

## CHC53215

# Certificate IV in Mental Health

Hader Institute of Education Pty Ltd is a Registered Training Organisation (RTO number 45162) registered with the Australian Skills Quality Authority (ASQA). Hader Institute of Education is proud to offer the CHC43315 Certificate IV in Mental Health as a 12-month part time program.

## Make a difference in your community and enjoy a rewarding career

The past decade has seen a vast increase in the number of people needed for employment in community and mental health services. One in three Australians will experience mental health challenges at some point in their lives, and this qualification will equip you with the knowledge and understanding to help those affected by mental health issues. This Certificate IV equips you with specialised skills that will enable you to provide professional support and guidance to diverse groups and individuals.

## Giving back to your community can be very rewarding

This course reflects the role of workers who provide elf-directed recovery orientated support for people affected by mental illness and psychiatric disability. The course will involve implementing community-based programs and activities focusing on mental health, mental illness and psychiatric disability.



#### CHC43315 Certificate IV in Mental Health

#### What you will learn

You will learn the principles of recovery-oriented practice, communication techniques to build and maintain relationships, and you will learn how to support people with co-existing mental health and other issues. There will be advice on skills and techniques which you can implement to promote recovery and well-being. To achieve this qualification, you will also need to complete 80 hours of work placement experience which will be at a suitable approved facility.

#### Course duration

12 months

#### Target learner

The target participants for this course delivery are those wishing to work within the mental health sector or those interested in seeking knowledge in the mental health rehabilitation industry.

#### Flexible and supportive learning

This is a blended delivery model which incorporates Trainer led synchronous online zoom classroom sessions for 3 hours per week over 48 weeks in the evening, a monthly one hour one-on-one mentoring session with your trainer (zoom, phone) and 80 hours of work placement, plus you will need to complete 15 hours per week over 48 weeks undertaking structured self-paced study. All learning and assessment materials are accessed via the student online portal. You will have the support of a trainer/assessor throughout your studies.

#### Course structure

The selection of these units of competency and the course structure has been confirmed through industry engagement undertaken by Hader Institute of Education.



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**RTO ID** 45162

Level 2, 80 Dorcas Street Southbank VIC 3006

Phone: (03) 8362 3113 Email: info@haderinstitute.edu.au

### **Delivery Structure**

The CHC43315 Certificate IV in Mental Health is delivered using the course structure outlined below:

Months	Delivery Mede	Turketan
MOTITIS	Delivery Mode	Training
	Online	CHCDIV001 Work with diverse people
	Zoom online class	CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety
	Online	HLTWHS001 Participate in workplace health and safety
	Zoom online class	
3	Online	CHCLEG001 Work legally and ethically
	Zoom online class	
4	Online	CHCCOM002 Use communication to build relationships
	Zoom online class	
5	Online	CHCDFV001 Recognise and respond appropriately to domestic and family violence
	Zoom online class	
6	Online	CHCCCS019 Recognise and respond to crisis situations
	Zoom online class	
7	Online	CHCMHS011 Assess and promote social, emotional and physical wellbeing
	Zoom online class	
8	Online	CHCMHS005 Provide services to people with coexisting mental health and alcohol and other drugs issues
	Zoom online class	
9	Online	CHCMHS007 Work effectively in trauma informed care
	Zoom online class	
10	Work Placement (80 hours)	CHCMHS003 Provide recovery oriented mental health services
		CHCMHS002 Establish self-directed recovery relationships
		CHCMHS004 Work collaboratively with the care network and other services
11	Online	CHCMHS008 Promote and facilitate self-advocacy
	Zoom online class	
12	Online	CHCPRP003 Reflect on and improve own professional practice
	Zoom online class	



#### Tuition Fees: \$5.495

Students will pay a fee of \$5,495.00 at the commencement of the course. For more information visit our website: www.haderinstitute.edu.au. Refunds — please refer to the Learner Handbook for the refunds policy

#### Career options you may be interested in

If you are a people person, who likes helping others and want a rewarding varied career, you may also like to consider studying the CHC43215 Certificate IV in Alcohol and Other Drugs

#### Student entry requirements:

- Be at least 18 years of age.
- Have completed their education to a level which is equivalent to an Australian Senior High School Year 12 or has completed an AQF Certificate IV level qualification.
- Have suitable language, literacy and numeracy skills to read and comprehend learning materials and perform
  tasks related to recording workplace documents including reading and writing detailed reports, case notes,
  reports and other documents, interpreting workplace policy and procedure and reporting hazards. Learners are
  required to pass an online LLN assessment test.
- Be capable of completing 80 hours of work placement in a suitable health facility.
- Have sound computer skills to navigate simple software to complete the online component of this course and
  must be able to use intermediate level Word features in order produce and present word-processed documents
  / reports.
- Have access to a laptop and internet to complete this online course.
- Hold the required criminal and working with children checks (if applicable) or be able to apply for a police check prior to the commencement of work placement if required.
- These entry requirements will be confirmed through information collected on the enrolment form and during the enrolment interview.

#### Learner support

Hader Institute provides support to all learners through the trainer and the Hader Institute Learner Support Officer.



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#### Assessment requirements

The assessment is conducted using a combination of realistic workplace tasks, projects, knowledge tests, response to case studies and feedback from supervisors. The following provides a brief explanation of the assessment methods that are to be applied: Written tasks; Case Study; Practical Activities and Demonstrations; Work Placement.

#### Practical (work) placement

The requirements for this qualification includes a minimum of 80 hours of work placement to achieve the course outcomes for the following units of competency:

- CHCMHS002 Establish self-directed recovery relationships
- CHCMHS003 Provide recovery oriented mental health services
- CHCMHS004 Work collaboratively with the care network and other services

If a learner is currently working in the industry some sign off against the work placement hours will be accepted from their workplace. For learners who do not currently have a suitable workplace, Hader Institute will assist the learner to find a suitable facility. The learner will utilise a work placement log book to record their hours of work placement. The learner is required to sign a confidentiality agreement with the facility.

#### Recognition of Prior Learning

Applicants can apply for recognition of their existing skills and knowledge that are relevant to the units of competency within the program. See the Hader Institute Learner Handbook and policies and procedures.

#### Learner Information

Detailed student information is available within our Learner Handbook and RTO Policies and Procedures which is available on the Hader Institute of Education website. This booklet contains important information about your rights and obligations such as your right to privacy, a safe training environment and the right to complain or appeal an assessment decision. It is important that you this information before applying to enrol.



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#### Who is responsible for your training?

Hader Institute of Education is responsible under the National Vocational Education and Training Regulator Act 2011 for the quality of the training and assessment being delivered in this course and for the issuance of all Australian Qualification Framework certificates.

#### National recognition

On successfully completing all the training and assessment tasks, the CHC53215 Diploma of Alcohol and Other Drugs qualification will be issued. A transcript listing all units of competency completed will also be issued. The qualification and units of competency are nationally recognised and provide individuals with a valuable qualification that can be applied throughout Australia and the wider health services community. Hader Institute of Education will issue a qualification within 30 days of the final assessment being completed.

See the Hader Institute Learner Handbook for more information.



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