



Patient and care activation

Chronic conditions account for 90% of all US healthcare spending. At the same time, 47% of physicians report feeling burnt out, and there is an estimated shortage of 3.2 million healthcare workers predicted by 2026. Access to quality care is harder to find due to health provider shortages, particularly for the 65 million Americans living HPSAs. Lark's AI-based patient engagement and chronic disease prevention and management platform provides the 24/7 access to member support and care.



Continuity of care

With solutions for both engagement and chronic conditions, Lark can improve continuity of care in between office visits, and also reduce impact on your staff.



Optimize clinical resources

Lark acts as a first line of defense - interacting with patients and escalating only those who need live care to your support team.



Boost patient satisfaction

Lark puts patients in the driver's seat of their care by adapting to their habits, tailoring preventative care reminders, and surfacing insights at the right time to achieve their goals.



Actionable insights

Lark facilitates a robust understanding of the patient —with summary and patient level reports, and near real-time alerts of out-of-range readings, etc.



Reach your patients no matter where they live or how fast your population grows

30.5 million

The number of Americans Lark is contracted to help treat

Over 30.8%

of Lark users live in a Health Professional Shortage Area

Only 7.6%

of Lark DPP users have access to an in-person DPP in their zip code

Programs for diverse populations



Prevention & Engagement

Prevent future chronic diseases through weight management, behavioral health coaching, tobacco cessation, and more.

41%

Achieve at least 3% weight loss at nine months



Diabetes Prevention

Stop or delay progression from prediabetes to diabetes. Fully recognized by the CDC.

5.0%

Average weight loss at 12 months



Diabetes Care

Help diabetic members make key behavioral changes for weight loss and A1c reduction.

1.1%

A1C reduction over six months



Hypertension Care

Improve blood pressure control to help hypertensive members best manage their condition.

9.5

mmHg Decrease at 6 months for those with BP \geq 130



Heart Health

Prevent and manage cardiovascular disease (CVD) through nutrition, weight management, and more.

NEW!

Piloting with real members in 2022

For breakfast I had:
two eggs,
half avocado, toast

You're on track to earn 6 green badges today!

Nov 18, 2021

6

Day Report

You've logged one meal so far
On track for 6 green badges



[Read more](#)

Try to get more veggies and whole grains to earn more green badges.

Sounds good

Multi-channel Care Activation

Lark leverages AI and a familiar text-message-like user experience to engage patients where they are and when they want.

Patient 360 View:

Go beyond EMR data and gain access to holistic patient data. Lark has over one-billion patient data points from various sources including screeners like the following:

Cancel

Over the LAST 2 WEEKS, how often have you been bothered by the following problem? Little interest or pleasure in doing things.

3 - Very often

2

1

0 - Never

Over the LAST 2 WEEKS, how often have you been bothered by the following problem? Feeling down, depressed, or hopeless.

3 - Very often

2

1

0 - Never

Done

Coach

No problem is too small!

On

If the situation feels urgent or life threatening, please call 911 now for help.

Otherwise, if you'd like info or referrals,

You can call your primary care provider.

Or tap below to call the National Helpline.

Call 1-800-662-4357

Cancel

Cancel

(14) Do you ever forget to take your diabetes management medicines or insulin?

Yes

No

(24) Are you careless at times about taking your diabetes management medicines or insulin?

Yes

No

(34) When you feel better, do you sometimes stop taking your diabetes management medicines or insulin?

Yes

No

(44) When you feel worse, do you sometimes stop taking your diabetes management medicines or insulin?

Yes

No

Done

Coach

If you don't understand why you've been prescribed a certain medication,

Call your care provider to talk about why it's important for your health.

Got it

Your care provider is a great resource for anything related to medication.

Want to give them a call now?

Okay sure Not now

Info Data Coach Settings