

Dexter Vu

CURRICULUM VITAE

- **Education:**
 - California Physical Therapy License #295803
 - Doctorate of. Physical Therapy, Chapman University, 2018
 - B.S. in Neurobiology, Physiology, and Behavior, University of California, Davis, 2015
 - Newark Memorial High School Graduate, 2010

- **Specialty Certifications**
 - Certified Strength and Conditioning Specialist (#7248249362)

- **Professional Memberships:**
 - National Strength and Conditioning Association
 - Active member (NSCA ID: 001068979)

Continuing Education Coursework:

<u>DATE</u>	<u>SEMINAR/COURSE TITLE</u>	<u>Contact Hours</u>
<u>2017</u>	American Heart Association - BLS CPR/AED	-
<u>2019</u>		
1/6	Advanced Rehab for the Baseball Pitcher to Improve ROM & Strength	2
3/10	Clinical Concepts in Shoulder Rehabilitation	13
3/31	Foundations of Evaluation and Intervention for the Ankle Foot Complex	16
4/2	Sports & the Pediatric Knee Part 1: Injuries & Surgical Interventions	2
4/19	Certified Strength and Conditioning Specialist Exam - Passed	
6/1	Return to Running After Injury - Interventions for Running Readiness and Gait Training	7.5
8/3	ACL Study Day	6
8/16-18	Bay Area Orthopedic PT Seminar Series Module 1: Low Back, Pelvic Girdle and Hip	21
9/7	Personalized Blood Flow Restriction	8.5
<u>2020</u>		
7/11	LEAP: Plyometrics and Return to Sport Considerations	9
10/24	Red Cross - BLS CPR/AED	4
10/24	Ethics for Physical and Occupational Therapy Professionals	2
11/14-15	Orthopedic and Sports Related Shoulder and Elbow Injuries: An	
14.5		
	Evidence-Based Course Focusing on Examination and Treatment	
12/30	Strength and Conditioning in Sports	3

- **Hobbies:**
 - San Francisco Giants/49ers games/fan, Stanford Football games/fan, Badminton, Weightlifting, San Antonio Spurs fan, hiking