

# **COVID-19: CORONAVIRUS** PREVENTION FOR CARE PROVIDERS

### **SYMPTOMS**







Coughing

**Breathing difficulties** 

Service users with a compromised immune system are more susceptible to the coronavirus, including older people, those with diabetes, cancer and chronic lung disease.

COVID-19 spreads in close contact (2 meters) and the risk increases with prolonged contact

The virus will only survive on infected surfaces for 72 hours

### **PREVENTION**



Wash your hands with soap and water, or use sanitiser with 60% alcohol



Don't touch your eyes, nose, and mouth with unwashed hands



Cover your cough or sneeze with a tissue. then throw the tissue in a bin



Face masks don't protect from the virus, but must be used if infection is suspected

You should not attend work if you have returned from any of the following high-risk areas in the past 14 days:



China Wuhan city and Hubei Province

All areas Iran

South Korea Daegu or Cheongdo

Italy Bertonico, Casalpusterlengo, Castelgerundo, Castiglione d'Adda, Codogno, Fombio,

Maleo, San Fiorano, Somaglia, Terranova dei Passerini, Vò

**Call 111** from your personal mobile \*Or 999 for emergencies

Keep a 2m distance from other people

**Avoid touching** people, surfaces and objects

tissue when coughing or sneezing \*Or use the crook of your elbow

Cover your mouth and nose with a

Contain used tissues in a bag before disposing of them in the bin

**Use a separate bathroom** while waiting for medical assistance

### **CLEANING AFTER** AN INFECTION







Clean surfaces visibly contaminated with bodily fluids, as well as toilets, door handles and **phones.** Hallways don't need disinfection







Bag waste from the infected individual **twice**, and **store** it

**Store laundry** from the site of a possible case separately

## **HOW TO LOG A SUSPECTED INCIDENT WITH Log my Care**













www.LogmyCare.co.uk



**Open the Carer App** 

Report an incident

Flag it as an illness

Add details

Log my Care has the option to flag incidents. When you flag an incident as an illness and list it as coronavirus, a care manager will receive it instantly.