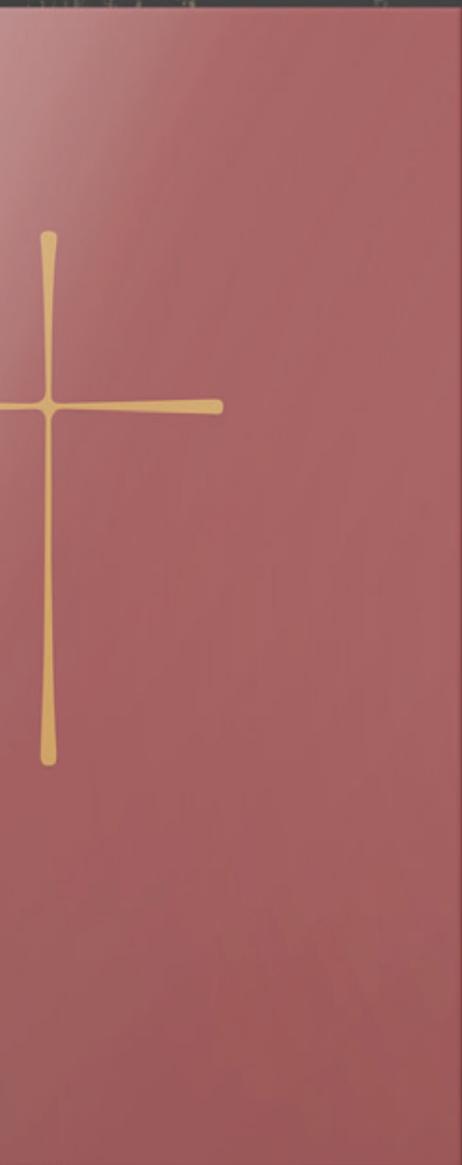


# parish life

Sacred Rituals



## Ash Wednesday

*On this day, the Celebrant begins the liturgy with the Salutation and the Collect of the Day.*

Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*Old Testament* Joel 2:1-2, 12-17, or Isaiah 58:1-12

*Psalm* 103, or 103:8-14

*Epistle* 1 Corinthians 5:20b-6:10

*Gospel* Matthew 6:1-6, 16-21

*After the Sermon, all stand, and the Celebrant or Minister appointed invites the people to the observance of a holy Lent, saying*

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a

season of pe  
a time in wh  
Baptism. It  
notorious si  
were reconc  
the fellowsh  
was put in m  
forth in the  
Christians c

I invite you,  
observance  
by prayer, f  
meditating  
of repentanc  
kneel before

*Silence is then*

*If ashes are to*  
Almighty G  
earth: Gran  
mortality an  
only by you  
through Jes

*The ashes are*  
Remember

*The following*

# parish life

Lent 2023 | Vol 51, Issue 1

**Parish Life**, the official publication of St. Paul's Episcopal Church in Winston-Salem, NC, seeks to share stories from parishioners, staff, and clergy that examine society, challenge conceptions, and build compassion for our neighbors.

## EDITOR-IN-CHIEF:

Jason Franklin, *Director of Communications*

## ISSUE CONTRIBUTORS:

Dr. Mark Ardrey-Graves  
The Rev. Sara Ardrey-Graves  
Laura Hoffman  
The Rev. Dr. D. Dixon Kinser  
The Rev. Lucy Strandlund  
The Rev. Nancy Vaders

## PARISH LIFE IS PUBLISHED 4 TIMES A YEAR BY:

St. Paul's Episcopal Church at  
520 Summit St., Winston-Salem, NC 27101

## SPEAK TO US:

[jfranklin@stpauls-ws.org](mailto:jfranklin@stpauls-ws.org)  
336-723-4391, ext. 1402



p.6



p.9



p.12



p.14



## SACRED RITUALS

p.5

Liturgy for  
Living in Lent

p.6

Faithful Work

p.7

Our Sacramental  
Life

p.8

Seasons of Our  
Spiritual Life

# IN THIS ISSUE

p.12

## AT ST. PAUL'S

Sacred Hospitality:  
Transformation of the Ordinary

p.13

Lenten Highlights

p.16

Ministry Member Spotlight:  
St. Paul's Youth Choirs

p.18

About St. Paul's

p.19

Transitions



# LITURGY FOR LIVING IN LENT

*The Rev. Dr. D. Dixon Kinser*

Last year I got to write the copy for a “What We Believe” section of the new St. Paul’s website. It was explained to me that a page like this is important because it helps people curious about St. Paul’s identify what kind of church community we are and where we are coming from. However, as much as I am pleased with what I wrote, all I wanted to do was just put a link to the online Book of Common Prayer. This is because the prayer book is what we believe.

As Episcopal Christians our theological heritage is unique because it is bound up with our prayer book. When Henry VIII died, his Archbishop of Canterbury, Thomas Cranmer, began work on the first Book of Common Prayer, which he completed in 1549. This is significant because Cranmer’s first move in defining this new church is not to write a doctrinal statement or theological manifesto. Instead, he writes liturgies. Yes, there were the 39 Articles of Religion (BCP pg. 867), but they would not be finalized for another twenty years! For Cranmer, those early days of the church seemed fit to be defined primarily by worship as outlined in the prayer book.

For this reason, Anglican Christians often use the phrase *lex orandi, lex credendi*. It means “the law of what is prayed is the law of what is believed” and it recognizes that our doctrines are inexorably bound up in our liturgies. The two are intertwined.

Ask anyone who lived through the last American prayer book revision of the 1970s, and they will tell you that changing how we pray really matters.

This is not surprising when you think about it. How we pray discloses what we believe at the deepest level of our faith. Our prayers reveal what we hold as true about God and what we trust that God is up to in the world. Our prayers also point the way for us to join God in that creation-wide repairing work. In this way, our liturgy shapes our living.

This issue of Parishlife is entitled “Sacred Rituals” because our emphasis during Lent will be to highlight the “why” behind some of our most familiar liturgies. May the articles contained herein and our programming this season deepen your worship of God and your love of your neighbor. And may knowing some more of the “why” make space for these liturgies shape all of our living in new and fresh ways.

Lenten Peace,

Dixon+



*The Rev. Dr. D. Dixon Kinser is Rector of St. Paul's Episcopal Church.*

## FAITHFUL WORK

*Laura Hoffman*

‘**H**it the ground running’ seems to be my innate mantra, well at least for the past 35 years anyway. A little over a year ago, I started my position as Communications Coordinator for St. Paul’s. Having had previous work experience at a church I felt confident and easily ready to transition into this new role. Aside from the weekly Sunday bulletin preparation was the fact I quickly realized I needed a crash course in Episcopalian 101.

My real journey to becoming an Episcopalian had begun. Thank goodness for a most patient staff but also for the wonderful tools of the Lectionary Page, Music Rite and of course the Book of Common Prayer. It didn’t take me long to appreciate this little red book. It is the most comprehensive ‘how we work, serve, and worship’ guide I have ever encountered. I have realized if you don’t know what you need - look in the Book of Common Prayer!

During layout and production of the Sunday service bulletins (aka leaflets) I’ve realized one Rite doesn’t fit all whether it is for Sunday service, funeral, or wedding. Since coming on board, I’ve been provided an education in my new faith, all alongside attending formation classes in becoming Episcopalian, and a lifelong journey of faith. Our liturgical meetings held every Tuesday morning never cease to amaze me. I am in awe with the depth of knowledge both in the written word

as well as our ministers in music have that just seems to roll off their tongues. It proved to be a bit daunting at first however I was eager and ready to soak up everything I could. Many times, we (the staff) are reminded on what we do here is meaningful and valued. What is handed to our parishioners as they enter for worship is extremely important to me and I want that bulletin to be as perfect or close to it as possible.

Boundaries where creativity is concerned can be frustrating, but the challenges can be equally liberating. Finding a pleasing cover design for special services such as Easter and Christmas -follow the infinite rule ‘keep true to your roots’ in this case, St. Paul’s almost 100-year history. When introducing new creative design, especially to a church, it is important to be mindful of tradition and certainly your demographic. Patience, understanding, and the ability to take baby steps is a most helpful trilogy.

Having literally become a part of St. Paul’s has truly been a blessing. I love that I get to practice my newfound faith on a daily basis and then I am lucky enough to see it come to fruition each Sunday.



*Laura Hoffman is the Communications Coordinator at St. Paul’s.*

# OUR SACRAMENTAL LIFE

*The Rev. Lucy Strandlund*

“**T**he sacraments are outward and visible signs of inward and spiritual grace.”

This definition of “sacrament” is a familiar one, learned in most confirmation classes and found on p. 857 in the Book of Common Prayer. There are two great sacraments that we encounter often: Holy Baptism and Holy Eucharist. There are five additional sacramental rites that we encounter less often: confirmation, ordination, holy matrimony, reconciliation of a penitent, and unction. But no matter the rite we are talking about, there is more going on than meets the eye—that inward and spiritual grace previously mentioned. In Eucharist, it may look like we are simply saying words at an altar and then receiving a tiny wafer and sip of wine, but we are really living into our union with Christ and with one another at this foretaste of the heavenly banquet. In baptism it may look like we are simply gathering around a basin of water, but we are really recognizing new members of Christ’s Body, the Church, and celebrating new life in Christ. In each of these rites, we do our part while knowing that God is doing much more in us that is not yet visible to our eyes.

When the words and actions are very familiar to us, we are liable to overlook the profound mystery we are celebrating. Or if we are caught up in the mystery of it, we may have practical questions we don’t get to ask—why do you cross yourself that way, at that particular point in the service? How come baptism involves both water and anointing with oil? Is it special oil? What exactly is “reconciliation of a penitent?” What do Episcopalians believe about “unction” or anointing the sick with oil and laying on of hands?

In the Episcopal Church we are part of a beautiful tradition in which we get to both revel in the mystery and beauty of the sacraments while also asking questions and probing more deeply into our faith. Asking our questions enriches our understanding of the meaning and intention packed into these rites and helps us see how we might more closely engage with them.

This Lent, as we prepare for Holy Week and Easter, we have several ways you can engage with the sacraments and sacramental acts. Our daily Eucharist at noon at the side altar in the Nave provides a way to experience a pared-back Eucharist in a smaller setting. Our Sunday morning Adult Forum will provide a way to discuss what it means to be a Christian, particularly when it comes to baptism, Eucharist, the Bible, and prayer, through the lens of Rowan Williams’ *Being Christian*. And in our Wednesday night program we will be walking step-by-step through baptism, Eucharist, the marriage rite, the rite of reconciliation of a penitent, and ministration at the time of death and burial. It is a great time to stop and wonder and ask your questions, so that we may perhaps arrive on Easter morning with a richer sense of that “inward and spiritual grace” God so abundantly offers.



*The Rev. Lucy Strandlund is Associate Rector for Liturgy and Pastoral Care.*



### Concerning the Service

Holy Baptism is full initiation by water and the Holy Spirit into Christ's Body the Church. The bond which God establishes in Baptism is indissoluble.

Holy Baptism is appropriately administered within the Eucharist as the chief service on a Sunday or other feast.

The bishop, when present, is the celebrant; and is expected to preach the Word and preside at Baptism and the Eucharist. At Baptism, the bishop officiates at the Presentation and Examination of the Candidates; says the Thanksgiving over the Water; [consecrates the Christ]; reads the prayer, "Heavenly Father, we thank you that by water and the Holy Spirit," and officiates at what follows.

In the absence of a bishop, a priest is the celebrant and presides at the service. If a priest uses Christ in signing the newly baptized, it must have been previously consecrated by the bishop.

Each candidate for Holy Baptism is to be sponsored by one or more baptized persons.

Sponsors of adults and older children present their candidates and thereby signify their endorsement of the candidates and their intention to support them by prayer and example in their Christian life. Sponsors of infants, commonly called godparents, present their candidates, make promises in their own names, and also take vows on behalf of their candidates.

It is fitting that parents be included among the godparents of their own children. Parents and godparents are to be instructed in the meaning of Baptism, in their duties to help the new Christians grow in the knowledge and love of God, and in their responsibilities as members of his Church.

Additional Directions are on page 312.

298 Holy Baptism

### Holy Ba

*A hymn, psalm, or*

*The people standing*

Blessed

People And bl

*In place of the abso*

Celebrant Allelui

People The Lo

*In Lent and on othe*

Celebrant Bless th

People His me

*The Celebrant then*

There i

People There i

Celebrant One Lo

People One G

Celebrant The Lo

People And al

Celebrant Let us

### Concerning the Service

The death of a member of the Church should be reported as soon as possible to, and arrangements for the funeral should be made in consultation with, the Minister of the Congregation.

Baptized Christians are properly buried from the church. The service should be held at a time when the congregation has opportunity to be present.

The coffin is to be closed before the service, and it remains closed thereafter. It is appropriate that it be covered with a pall or other suitable covering.

If necessary, or if desired, all or part of the service of Committal may be said in the church. If preferred, the Committal service may take place before the service in the church. It may also be used prior to cremation.

A priest normally presides at the service. It is appropriate that the bishop, when present, preside at the Eucharist and pronounce the Commendation.

It is desirable that the Lesson from the Old Testament, and the Epistle, be read by lay persons.

When the services of a priest cannot be obtained, a deacon or lay reader may preside at the service.

At the burial of a child, the passages from Lamentations, 1 John, and John 6, together with Psalm 23, are recommended.

It is customary that the celebrant meet the body and go before it into the church or towards the grave.

The anthems at the beginning of the service are sung or said as the body is borne into the church, or during the entrance of the ministers, or by the celebrant standing in the accustomed place.

490 Burial II

### The Burial of the Dead: Rite Two

*All stand while one or more of the following anthems are sung or said. A hymn, psalm, or some other suitable anthem may be sung instead.*

I am Resurrection and I am Life, says the Lord.  
Whoever has faith in me shall have life,  
even though he die.  
And everyone who has life,  
and has committed himself to me in faith,  
shall not die for ever.

As for me, I know that my Redeemer lives  
and that at the last he will stand upon the earth.  
After my awaking, he will raise me up;  
and in my body I shall see God.  
I myself shall see, and my eyes behold him  
who is my friend and not a stranger.

For none of us has life in himself,  
and none becomes his own master when he dies.  
For if we have life, we are alive in the Lord,  
and if we die, we die in the Lord.  
So, then, whether we live or die,  
we are the Lord's possession.

Burial II 491

ptism

enthem may be sung.

, the Celebrant says

be God: Father, Son, and Holy Spirit.  
essed be his kingdom, now and for ever. Amen.

n, from Easter Day through the Day of Pentecost

n. Christ is risen.  
rd is risen indeed. Alleluia.

r penitential occasions

he Lord who forgives all our sins.  
rcy endures for ever.

continues

s one Body and one Spirit;  
s one hope in God's call to us;  
rd, one Faith, one Baptism;  
od and Father of all.

rd be with you.

so with you.

pray.

Holy Baptism 299

## SEASONS OF OUR SPIRITUAL LIFE

*The Rev. Sara Ardrey-Graves*

**B**ryan Stevenson, civil rights activist and attorney, said in his powerful 2012 TED talk, “There is power in identity. When we create the right kind of identity, we can say things to the world around us that they don’t actually believe makes sense.”

What we believe about ourselves has power. Whenever we see ourselves, and notice what we deeply believe, we become aware that our identities are shaped by all sorts of motivations and dreams and failures. Choosing the “right kind of identity,” then, is to hold fast to the experiences that ground us. We can choose to listen to the voices in our lives that remind us of our unique belovedness in God. This Christian identity can inform how we interact with the world, which, as Stevenson says so eloquently, can point to deeper truths that the world doesn’t give much authority to.

*Continue >*

Getting there, though, is hard work. Claiming your Christian identity doesn't come naturally, and neither does self-awareness. I think it takes a lifetime of formation. It also takes giving yourself the grace that spiritual growth looks wildly different from one person to the next, or even in one season to the next. I was really struck by this truth several years ago in a previous parish, when I taught a youth confirmation class. There were two girls in the group with very different entry-points to Christian identity. One girl never missed a class, asked probing questions, and usually already knew the answers. She was the sort of kid who always got straight As, and liked being the smartest person in the room, but clearly loved church. The second girl also never missed a class, but maintained a quiet, absorbing posture to our discussions. You never knew what she thought, because she reflected quietly and listened deeply. One day, the second girl broke her own silence and spoke up when we were talking about the Baptismal Covenant and respecting the dignity of every human being. She shared with the group that she was wrestling with her beliefs. She experienced divisiveness among her Christian classmates, and was feeling the tension of how her family had always taught her to care about the civil rights of all people. We talked together about Confirmation as a claiming of both what who we have been raised to be, and our faith in Jesus Christ. It was brilliant moment of clarity brought about by inner struggle. By telling the truth, she synthesized not only her story, but the story of all of us.

The spiritual life can be lived somewhere between these two perspectives. We like it when we get

to be the person who can answer every question correctly, someone who thinks practically, works hard and gathers knowledge on a subject. We are a part of a faith with a long history of theology that affirms our intellectual engagement with our faith. We also spend a fair amount of our spiritual lives struggling with uncertainty. Christian identity includes seasons when we grapple and question, finding truth in synthesizing different perspectives. We do this whenever we embrace the parts of ourselves that are unfinished and messy.

As our parish looks ahead to a new year of Christian formation, I hope we can address the needs of both these perspectives as we grow in faith together. I hope our classes can provide paths for quiet reflection and also bold discussion. I hope we can satisfy our thirst for knowledge and also feed our hunger to connect. And as we consider our involvement in the wider community, I hope that our actions in the world can be informed by intentional contemplation of God's love for us.

To that end, we have an exciting lineup of offerings for Lent adult formation. We will launch this holy season with an intergenerational Quiet Day retreat on Saturday, March 4. The Life of Prayer will be time for our community to reflect on our identity as worshipers of God in our daily lives. The Quiet Day will include meditations on creative practices of prayer and a chance to put them to use in our beautiful spaces on campus at St. Paul's. We'll conclude our time with Eucharist in the Nave.

The Wednesday night suppers, beginning March 1, will feature the series *Doing the Rite Thing* led by our clergy. Have you ever wondered why we do the things we do in church? This is the place to bring all your questions. Rituals are an important part of our Christian identity, from the familiar liturgies of baptism and Eucharist to the services you don't see as much, like marriage, confession, and burial. How we lead these sacred rituals reveal who we are as God's people. Each week we're going to present one of these liturgies and break down each part for discussion, so come ready to participate!

On Sunday mornings, we will read and discuss the book *Being Christian* by Rowan Williams, which gives a theological backbone to our understanding of Christian identity. From our life in baptism to our participation in Christ's Body through the Eucharist, Williams gives special attention to the ways the practices of the Church inform the way Christians live their lives. The format for this discussion will be small groups, so we can learn from each other's wisdom more directly.

Finally, our Sacred Land, Sacred Story pilgrimage team will be beginning its group work in preparation for the trip in April. Our monthly seminars

are open to anyone who would like to attend, even if you're not going on the trip. We have some great speakers lined up! Starting in February, the Rev. Dr. Brooks Graebner, Linda Browne, Langdon Oppermann, and members of the Guilford County Remembrance Project will each offer a lecture on our racial history in North Carolina. Please join us once a month on Sunday afternoons at the Station to delve deeply into our Christian identity regarding racial reconciliation.

This new season is a great opportunity to think about your own "right kind of identity" as Stevenson says. What voices have told you who you are? How can you claim voices of affirmation and let grounding moments guide your steps along the way? Identity is powerful. Whether you are a learner and thinker, or a doubter and a wrestler, I hope you will join me in reflecting on the ways God speaks to you through the events of your life, your belovedness in Jesus, and your place in the vibrant life of the church.



*The Rev. Sara Ardrey-Graves is Associate Rector at St. Paul's.*

# SACRED HOSPITALITY: TRANSFORMATION OF THE ORDINARY

*The Rev. Nancy Vaders*

Sometimes I light the candles on my dining room table for an ordinary weekday meal with my family. Not for any special occasion, but just as a reminder that this regular weeknight meal is actually a sacred time with the people I love. My youngest likes to blow out the candles at the end of the meal, and she takes her job very seriously. Sometimes a mundane act, like eating meatloaf on a Thursday, something done out of habit, can help remind us that this ordinary time in these ordinary days can still be sacred.

During our Sunday liturgy, I often get to “set the table” for the Eucharist. It’s the same thing I do most Sundays, but it’s a chore that I cherish.

When the bread is set on the altar, and the wine is poured into the chalice, I feel honored to help prepare this sacred space for a meal that we will all share, a meal that will remind us of God’s promise of salvation, and renew us to go back out into the world and share that promise with our neighbors. Through our liturgy, these seemingly mundane actions take on a completely different identity.

During Lent, our outreach work at St. Paul’s will focus on small acts of sacred hospitality. Seemingly mundane tasks like cooking and serving a meal, setting a table, and helping someone with their laundry, will offer us all opportunities to see our work in the world differently. Whether you’re signing up to cook a meal at the Center of Hope, helping a child with their homework at Kids Café, or loading quarters into a washer at Laundry Love, you are practicing sacred hospitality. And that hospitality isn’t only for those we serve, but an invitation for us to see action and service differently, not as something we do as a good deed, but as a part of our own spiritual practice. Thank you all for engaging in service during Lent, and for finding small acts of sacred hospitality in the work that we all do together at St. Paul’s, and in our community.



*The Rev. Nancy Vaders is the Director of Outreach and Deacon at St. Paul's.*

# LENT

*For this issue of Parish Life, we wanted to highlight different outreach, worship, formation and fellowship opportunities being offered in this season of Lent. This represents just some of the offerings this season. Visit our [www.stpauls.org](http://www.stpauls.org) for more info.*

## † ASH WEDNESDAY

*Wed, Feb 22 at 7:30 am, 12 and 5:30 pm in the Nave*

Join us at the start of Lent for a service of the Imposition of Ashes and Holy Eucharist. Children's Program and childcare will be available for the 5:30 pm service.

## ○ SERVE AT THE WINSTON SALEM STREET SCHOOL

*Feb 28, Mar 28, Apr 25, May 16 at 12:15 pm*

Volunteers are needed. The Winston Salem Street School is a non profit high school for alternative students, and is our neighbor just down the street on 6th St. Please deliver meals hot and ready to serve. We will stay and help serve the students. Sign up at [bit.ly/WSSSlunch](http://bit.ly/WSSSlunch)

## F ADULT FORUM: BEING CHRISTIAN

*Sundays in Lent at 10:15 am in the Colhoun Room*

What does it mean to be a Christian? What gives us grounding? This Lent we will explore important fixtures of Christian identity: baptism, scripture, Eucharist, and prayer. The book *Being Christian* by former Archbishop of Canterbury Rowan

Williams will give us a theological backbone to our discussion. His writing gives special attention to the ways the practices of the Church inform the way Christians live their lives. The format for this adult forum will include a brief video meditation from Archbishop Williams, and sharing in a guided discussion on the topic in small groups. Copies of the book will be available for purchase in the St. Paul's bookstore if you'd like to read along.

## DOING THE RITE THING F 👤

*Wednesday Night Series in Lent, Dinner from 5:30 - 6:15 pm, program from 6:15 to 7 pm, in the Colhoun Room*

Have you ever wondered why we do the things we do in church? This is the place to bring all your questions. Rituals are an important part of our Christian identity, from the familiar liturgies of baptism and Eucharist to the services you don't see as much, like marriage, confession, and burial. How we lead these sacred rituals reveal who we are as God's people. Each week we're going to present one of these liturgies and break down each part for discussion, so come ready to participate!

**F THE LIFE OF PRAYER QUIET DAY RETREAT***Sat, Mar 4 from 9:30 am to 1 pm at the Station*

The Life of Prayer will be time for our community to reflect on our identity as worshipers of God in our daily lives. This Quiet Day will include space to be still and breathe, brief reflections on creative practices of prayer, and a chance to put them to use in our beautiful spaces on campus at St. Paul's. We'll conclude our time with Eucharist in the Nave. Please register by emailing the Rev. Sara Ardrey-Graves at [sardrey-graves@stpauls-ws.org](mailto:sardrey-graves@stpauls-ws.org).

**F SACRED LAND, SACRED STORY LECTURE SERIES***Sunday afternoons on Mar 19, Apr 23, and May 21 from 2:30-3:30 pm at the Station*

Our pilgrimage team is getting ready for our trip in April with some educational and spiritual work, preparing our hearts to witness the realities of our shared racial history both before and after the Civil Rights movement. Several great speakers will lead us to consider our own complicated history across North Carolina, the role of the church, and the work we have to do. Starting in February, the Rev. Dr. Brooks Graebner, Linda Browne, Langdon Oppermann and members of the Guilford county Remembrance Project will each offer a lecture on our racial history in North Carolina. These monthly seminars are open to anyone who would like to attend, even if you're not going on the trip. Please join us once a month on Sunday afternoons at the Station to delve deeply into our Christian identity regarding racial reconciliation.

**O CENTER OF HOPE VOLUNTEERS NEEDED***Thursdays in Lent at 4 pm*

Each week we need volunteers to bring prepared food and someone to meet the volunteers to receive donations. The Center of Hope is the only shelter for families with children in Winston-Salem.

**TAI CHI FUNDAMENTALS CLASS** *Thursdays through Mar 9 from 1:30-2:30 pm in the Colhoun Room*

There is evidence that regular practice of Tai Chi, often called "meditation in motion," can improve balance, boost brain function, enhance fitness, reduce stress, increase flexibility, and foster social connections. This class will be taught by Sandy Seeber and David Harold, who are long term practitioners, students, teachers, and conference presenters at the national level. There is no charge for this class, although donations to St. Paul's Seniors are welcome. This class will meet on Thursdays at 1:30-2:30 pm through Mar 9. Chairs available as needed. To learn more, contact Anne Rahn at 336-749-4906 or [arahn@stpauls-ws.org](mailto:arahn@stpauls-ws.org).

**OUTREACH: WINTER OVERFLOW SHELTER** *Mon, Mar 13 from 6:30 to 8 pm*

We will once again be partnering with Augsburg Lutheran and City With Dwellings to provide dinner at the Men's Homeless Overflow Shelter this Winter. Dinner Volunteers provide our guests a hot meal in an atmosphere of hospitality. Dinner Volunteers bring an entree and side dish/es and dessert. This is a wonderful opportunity to serve and partner with our neighbors.

**LAUNDRY LOVE** *Every 3rd Tuesday from 6 to 8 pm at Fresh Spin Laundry*

Laundry Love is a collaborative ministry with St. Anne's and the Wake Forest Episcopal Students. With a grant from the Diocese, we can pay for folks to do their laundry while also providing dinner and hospitality. It's a wonderfully unique ministry that shows up to meet folks where they are and we need your help. Sign up at [bit.ly/SPLaundryLove](https://bit.ly/SPLaundryLove)

# Holy Week & EASTER

## **PALM SUNDAY**

Apr 2 at 7:30, 9, 11:15 am and 5 pm

## **HOLY EUCHARIST**

Apr 5 at 12 pm

## **MAUNDY THURSDAY**

Apr 6 at 12 pm at 5:30 pm (with foot washing)

## **GOOD FRIDAY**

Apr 7 at 12 pm

## **OUTDOOR STATIONS OF THE CROSS**

Apr 7 at 5:30 pm

## **HOLY SATURDAY**

Apr 8 at 12 pm

## **THE GREAT VIGIL OF EASTER**

Apr 8 at 5:30 pm

## **EASTER DAY**

Apr 9 at 7:30, 9, 11:15 am and 5 pm



## Poverty Simulation

On Sun, Mar 26 from 3-5 pm St. Paul's will be the site for a poverty simulation. Have you ever wondered why it seems so difficult for some people to escape poverty? A poverty simulation allows us to step out of our daily lives and walk in the shoes of families living near the poverty level. The simulation is a guided experience that exposes us to the realities of poverty. In our simulation, you will assume the role of a low-income family member in a community of 50 people trying to meet your obligations over four 15-minute "weeks". Space is limited, so please visit [bit.ly/PSstpauls](https://bit.ly/PSstpauls) to RSVP.



*Mills Reece*



*Audrey Vaders*



# MINISTRY MEMBER SPOTLIGHT: ST. PAUL'S YOUTH CHOIRS

*Dr. Mark Ardrey-Graves*

**M**ills Reece joined the St. Paul's Novice Choir in the fall of 2021 as a First Grader. Her two older sisters, Ann Briton and Mary Charles, also sang in Novices with Mills this past year, but have graduated up to the Choristers. So, come this fall, Mills will hold her own as a veteran Novice Choir leader. Mills loves singing in Novices and rarely misses a rehearsal or service. What's her favorite part? It's hard to name just one thing! She says, "I like to process in with the clergy and the big choir, because you see everybody and my family gives me a high five! Being part of the service is fun. Also you get to eat dinner at church [on Wednesdays], and Ms. Denice makes really good tacos! Ms. Anne [Armfield, one of our dedicated Novice Choir adult volunteers] brings you cupcakes for your birthday!!"

Mills acknowledges that Novice Choir is more than just a fun thing to do with delicious snacks: it's also a great place to learn a lot about music, both the parts that are specific to our Episcopal tradition, and also the nuts and bolts of how music works. In her own words, "Novice choir has taught me a lot about church music, which is really pretty. And it's taught me a lot about music notes, and it helped me with my piano lessons! When I did piano lessons I knew more than a lot of other beginners."

Mills also believes that the Novice Choir is the perfect context for kids to take part in the life of our Church's worship. "I like being a part of the service and being a leader in our church."

**A**udrey Vaders has been a member of the St. Paul's Choristers since the fall of 2018, when she was in the fourth grade. Now a rising eighth grader, she continues to be an active member of the group, usually attending rehearsals on Tuesdays. She has earned the Light Blue (Level 2) Royal School of Church Music achievement ribbon, and is nearly finished with her Dark Blue (Level 3) track.

When asked about why she enjoys Choristers, Audrey responded, "My favorite part about being a Chorister is being a part of the church service. Being able to sing in the choir stalls, and seeing everyone, is a great way to start the day." Audrey has stepped forward as a leader in the choir. In December 2019, she sang in the Trio for "Once in Royal David's City" at the annual Festival of Nine Lessons and Carols, and also sang in a trio for Christmas Eve in 2021. This past May, she was one of three Treble Choristers from St. Paul's (along with two of our high school choir alumni) who participated in a Choral Evensong for Ascension Day along with singers from RSCM-affiliated church choirs across the NC Piedmont. That event struck a chord with her: "My most memorable moment is when we got to go sing at Duke Chapel! I loved singing in such a beautiful space, and singing with all the other choirs that were gathered there."

Participating in Choristers is more than just fun for Audrey, though: it's also something that brings her closer to God. As she says, "Being a Chorister has strengthened my relationship with God because when I'm singing, I am in the moment and connected with God through music."



# ST PAUL'S

EPISCOPAL

Currently, St. Paul's has many ways to worship, both in-person and online. Our regular Sunday service times until Memorial Day are 7:30 am (Rite 1), 9 am (Rite 2), 11:15 am (Rite 2), and 5 pm (Rite 2 or Evensong). Online Sunday worship is at 11:15 am.

### VISIT US

520 Summit St.  
Winston-Salem, N.C. 27101

### CONTACT US

Phone: (336) 723-4391

Web: [stpaulsws.org](http://stpaulsws.org)

Email Sign-up:

[bit.ly/3CSs9mj](http://bit.ly/3CSs9mj)

### SOCIAL MEDIA

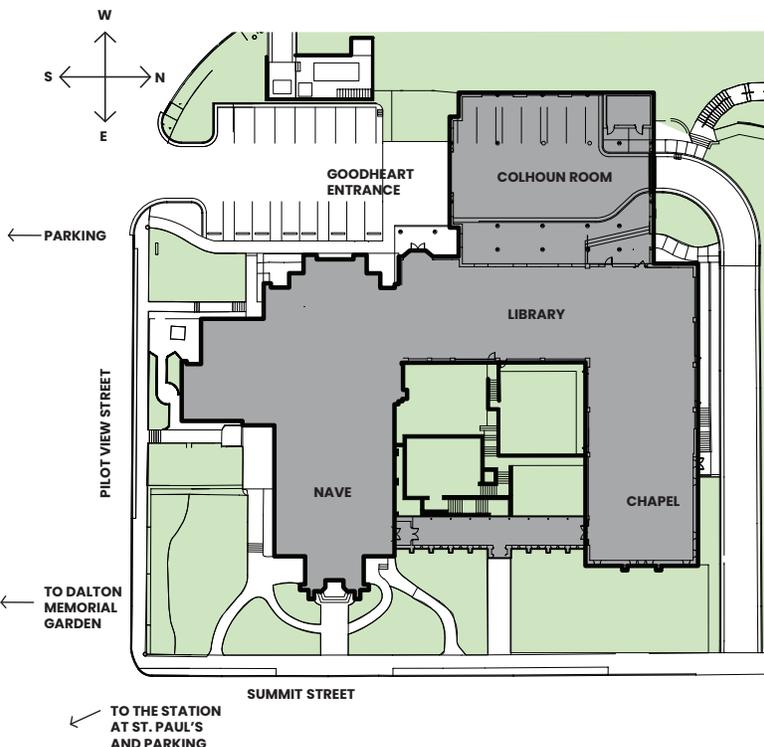
/stpaulswinstonsalem



## ABOUT ST. PAUL'S

*Glorify, Inspire, Serve, and Transform*

St. Paul's is a vibrant parish family that strives first to follow Christ. We are a large, downtown congregation in Winston-Salem, North Carolina with a long history of moving worship, active Christian formation, and transformational outreach. St Paul's offers both sanctuary and challenge. It is a church grounded in the grace of God that seeks to bring God's love and light into the world. We gather together so that we may go out into the world, radically loving our neighbors.



# TRANSITIONS

## BIRTHS

**Marion Margaret Starnes**

April 22, 2022

*Daughter of Sarah & Kenny Starnes, sister of Nell and Mae*

**Charles Lucian Crockett V**

August 20, 2022

*Grandson of Carole & Rick Murray*

**Gray Whitten Elrod**

September 26, 2022

*Son of Meredith and Adam Elrod and brother of Thomas Elrod*

**Henry David Tamer**

November 14, 2022

*Grandson of David and Vicki Tamer*

**Riley Elizabeth Farnell**

November 16, 2022

*Daughter of Holly and Edward Farnell and granddaughter of Cathy and Er Ralston*

**Louise Barlow Clark and Lucy Joyner Clark**

December 12, 2022

*Daughters of Alice Day and Frank Clark, sister of Frank Clark and granddaughters of Henri and Royall Brown*

**James Arthur Bagg**

January 5, 2023

*Son of Rachel and Jon Bagg*

## BAPTISMS

**Lucy Elizabeth Hallman**

November 6, 2022

*Daughter of Molly and Cameron Hallman*

**Charlotte Elizabeth Keiser**

November 6, 2022

*Daughter of Sarah and Kristopher Keiser*

**Margaret Ann Keiser**

November 6, 2022

*Daughter of Sarah and Kristopher Keiser*

**Daniel Breeden Pitt**

November 6, 2022

*Son of Anne and Dixon Pitt*

**Evelyn Rose Thomas**

November 6, 2022

*Daughter of Rachel and Hunter Thomas*

**Fiona Artemis Hulten-Stroop**

November 6, 2022

*Daughter of Ali and Bryan Hulten-Stroop*

**Sarah Ruth Taylor**

January 8, 2023

*Daughter of Allison and Brinson Taylor*

**Olivia Ray Kelly**

January 8, 2023

*Daughter of Leigh and Sterling Kelly*

**William Hyde Ray**

January 8, 2023

*Son of Lela and Davis Ray*

## NEW MEMBERS

**Vianne and Bob Piper**

**Sally and Joe Todd**

**Katie and Daniel Allen and son Niles**

**Stephanie and Richard Dunnington**

**Lisa and Earl Swope**

**Jeff Worth**

**Elizabeth and Kip Power**

**Gail Marshall**

## MARRIAGES

**Emily Frances Rowell and Jonathan**

**Lawrence Barnett**

October 15, 2022

**Margaret Duffy Mason and William**

**Keith Geeslin**

December 10, 2022

## DEATHS

**Elisabeth (Liz) Dodds Vinson**

October 15, 2022

*Wife of Ron Vinson*

**David Legarde McCullough**

October 17, 2022

*Husband of Carroll McCullough.*

**Roy Oscar Rodwell**

October 19, 2022

*Father of Nancy Tuohy, grandfather of Partick and William Tuohy.*

**John W. Hammon**

October 21, 2022

*Husband of Lisa Hammon*

**Carolyn Cox**

October 22, 2022

*Mother of Terry Cox*

**Timothy Joseph (Joe) Watts III**

October 22, 2022

*Husband of Katherine Watts, father of Jack, Lee, Nell, and Anna Katherine Watts*

**Henry Andrew Brown**

October 23

*Husband of Pat Brown*

**Dorothy Pritchard**

October 24, 2022

*Mother of Thomas Pritchard, mother in law of Gail Pritchard and mother of Louise Pritchard*

**Barbara Neal Shull**

November 10, 2022

*Mother of Betty Butler and mother-in-law of Norman Butler*

**Richard LLOYD Peyton**

November 11, 2022

*Children grew up here, husband to Judy Peyton (deceased)*

**James William McGee**

December 02, 2022

*Brother of John McGee and brother in law of Skinner McGee*

**Robert Franklin (Frank) Howard**

December 11, 2022

*Husband of Deb Howard*

**Robin Groce Fulk**

December 22, 2022

*Former member of St. Paul's and staff of SPP, daughter of former members Fred and Cindy Groce*

**Roberta (Pat) Fitzhugh Michal**

December 26, 2022

**Patricia Tankard Brown**

January 1, 2023

*Mother of Bruce Brown, Andy Brown*

**Emily Amburn**

January 12, 2023

*Mother of Greer Cawood, mother in law of Scott Cawood and grandmother of Emmie Cawood*

**Katherine Jacob**

January 23, 2023

*Mother of Joyce Jacob-Mua, mother in law of John Paul Mua and grandmother of Louis-Patrick and Izoma Mua*

**Albert Louis Butler, III**

January 26, 2023

*Husband of Agnes Butler, father of David and Bill Butler*

**Michael Mitchell**

January 26, 2023

*Father of Amanda Wils, father in law of David Wils*

**Ellen Ringer**

February 3rd, 2023

*Sister of Myra Bonner*

**Barbara Watson Douglas**

February 10, 2023

*Wife of Bob Douglas and mother of Stewart and Andrew*

# parish life

Lent 2023 | Vol 51, Issue 1

Parish Life is published by:  
St. Paul's Episcopal Church  
520 Summit St.  
Winston-Salem, NC 27101-1195

## the matchUp

The MatchUp is a storytelling podcast from St. Paul's where you decide who shares the most compelling story! New episodes come out each week!

### UPCOMING EPISODES:

The Most Interesting Lenten Practice  
The Best Church Mystery  
The Most Revolutionary Anglican

