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Kia ora koutou,

In this issue we warmly welcome our new CEO, Dr Brian Young, to IANZ and share a bit about him and his background, initial thoughts on joining the IANZ team and his office essentials!

Looking after ourselves, and each other, is so important while our non-essential workers in the team of five million face another stint working from home. We've compiled a helpful article with some great tips for making working from home work for you. Why not adopt a tip and see if it helps?

We also have lots to share around new and upcoming training courses, a job opening at IANZ, and a quick look at our attendance at the recent CETANZ Conference.

Stay safe,

Team IANZ

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#### Introducing Dr Brian Young - Chief Executive Officer IANZ

IANZ is delighted to introduce to you our new Chief Executive for IANZ, Dr Brian Young, BSc (Hon), PhD, CMInstD.

Our team are thrilled to have Brian on board and we look forward to his leadership at the helm of IANZ as we continue our commitment to protecting the health and wealth of New Zealand.

We recently sat down with Brian to find out more about his background and what he's most excited about joining Team IANZ.

## Welcome to Team IANZ Brian! Could you tell us a little about your background:

Thank you, I am very pleased to have the opportunity to join the IANZ team!

I am a neuroscientist by trade – the first 17 years of my career – and I still identify as a scientist. Sadly, I haven't collected any data for many years, but I have had the opportunity to experience many other areas of science. The data-collecting phase of my career finished when I took on the role as the Ministry of Research, Science and Technology's inaugural Washington DC-based science diplomat. This was followed by a stint as the Director of Research at the University of Otago, and more recently as the Director of the Defence Technology Agency. So, in a sense, the first half of my career was focused on understanding a lot about a little, and the second half a little about a lot!

## What are you most excited about in joining Team IANZ?

It is always exciting (and a bit intimidating!) taking on a new role that involves a lot of learning about a new organisation, area of work, and so forth. I am still very much on the steep slope of the learning curve and I imagine I will be there for quite some time. The most exciting part is figuring out how I fit into the organisation, in other words, how I can add value through enabling our IANZ to achieve more while simultaneously increasing the satisfaction/fulfilment that our people derive from their work. I am particularly enjoying getting to know the people of IANZ and the different pieces that each adds to the IANZ enterprise.

IANZ employees are often referred to as curious experts. What do you think are some other important traits in IANZ assessors?

The third IANZ value is "achieving together" and for me, that is hands down the most important key to team/organisational success. I am a firm believer in the "whole is greater than the sum of the parts", having many times as a scientist and in subsequent roles experienced the value of effective team work. I hope that in the coming months and years that we can work together to further strengthen communication and team-work up, down, and across IANZ.

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have been impressed with the level of commitment. Our people are prepared to go the extra mile to get the job done. While I admire the ethos, I will be seeking to reduce the number of extra miles required to get the job done without sacrificing the quality of the results.

And finally, what is the one office item you can't live without i.e your favourite coffee cup, a diary, your favourite office chair etc.

That would be the bottle of whisky in my cabinet! Seriously, a comfortable ergonomic chair has to be at the top of the list, but that is a goal I have yet to achieve in my first few weeks at IANZ. Second to the chair would be my running gear. It is not an office item *per se*, but it is often in my office and provides an important means for me to clear my head in the middle of the day.



# **Looking After Your Mental Health When Working From Home**

As we find ourselves shifting to more remote working arrangements (outside of our current lockdown situations), it's important we look at the practical steps that you can take to tailor your own personal situation to stay mentally healthy. First and foremost, it's important to remember that you are working from home, not living at work, so setting up your work environment to best allow for both is the first challenge!

Your work environment is more than simply your physical work area; it's the people present and the tasks being completed. It's important to find a work area at home that suits you and the tasks you do. Consider whether you get your energy from being in a quiet focussed space, or from working around people/background energy and noise. Look at creating some physical boundaries to help create a mental boundary between work and home life. This will help your brain shift into 'home mode' so that you can enjoy your personal time without feeling like you are still at work.

Having the right tools and resources will help you be effective when you work from home. Particularly when working in a home environment shared with other people, it may take some time to finding the right balance in sharing technology (and ensure that your internet isn't lagging from too much streaming!)

But perhaps most importantly, connect with your team and maintain your social connections, outside of your normal tasks and formal meetings. Take the time to consciously connect with your team and build and maintain relationships. Check-in each morning and try new ways to connect, with new technologies and messenger systems available. Be open with your manager and team about how you are feeling

Stay safe. Be mindful and check in with others.

Kia Kaha.



#### **IANZ Attends the CETANZ Conference**

IANZ staff attended the CETANZ (Civil Engineering Testing Association of New Zealand) conference in mid-August 2021, providing an opportunity for them to collaborate with their peers, share new ideas and learn about advances within the industry. A perfect example of the curious experts we have within Team IANZ!

CETANZ works continuously to improve the standard of civil testing in New Zealand, advancing its status to the construction industry and promoting the benefits of high-quality testing. They assist members in the development of proficiency testing programmes and represent their views to regulatory authorities. IANZ and CETANZ work closely with one another, strengthening the ties to these regulatory authorities and ensuring maintenance of the high quality civil engineering testing we have in New Zealand.

As IANZ was a bronze sponsor for the event, having a trade stand allowed for greater discussion with conference participants, where we could provide them with information on the particular benefits IANZ accreditation can have for their partners and client relationships, as well as share more on our Technical Expert Training course.

And of course share some of our IANZ jellybeans!

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# Quality Assessor Building Accreditation



#### Join Team IANZ!

Take your expertise out-and-about, to protect the building investments of New Zealanders.

Team IANZ is on the lookout for a Quality Assessor in the Building Accreditation Programme. The role will involve planning and leading assessments of the quality and technical management systems in councils and organisation that provide building inspection services throughout New Zealand. Research of regulatory requirements, face-to-face audits, verbal feedback and written reports form part of most assessments.

And you? To be up for this challenge, you will have the following:

- · A tertiary qualification
- Experience in consent/inspection or quality focused role
- A passion for building/construction
- · An 'inquisitive' nature
- · Strong report writing skills
- · Good client liaison skills with the ability to present professionally
- A willingness to be away from home for 8-10 days per month

If you're keen to get out-and-about and use your expertise in an exciting new way, then you could be the right fit for Team IANZ. Contact David Ireland on (09) 917 0130 or apply online.

**APPLY NOW** 



# **Technical Expert Training Course is now LIVE!**

NZQC, in collaboration with IANZ, is very proud to present the Technical Expert Training course – an online course about the roles and responsibilities of the technical expert at IANZ assessments.

modules including IANZ and 'the bigger picture', the roles and responsibilities of key personnel in an assessment, soft skills necessary as part of the assessment process and post-assessment activities. The course has been designed to allow participants to complete the course at their leisure, with no time limit to completion once enrolled. You will also receive a certificate for your records once complete.

For technical experts currently on our TE registers within IANZ, this course is free. Many of you would have received an email regarding the course's release this week, with a discount code to apply at checkout. If you have not received an email communication and believe you should have and would like to complete the course, please email Rachel on rbarnett@ianz.govt.nz to discuss enrolment.

**CLICK TO FIND OUT MORE ABOUT THIS COURSE** 

## **NZQC Upcoming Courses**



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