

Follow these recommended healthcare
Infection Control Actions to stop the spread of
viral respiratory infections like influenza, RSV, and COVID-19.

Influenza, RSV, and SARS-COV-2 all
have a fatty envelope that
surrounds them.

This means that
routine cleaning &
disinfection work
effectively to stop
their spread.

How?

**Alcohol-based
sanitizer**

dissolves the fatty envelope,
destroying the virus.

Hand Hygiene

Environmental Disinfection

Soap

surrounds the
virus, and water
carries it off
the skin.

**EPA-registered
disinfecting products**
dissolve the fatty envelope,
destroying the virus.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention



**PROJECT
FIRST LINE**
CDC's National Training Collaborative
for Healthcare Infection Prevention & Control



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