

Joshua V. Kingrey

CURRICULUM VITAE

- **Education:**

- California Physical Therapy License #297234
- Orthopedic Resident at Los Gatos Orthopedic Sports Therapy, 2021-2022
- Doctorate of Physical Therapy, Samuel Merritt University, 2019
- B.S. in Kinesiology with Pre-Professional emphasis, San Jose State University, 2014
- Piedmont Hills High School, 2009

- **Specialty Certifications:**

- National Strength and Conditioning Association
 - Certified Strength and Conditioning Specialist (CSCS #7248431816)

- **Professional Memberships:**

- American Physical Therapy Association (APTA)
- American Heart Association - BLS CPR/AED
- National Strength and Conditioning Association (NSCA)

- **Work history**

- Los Gatos Orthopedic Sports Therapy (LGOST), Jul 2020 – present
 - Staff Physical Therapist
 - Orthopedic Resident (Jul 2021 – July 2022)
- California Luna Care Physical Therapy, Jan 2020 – present
 - Staff Home Health Physical Therapist
- Home Health Compass LLC, Jun 2020 - present
 - Staff Home Health Physical Therapist
- Kiser Home Health Staff LLC, Dec 2019 – present
 - Staff Home Health Physical Therapist
- OPTM Sports & Physical Therapy, Aug 2019 – Mar 2020
 - Staff Physical Therapist

- **Professional Contributions**

- Associate editor: Henahan M, Carl R, Fulmer C, Ghuman M. Best Practices in Sports Medicine: AMSSM and AOASM Case Studies. 2nd Edition. Healthy Learning. 2022.
- O'Connor Hospital Family Practice Sports Medicine Fellowship Program
 - Journal club presentations, Feb 2022 & June 2022

- **Continuing Education Coursework:**

Date	Course	Contact Hours
2019	American Heart Association – BLS CPR/AED	-

2020	Orthopedic and Sports Related Shoulder and Elbow Injuries: An Evidence-Based Course Focusing on Examination and Treatment by Robert Manske, PT, DPT, MEd, SCS, ATC, CSCS	14.5
2020	Virtual Sports Medicine Conferences Episode 10: Spine Injuries in Sports by Stan Conte	2.0
2021	Ethics for Physical and Occupational Therapy Professionals - Medbridge	2.0
2021	Pelvic Girdle: The Crossroads of Human Function by Richard Jackson, PT, OCS	-
2021	Pre-Participation Evaluation: Medical and Musculoskeletal - Medbridge	2.25
2021	Concussion in Sport: Practical Case Studies - Medbridge	1.0
2021	Cervico-Thoracic Spine Management - Medbridge	2.0
2021	Management of Cervicogenic Headache - Medbridge	1.5
2021	Clinical Concepts in Knee Rehabilitation by Don Torrey, PT	12.5
2022	The Hip: Assessment of Hip Injuries in Athletes - Medbridge	2.0
2022	Management and Treatment of Hip Injuries Part A & B - Medbridge	3.0
2022	Combined Sections Meeting of the American Physical Therapy Association	18.0
2022	SMT-1: High-Velocity Low-Amplitude Thrust Manipulation of Cervical, Thoracic, Lumbar, & SI Joint by James Dunning, PhD, DPT	15.0
2022	Scapular Rehab: Science and Skills: An Evidence-based Approach by Mark Albert, M.Ed., PT, A.T., LAT	8.0
2022	NAIOMT C-511 Lumbopelvic Spine I by Jessica Smith-Blockley, PT, DPT, OCS, COMT, FAAOMPT	21.0
2022	PNF: Patterns and Techniques for Orthopedic Rehabilitation by Matthew Miller, PT, DPT, SCS, CSCS, SCCC, IPNFA	7.0

2022	NAIOMT C-516 Cervical Spine I by Steve Allen, PT, MS, OCS, FAAOMPT	21.0
2022	Performance Enhancement in Sports Rehabilitation by Dan Lorenz, DPT, PT, ATC, CSCS	8.0
2022	Unleash the Power Within Virtual by Tony Robbins (self development)	
2022	ICF Clinical Practice Guidelines Update: Lateral Ankle Sprains - Medbridge	1.5
2022	ICF Best Practice Recommendations: Lateral Ankle Sprain Interventions - Medbridge	1.5
2022	ICF Clinical Practice Guidelines: Heel Pain and Plantar Fasciitis - Medbridge	1.5
2022	ICF Best Practice Recommendations: Heel Pain and Plantar Fasciitis - Medbridge	1.0
2022	Utilizing ICF Guidelines and Treatment-Based Classifications - Medbridge	1.0
2022	Foot and Ankle Mechanics - Medbridge	2.0
2022	Orthopedic Case Studies of the Foot and Ankle - Medbridge	1.0
2022	An Introduction to Osteoarthritis - Medbridge	1.5
2022	Upper Extremity Osteoarthritis - Medbridge	1.5
2022	Hip Osteoarthritis - Medbridge	1.5
2022	Evidence and Interview of the Patient with Osteoarthritis of the Knee - Medbridge	2.0
2022	Examination of the Patient with Knee Osteoarthritis - Medbridge	1.0
2022	Treatment of the Patient with Knee Osteoarthritis - Medbridge	2.5
2022	Clinically Relevant Meniscus Pathology: Evaluation and Treatment - Medbridge	2.0

2022	Differential Diagnosis and Conservative Management of Lateral Knee Pain - Medbridge	2.0
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- **Volunteer:**

Date	Course
2021	West Valley College Preparticipation Examinations
2021	Gunderson Preparticipation Examinations
2021	San Jose State University Football Medical Observer (8/28, 10/2, 10/22, 11/13)
2021	High School Football Medical Observer (Santa Clara HS vs. Wilcox)
2021	San Jose State University Men's Soccer Medical Observer (10/1)
2021	San Jose State University Women's Soccer Medical Observer (10/3)
2021	San Jose State University Women's Indoor Volleyball Medical Observer (10/23)
2021/ 2022	San Jose State University Men's Basketball Medical Observer (11/11, 3/4)
2021/ 2022	San Jose State University Women's Basketball Medical Observer (11/17, 2/25)
2022	San Jose State University Women's Gymnastic Medical Observer (2/11, 2/27)
2022	Santa Clara Aquamaids Medical Observer (5/15)
2022	San Jose State University Football Supervisor Medical Observer (9/2, 10/7)
2022	San Jose State University Women's Soccer Medical Observer (10/3)
2022	San Jose State University Men's Soccer Medical Observer (10/3)

- **Personal**

- Hobbies: weightlifting, hiking, eating, snowboarding, watching sports