

Breanne Brett

Curriculum Vitae

- Education
 - California Physical Therapy License: #299584
 - Doctorate of Physical Therapy, California State University, Sacramento, 2020
 - B.S. in Kinesiology, Emphasis: Exercise Science, Sonoma State University, 2017
 - Franklin High School, 2013
- Specialty Certifications:
 - National Strength and Conditioning Association
 - Certified Strength and Conditioning Specialist (CSCS #7248269055)
 - American Red Cross-BLS/AED/CPR
- Professional Memberships
 - American Physical Therapy Association (APTA)
 - California Physical Therapy Association (CPTA)
 - National Strength and Conditioning Association (NSCA)+
- Work History
 - Lost Gatos Orthopedic Sports Therapy (LGOST), Sept 2023 - Present
 - Staff Physical Therapist
 - Rebound Rehabilitation Physical Therapy, Oct 2021 - Aug 2023
 - Staff Physical Therapist
 - Burger Physical Therapy, Dec 2020 - Oct 2021
 - Staff Physical Therapist
 - Healing Arts Physical Therapy, Apr 2020 - June 2020
 - Physical Therapy Student Intern
 - Park View Post-Acute Rehabilitation Center, Jan 2020 - Mar 2020
 - Physical Therapy Student Intern
 - Orland Physical Therapy May 2019 – Aug 2019
 - Physical Therapy Student Intern
- Publications/Research Posters
 - Outpatient Physical Therapy for a Patient with Knee Plica Syndrome, 2020
 - <https://scholars.csus.edu/esploro/outputs/doctoral/Outpatient-physical-therapy-for-a-patient/99257830881901671>
 - Use of Clinical Questioning for Diagnosis and Management of a Patient with an Unfamiliar Diagnosis by a Physical Therapy Student in a Pro Bono Direct Access Setting, Research Poster 2019

- Continuing Education Coursework

Date	Course	Contact Hours
2019	APTA Combined Sections Meeting	-
2019	CPTA Tri-State Conference	-
2020	Rocktape: Rockblades	6
2020	Rocktape: FMT Mobility Specialist	6
2020	Is it Really Back Pain? A Case-based Approach to Differential Diagnosis and Medical Screening (APTA)	2
2020	Movement System Musculoskeletal Diagnoses of Lumbar Spine and Shoulder (APTA)	2
2021	APTA Combined Sections Meeting (Virtual)	13
2021	Current Concepts in Knee Rehabilitation (Medbridge)	2
2022	RunSafe: Stride Mechanics and Running Overuse Injuries	2
2022	Evaluating and Treating Concussions in the Adolescent Athlete (Medbridge)	1
2022	Kime Physical Therapy: Hands on Strategies for Manual Therapy	8
2022	Evidence-Based Examination of the Hip: An Update (Medbridge)	1.5
2023	Rocktape: FMT Basic Taping	6
2023	Ethics for Physical and Occupational Therapy Professionals (2023) (Medbridge)	2
2023	Athletic Low Back Pain: Secrets for Effective Management and Treatment (Medbridge)	1.5
2023	Proprioception Neuromuscular Facilitation: Patterns and Techniques for Orthopedic Rehabilitation	7
2023	The Athlete Movement System: Spine (Medbridge)	3.25
2023	The Athlete Movement System: Upper Quarter (Medbridge)	3.5

2023	The Movement System: Advanced Running Assessment and Treatment (Medbridge)	2.25
2023	The Athlete Movement System: Speed, Power, and Agility (Medbridge)	1.25
2023	The Athlete Movement System: Lower Quarter (Medbridge)	3.25
2023	Hip and Knee: Complex Understanding for Simple Solutions	15

- Personal
 - Hobbies: Running, golf, snowboarding, softball, basketball, soccer, hiking, watching sports, attending plays, Indianapolis Colts football fan