LOOKING BACK: LISTENING

Complete this form after you have recorded a conversation in which you tried to use the listening strategies. You can complete it while watching or after watching the conversation.

On a scale of 1-10, how interested were you in what the other person had to say?

NOT INTERESTED

VERY INTERESTED

Is there anything you can do differently next time to be more interested in what your conversation partner has to say?
What can you do to ensure that the focus of the conversation is on others rather than yourself?
How many minutes were you the speaker or listener? SPEAKER LISTENER
Is there anything you can do differently next time to listen more?
What did you do that opened up or closed down the conversation?
Is there anything you can do differently next time to encourage your conversation partner to open up and improve as a listener?