How to Write a STAR Story



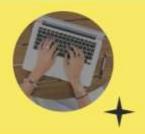


SITUATION

What was going on that caused you to take action?



Where were you?



TASK



What were you working on? What was assigned to you?



ACTION

What did you do?

Try to apply this to an action required in the job description.



RESULT

What changed and how did it benefit the company based on your action?

Quantifiable changes are the best.





'SKILLS



What skills did you apply while taking the Action you did?

Make sure they are on the job description.