

Kingswood: Adventure Programme Sample Itinerary



3 Days		Session 1	Session 2		Session 3	Session 4		Evening
Day 1					Arrival/Settle in & Safety Talk	Aero Ball	Dinner	Movie Night
Day 2	Breakfast	Zipwire	Obstacle Course	Lunch	Leap of Faith	Bushcraft	Dinner	Campfire
Day 3	Breakfast	Jacobs Ladder	Archery	Lunch & Depart				

5 Days		Session 1	Session 2		Session 3	Session 4		Evening
Day 1					Arrival/Settle in & Safety Talk	Fencing	Dinner	Scrapheap Challenge
Day 2	Breakfast	3G Swing	Obstacle Course	Lunch	Problem Solving	Buggy Building	Dinner	Movie Night
Day 3	Breakfast	Low Ropes	Abseiling	Lunch	Laser	Jungle Vines	Dinner	Quidditch
Day 4	Breakfast	Orienteering	Zipwire	Lunch	Crate Stack	Team Games	Dinner	Campfire
Day 5	Breakfast	Leap of Faith	Aero Ball	Lunch & Depart				



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for more information



Terms and conditions apply, activities are based on availability per centre. The above are an example and Kingswood reserves the right to amend the timetable. These 3 and 5 days are an example, longer stays may repeat activities.