Traditions Week 1: VIRTUAL
❖ June 27-July 1, 2022 ❖
List of Classes and Events by Category

**GENERAL KNOWLEDGE**
- Reading Music Made Easier—N. Seligmann
- Understanding the Fretboard—C. James

**DISTINCTIVE LECTURES**
- Art Appreciation: A Moment in Time—E. Elmes
- Celtic Tunes—B. Troxler
- Hidden Bias—M. Nilsson
- Samaritans at the Border—R. Mayer & S. Wallin
- Science of Narrative: Why Storytelling is Important to Public Health—D. Fakunle
- Stories of the Civil Rights Movement—C. Collyer & P. Zappardino
- Voices of Baltimore Rising—G. Barr

**LITERARY & PERFORMANCE ARTS, FILM**
- Finding Common Ground through Cinema—M. Faulkner
- Life Writing—B. Morrison
- Mysteries of Creative Writing—B. Morrison
- Science of Narrative: Why Storytelling is Important to Public Health—D. Fakunle

**INSTRUMENTAL CLASSES**

**Ukulele**
- Beginning Ukulele—A. Ferebee
- Ukulele II—C. James

**Dulcimers**
- Hammered Dulcimer International!—K. Ashbrook

**Piano**
- Beginning Piano: Blues, Rock and Folk—J. Palidofsky

**BAND WORKSHOPS & JAMS**
- Celtic Tunes—B. Troxler

**SINGING, SONGWRITING**
- Co-Writing a Song of Love w David Roth
- Open Mic with David Roth
- Performing Your Favorite Songs—R. MacDonald
- Songwriting with Rod MacDonald

**PERCUSSION**
- Bodhran for Beginners—B. Troxler

**SOUND & RECORDING**
- Garageband 101
- Your Computer Is An Instrument
- Intro to Jewelry & Metalsmithing
- Beginning or Refresher Knitting
- Seat Weaving with Shaker Tape—K. Taylor

**DANCE & MOVEMENT**
- Celtic Dance: A Ceili!—M. Searle
- Kundalini Yoga and Meditation—J. Marion
- Morning Yoga—A. Byle
- Southern Appalachian Clogging & Flatfooting—M. Searle
- Yoga with AJ Blye

**GENRES**

**Blues**
- Finger Picking Blues and Ragtime Guitar w Mary Flower
- Guitar Gems with Mary Flower
- Beginning Piano: Blues, Rock and Folk—J. Palidofsky

**Celtic**
- Bodhran for Beginners—B. Troxler
- Celtic Dance: A Ceili!—M. Searle
- Celtic Fingerstyle Guitar—R. Bullock
- Celtic Tunes—B. Troxler
- Irish Fiddle—S. Tomkins
- Irish Mandolin—E. Martin
- Southern Appalachian Clogging & Flatfooting—M. Searle

**OLD-TIME**
- Old-Time 5-String Banjo—L. Martin

**HUMAN ARTS**
- Acupressure & Self Care—G. Padrick
- Braided—C. Miller
- Magic—D. Thomen
- Magic: Advanced Class—D. Thomen
- Malagasy Cooking—K. Zavando
- Soothing Our Stress—J. Marion
- Wine Appreciation—A. Ganguemma

**VISUAL ARTS**

**2-Dimensional Arts**
- A Week of Photo Challenges—A. Lane
- Art Appreciation: A Moment in Time—E. Elmes
- Art Nouveau Illustration—B. Little Bear
- Colored Pencils and More—K. Wailers
- Life Drawing—K. Ecker
- Painting w Pastels—J. Hampshire
- Plein Air Painting—P. Brodowski

**3-Dimensional Arts**
- Functional and Fun Pottery—N. Diem
- Polymer Clay Journals—L. Kandiner
- Seat Weaving with Shaker Tape—K. Taylor

**Fiber and Wearable Arts**
- Beginning Needle Felting—G. Mathues
- Beginning or Refresher Knitting—N. McKenzie
- Braided—C. Miller
- Intro to Jewelry & Metalsmithing—G. Copanzzi
- Necklace of Beaded Beads—J. Bast

**Traditional and Native Skills**
- Contemporary Native American Philosophy and Religion in the Southeast
- Cooking Over Coals
- Knapping Tough Rock with Wood Billets
- Native American Tribal Arts
- Traditional Blacksmithing

**EVENING EVENTS**
- Art Exhibit & Lectures: 6:30 - 7:30 PM
- Monday Keynote Lecture: 8:00 PM
- Concerts: 8:00 PM
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<th>1&lt;sup&gt;st&lt;/sup&gt; Period</th>
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<td><strong>9:00—10:15 AM</strong></td>
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<td><strong>2:30—3:45 PM</strong></td>
<td><strong>4:00—5:30 PM</strong></td>
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Science of Narrative—D. Fakunle  
Beginning Guitar—A. Ferebee  
Celtic Fingerstyle Guitar—R. Bullock  
Chord Basics 1.0—W. Fugate  
Co-Writing a Song of Love w David Roth  
**Hammered Dulcimer International**—K. Ashbrook  
Healthy Fiddling—B. Anna  
Your Computer Is An Instrument—N. Seligmann  
Morning Yoga—AJ Blye  
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Plein Air Painting—P. Brodowski  
Seat Weaving w Shaker Tape—K. Taylor  
**Art Appreciation: A Moment in Time**—E. Elmes  
Nonviolence: Now Wasn't That Creative?—Collyer/Zappardino  
Voices of Baltimore Rising—G. Barr  
Altered Tunings for Guitar—R. Bullock  
Beyond Beginning Ukulele—C. James  
Irish Fiddle—S. Tomkins  
Performing Your Favorite Songs—R. MacDonald  
Scales Bootcamp for Mandolin—W. Fugate  
Southern Appalachian Clogging & Flatfootsing—M. Searle  
Yoga with AJ Blye  
Magic—D. Thomen  
Finding Common Ground through Cinema—M. Faulkner  
Hidden Bias—M. Nilsson  
Medieval Perspectives on Modern Crises—N. Seligmann  
Music & Healing—K. Ashbrook/J. Palidofsky  
**Bodhran for Beginners**—B. Troxler  
Beginning Fiddle—B. Anna  
Beginning Ukulele—A. Ferebee  
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**Garageband**—P. Spiess  
**Acupressure & Self Care**—G. Padrick  
**Soothing Our Stress**—J. Marion  
Search for Common Ground—W. Michael  
**Braided**—C. Miller  
**Celtic Dance: A Ceili!**—M. Searle  
**Wine Appreciation**—A. Gangemella  
**NOTE:** Bolded classes are 2-periods and continue into the NEXT period