

SEATED LEG PRESS
JPL-507

◆ A large seat and footplate are provided for better range and stability. The advanced design reduces spinal compression while allowing full range of motion in the movement. The Jerai Fitness Seated Leg Press provides weight stack up to 400 lbs.

◆ **DIMENSION:**
Length : 85 inches / 216 cms
Width : 44 inches / 112 cms
Height : 74 inches / 188 cms
Weight Stack : 400lbs / 180kg

◆ **MUSCLE WORKED:**
Quadriceps
Hamstrings
Glutes

