

Bib	Full name	Category	Run1	T1	Cycle	T2	Run2	Overall	Overall
finished									
104	Anthony Obrien	30 - 34 years Male	00:16:12	00:00:31	00:32:02	00:00:35	00:08:16	00:57:38	1
91	Stephen Donnelly	35 - 39 years Male	00:17:04	00:00:32	00:32:37	00:00:33	00:08:39	00:59:27	2
52	Enda Bagnall	45 - 49 years Male	00:16:45	00:00:31	00:33:14	00:00:34	00:08:24	00:59:31	3
42	James Graham	35 - 39 years Male	00:16:57	00:00:28	00:33:03	00:00:37	00:08:37	00:59:43	4
81	Craig Harrison	40 - 44 years Male	00:16:57	00:00:32	00:33:15	00:00:31	00:08:47	01:00:04	5
99	Michael Scully	35 - 39 years Male	00:17:20	00:00:47	00:32:55	00:00:36	00:08:44	01:00:24	6
78	Jack Kennedy	20 - 24 years Male	00:17:07	00:00:32	00:33:35	00:00:38	00:08:48	01:00:42	7
37	Eoin Nagle	25 - 29 years Male	00:17:05	00:00:38	00:34:49	00:00:33	00:08:38	01:01:44	8
94	Mariusz Krawczyk	35 - 39 years Male	00:18:16	00:00:38	00:33:43	00:00:38	00:08:40	01:01:57	9
82	Eoin Bailey	40 - 44 years Male	00:17:52	00:00:40	00:33:44	00:00:31	00:09:11	01:02:00	10
100	Finn Buck	18-19 Male	00:17:14	00:00:36	00:35:02	00:00:31	00:08:40	01:02:04	11
86	Edwin Sutton	40 - 44 years Male	00:17:45	00:00:34	00:34:25	00:00:35	00:08:45	01:02:06	12
65	Conor Maguire	25 - 29 years Male	00:17:38	00:00:41	00:34:31	00:00:32	00:08:43	01:02:07	13
69	Aubrey Storey	45 - 49 years Male	00:16:55	00:00:43	00:35:19	00:00:35	00:08:39	01:02:12	14
55	Fergus Meade	40 - 44 years Male	00:17:43	00:00:40	00:34:23	00:00:35	00:08:52	01:02:15	15
53	Justin Bloomer	25 - 29 years Male	00:17:49	00:00:47	00:34:14	00:00:34	00:08:57	01:02:23	16
87	Bernard Keane	45 - 49 years Male	00:17:56	00:00:41	00:34:08	00:00:28	00:09:12	01:02:27	17
60	Matthew Boyle	25 - 29 years Male	00:18:15	00:00:38	00:33:43	00:00:38	00:09:20	01:02:36	18
41	John Jackson	35 - 39 years Male	00:17:39	00:00:42	00:34:58	00:00:34	00:08:50	01:02:45	19
106	Aleksander Lanecki	20 - 24 years Male	00:17:56	00:00:38	00:34:18	00:00:38	00:09:15	01:02:47	20
63	Ciaran Costello	30 - 34 years Male	00:16:55	00:00:46	00:35:51	00:00:39	00:08:39	01:02:51	21
49	Adriele Prina-mello	50 - 54 years Male	00:17:56	00:00:39	00:35:29	00:00:35	00:09:12	01:03:53	22
92	Andy Grehan	30 - 34 years Male	00:18:35	00:00:37	00:34:54	00:00:37	00:09:12	01:03:56	23
64	Patrick Quinn	40 - 44 years Male	00:18:12	00:00:35	00:35:18	00:00:36	00:09:20	01:04:04	24
85	Conor Fitzpatrick	30 - 34 years Male	00:17:30	00:01:00	00:36:20	00:00:48	00:08:27	01:04:07	25
51	Alan Maher	35 - 39 years Male	00:18:10	00:00:53	00:35:46	00:00:40	00:08:49	01:04:19	26
40	Derek Brady	40 - 44 years Male	00:19:05	00:00:50	00:34:42	00:00:50	00:09:09	01:04:38	27
107	Fabian Mangan	20 - 24 years Male	00:18:05	00:00:35	00:35:47	00:00:50	00:09:20	01:04:40	28
54	Daire Nulty	30 - 34 years Male	00:18:14	00:00:38	00:36:11	00:00:42	00:09:02	01:04:49	29
70	Shane Mccarthy	35 - 39 years Male	00:17:25	00:00:58	00:36:35	00:00:53	00:09:00	01:04:52	30
90	Michael Lynch	30 - 34 years Male	00:17:37	00:00:47	00:36:53	00:00:37	00:09:13	01:05:09	31
62	Alex Sargent	18-19 Male	00:19:05	00:00:35	00:35:26	00:00:33	00:09:43	01:05:23	32
48	William Byrne	50 - 54 years Male	00:19:05	00:00:29	00:35:33	00:00:32	00:09:43	01:05:24	33
80	Ian Roche	40 - 44 years Male	00:18:47	00:00:48	00:35:35	00:00:45	00:09:29	01:05:26	34

Bib	Full name	Category	Run1	T1	Cycle	T2	Run2	Overall	Overall
61	Isaac Mccollum	20 - 24 years Male	00:17:37	00:00:40	00:37:59	00:00:40	00:08:32	01:05:29	35
1	Ciara Wilson	30 - 34 years Female	00:18:10	00:00:40	00:37:07	00:00:30	00:09:05	01:05:34	1
45	Harry Mcdermott	55 - 59 years Male	00:19:03	00:01:01	00:35:47	00:00:44	00:09:11	01:05:48	36
186	Eoin Farrell	30 - 34 years Male	00:21:18	00:00:47	00:33:25	00:00:44	00:09:44	01:05:59	37
32	Emma O'brien	20 - 24 years Female	00:18:14	00:00:35	00:37:03	00:00:48	00:09:25	01:06:06	2
84	Peter Mc Conville	55 - 59 years Male	00:19:54	00:00:37	00:35:08	00:00:44	00:09:59	01:06:24	38
203	Kieran Mc Glynn	50 - 54 years Male	00:19:33	00:01:00	00:34:55	00:00:48	00:10:14	01:06:32	39
83	Kilian Dooley	50 - 54 years Male	00:19:51	00:00:40	00:35:08	00:00:39	00:10:20	01:06:40	40
57	Kieran Corcoran	40 - 44 years Male	00:18:19	00:00:58	00:37:26	00:01:01	00:09:00	01:06:45	41
142	Toby Bedell	50 - 54 years Male	00:20:40	00:00:33	00:34:56	00:00:38	00:10:05	01:06:54	42
144	Daragh Crowley	50 - 54 years Male	00:20:23	00:00:50	00:35:02	00:00:48	00:09:50	01:06:55	43
38	Christopher Bryan	45 - 49 years Male	00:18:13	00:00:54	00:37:38	00:00:49	00:09:32	01:07:07	44
165	Brendan Connor	55 - 59 years Male	00:20:58	00:00:56	00:34:23	00:00:51	00:10:03	01:07:13	45
209	Gary Crossan	50 - 54 years Male	00:19:57	00:00:40	00:36:27	00:00:32	00:09:48	01:07:26	46
146	Owen Barron	60 - 64 years Male	00:19:49	00:01:03	00:35:55	00:00:48	00:09:57	01:07:36	47
13	Megan Roberts	30 - 34 years Female	00:19:19	00:00:35	00:37:24	00:00:45	00:09:43	01:07:48	3
285	Stephen O' Reilly	25 - 29 years Male	00:19:02	00:01:18	00:37:21	00:00:34	00:09:35	01:07:52	48
72	Pawel Lapinski	35 - 39 years Male	00:19:51	00:00:51	00:36:34	00:00:45	00:09:55	01:07:58	49
89	Mark Flanagan	35 - 39 years Male	00:19:26	00:00:59	00:36:58	00:00:55	00:09:49	01:08:09	50
26	Vanessa Fenton	50 - 54 years Female	00:19:55	00:00:40	00:36:54	00:00:38	00:10:06	01:08:14	4
180	Peter Savage	55 - 59 years Male	00:19:39	00:00:37	00:37:51	00:00:39	00:09:58	01:08:46	51
185	Bryan Daly	40 - 44 years Male	00:19:34	00:01:05	00:37:55	00:00:50	00:09:30	01:08:57	52
260	David Kenny	35 - 39 years Male	00:20:03	00:00:37	00:37:32	00:00:52	00:10:04	01:09:09	53
96	David Ryan	50 - 54 years Male	00:19:12	00:01:24	00:38:00	00:01:16	00:09:46	01:09:39	54
173	Tim O'brien	35 - 39 years Male	00:19:54	00:01:04	00:38:15	00:00:53	00:09:44	01:09:51	55
152	Owen Ingarfield	40 - 44 years Male	00:20:15	00:00:55	00:38:08			01:09:53	56
196	Philip Sheridan	30 - 34 years Male	00:21:00	00:00:48	00:37:37	00:00:37	00:09:53	01:09:57	57
181	Liam Sheridan	25 - 29 years Male	00:20:00	00:01:09	00:38:13	00:00:56	00:09:41	01:10:02	58
145	Julien Pastel	35 - 39 years Male	00:19:53	00:00:58	00:37:40	00:00:48	00:10:44	01:10:04	59
302	David Flaherty	45 - 49 years Male	00:20:57	00:00:48	00:37:10	00:00:47	00:10:26	01:10:10	60
271	Barry Donnelly	45 - 49 years Male	00:20:11	00:00:57	00:37:30	00:00:52	00:10:38	01:10:10	61
175	Noel O'regan	55 - 59 years Male	00:20:11	00:00:57	00:38:31	00:00:47	00:09:49	01:10:17	62
33	Emma Boyle	20 - 24 years Female	00:19:37	00:00:35	00:39:26	00:00:34	00:10:06	01:10:19	5
210	Declan Power	45 - 49 years Male	00:20:25	00:00:45	00:38:20	00:00:41	00:10:14	01:10:28	63
164	Brian Ahern	40 - 44 years Male	00:22:02	00:00:58	00:36:40	00:00:34	00:10:20	01:10:36	64

Bib	Full name	Category	Run1	T1	Cycle	T2	Run2	Overall	Overall
18	Aine Kinsella	25 - 29 years Female	00:20:19			00:00:48	00:10:12	01:10:41	6
149	Steve Mcdonald	50 - 54 years Male	00:20:09	00:01:02	00:38:23	00:00:53	00:10:15	01:10:45	65
205	Barry Murphy	50 - 54 years Male	00:20:18	00:00:55	00:39:10	00:00:37	00:09:46	01:10:46	66
77	Robert Hoey	30 - 34 years Male	00:19:07	00:01:04	00:39:41	00:01:12	00:09:49	01:10:55	67
171	David O'mahony	50 - 54 years Male	00:22:03	00:00:49	00:36:18	00:00:47	00:11:07	01:11:07	68
198	Eoghan Caffrey	35 - 39 years Male	00:20:12	00:01:13	00:37:31	00:01:59	00:10:17	01:11:14	69
169	Gareth Coleman	55 - 59 years Male	00:21:35	00:00:38	00:37:39	00:00:41	00:10:42	01:11:17	70
14	Olivia Mc Cartin	45 - 49 years Female	00:21:27	00:00:43	00:38:15	00:00:37	00:10:20	01:11:23	7
212	Michal Kowalski	40 - 44 years Male	00:21:30	00:00:57	00:37:04	00:00:47	00:11:03	01:11:24	71
5	Jennifer O'sullivan	30 - 34 years Female	00:20:08	00:00:50	00:39:27	00:00:39	00:10:34	01:11:41	8
283	Niall Fergus	30 - 34 years Male	00:19:19	00:00:59	00:40:46	00:00:53	00:09:48	01:11:47	72
153	Gerard Kenny	60 - 64 years Male	00:22:05	00:00:39	00:37:35	00:00:41	00:10:45	01:11:47	73
206	John Kenny	60 - 64 years Male	00:21:21	00:00:43	00:38:46	00:00:36	00:10:27	01:11:56	74
188	Martin Obrien	40 - 44 years Male	00:21:22	00:01:09	00:37:28	00:01:21	00:10:39	01:12:02	75
184	Robert O'brien	45 - 49 years Male	00:20:36	00:01:04	00:39:31	00:01:00	00:09:51	01:12:05	76
163	Michael Macken	60 - 64 years Male	00:22:07	00:00:44	00:37:19	00:00:45	00:11:16	01:12:13	77
213	Eoin Moore	18-19 Male	00:20:34	00:01:02	00:39:44	00:01:02	00:09:51	01:12:15	78
211	Nat Small	40 - 44 years Male	00:20:12	00:01:05	00:39:59	00:00:49	00:10:17	01:12:23	79
194	Kevin Shortall	40 - 44 years Male	00:20:10	00:00:59	00:39:56	00:01:24	00:09:54	01:12:26	80
159	Eoghan Mccarthy	30 - 34 years Male	00:21:42	00:01:01	00:38:28	00:00:57	00:10:20	01:12:29	81
324	Conor Moore	20 - 24 years Male	00:21:22	00:00:40	00:37:43	00:00:32	00:12:14	01:12:32	82
199	Ivan Eustace	45 - 49 years Male	00:21:43	00:00:54	00:37:57	00:01:06	00:10:54	01:12:36	83
204	Conor Mcgrane	16-17 Male	00:19:10	00:00:33	00:41:04	00:00:40	00:11:11	01:12:39	84
193	Anthony O'toole	45 - 49 years Male	00:20:32	00:01:16	00:38:38	00:01:24	00:10:49	01:12:41	85
74	Stephen O'sullivan	40 - 44 years Male	00:20:04	00:00:48	00:40:55	00:00:51	00:10:03	01:12:44	86
292	Seanie Nally	25 - 29 years Male	00:20:14	00:01:43	00:39:43	00:01:31	00:09:40	01:12:53	87
166	Mark Featherstone	50 - 54 years Male	00:22:16	00:00:49	00:38:08	00:00:52	00:10:46	01:12:54	88
148	Alex Chadfield	25 - 29 years Male	00:20:41	00:01:12	00:40:18	00:00:55	00:10:14	01:13:22	89
15	Sharon Cahill	55 - 59 years Female	00:20:35	00:00:54	00:40:20	00:01:18	00:10:23	01:13:31	9
208	Hari Menon	55 - 59 years Male	00:20:02	00:01:03	00:41:21	00:01:26	00:09:56	01:13:50	90
36	Ciara Brady	20 - 24 years Female	00:20:07	00:00:50	00:42:08	00:00:48	00:09:59	01:13:55	10
10	Martina Mcintyre	50 - 54 years Female	00:21:25	00:00:31	00:40:19	00:00:28	00:11:16	01:14:01	11
150	Neal Leddy	45 - 49 years Male	00:20:11	00:01:27	00:40:51	00:01:11	00:10:22	01:14:05	91
157	Karl Horgan	25 - 29 years Male	00:22:02	00:00:43	00:40:22	00:00:45	00:10:15	01:14:09	92
154	Paul Naughton	55 - 59 years Male	00:22:14	00:00:46	00:39:36	00:00:45	00:11:04	01:14:27	93
43	Iain Sayer	45 - 49 years Male	00:20:47	00:01:06	00:41:07	00:01:16	00:10:17	01:14:35	94

Bib	Full name	Category	Run1	T1	Cycle	T2	Run2	Overall	Overall
110	Sean Black	20 - 24 years Male	00:21:14	00:00:42	00:41:01	00:00:45	00:10:53	01:14:37	95
309	Chris Mcparland	45 - 49 years Male	00:22:12	00:01:33	00:39:17	00:01:22	00:10:17	01:14:44	96
88	Mathieu Norry	45 - 49 years Male	00:20:35	00:00:36	00:41:45	00:00:31	00:11:14	01:14:44	97
224	Chrissy Harford	35 - 39 years Female	00:20:51	00:01:22	00:41:07	00:01:06	00:10:20	01:14:49	12
284	Laurie Hamilton	30 - 34 years Male	00:21:06	00:01:31	00:40:41	00:01:11	00:10:25	01:14:56	98
20	Leonie Dolan	35 - 39 years Female	00:21:44	00:00:48	00:40:23	00:00:43	00:11:18	01:14:59	13
197	Eoin Commins	30 - 34 years Male	00:22:04	00:01:21	00:39:29	00:01:09	00:10:58	01:15:03	99
167	Martin Walsh	50 - 54 years Male	00:22:48	00:00:55	00:39:07	00:00:56	00:11:28	01:15:16	100
201	Gary Durney	45 - 49 years Male	00:22:34	00:01:13	00:38:43	00:01:09	00:11:46	01:15:26	101
176	Paul Bowe	50 - 54 years Male	00:21:47	00:00:58	00:41:25	00:00:56	00:10:27	01:15:35	102
31	Aimee Carr	18-19 Female	00:21:43	00:00:33	00:42:10	00:00:34	00:10:54	01:15:55	14
73	John Kearney	50 - 54 years Male	00:23:14	00:00:46	00:39:50	00:00:35	00:11:29	01:15:56	103
9	Ciara Bradley	40 - 44 years Female	00:23:25	00:01:00	00:39:47	00:00:49	00:11:13	01:16:17	15
132	Sinéad Renton	45 - 49 years Female	00:21:21	00:01:21	00:41:42	00:01:29	00:10:28	01:16:22	16
258	Wilson Mcalister	60 - 64 years Male	00:22:37	00:00:41	00:40:33	00:00:49	00:11:45	01:16:27	104
97	Paul Byrne	40 - 44 years Male	00:24:30	00:01:04	00:38:23	00:00:51	00:11:50	01:16:40	105
108	Cian Murray	18-19 Male	00:19:34	00:01:44	00:45:21	00:01:16	00:08:57	01:16:54	106
178	Gerald Lynch	40 - 44 years Male	00:23:20	00:00:49	00:40:34	00:00:44	00:11:31	01:17:00	107
79	Cian Macginley	45 - 49 years Male	00:23:40	00:01:15	00:39:35	00:00:55	00:11:35	01:17:02	108
4	Maire Diggin	50 - 54 years Female	00:22:50	00:00:35	00:41:28	00:00:43	00:11:29	01:17:07	17
269	Pat Linehan	55 - 59 years Male	00:23:05	00:01:04	00:40:37	00:01:04	00:11:16	01:17:07	109
162	Noel Boyle	60 - 64 years Male	00:25:00	00:01:11	00:37:19	00:01:04	00:12:39	01:17:14	110
298	Sean Barron	25 - 29 years Male	00:21:24	00:01:14	00:43:25	00:00:35	00:10:39	01:17:18	111
21	Geraldine Hendricken	50 - 54 years Female	00:21:06	00:00:40	00:44:03	00:00:43	00:10:52	01:17:26	18
27	Gina Lyons	45 - 49 years Female	00:22:03	00:01:01	00:42:24	00:00:53	00:11:08	01:17:31	19
11	Helen French	50 - 54 years Female	00:23:20	00:00:46	00:41:15	00:00:57	00:11:19	01:17:39	20
243	Louisa Bruck	Relay	00:27:14	00:00:51	00:36:07	00:00:33	00:12:54	01:17:39	1
280	Mathieu Jublot	35 - 39 years Male	00:22:02	00:00:50	00:42:32	00:01:11	00:11:08	01:17:45	112
155	Dermot Connolly	60 - 64 years Male	00:22:59	00:00:56	00:41:04	00:00:57	00:11:50	01:17:48	113
24	Bernadette Carton	35 - 39 years Female	00:22:49	00:00:59	00:41:47	00:00:55	00:11:29	01:18:00	21
262	William Purcell	60 - 64 years Male	00:23:20	00:00:36	00:42:04	00:00:33	00:11:26	01:18:01	114
297	Matthew Kelly	25 - 29 years Male	00:22:04	00:00:59	00:42:01	00:01:40	00:11:21	01:18:07	115
17	Deirdre Deegan	45 - 49 years Female	00:21:17	00:01:13	00:43:56	00:00:59	00:10:40	01:18:08	22
183	Trevor Spillane	45 - 49 years Male	00:21:36	00:01:19	00:43:53	00:00:52	00:10:29	01:18:10	116
6	Lilly O'dea	45 - 49 years Female	00:22:47	00:00:44	00:42:51	00:00:46	00:11:00	01:18:11	23
207	Cormac Oconnor	50 - 54 years Male	00:22:53	00:00:59	00:42:17	00:01:03	00:11:38	01:18:51	117

Bib	Full name	Category	Run1	T1	Cycle	T2	Run2	Overall	Overall
218	Lujan Chaluat	40 - 44 years Female	00:24:05	00:01:50	00:39:53	00:00:43	00:12:29	01:19:03	24
8	Pamela Grogan	45 - 49 years Female	00:22:41	00:01:06	00:43:21	00:00:55	00:11:11	01:19:18	25
3	Louise O'reilly	40 - 44 years Female	00:23:11	00:01:01	00:42:50	00:00:53	00:11:26	01:19:23	26
7	Hailey Kotsaftis	25 - 29 years Female	00:21:57	00:01:24	00:44:07	00:01:06	00:10:50	01:19:26	27
245	Mark Ramsey	45 - 49 years Male	00:24:15	00:01:00	00:40:48	00:00:57	00:12:30	01:19:32	118
310	Niall Comerford	55 - 59 years Male	00:24:13	00:01:17	00:41:08	00:01:29	00:11:31	01:19:41	119
29	Caroline Wade	45 - 49 years Female	00:22:44	00:01:12	00:43:54	00:00:54	00:11:04	01:19:50	28
130	Ruth Mckee	55 - 59 years Female	00:24:10	00:01:00	00:42:05	00:00:49	00:11:44	01:19:50	29
30	Marie Slattery	45 - 49 years Female	00:25:05	00:00:50	00:41:26	00:00:49	00:11:50	01:20:01	30
255	Rajendra Kielka	35 - 39 years Male	00:21:32	00:01:16	00:45:42	00:01:14	00:10:20	01:20:06	120
314	Jaagup Rep��n	30 - 34 years Male	00:23:48	00:00:57	00:43:11	00:00:42	00:11:30	01:20:10	121
25	Ava Whelan	40 - 44 years Female	00:26:08	00:00:44	00:39:44	00:00:40	00:12:54	01:20:12	31
253	Raymond Boyne	40 - 44 years Male	00:22:57	00:01:18	00:43:32	00:01:28	00:11:02	01:20:19	122
187	David Byrne	40 - 44 years Male	00:22:37	00:01:00	00:44:09	00:00:47	00:11:45	01:20:20	123
28	Mag Kirwan	55 - 59 years Female	00:24:32	00:00:55	00:41:55	00:00:54	00:12:10	01:20:28	32
242	Kate Crowley	30 - 34 years Female	00:23:20	00:00:50	00:43:16	00:00:59	00:12:07	01:20:34	33
320	Conor Foley	35 - 39 years Male	00:22:06	00:01:16	00:45:23	00:01:25	00:10:33	01:20:46	124
76	Brian O'connell	25 - 29 years Male	00:21:30	00:01:59	00:43:52	00:03:16	00:10:18	01:20:56	125
2	Andrea Bryan	40 - 44 years Female	00:25:04	00:00:51	00:41:24	00:00:49	00:12:51	01:21:00	34
306	Denis Doyle	40 - 44 years Male	00:22:38	00:01:34	00:43:42	00:01:29	00:11:36	01:21:01	126
16	Wini Gallagher	45 - 49 years Female	00:22:37	00:01:18	00:44:25	00:01:12	00:11:29	01:21:04	35
140	Ciara Kilroy	35 - 39 years Female	00:22:30	00:00:58	00:46:00	00:00:48	00:10:54	01:21:12	36
251	Donald Fitzmaurice	60 - 64 years Male	00:25:12	00:00:51	00:40:45	00:01:12	00:13:14	01:21:16	127
287	Adrian Hanrahan	35 - 39 years Male	00:22:00	00:01:15	00:45:44	00:00:58	00:11:18	01:21:17	128
190	Ian Collins	40 - 44 years Male	00:24:27	00:00:51	00:43:50	00:00:37	00:11:46	01:21:33	129
286	Jeff Taylor	40 - 44 years Male	00:26:52	00:01:08	00:40:24	-00:40:26	00:53:49	01:21:47	130
143	Phil Clarke	40 - 44 years Male	00:25:03	00:00:59	00:41:42	00:01:08	00:12:55	01:21:49	131
202	Lorcan O'Neill	40 - 44 years Male	00:22:23	00:01:00	00:46:06	00:00:59	00:11:27	01:21:57	132
161	Peter Mclaughlin	65 - 69 years Male	00:24:21	00:00:56	00:43:18	00:00:49	00:12:35	01:22:00	133
195	Fergus Colleran	35 - 39 years Male	00:23:24	00:00:44	00:45:55	00:00:38	00:11:24	01:22:07	134
301	Damien Walsh	40 - 44 years Male	00:23:47	00:01:38	00:42:45	00:01:38	00:12:21	01:22:12	135
182	Rahul Nair	45 - 49 years Male	00:24:24	00:01:56	00:41:11	00:01:48	00:12:52	01:22:13	136
139	Vicki Nicholson	60 - 64 years Female	00:24:05	00:01:05	00:43:54	00:01:06	00:12:05	01:22:16	37
158	Conor Akintola	30 - 34 years Male	00:24:47	00:01:00	00:42:24	00:01:12	00:13:06	01:22:30	137
131	Genevieve Molloy	45 - 49 years Female	00:25:31	00:00:52	00:42:46	00:00:52	00:12:33	01:22:35	38

Bib	Full name	Category	Run1	T1	Cycle	T2	Run2	Overall	Overall
267	Brian Connaughton	45 - 49 years Male	00:25:22	00:01:01	00:42:54	00:01:03	00:12:14	01:22:35	138
129	Joanne Mccauley	45 - 49 years Female	00:24:39	00:01:09	00:43:50	00:01:05	00:12:07	01:22:52	39
244	Mark Kinkaid	65 - 69 years Male	00:25:58	00:01:24	00:41:36	00:01:11	00:12:45	01:22:56	139
112	Joanne Bingham	55 - 59 years Female	00:24:36	00:00:36	00:45:01	00:00:33	00:12:25	01:23:13	40
189	Pascal Derrien	55 - 59 years Male	00:22:58	00:01:01	00:46:51	00:00:34	00:11:56	01:23:22	140
312	Damien Parker	40 - 44 years Male	00:23:08	00:02:37	00:44:31	00:02:22	00:10:50	01:23:29	141
321	Brian Kelly	55 - 59 years Male	00:24:36	00:01:20	00:44:28	00:01:41	00:11:46	01:23:54	142
125	Karen Kavanagh	50 - 54 years Female	00:23:34	00:00:55	00:47:03	00:00:55	00:11:25	01:23:54	41
294	Jonny Morrison	55 - 59 years Male	00:26:36	00:01:15	00:42:05	00:01:08	00:12:50	01:23:56	143
225	Fiona Jarrett	35 - 39 years Female	00:25:33	00:01:31	00:42:35	00:00:59	00:13:18	01:23:58	42
266	Torsten Reich	50 - 54 years Male	00:25:24	00:01:21	00:43:00	00:01:25	00:12:47	01:23:59	144
235	Sharon Osborne	35 - 39 years Female	00:26:07	00:01:31	00:41:31	00:01:10	00:13:47	01:24:07	43
290	William Duggan	30 - 34 years Male	00:23:22	00:00:38	00:48:30	00:00:39	00:10:56	01:24:07	145
116	Ellen Desmond	25 - 29 years Female	00:25:02	00:01:12	00:44:04	00:01:26	00:12:31	01:24:17	44
123	Vera Mccool	60 - 64 years Female	00:25:35	00:00:35	00:44:35	00:00:39	00:12:57	01:24:23	45
135	Mollie Jackson	16-17 Female	00:26:06	00:01:06	00:42:46	00:00:55	00:13:46	01:24:41	46
56	Gerard Turbitt	70 - 74 years Male	00:25:06	00:01:00	00:44:29	00:01:48	00:12:21	01:24:45	146
247	Simon Farrell	35 - 39 years Male	00:23:50	00:01:02	00:47:40	00:00:48	00:11:55	01:25:17	147
240	Jill Owens	35 - 39 years Female	00:24:00	00:00:43	00:48:04	00:00:40	00:12:05	01:25:34	47
118	Eva Perez	45 - 49 years Female	00:22:46	00:00:46	00:49:39	00:01:21	00:11:45	01:26:19	48
35	Aoife Mcgouran	18-19 Female	00:25:41	00:00:47	00:47:13	00:00:40	00:12:26	01:26:50	49
177	Gary Moralee	65 - 69 years Male	00:24:58	00:00:46	00:47:25	00:01:11	00:12:30	01:26:52	148
299	Chris Worfolk	35 - 39 years Male	00:24:55	00:01:23	00:47:46	00:01:27	00:11:23	01:26:56	149
128	Nicole Cerioni	30 - 34 years Female	00:23:36	00:01:29	00:47:58	00:02:04	00:11:49	01:26:58	50
239	Ruth Byrne	30 - 34 years Female	00:24:34	00:01:06	00:48:33	00:00:40	00:12:06	01:27:00	51
230	Evelyn Obrien	45 - 49 years Female	00:25:11	00:00:54	00:47:05	00:00:45	00:13:09	01:27:05	52
127	Erica Sanna	35 - 39 years Female	00:25:55	00:01:08	00:47:23	00:00:49	00:11:50	01:27:07	53
300	Emmet English	40 - 44 years Male	00:24:19	00:01:35	00:48:06	00:01:33	00:11:38	01:27:13	150
313	Patrick Harvey	30 - 34 years Male	00:23:29	00:01:48	00:47:56	00:01:49	00:12:12	01:27:16	151
23	Meadow Mccauley	20 - 24 years Female	00:23:31	00:01:29	00:49:19	00:00:52	00:12:09	01:27:22	54
305	Nicholas Mccabe	70 - 74 years Male	00:25:59	00:01:13	00:45:22	00:01:18	00:13:32	01:27:26	152
279	Anthony Maguire	45 - 49 years Male	00:25:28	00:01:09	00:46:57	00:01:09	00:12:50	01:27:35	153
122	Marie Staunton	55 - 59 years Female	00:26:49	00:01:18	00:45:24	00:01:19	00:13:00	01:27:52	55
156	Tom Monnelly	55 - 59 years Male	00:25:45	00:00:53	00:47:54	00:00:40	00:12:40	01:27:55	154
137	Ceyda Zaim	30 - 34 years Female	00:27:28	00:01:00	00:44:35	00:00:55	00:14:09	01:28:08	56
249	Gavin Finn	45 - 49 years Male	00:23:46	00:01:33	00:49:41	00:02:04	00:11:43	01:28:49	155

Bib	Full name	Category	Run1	T1	Cycle	T2	Run2	Overall	Overall
147	Derek Fahey	35 - 39 years Male	00:26:57	00:01:27	00:44:48	00:01:41	00:14:00	01:28:55	156
308	Darren Mcdermott	25 - 29 years Male	00:24:59	00:01:51	00:48:19	00:01:21	00:12:28	01:29:00	157
315	Ross Traynor	40 - 44 years Male	00:26:45	00:00:49	00:46:46	-00:46:49	01:01:40	01:29:12	158
234	Adeli Janse Van Rensburg	35 - 39 years Female	00:27:57	00:01:49	00:44:23	-00:44:29	00:59:56	01:29:36	57
67	Paul Mcgrane	55 - 59 years Male	00:25:55	00:01:08	00:47:37	00:01:05	00:13:48	01:29:36	159
121	Laura Connolly	25 - 29 years Female	00:25:47	00:01:45	00:47:40	00:01:35	00:13:04	01:29:54	58
318	Colm O'shaughnessy	40 - 44 years Male	00:26:51	00:01:14	00:47:29	00:01:02	00:13:26	01:30:04	160
46	Adrian Kelly	45 - 49 years Male	00:27:01	00:01:11	00:46:35	00:01:07	00:14:09	01:30:05	161
250	Michael Scannell	55 - 59 years Male	00:27:16	00:01:31	00:46:32	00:01:20	00:13:45	01:30:25	162
117	Diane Corder	55 - 59 years Female	00:26:25	00:01:22	00:48:06	00:01:02	00:13:30	01:30:27	59
227	Alicia Culhane	40 - 44 years Female	00:27:04	00:01:24	00:47:38	00:01:45	00:13:32	01:31:25	60
319	Mark Barnes	40 - 44 years Male	00:26:50	00:01:03	00:48:40	00:00:53	00:14:12	01:31:40	163
95	Paul Smith	50 - 54 years Male	00:26:35	00:01:18	00:48:35	00:01:43	00:13:32	01:31:45	164
257	Andrew Patterson	40 - 44 years Male	00:27:29	00:01:14	00:48:45	-00:48:49	01:03:42	01:32:23	165
248	Donal Tutty	55 - 59 years Male	00:29:00	00:01:23	00:47:19	00:01:12	00:13:50	01:32:46	166
291	Kevin Gleeson	45 - 49 years Male	00:27:27	00:01:32	00:48:47	00:01:58	00:13:22	01:33:08	167
220	Lorraine Flannery	50 - 54 years Female	00:26:14	00:01:12	00:51:02	00:01:28	00:13:20	01:33:18	61
317	Leo Gormley	18-19 Male	00:25:16	00:01:19	00:54:30	00:01:09	00:11:07	01:33:24	168
136	Evelyn Ramirez	30 - 34 years Female	00:27:42	00:02:15	00:45:48	00:02:17	00:15:58	01:34:01	62
277	John Finlay	25 - 29 years Male	00:26:58	00:01:17	00:52:14	00:01:40	00:12:09	01:34:20	169
113	Mary Byrne	65 - 69 years Female	00:25:34	00:01:19	00:53:21	00:01:40	00:12:38	01:34:34	63
270	John Doyle	50 - 54 years Male	00:30:15	00:01:27	00:46:02	00:01:37	00:15:35	01:34:59	170
316	Don Gormley	50 - 54 years Male	00:28:39	00:01:29	00:49:04	00:01:38	00:14:38	01:35:30	171
282	Paul Mccool	60 - 64 years Male	00:30:08	00:00:38	00:48:52	00:00:54	00:15:27	01:36:00	172
252	Noel Noel	25 - 29 years Male	00:30:36	00:01:26	00:47:55	00:01:04	00:15:01	01:36:04	173
138	Ellis Fallon	55 - 59 years Female	00:26:52	00:01:38	00:52:25	00:01:35	00:13:38	01:36:09	64
226	Helen Beecher	45 - 49 years Female	00:28:58	00:02:35	00:48:34	00:02:14	00:14:29	01:36:53	65
236	Stefanie Cruz	30 - 34 years Female	00:25:15	00:01:17	00:57:05	00:00:58	00:12:20	01:36:56	66
228	Rebecca Mullins	30 - 34 years Female	00:28:43	00:01:04	00:51:48	00:01:09	00:14:33	01:37:20	67
276	Michael Mallon	75-79 Male	00:30:52	00:02:18	00:47:12	-00:47:16	01:04:59	01:38:05	174
219	Lorna Flannery	45 - 49 years Female	00:27:18	00:01:14	00:54:12	00:01:30	00:13:49	01:38:05	68
241	Lisa Stout	35 - 39 years Female	00:30:48	00:01:17	00:49:12	00:01:21	00:16:13	01:38:53	69
295	Eugene Clonan	60 - 64 years Male	00:30:31	00:01:14	00:49:32	00:01:42	00:16:00	01:39:01	175
281	David Shanny	35 - 39 years Male	00:34:15	00:01:34	00:39:23	00:01:29	00:23:04	01:39:46	176
231	Amy Sheeran	25 - 29 years Female	00:29:35	00:00:57	00:53:33	00:00:53	00:15:36	01:40:37	70

Bib	Full name	Category	Run1	T1	Cycle	T2	Run2	Overall	Overall
68	Stephen Harborne	35 - 39 years Male	00:29:40	00:01:02	00:52:58	00:01:00	00:15:59	01:40:42	177
304	Nathan Lewis	30 - 34 years Male	00:31:10	00:01:02	00:53:16	00:01:03	00:14:34	01:41:07	178
223	Justine Keohane	35 - 39 years Female	00:31:16	00:01:25	00:51:50	00:01:12	00:15:25	01:41:11	71
296	Noel Tallon	40 - 44 years Male	00:27:34	00:01:14	00:55:45	00:01:04	00:15:43	01:41:22	179
289	Stephen Strain	30 - 34 years Male	00:31:11	00:01:03	00:53:16	00:01:04	00:15:32	01:42:07	180
233	Niamh Phelan	25 - 29 years Female	00:31:27	00:01:15	00:53:19	00:01:22	00:14:43	01:42:08	72
229	Sinead Morrissey	40 - 44 years Female	00:31:17	00:01:30	00:54:30	00:01:24	00:16:18	01:45:01	73
221	Martina Smith	50 - 54 years Female	00:28:58	00:01:31	00:59:04	00:01:35	00:14:54	01:46:03	74
134	Jessica Roe	25 - 29 years Female	00:27:43	00:01:37	01:01:55	00:01:20	00:13:51	01:46:28	75
259	Gary Cummins	60 - 64 years Male	00:31:18	00:01:55	00:55:21	00:01:51	00:16:30	01:46:57	181
238	Helena Greenhalgh	45 - 49 years Female	00:32:12	00:02:33	00:55:40	00:01:26	00:16:31	01:48:24	76
232	Orlagh Deighan	30 - 34 years Female	00:33:52	00:00:57	01:04:36	00:05:33	00:17:48	02:02:47	77
237	Sarah Kennedy	25 - 29 years Female	00:33:57	00:00:59	01:09:10	00:00:52	00:17:48	02:02:48	78