



**Biathlon Canada Selection Trials for
World Cup Tour #1, IBU Cup Tour #1, Junior IBU Cup Tour #1, Youth Olympic Games
November 1 to November 5, 2023
Canmore Nordic Centre
Canmore, Alberta**

1. Organizing Committee

Organizing Committee contact: Clayton Whitman cwhitman@biathloncanada.ca

Technical Delegate: Karin Kaarsoo

2. Registration

Registration will open on Zone4 at 20:00 MST on Wednesday, September 6th and will close at 23:59 MST on Wednesday, October 25th.

- \$30 per competition
- All competitors must have a Frozen Thunder trail pass for each day of competition and official training. Frozen Thunder trail passes are not included in the competition fee. See section 11 for details about how to purchase a Frozen Thunder trail pass.
- All competitors must have a Frozen Thunder Bib if they wish to attend official training. Frozen Thunder Bibs for official training are not included in the competition fee. If you wish to attend official training, and you do not already have a Frozen Thunder Bib, you must purchase a Frozen Thunder Bib for each day of official training you wish to attend. See section 11 for details about how to purchase a Frozen Thunder Bib for official training.

Athlete registration (opens on October 9): <https://zone4.ca/register.asp?id=32920>

Coach registration: <https://forms.gle/EJZ2v5sYjfVsPS84A>

Volunteers and Officials registration: <https://forms.gle/i9LstV9rAWtNmpc39>

Frozen Thunder Bib purchase: <https://zone4.ca/register.asp?id=33091>

3. Eligibility

All athletes participating in trials must be members in good standing of Biathlon Canada. Foreign athlete participation will require the permission of the Organizing Committee.

The eligibility requirements for the World Cup, IBU Cup, and Junior IBU Cup are set out in Biathlon Canada's National Team Program:

https://uploads-ssl.webflow.com/61ec8285229b3ec0ae6443ef/64f242cc8824f1a33094366e_2023-2024%20National%20Teams%20Program%20Selection%20Criteria_FINAL.pdf.

The eligibility requirements for the Youth Olympic Games are available on the Biathlon Canada website here: [Youth Olympic Games Nomination Criteria](#).

4. Wax Protocol

Biathlon Canada will be executing a universal wax protocol for all athletes. Skis should be clean and not pre-waxed when they are submitted for wax protocol before the published drop-off time. The fluoro ban described in the Canadian Hosting Policy will be in effect for this event.

Biathlon Canada staff will prepare all skis. All athletes must submit one pair of skis to the identified Wax Cabin at the Canmore Nordic Centre during the times indicated in the event schedule. Biathlon Canada Staff will make note of the athlete's name and skis, ensure the athlete's skis are waxed and ensure the athlete's skis are available in the start pen as they proceed to the start.

5. Competition Formats

Thursday, November 2 – Sprint

- WC/IBUC/JIBUC Women: 7.5km; 24 second time penalty
- WC/IBUC/JIBUC Men: 10km; 22 second time penalty
- YOG Women: 6km, 24 second time penalty
- YOG Men: 7.5km, 22 second time penalty

Saturday, November 4 – Pursuit

- WC/IBUC/JIBUC Women: 10km; 24 second time penalty
- WC/IBUC/JIBUC Men: 12.5km; 22 second time penalty
- YOG Women: 7.5km, 24 second time penalty
- YOG Men: 10km, 22 second time penalty

Sunday, November 5 – Sprint

- WC/IBUC/JIBUC Women: 6km; 18 second time penalty
- WC/IBUC/JIBUC Men: 7.5km; 16 second time penalty
- YOG Women: 4.5km, 18 second time penalty
- YOG Men: 6km, 16 second time penalty

6. Event Schedule

The following schedule is subject to change after registration closes, for reasons including snow and weather conditions, and scheduling of Frozen Thunder.

Wednesday, November 1

8:30–10:10 Training Women
 10:15–12:00 Training Men
 12:00–14:00 Race ski drop-off
 16:00–17:00 Virtual coaches meeting

Thursday, November 2

8:20–8:50 Zero Women
 8:45 Race skis brought to start area
 9:00 Sprint Women (ALL CATEGORIES)
 10:00 Course opens for Men's warm up
 10:10–10:40 Zero Men
 10:35 Race skis brought to start area
 10:50 Sprint Men (ALL CATEGORIES)

Friday, November 3

8:30–10:10 Training Men
 10:20–12:00 Training Women
 12:00–14:00 Race ski drop-off
 16:00–17:00 Virtual coaches meeting

Saturday, November 4

8:20–8:50 Zero Men
 8:45 Race skis brought to start area
 9:00 Pursuit WC/IBUC/JIBUC Men
 9:50 Pursuit YOG Men
 10:40 Course opens for Women's warm up
 10:55–11:25 Zero Women
 11:20 Race skis brought to start area
 11:35 Pursuit WC/IBUC/JIBUC Women
 12:20 Pursuit YOG Women
 13:00–15:00 Race ski drop-off

Sunday, November 5

8:20–8:50 Zero Men
 8:45 Race skis brought to start area
 9:00 Sprint Men (ALL CATEGORIES)
 10:10 Course opens for Women's warm up
 10:25–10:55 Zero Women
 10:50 Race skis brought to start area
 11:05 Sprint Women (ALL CATEGORIES)

7. Courses

To be determined, using available snow. Proposed course maps will be provided prior to the event and the courses will be confirmed at the Coaches Meeting on November 1.

8. Zeroing Lanes

The Organizing Committee will assign individual lanes. When athletes are registering they must indicate the name of the club or team that they will be zeroing with. Each team will have zero lanes grouped beside each other in accordance to how many athletes they have competing.

9. Coaches Meetings

- Wednesday, November 1 at 16:00 MST via Zoom; and
- Friday, November 3 at 16:00 MST via Zoom.

The Zoom invitation will be sent out to registered coaches after registration closes.

10. Selection

Team selection will be made based on the process outlined in the 2023–2024 National Team Program. Athletes selected for tours will be notified by Tuesday, November 7.

11. Frozen Thunder Trail Passes and Frozen Thunder Bibs

Frozen Thunder Trail Passes

In order to compete or attend official training during the event, athletes must have a Frozen Thunder Trail Pass. Athletes will not be permitted to compete or attend official training without a Frozen Thunder Trail Pass.

Frozen Thunder Trail Passes are not included in the competition fee. Season passes for Frozen Thunder are recommended for all athletes, and can be purchased here:

<https://www.albertaparks.ca/parks/kananaskis/canmore-nordic-centre-pp/activities/cross-country-skiing/cross-country-ski-passes/>.

Day passes for Frozen Thunder can also be purchased in person at the Canmore Nordic Centre ticket booth but the ticket booth does not open until 9:00 daily.

Athletes must present their Frozen Thunder seasons pass or day pass at the Competition Office in order to pick up their bib for competitions, and at the Nordiq Canada office to pick up their Frozen Thunder Bib for official training.

Frozen Thunder Bibs

Athletes do not need Frozen Thunder Bibs for competition days.

In order to attend official training, Athletes must have a Frozen Thunder Bib. Frozen Thunder Bibs for official training are not included in the competition fee. Athletes who do not already have a Frozen Thunder Bib must purchase a Frozen Thunder Bib for their designated official training time for each day of official training that they wish to attend.

Frozen Thunder Bibs cost \$30 per day, with a \$20 deposit. Frozen Thunder Bibs must be purchased in advance through a separate Zone4 registration. The Zone4 link for purchasing Frozen Thunder Bibs for official training will be added to the first page of the Invitation by the week of October 9.

If you are trying to purchase a Frozen Thunder Bib for your designated official training time and they are sold out, or if you have any other issues purchasing a Frozen Thunder Bib for official training, please contact Clayton Whitman at cwhitman@biathloncanada.ca.

Frozen Thunder Bibs can be picked up and returned to the Nordiq Canada Office and must be worn during official training.

12. Unofficial Training

If you wish to train prior to the event, or after 12:00 on November 1 or 3, contact the Canmore Nordic Centre directly to book lanes. A Frozen Thunder Bib is not required if you are skiing after 12:00, and a Frozen Thunder Trail Pass is not required if you are skiing after 17:00.

13. Parking / Construction

The construction of the new stadium has completed, and it looks very different. Please follow signs for access to the course.

A Kananaskis parking pass is required to park at the Canmore Nordic Centre. Passes can be purchased online here: <https://www.alberta.ca/kananaskis-conservation-pass>.