

ISOLATERAL ROW

JPL-141

◆ Dual position handles for increased size adaptability and variation in muscle isolation. Multiple-position handgrips provide close/wide range workout. An rack in pinion adjustable seat and torso support is provided for effective and comfortable workout.

◆ **DIMENSION:**  
Length : 70 inches / 178 cms  
Width : 60 inches / 152 cms  
Height : 55 inches / 140 cms

◆ **MUSCLE WORKED:**  
Erector Spine, Trapezius,  
Latissimus Dorsi,  
Rear Deltoids & Biceps

