



## **Dai Sesshin from July 18 to 24, 2024 at 6747 Chironico, Switzerland**

### **Dai-Sesshin check-in / end:**

Thursday, July 18: check-in: 2pm – 3pm  
Wednesday, July 24: end around 10am (then pack and clean!)

This is a very intensive Zen training with a strict daily schedule especially for experienced students. But - since it is possible to do part-time attendance – it is also for brave new students who have some experience in zazen.

### **Registration:**

Please send registration to Myoen Nicole Ciucci  
Email: [info@zentraining.ch](mailto:info@zentraining.ch)  
Mobile: 0041-797014116 or Home: 0041-625353233

### **Registration deadline May 26, 2024!**

### **Fee:**

**Dai Sesshin:** CHF 620.00 for the entire training, accommodation and meals.

Please transfer the attendance fee to the following bank account after receiving the confirmation of participation.

**IBAN: CH37 0900 0000 1574 4735 8**  
**PostFinance AG, Zentraining.ch, 6780 Airolo Schweiz**  
**BIC: POFICHBEXXX, Clearing-Nr.: (BC) 900**  
**Purpose: Sesshin July 2024**

**Deadline for transfer is June 15, 2024!**

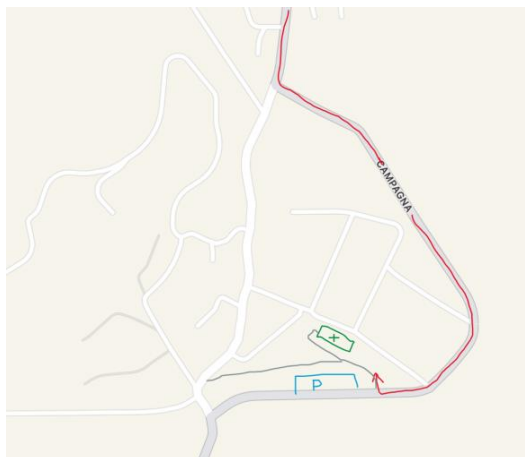
However, the participation is only valid with the transfer; if the fee is not transferred by the deposit deadline, your place will be given to people on the waiting list.

**Please note that the transfer fee and/or currency exchange fee will be at your expense!**

**Part-time attendance at sesshin** is possible with at least one overnight stay. Please contact Myoen Nicole Ciucci if you want to participate part-time.

It is also possible to book a long stay for the entire period from 15 July to 28 July for CHF 840.00. The days before Sesshin, 15-17 July, and between Sesshin and Shugendo, 25 July, are without an official program and can also be used to explore the region individually. Food is not included on these days. There is a small grocery store in the village and several shopping facilities in Lavorgo and Faido. The accommodation has cooking facilities. On the morning of July 28, the accommodation must be cleared and cleaned by 12:00 noon!

**Location:** Sala Multiuso, Via Campagna, 6747 Chironico, Switzerland (see building on this photo it is easily recognizable from the road Via Campagna: green rectangle on the map)



The building on this map it is easily recognizable from the road Via Campagna: green rectangle on the map; parking: blue P

Travel by car:

It's holiday season; to prevent traffic jam there are a few options.

For specific travel information please contact Myoen Nicole Ciucci

## For Sesshin please bring:

- Hakama and gi or black pants and white shirt
- White tabi or sock to wear during the morning chanting. Also warm socks in case of cold floor.
- Jihatsu set (for formal meals) with white cloth and dark colored wrapping  
For a small fee of CHF 5.00 we have some sets to borrow; first come, first served!
- Chop sticks
- Korinji Okyo book if you possess one
- Appropriate outdoor clothing (rain jacket, solid shoes, hat, sunscreen)  
for samu (outdoor work practice)
- Water bottle
- Maybe sleeping bag (beds with mattress are available)
- Pajamas
- Toiletry, towel
- Flashlight
- NO electronic devices (mobile, personal computer,...)
- There will be an emergency number: 0041-797014116 (Myoen)
- Zafu: meditation pillows (zabuton: floor cushions are provided)

## **Dana:** (voluntary donation)

A voluntary donation for support and maintenance of Korinji will be gladly welcome. Please contact Jiko Ruth Zimmermann at check-in. For more information visit [www.korinji.org](http://www.korinji.org).

## Teacher: Meido Moore Roshi



Guiding teacher of the Rinzai Zen Community and Abbot of the Korinji monastery:

[www.korinji.org](http://www.korinji.org)

Meido Moore Roshi teaches and practices in the USA as well as in Europe.