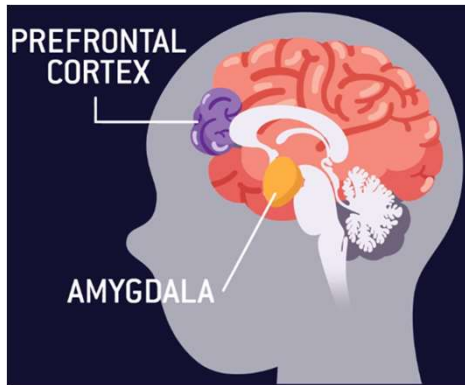


# Decision Traps Intro

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**What part of the brain...:**

Controls your executive function?

Is the center of emotional decision making?

Is still developing throughout the teenage years?



**HUNGRY**

**ANGRY**

**LONELY**

**TIRED**

**Describe some emotional or physical states the might affect your Decision Fitness.**



**Beware!**

**Describe in detail how you are feeling right now.**

**Are you Decision Fit to make a big decision?**



# Decision Traps Crossword

Complete the puzzle by matching the descriptions to the traps.

<b>Habitual Frame</b>	<b>Wishful Thinking</b>
<b>Living on Autopilot</b>	<b>Either/Or</b>
<b>Procrastination</b>	<b>Comfort Zone Trap</b>
<b>Sunk Cost</b>	<b>Bandwagon Effect</b>

## Down

1. Doing what you always do
3. Doing what feels easy
6. Focusing on what you want to happen

## Across

2. Simplifying the decision to doing something or not doing it
4. Doing what others do
5. Going with the flow and not seeing the decision
7. Going through on a decision because of the effort you put in
8. Putting the decision off

The crossword puzzle grid is composed of white squares for letters and black squares for empty space. The clues are numbered as follows:

- 1**: Down, 10 squares
- 2**: Across, 8 squares
- 3**: Down, 10 squares
- 4**: Across, 12 squares
- 5**: Across, 12 squares
- 6**: Down, 10 squares
- 7**: Across, 6 squares
- 8**: Across, 12 squares



Beware!

