

5 DAY FEARLESS CHALLENGE

DAY #5: ASK FOR SOMETHING THAT SCARES YOU!

FEAR is the one thing that stops us from getting the things we want out of our businesses, and our lives. One simple thing often stands in our way. The fear of REJECTION. Asking for something where the person being asked might say no. Normally a positive outcome will far outweigh not doing anything. I bet there is one thing or one person that would make this year an awesome year, so go and ask that person for their help.

Step #1: What is it that you are going to be asking?

Step #2: What do you feel would be the worst outcome?

Step #3: What do you feel would be a good outcome?

Step #4: NOW GO AND ASK FOR IT, FEARLESSLY!!!

