

Lunch Menu

Mains:

FOUNTAIN BURGER £15.00

Homemade 7oz beef burger with bacon, BBQ sauce & Mozzarella, with chips, salad & slaw.

Gluten or dairy free bun available.

BUTTY BATTERED COD D £15.00

Butty Bach Ale battered cod fillet with chips, peas & homemade tartare sauce.

WHISKEY CHICKEN G £15.50

Pan fried chicken breast in a creamy whiskey, mushroom, shallot and Dijon mustard sauce with new potatoes and vegetables.

HAM, EGG & CHIPS G&D £13.50

Locally sourced ham with chips, 2 free range eggs & salad.

MOVING MOUNTAINS BURGER VN&D £13.50

Plant based Moving Mountains burger with tomato & lettuce, with chips, salad & chilli jam.

Vegan & dairy free bun available.

Add Mozzarella for 50p

MOROCCAN TAGINE VN,G&D £13.00

Chef's Moroccan Tagine with spiced chickpeas, courgettes, sweet potato, apricots & sultanas, served with rice. *Add a small portion of chips for £1.50 or grilled chicken for £2.50*

PESTO TAGLIATELLE V £13.00

Tagliatelle pasta in a roasted red pepper & pesto sauce with red peppers, spinach & red onion, with garlic bread.

Add grilled chicken for £2.50

GOAT'S CHEESE & POMEGRANATE £13.00

SALAD V&G

Large house salad with crumbled goat's cheese & pomegranate, tossed in olive oil with a raspberry balsamic drizzle.

Add a small portion of chips or crispy bacon for £1.50

Baguettes:

Choose from a brown or white baguette, with salad & chips. Gluten free baguettes available.

BACON, BRIE & CRANBERRY £10.00

THICK CUT HAM & CARAMELISED RED ONION CHUTNEY D £9.50

BRIE & CRANBERRY V £9.00

ROAST CHICKEN, LETTUCE & MAYO D £10.00

SMOKED SALMON, CUCUMBER & CREAM CHEESE D £10.50

Light Lunches:

WHITEBAIT D £8.00

Breaded whitebait with rocket and zesty lemon mayo.

SPRING ROLLS VN&D £6.50

Crispy mini vegetable spring rolls with rocket & hoisin sauce.

BRUSCHETTA VN&D £6.50

Olive oil toasted bread with balsamic, tomatoes, red onion, basil & garlic.
Can be made gluten free upon request.

BAKED BRIE V&G £7.50

Baked pot of brie with toasted baguette, rocket & homemade red onion chutney.
Can be made gluten free upon request.

CHICKEN GOUJONS D £8.00

Beer battered chicken goujons with salad & chilli jam.

Sides Orders:

Chunky Chips	£3.00	Cheesy Chips	£3.50	Blue Cheese Chips	£4.50
Hand Battered Onion Rings	£3.50	Gluten Free Onion Rings	£3.50		
Garlic Bread	£3.50	Cheesy Garlic Bread	£4.00		
Side Salad with House Dressing	£3.50	1/2 Baguette & Butter	£1.00		
Homemade Slaw	£1.00	Seasonal Vegetables	£3.50		

D - Dairy free G - gluten free V - Vegetarian VN - Vegan

The Fountain Inn, Parkend