

The Artist As Artwork

Program Detailed Description

The Artist as Artwork workshops look at different practices within autobiographical art and their relationship to memory, identity, and resilience. In these part-talk part-exercise sessions, you will take a close look at the impulses that drive autobiographical works of art and the intentions behind them. By looking at the process of different autobiographical artists and relating their work to: RECREATING PERSONAL NARRATIVES, EXORCISING FAMILY WOUNDS, and RECLAIMING COLLECTIVE HISTORIES, we will uncover the value of this art practice in transforming one's narrative from TRAUMA to RESILIENCE. We will explore key concepts that will be directly put into practice through guided exercises. We will learn from these artists how to uncover hidden memories, how to own them, and transform them into seeds for creativity.

These will be short briefs to conceptualize ideas inspired by the information above. The content is personal in nature hence you will be free to share or not share the work you create during sessions.

Trigger warnings:

- * The nature of the material shared presents many triggers. Some artworks shown will deal with rape, incest, sibling or parent death, displacement, war, colonization, or slavery
- * Clinical Counsellor Brett Richardson (RCC, CCC, RCT) will be present as a capacity facilitator to support you if you feel triggered at any point during the sessions
- * You can ask Ghinwa to pause the presentation at any point
- * You are free to leave, walk, jump, lie down, or do whatever you need in the moment to honor your body's needs
- * The sessions will involve movement exercises to help everyone find safety in their body and get back to a centered place

How much does it cost? Participation is free!

What do I get out of the program?

You will get free gear rental to produce your work, a chance to exhibit your work at VIVO Media Arts, a yearly membership at VIVO Media Arts, and an honorarium to be received after participation in the group exhibition.

Who can register?

Emerging and mid-career artists with an interdisciplinary or media-based practice residing in BC. Priority will be given to equity-seeking participants.

How do I sign up?

If you want to register visit

www.vivomediaarts.com/programming/the-artist-as-artwork. For questions, contact Mandana Mansouri at programming@vivomediaarts.com. Applications close on May 8, 2022 at 12:00 PM. Selected participants will be notified by May 20, 2022. Seats will be limited.

What do I need to participate?

You will need to attend the three in-person workshops at VIVO Media Arts. Participants need to attend all the workshops to be able to take part in the exhibition.

When are the workshops?

The workshops will take place on the following Wednesdays from 6 to 8:30 PM: June 1, June 15, and June 29, 2022.

Is VIVO Media Arts an accessible venue?

VIVO is located in a warehouse space on Kaslo Street south of East Broadway at the end of E 10th. Transit line 9 stops at Kaslo Street on Broadway. The closest skytrain station is Renfrew Station, three blocks south-east of VIVO. There is parking available at VIVO, including wheelchair access parking. There is a bike rack at the entrance. The front entrance leads indoors to a set of 10 stairs to the lobby. A wheelchair ramp is located at the west side of the main entrance and there are two all-gender washrooms.

For more information or access requests please contact Genki Ferguson, Operations Manager: info@vivomediaarts.com or 604-872-8337 ext 1.