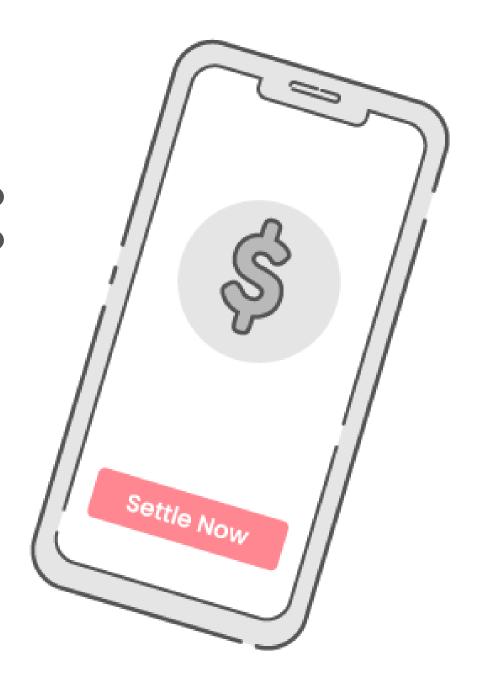
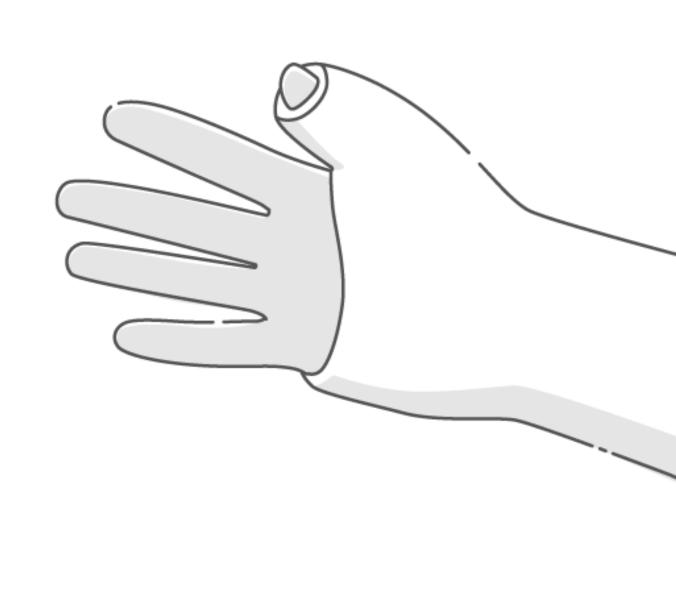


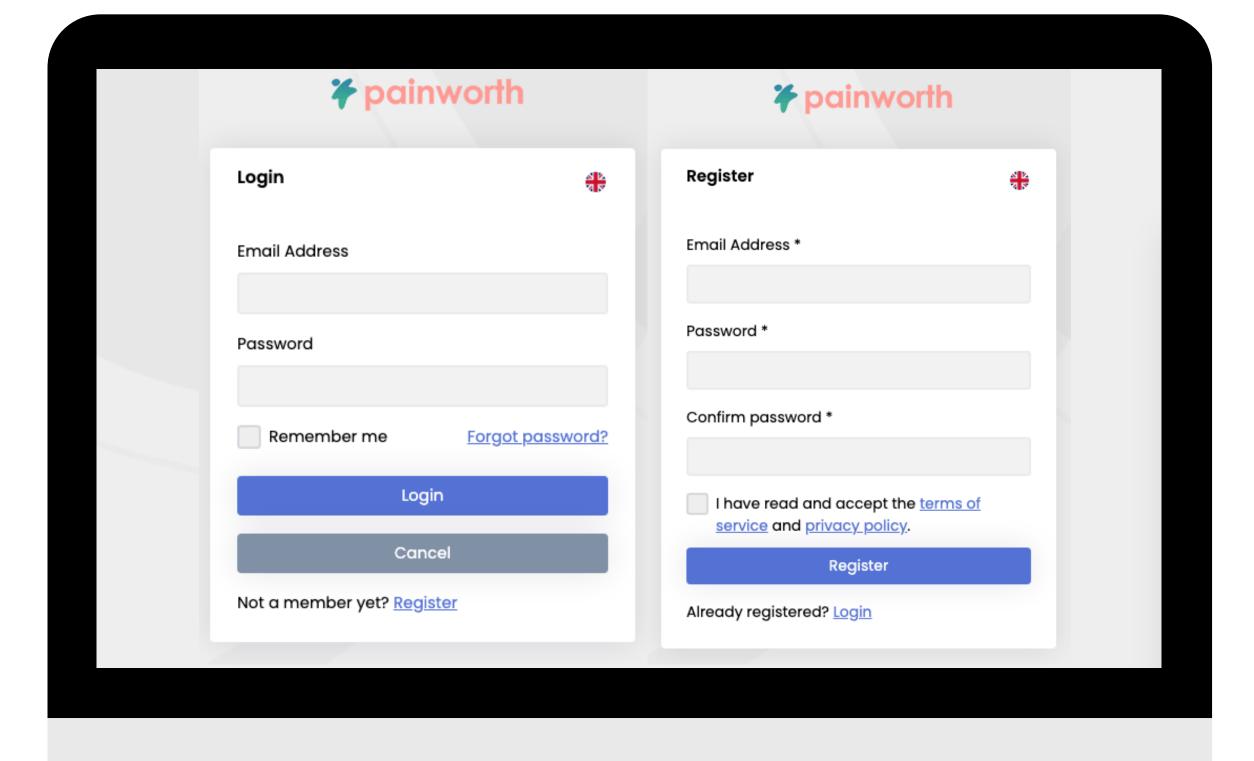
User Guide: PainWorth App





Login or Sign Up

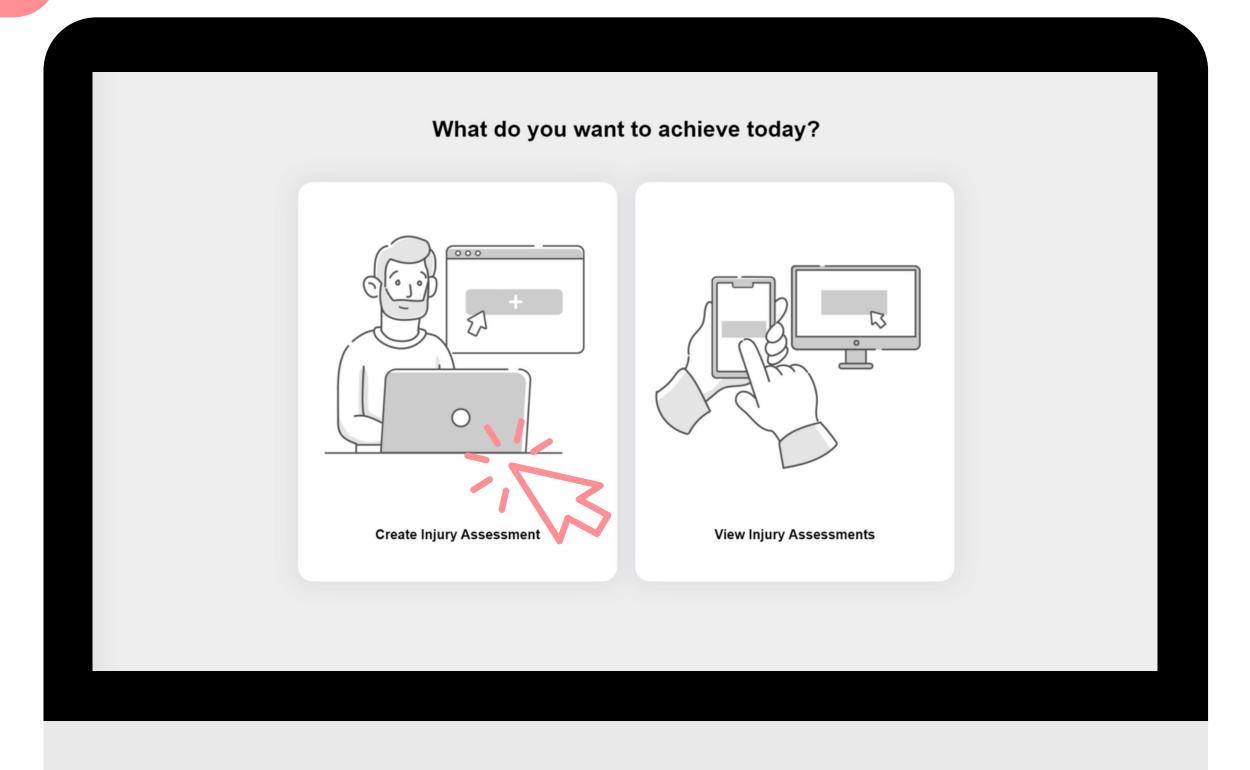
- Let's get started! It's quick and easy to register for PainWorth with an email address and password.
- Returning back to the app?
 Just sign in with the email and password you used when you created your account.





Creating an Injury Assessment

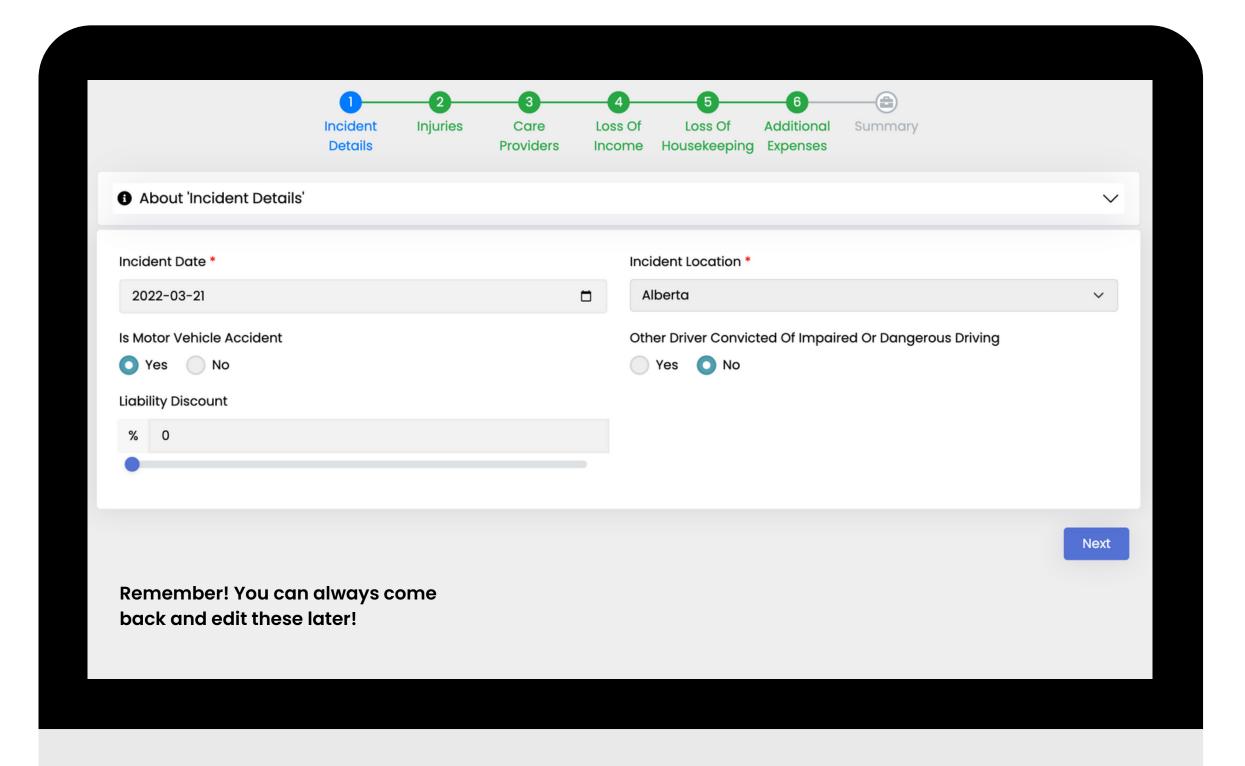
- After logging in, you can create a new injury assessment, or open a previously started one.
- For now, let's start a new one.





Incident Details

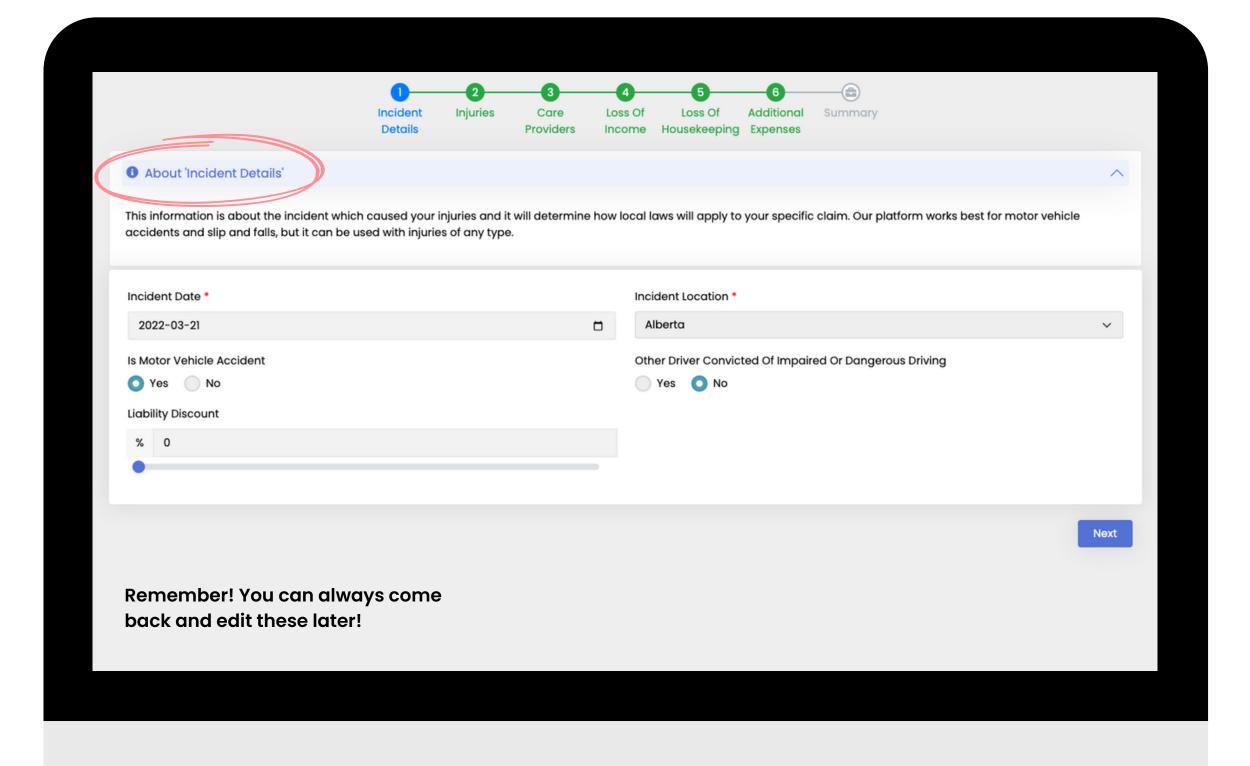
- On this page, add the:
 - Date of your incident
 - Incident location
 - If it was a motor vehicle incident
 - The extent of your liability (if you know it)
 - If the other driver was convicted of impaired or dangerous driving





Need Help?

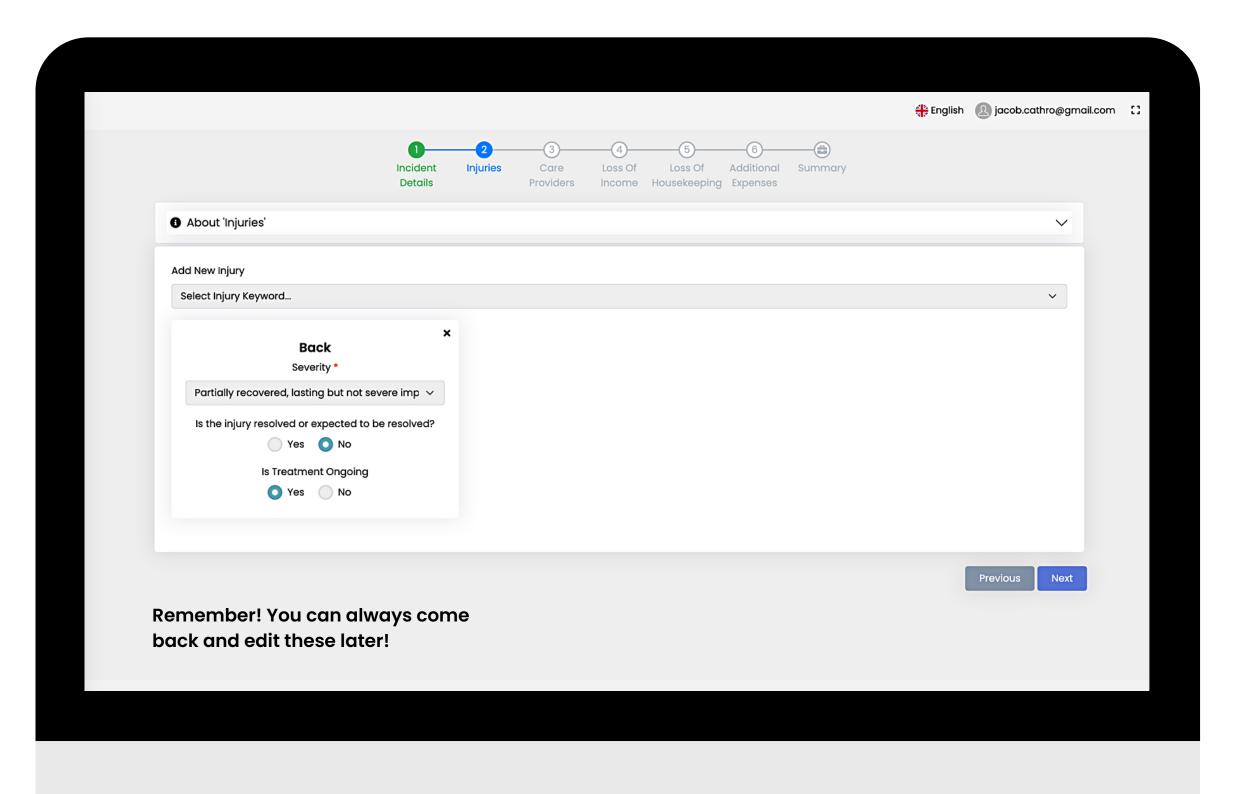
 Each page has a useful dropdown menu to help you understand the type of information to enter, as well as how PainWorth uses that information to calculate your potential settlement value.





Injuries

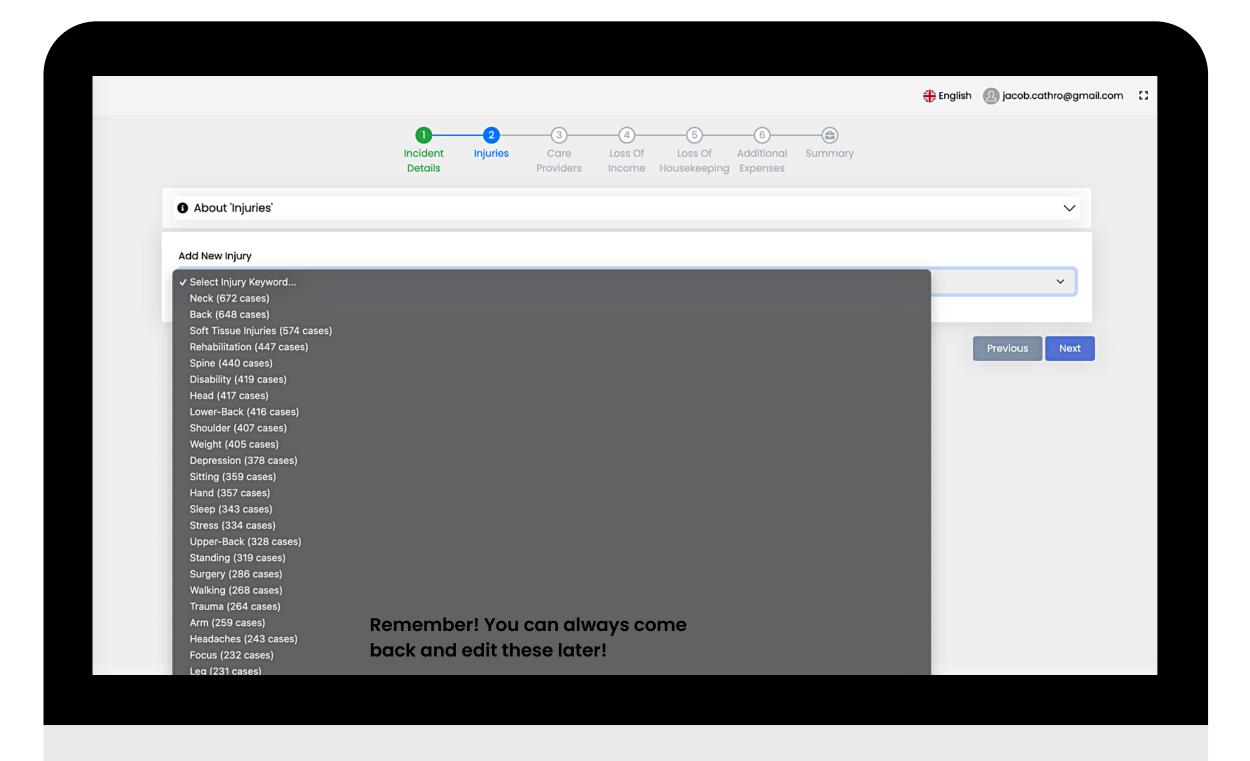
- Here, you will input the nature of your injury.
- Has your injury been resolved? If not, is it expected to be resolved? If so, when?
- Is your treatment ongoing?





Injuries Continued...

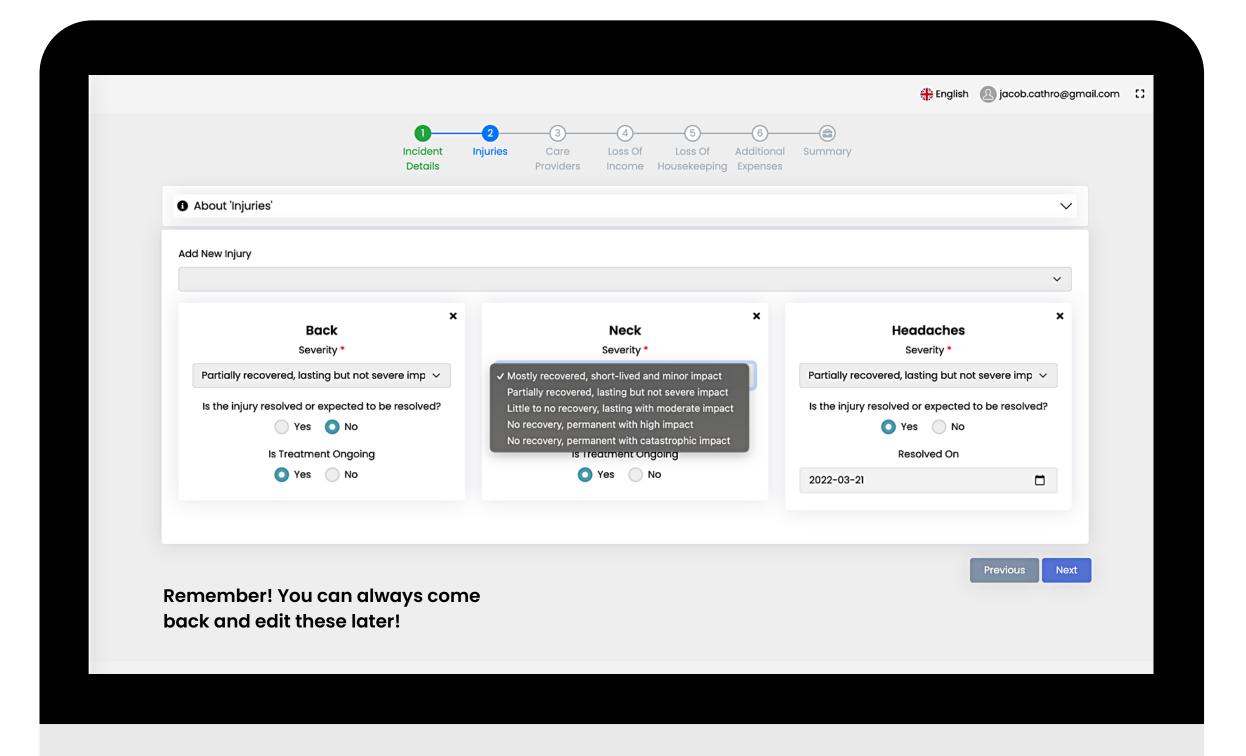
- The convenient dropdown menu will allow you to specify the exact area which you have sustained your injury.
- You can see how many cases in the PainWorth database associate with each type of injury.





Injuries Continued...

- Have multiple injuries? Add them!
- Please note that adding more injuries won't necessarily increase the value of your settlement. The important thing is to capture an accurate assessment of your injuries.

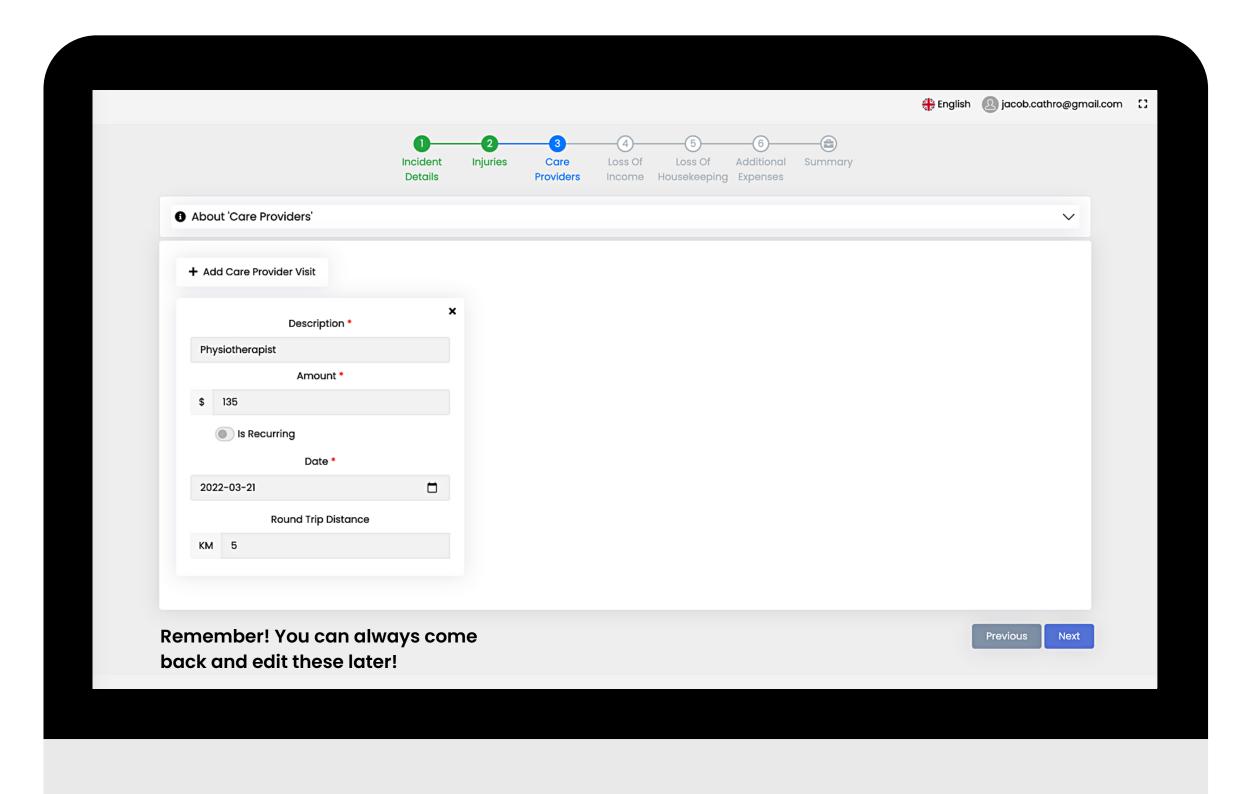




Care Providers

On this page, input:

- The type of care you received
- The cost of that care
- The date(s) you received that care
- The round trip distance to attend that care
- If the care was/is recurring (if so, for how long?)
- You can add multiple care providers.



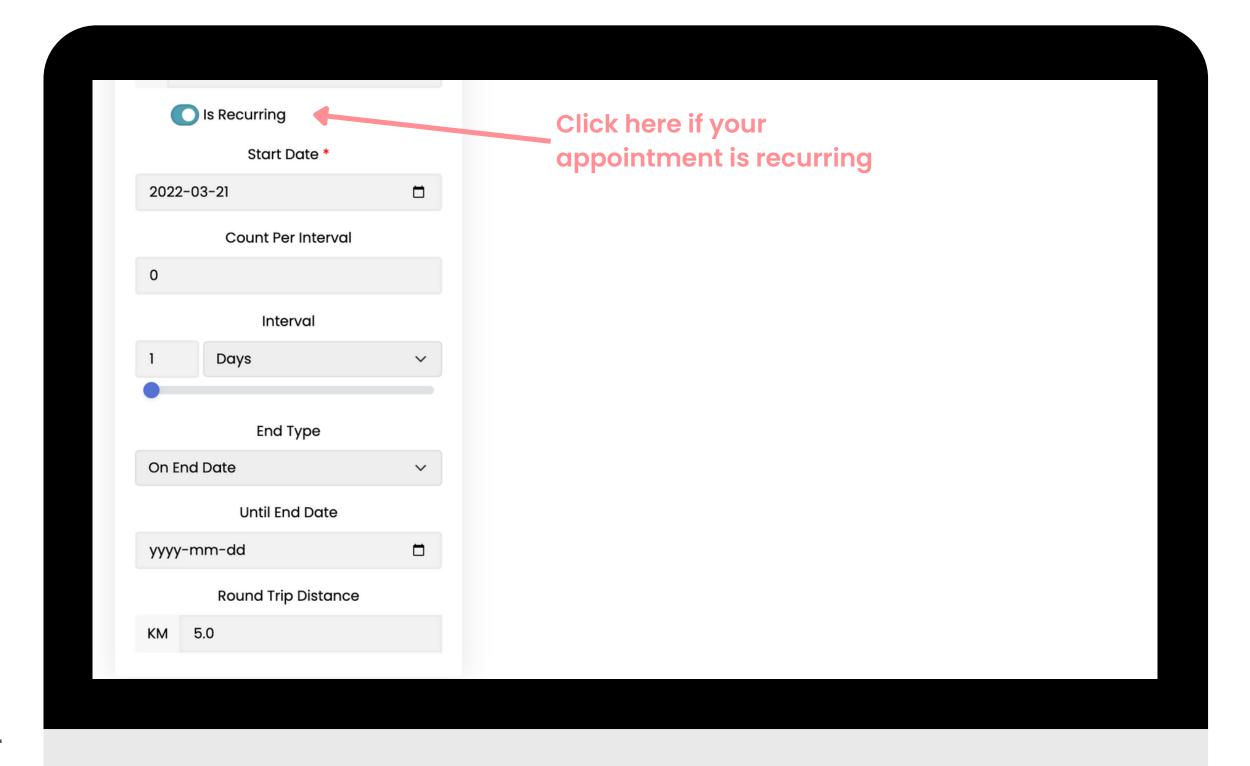


Recurring Appointments

 If your appointments are recurring, you can enter them by selecting "Is Recurring" in the app.

• Then, enter:

- When the appointments started
- How many appointments you have in a certain interval
- What the interval is (eg. per week, month, year)
- When the appointments ended

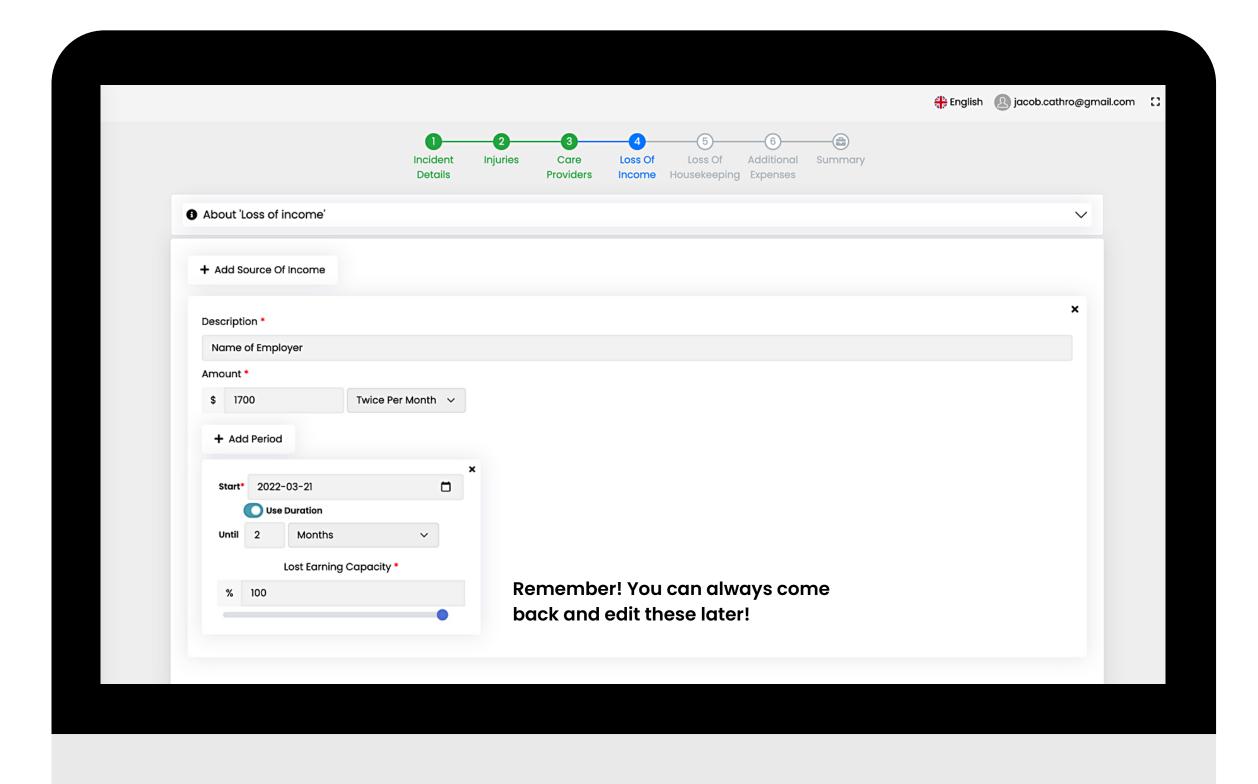




Loss of Income

• On this page, input:

- The name of your employer
- The amount you are paid in a specific pay period
- How long you have/will have had lost income for
- How much of your total income you have lost in that period, due to your injuries.
- You can add multiple sources of income.

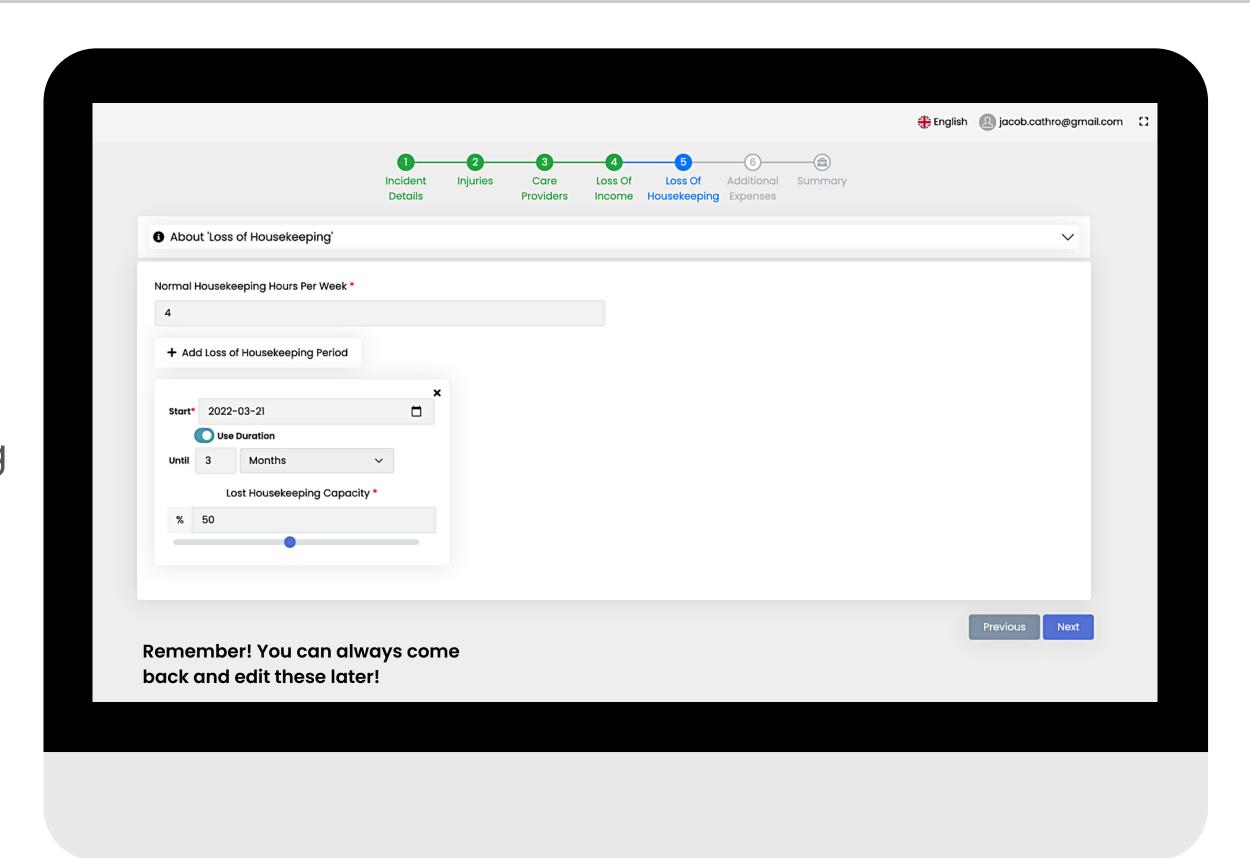




Loss of Housekeeping

On this page, input:

- The hours of housekeeping you complete weekly
- The duration you have/will have lost your ability to complete this housekeeping
- How much of your total housekeeping capacity you have/will have lost in this period, due to your injuries
- You can add multiple housekeeping periods.

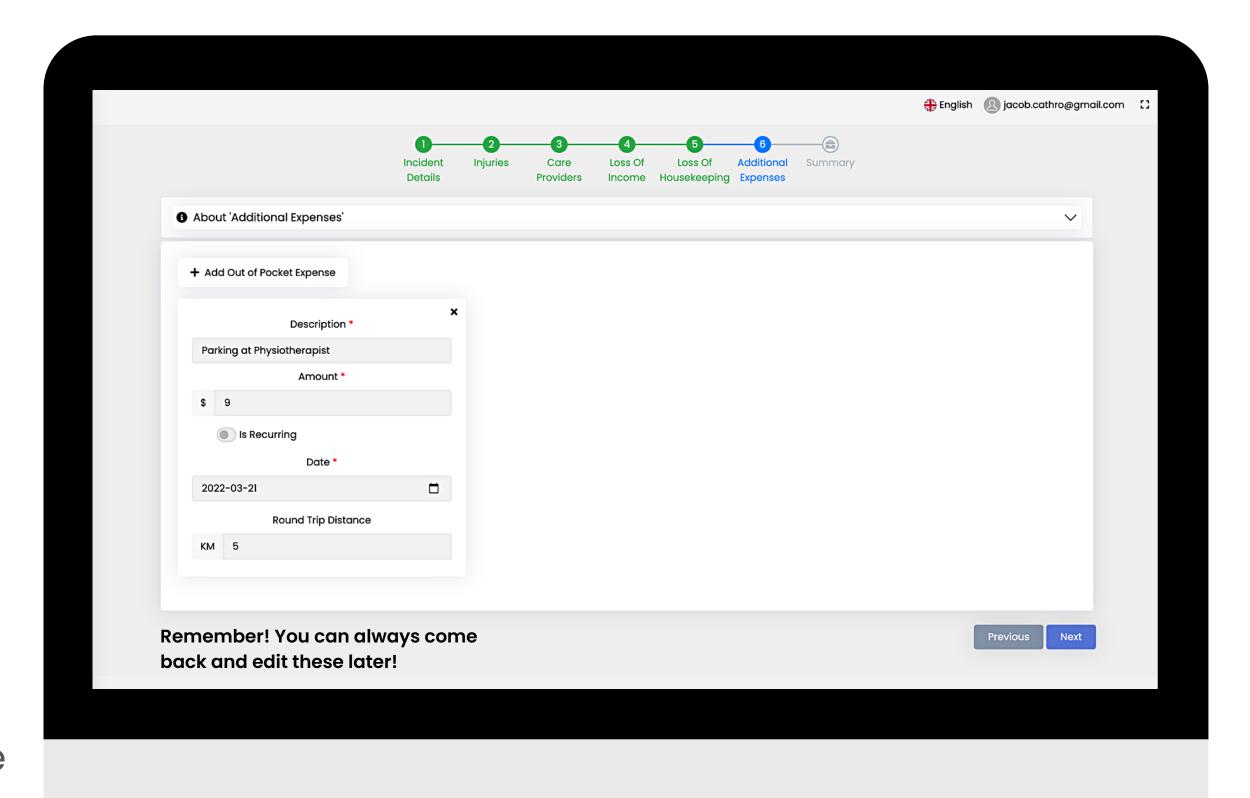




Additional Expenses

On this page, input:

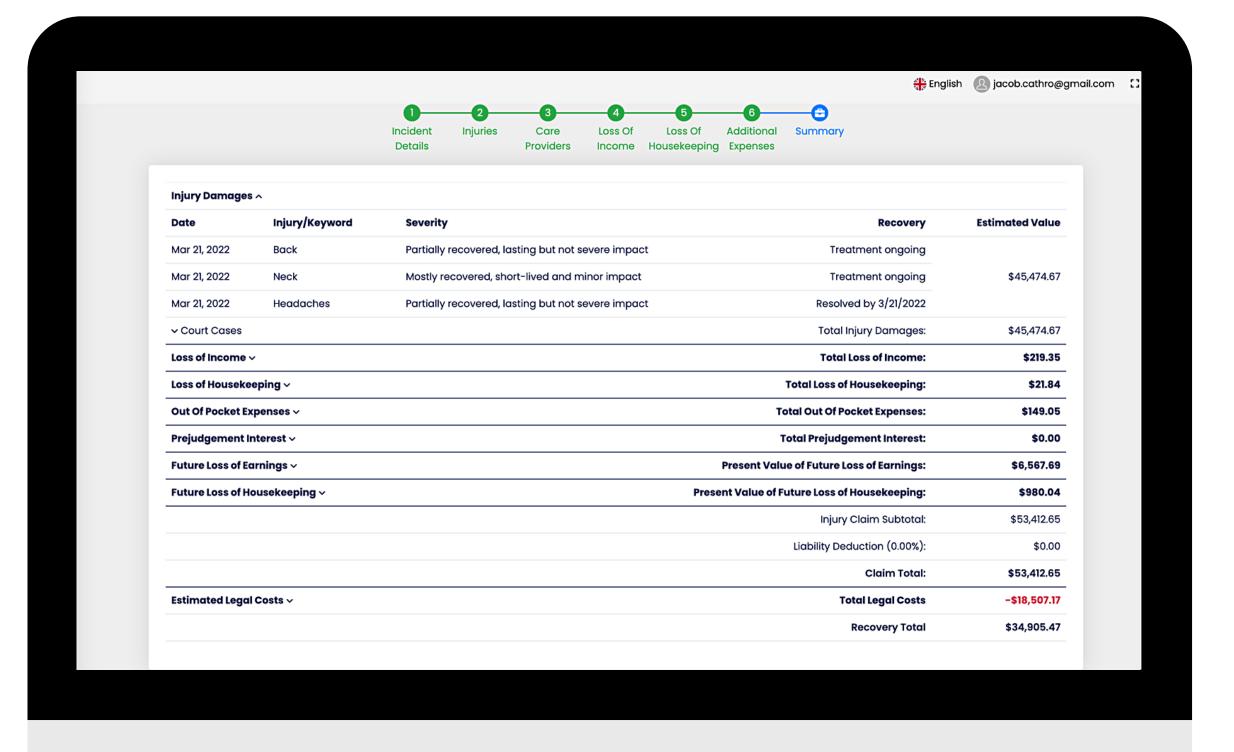
- Your out-of-pocket
 expenses accrued directly
 as a result of your injuries
- The dollar amount & if the expense was/is recurring
- The date(s) and round trip distance to arrive at that expense
- Expenses can include parking, public transit, taxis, etc. that are directly necessary due to your injuries.





Summary

- Voila! The PainWorth magic has been completed!
- Here, you can see the estimated value of your:
 - Injuries
 - Loss of Income
 - Loss of Housekeeping
 - Future Loss of Earnings
 - Future Loss of Housekeeping
- PainWorth will also provide the estimated legal costs of your claim.





Expanded Summary

- You can expand any one of the heads of damage in the summary of your case by clicking on it.
- Here, you can see an exact breakdown of the calculations that lead to the dollar value given for that category and how it contributed to your overall settlement value.

Injury Damages ~			Total Injury Damages:	\$45,474.67
Loss of Income >			Total Loss of Income:	\$219.35
Loss of Housekeeping v			\$21.84	
Out Of Pocket Expenses ^				
Period	Description	Quantity	Cost	Subtotal
Jan 01, 2022 - Jan 01, 2023	Parking at Physiotherapist	1	\$9.00	\$9.00
Jan 01, 2022 - Jan 01, 2023	Parking at Physiotherapist, 5.0km/visit, \$0.51/km	5	\$0.51	\$2.53
Jan 01, 2022 - Jan 01, 2023	Physiotherapist	1	\$135.00	\$135.00
Jan 01, 2022 - Jan 01, 2023	Physiotherapist, 5.0km/visit, \$0.51/km	5	\$0.51	\$2.53
			Total Out Of Pocket Expenses:	\$149.05
Prejudgement Interest v			Total Prejudgement Interest:	\$0.00
Future Loss of Earnings v		Present	\$6,567.69	
Future Loss of Housekeepin	g ~	Present Value	\$980.04	
			Injury Claim Subtotal:	\$53,412.65
			Liability Deduction (0.00%):	\$0.00
			Claim Total:	\$53,412.65



Case Law

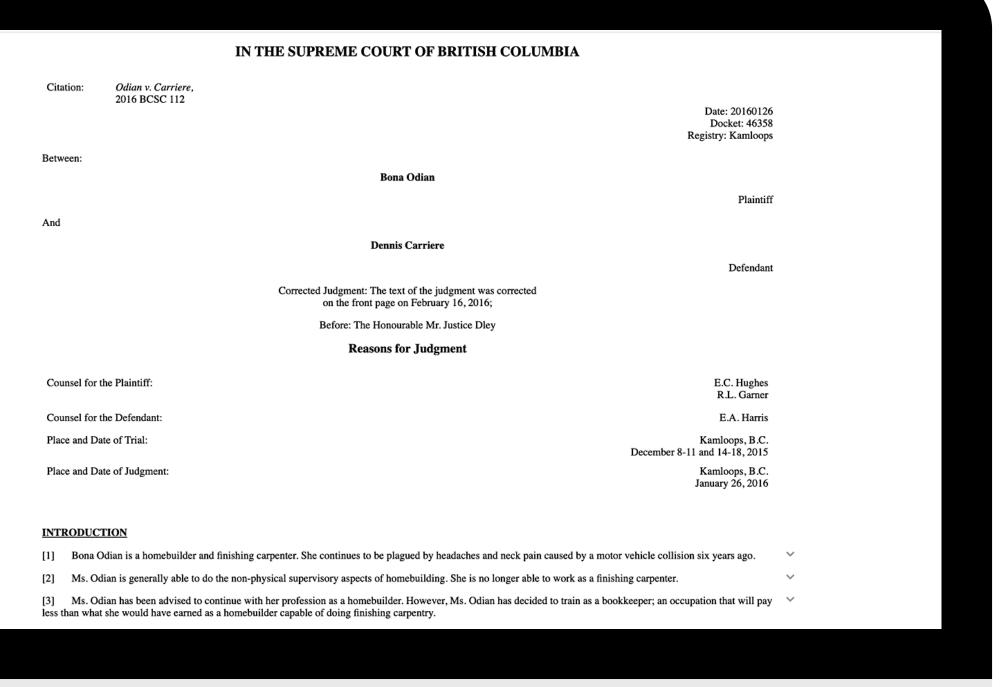
- Where did these figures come from? The PainWorth formula automatically cites case law specific to your injuries, and displays the amount awarded by a court of law in each of them.
- You can see the province, year, awarded amount, and similarities between your injuries and those of the plaintiff in each case.

Province	Title	Year	Award Amount	Inflation Adjusted	Matching In	juries	Other Injuries	
British Columbia	Odian v. Carriere 2016 BCSC 11 2 (CanLII)	2016	\$100,000	\$105,140	Neck Back Headaches	17.0% 4.7% 3.1%	Stress	0.1%
British Columbia	Spurgeon v. Smith 2009 BCSC 15 26 (CanLII)	2009	\$50,000	\$59,003	Neck Back Headaches	13.0% 3.0% 1.3%	Disability	3.1%
British Columbia	Parwani v. Sekhon 2009 BCSC 1 280 (CanLII)	2009	\$25,000	\$29,502	Back Neck Headaches	8.7% 2.8% 0.2%	Spine Standing	2.2% 0.1%
British Columbia	Predinchuk v. Spencer 2009 BCSC 1396 (CanLII)	2009	\$80,000	\$94,406	Neck Back Headaches	11.1% 10.3% 1.8%	Spine Head Standing Soft Tissue Inju Whiplash +3 other(s)	2.0% 1.0% 1.0% uries 0.2% 0.1%
British Columbia	Embleton v. Innes 2013 BCSC 851 (CanLII)	2013	\$60,000	\$65,961	Neck Headaches Back	15.9% 1.9% 0.0%	Shoulder Weight Lower-Back	3.5% 0.9% 0.1%
British Columbia	Bittante v. Zichy 2008 BCSC 7 28 (CanLII)	2008	\$45,000	\$53,243	Neck Headaches Back	17.9% 16.8% 9.5%	Head Upper-Back Spine Arm Chest +5 other(s)	5.6% 2.3% 1.2% 1.1% 0.7%



Viewing Specific Cases

- Want even more data? Click into any of the associated pieces of case law to view the court documents in their entirety, from each displayed case.
- These cases are public information and are available through www.canlii.org.







Questions? Feedback?

Get in touch! We're committed to always making the service better for our customers.

Head to painworth.com/contact-us

