



CHC53315

Diploma of Mental Health

Hader Institute of Education Pty Ltd is a Registered Training Organisation (RTO number 45162) registered with the Australian Skills Quality Authority (ASQA). Hader Institute of Education is proud to offer the CHC53315 Diploma of Mental Health as a 12-month part time program.

Make a difference in your community and enjoy a rewarding career

The past decade has seen a vast increase in the number of people needed for employment in community and mental health services. One in three Australians will experience mental health challenges at some point in their lives, and this qualification will equip you with the knowledge and understanding to help those affected by mental health issues. This Diploma equips you with specialised skills that will enable you to provide professional support and guidance to diverse groups and individuals.

Giving back to your community can be very rewarding

This course will equip you with the skills to provide services to clients in relation to mental health issues. You will learn to work with diverse people, collaboration, recovery orientated approaches, advocacy and education/health promotion services. It would enable you to attain high level specialist knowledge, skills and competencies — especially in regard to laws affecting people with mental health issues, the range of services available to them and health issues related to mental health.

CHC53315 Diploma of Mental Health

What you will learn

You will learn how to offer support to people from varied backgrounds and how to assist those who may have mental health issues. There will be advice on skills and techniques which you can implement to promote recovery and well being. You will further develop your skills on health and safety and decision making.

Course duration

12 months

Target learner

This qualification reflects the role of workers who provide services to clients in relation to mental health issues. They can provide counselling, referral, advocacy and education/health promotion services. These workers are required to have high level specialist knowledge, skills and competencies especially in regard to laws affecting people with mental health issues, the range of services available to them and health issues related to mental health.

Flexible and supportive learning

This is a blended delivery model which incorporates Trainer led synchronous online zoom classroom sessions for 3 hours per week for 44 weeks in the evening, a monthly one-hour one-on-one mentoring session with your trainer (zoom, phone) and 160 hours of work placement, plus you will need to complete 22 hours per week for 44 weeks undertaking structured self-paced study. All learning and assessment materials are accessed via the student online portal. You will have the support of a trainer/assessor throughout your studies.

Course structure

The selection of these units of competency and the course structure has been confirmed through industry engagement undertaken by Hader Institute of Education.

Delivery Structure

The CHC53315 Diploma of Mental Health is delivered using the course structure outlined below:

Months	Delivery Mode	Training
1	Online	CHCDIV001 Work with diverse people
	Zoom online class	CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety
2	Online	HLTWHS004 Manage work health and safety
	Zoom online class	CHCPOL003 Research and apply evidence to practice
3	Online	HLTWHS006 Manage personal stressors in the work environment
	Zoom online class	CHCADV005 Provide systems advocacy services
4	Online	CHCMHS009 Provide early intervention, health prevention and promotion programs
	Zoom online class	CHCAOD004 Assess needs of clients with alcohol and other drugs issues
5	Online	CHCMHS012 Provide support to develop wellness plans and advanced directives
	Zoom online class	
6	Online	CHCCCS019 Recognise and respond to crisis situations
	Zoom online class	CHCMHS013 Implement trauma informed care
7	Online	CHCMHS011 Assess and promote social, emotional and physical wellbeing
	Zoom online class	
8	Online	CHCMHS005 Provide services to people with co existing mental health and alcohol and other drugs issues
	Zoom online class	
9	Online	CHCPRP001 Develop and maintain networks and collaborative partnerships
	Zoom online class	CHCPRP002 Collaborate in professional practice
10	Work Placement (80 hours)	CHCMHS003 Provide recovery oriented mental health services
		CHCMHS002 Establish self-directed recovery relationships
		CHCMHS004 Work collaboratively with the care network and other services
11	Work Placement (80 hours)	CHCMHS010 Implement recovery-oriented approaches to complexity
12	Online	CHCPRP003 Reflect on and improve own professional practice
	Zoom online class	

Tuition Fees: \$7,995

Students will pay a fee of \$7,995.00 at the commencement of the course. For more information visit our website: www.haderinstitute.edu.au. Refunds — please refer to the Learner Handbook for the refunds policy

Career options you may be interested in

If you are a people person, who likes helping others and want a rewarding varied career, you may also like to consider studying the CHC53215 Diploma of Alcohol and Other Drugs.

Student entry requirements

- Be at least 18 years of age.
- Have completed their education to a level which is equivalent to an Australian Senior High School Year 12 or has completed an AQF Certificate IV level qualification.
- Have suitable language, literacy and numeracy skills to read and comprehend learning materials and perform tasks related to recording workplace documents including reading and writing detailed reports, case notes, reports and other documents, interpreting workplace policy and procedure and reporting hazards. Learners are required to pass an online LLN assessment test
- Be capable of completing 160 hours of work placement in a suitable health facility.
- Have sound computer skills to navigate simple software to complete the online component of this course and must be able to use intermediate level Word features in order produce and present word-processed documents/ reports.
- Have access to a laptop and internet to complete this online course.
- Hold the required criminal and working with children checks (if applicable) or be able to apply for a police check prior to the commencement of work placement if required.
- These entry requirements will be confirmed through information collected on the enrolment form and during the enrolment interview.

Learner support

Hader Institute provides support to all learners through the trainer and the Hader Institute Learner Support Officer.

Assessment requirements

The assessment is conducted using a combination of realistic workplace tasks, projects, knowledge tests, response to case studies and feedback from supervisors. The following provides a brief explanation of the assessment methods that are to be applied: Written tasks; Case Study; Practical Activities/Demonstrations; Work Placement

Practical (work) placement

The requirements for this qualification includes a minimum of **160 hours** of work placement to achieve the course outcomes for the following units of competency:

Students are required to complete **160 hours** of work placement in a suitable facility.

If a learner is currently in the industry some sign off will be accepted from their current workplace. For learners who do not currently have a suitable workplace, Hader Institute will assist the learner to find a suitable facility. The learner will utilise a **work placement log book** to record their hours of work placement. The learner is required to sign a confidentiality agreement with the facility.

Recognition of Prior Learning

Applicants can apply for recognition of their existing skills and knowledge that are relevant to the units of competency within the program. See the Hader Institute Learner Handbook and policies and procedures .

Student Information

Detailed student information is available within our Learner Handbook and Policies and Procedures which is available on the Hader Institute of Education website. This booklet contains important information about your rights and obligations such as your right to privacy, a safe training environment and the right to complain or appeal an assessment decision. It is important that you this information before applying to enrol.

Who is responsible for your training?

Hader Institute of Education is responsible under the National Vocational Education and Training Regulator Act 2011 for the quality of the training and assessment being delivered in this course and for the issuance of all Australian Qualification Framework certificates.

National recognition

On successfully completing all the training and assessment tasks, the CHC53315 Diploma of Mental Health qualification will be issued. A transcript listing all units of competency completed will also be issued. The qualification and units of competency are nationally recognised and provide individuals with a valuable qualification that can be applied throughout Australia and the wider children's services community. Hader Institute of Education will issue a qualification within 30 days of the final assessment being completed. See the Hader Institute Learner Handbook for more information.