

Competition-Introduction Coach Pathway

Biathlon Canada's Competition-Introduction coaching stream is intended for coaches of athletes in the Train-to-Train stage of Biathlon Canada's Long Term Athlete Development Model, in a competitive biathlon program, and competing at divisionally sanctioned competitions.

Prerequisites

In order to participate in the Competition-Introduction biathlon coach workshop, coaches must be:

- 16 years of age or older; and
- registered participants with Biathlon Canada.

Recommended Training

Coaches are encouraged to complete the Canadian Firearms Safety Course and the following NCCP multi-sport modules prior to the Competition-Introduction biathlon coach workshop:

- Coach Initiation in Sport;
- Make Ethical Decisions;
- Safe Sport Training;
- Understanding the Rule of Two; and
- Creating a Positive Sport Environment.

Required NCCP Multi-Sport Modules

It is recommended that the following NCCP multi-sport modules, which are required in order to achieve "trained" status, be completed prior to the Competition-Introduction biathlon coach workshop:

- Planning a Practice;
- Design a Basic Sport Program;
- Nutrition;
- Teaching and Learning; and
- Basic Mental Skills.

Competition-Introduction Biathlon Coach Workshop

The Competition-Introduction biathlon coach workshop consists of two parts:

- Part 1: Setting the Scene, Creating the Training Environment, Designing a Seasonal Plan, Supporting the Competitive Experience; and
- Part 2: Equipment, Supporting the Athlete in Training, Analyzing Performance.

Certification

Coaches who have "trained" status must complete an evaluation to become "certified" Competition-Introduction coaches. The evaluation consists of the following:

- Completion of the Make Ethical Decisions online evaluation;
- Submission of a practice plan, emergency action plan, and seasonal plan;
- Direct observation of the coach during training or competition by an evaluator; and
- Debrief and preparation of an action plan with the evaluator.