelines**

	1 Person	2 Persons	3 Persons	4 Persons	5 Persons	6 Persons	7 Persons	8 Persons
80%	\$44,744	\$51,136	\$57,528	\$63,920	\$69,034	\$74,147	\$79,261	\$84,374
100%	\$55,930	\$63,920	\$71,910	\$79,900	\$86,292	\$92,684	\$99,076	\$105,468

Telephone: 580.331.2400  
Fax: 405.422.8271  
2100 Dog Patch Road  
Clinton, Ok 73601

**D.R.E.A.M.S.**  
CONCHO 405-422-7918  
CANTON 580-886-3533  
CLINTON 580-331-2340  
WATONGA 580-623-7325

**Office of Veterans Affairs**  
CONCHO 405-422-7622

**Vocational Rehabilitation**  
CONCHO 405-422-7617  
CLINTON 580-331-2320  
WATONGA 405-365-2430

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# ATHLETES'S SPOTLIGHT

## Kali Hamilton, Colorado State University Pueblo Women's Tennis Team

Latoya Lonelodge, Staff Reporter

In her fifth year as a senior at Colorado State University (CSU) Pueblo in Pueblo, Colo., Kali Hamilton, 23, has a lot to look forward to in the near future, aside from graduating college.

Hamilton is not only finishing up her college career as a tennis player, but she is on her way to becoming an official citizen of the Cheyenne and Arapaho Tribes, with the new blood quantum criteria allowing her to turn in an application for enrollment.

Standing 5'9, Hamilton plays in the number one lineup for singles and doubles at CSU Pueblo.

In being considered for enrollment with the tribes, Hamilton said she's excited to be enrolled as it will allow many opportunities for her. Prior to meeting the new blood quantum, Hamilton said not being an enrolled tribal citizen, she would miss out on a lot of scholarship opportunities that she would have otherwise been able to get if she were enrolled.

"It's exciting because I always wanted to learn more about it and with my mom telling me a lot of the background on it and with my main grandpa being Gideon

Bison, I've always been excited to become a part of the tribe," Hamilton said.

Born and raised in Grapevine, Texas, Hamilton first started playing tennis at 8 years old, with inspiration from her uncle, who also played tennis.

"I was pretty close to my uncle Chuck at that age, and he was actually the person who got me interested in tennis and was my coach up until high school," Hamilton said.

In pursuing her love for the sport, Hamilton said what she loves most about tennis is that it's an individual sport.

"It's really all about you and if you make mistakes, it's on you, so you really just control your game and I like that there's just so many different options of how you can play tennis," Hamilton said.

With college tennis played year-round, Hamilton practices four days a week in the mornings and does weight training two days a week. Hamilton said since her college is a D2 school and they don't have a conference, they've been playing against D1 schools.

"I've been competing against them pretty well for being a D2 school," Hamil-

ton said.

In setting goals for the season, Hamilton said she has set her goals around matches to either win, or play her best, and get as many games as she could get.

"Tennis really helped me keep a calm mind through many challenges, even in life when I'm being stressed out or have a lot on my plate it's really helped me to stay calm and just focus on what's important and take one step at a time," Hamilton said.

In soaking up every minute of her playing time on the tennis court, Hamilton said she hopes to be remembered as a tennis player who enjoyed playing the game.

"Just making fun out of it rather than being upset by us losing, I would rather just go out there and have fun," Hamilton said.

While in her fifth year as a senior in college, Hamilton said due to the COVID-19 pandemic, she was able to play another year of tennis as she had taken off a year of playing because of the rise of COVID cases.

"I got sent home for like a year, we didn't have the whole season and so I wanted to stay an extra year so I could get my full four years

of playing tennis," Hamilton said.

Looking back on her years in college, Hamilton said juggling schoolwork while playing tennis was hard at first, but then she soon adjusted as she would put aside certain hours of the day specifically for school.

"I'd do that every day throughout the week so I would never get too far behind, and it definitely helps that my practices are in the morning so I get practice out of the way and during the day I can do my homework," Hamilton said.

With Hamilton set to graduate in May 2022 with her bachelor's in psychology, and with a minor in sociology, she said she looks forward to starting a career as a school counselor.

"I'm very excited to go start my career, I'm actually going back to school for my master's. But I'm very excited to graduate and go start a real job," Hamilton said.

Hamilton's parents are Darin Hamilton and LuCinda Hamilton. Her maternal grandparents are Gideon Bison, Clifford Hunter, and Violet Bison-Hunter; and her paternal grandparents are Clyde Hamilton and Pat Hamilton. Hamilton has one sibling, Drake Hamilton.



# THE BIGGEST JACKPOTS ARE CLOSER THAN YOU THINK!

- SUNDAY: 55+ CLUB FOREVER YOUNG 10 AM - 11 PM
- MONDAY: 10 AM - 11 PM MATCH PLAY MONDAY
- TUESDAY: 10 AM - 11 PM FREE THROW TUESDAY
- WEDNESDAY: 10 AM - 11 PM LADIES DAY
- THURSDAY: 10 AM - 11 PM MENS DAY
- FRIDAY: FIVE TIMES FRIDAY
- SATURDAY: CASH MADNESS EVERY SATURDAY 11 PM

# CASH MADNESS

## DRAWINGS EVERY SATURDAY IN MARCH AT 11 PM AT ALL LUCKY STAR LOCATIONS

**CONCHO, CLINTON AND WATONGA:**  
 MARCH 5, ONE NAME WILL BE DRAWN FOR \$2,500 CASH  
 MARCH 12, ONE NAME WILL BE DRAWN FOR \$5,000 CASH  
 MARCH 19, ONE NAME WILL BE DRAWN FOR \$10,000 CASH  
 MARCH 26, ONE NAME WILL BE DRAWN FOR \$20,000 CASH

**CANTON, HAMMON AND CONCHO TRAVEL CENTER:**  
 MARCH 5, ONE NAME WILL BE DRAWN FOR \$1,000 CASH  
 MARCH 12, ONE NAME WILL BE DRAWN FOR \$2,500 CASH  
 MARCH 19, ONE NAME WILL BE DRAWN FOR \$5,000 CASH  
 MARCH 26, ONE NAME WILL BE DRAWN FOR \$10,000 CASH



LuckyStarCasino.org

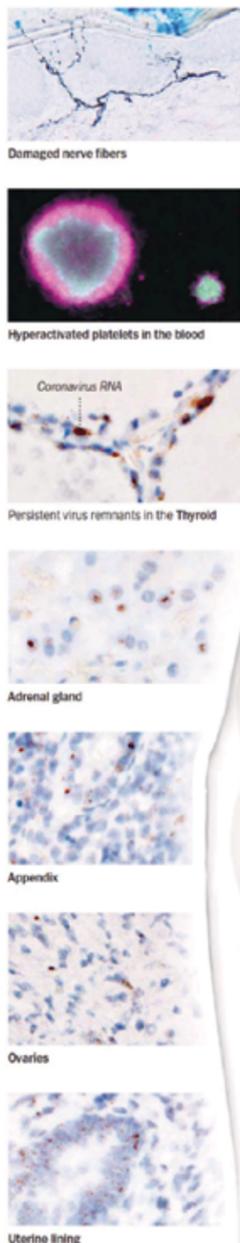


**LONG COVID, DIFFERENT FROM SEVERE COVID, IS A CHRONIC ILLNESS WITH VARYING SYMPTOMS AND MAY NOT BE DIAGNOSED WITH CURRENT LAB TESTS.**

**AN ESTIMATED 10-30% OF PEOPLE INFECTED WITH COVID MAY DEVELOP LONG COVID. HAVING TYPE-2 DIABETES MAY INCREASE THIS CHANCE.**

**IF YOU EXPERIENCE ANY OF THESE SYMPTOMS, CONTACT YOUR HEALTH CARE PROVIDER TO DISCUSS:**

- \* SEVERE FATIGUE
- \* NEW DIFFICULTY EXERCISING
- \* SEVERE NEW SHORTNESS OF BREATH



**Traces of Long Covid**  
Long Covid is a chronic illness with varying symptoms and physical changes that might not be detectable with conventional lab tests. But researchers looking closely at long Covid patients are finding persistent traces of the coronavirus and the toll it takes on the body.

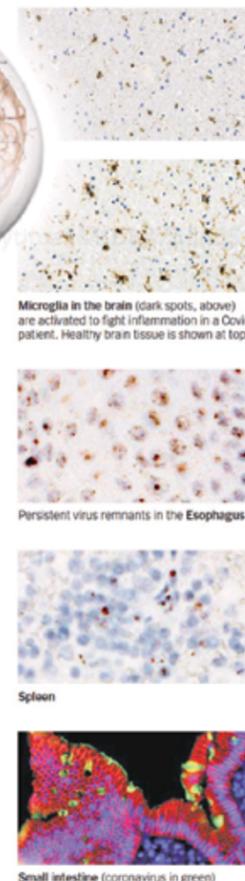
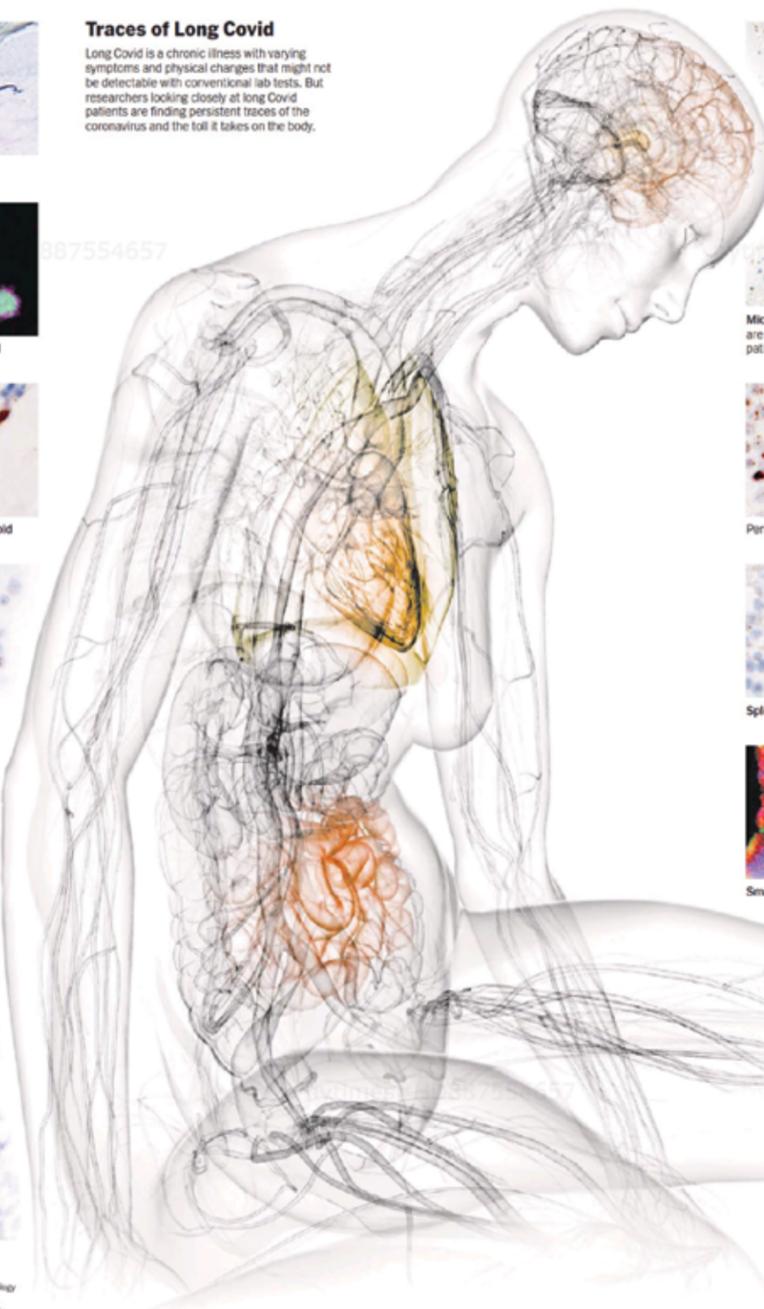


Image sources: Peter Riviak et al., Annals of Neurology (neuro); Elhanan Haber et al., Cardiovascular Diabetology (diab); Anthony Fernandez-Castafeda, Myoung-Hwa Lee et al., bioRxiv (brain); Christian Goshier et al., Nature (spleen); Daniel Chertov et al., Research Square (other tissues)

ILLUSTRATION BY JESSIE BRANDE FOR WASHINGTON POST

**FOR ADDITIONAL RESOURCES VISIT: <https://integratedresearch.org/research/>**

**ACT SAFE**

**GET VACCINATED & GET A BOOSTER**

**INCREASE VENTILATION & FILTRATION INDOORS**

**WEAR A MASK INDOORS**

**AVOID CROWDS ESPECIALLY IF THEY'RE UNVACCINATED**

**GET TESTED IF YOU HAVE SYMPTOMS OR BEEN EXPOSED**

**ISOLATE/QUARANTINE IF YOU HAVE COVID-19 OR BEEN EXPOSED**

**SPEND TIME OUTSIDE PHYSICALLY DISTANCE INDOORS**

**DON'T PANIC BUT REMAIN VIGILANT**

**BOOSTERS**

**WHAT COVID-19 VACCINE BOOSTER SHOULD I GET?<sup>1</sup>**

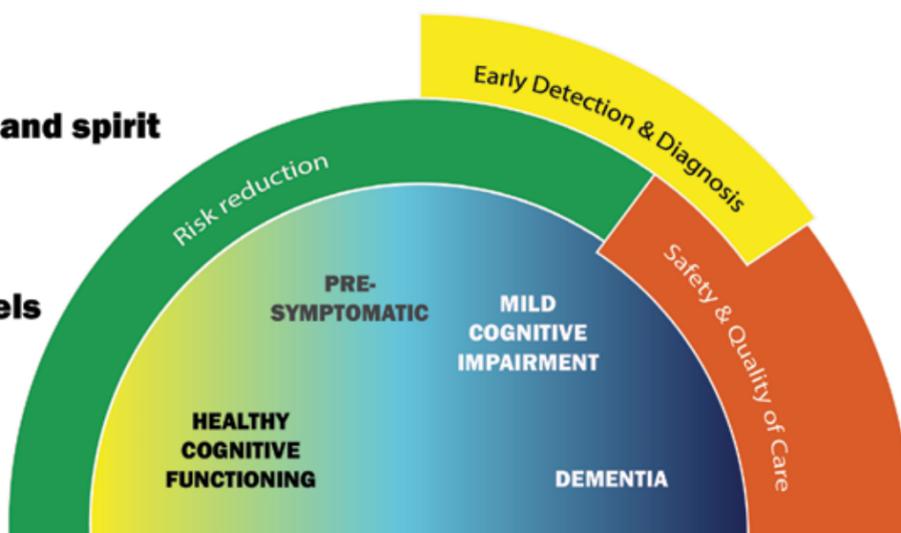
First Vaccine	Pfizer BIONTECH			moderna			janssen   PHARMACEUTICAL COMPANY OF Johnson & Johnson		
# Vaccine Doses	2			2			1		
Booster Options	moderna	Pfizer BIONTECH	janssen   PHARMACEUTICAL COMPANY OF Johnson & Johnson	Pfizer BIONTECH	moderna	janssen   PHARMACEUTICAL COMPANY OF Johnson & Johnson	moderna	Pfizer BIONTECH	janssen   PHARMACEUTICAL COMPANY OF Johnson & Johnson
# Antibodies <i>The higher the better!</i>	17.3 x	14.9 x	6.2 x	9.7 x	7.9 x	4.7 x	56.1 x	32.8 x	4.6 x
Rank <i>1st is the best option.</i>	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd

<sup>1</sup>Reference: "Heterologous SARS-CoV-2 Booster Vaccinations - Preliminary Report" (SARS-CoV-2 Vaccine Booster Trial), Table 2, SARS-CoV-1 IgG Binding and Neutralizing Antibody Assays, Geometric mean fold rise. Copyright © 2021 Rob Swanda, PhD, drswanda.com.

**BRAIN HEALTH**

**HEALTHY BEHAVIORS TO PROTECT AGAINST COGNITIVE DECLINE**

- \* Eat a healthy diet
- \* Exercise the body, mind and spirit
- \* Stay socially engaged
- \* Take care of your heart
- \* Manage blood sugar levels
- \* Limit tobacco
- \* Try to get enough sleep



**LONG COVID & BRAIN HEALTH**

