

## POST-CARE INSTRUCTIONS

# LIP BLUSHING

### OVERVIEW

Lip tattoos are not as deep as a 'normal' tattoo—your new healing skin is covering the ink, and when your skin and the ink start to settle (between weeks 2-4), you'll notice that your lip tattoo 'starts coming back.' It didn't disappear initially; it was just harder to see through a thicker layer of healing skin.

ACCESS THE ONLINE INSTRUCTIONS HERE



### DO:

#### Keep Lips Moisturized

Keep lips well moisturized.



#### Avoid Airborne Debris

Abstain from Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris.



#### Use A Straw While Drinking

Use a straw while drinking. Avoid spicy and salty foods and drinks.



#### Take Your Antivirals

Take your antivirals for at least 3 days after treatment if you have a history of cold sores.



### DON'T:

#### DO NOT Get Skin Treatments

Do not have laser and/or chemical treatments or peels and/or any creams containing Retin-A or Glycolic acid on the face or neck, or receive lip fillers for 6 weeks.



#### DO NOT Use Chemicals

Do not use chemicals, as they have been known to cause a shift in color and premature fading.



#### DO NOT Drive With Windows Down

Do not drive in open air vehicles such as convertibles, boats, bicycles, or motorcycles.



#### DO NOT Sweat

Do not participate in sports, perform strenuous exercise, swim, use sauna, hot baths, Jacuzzi, or anything else that can increase sweating for 7 to 10 days.



***DON'T:***

***DO NOT* Touch Your Lips For 24 Hours**

Do not let any water, lotion, soap, or make-up touch your lips for 24 hours after your treatment.



***DO NOT* Wear Makeup**

Do not wear makeup for 7 days.



***DO NOT* Consume Alcohol**

Do not consume alcohol for at least the next 24 hours.



***DO NOT* Go Tanning**

Avoid sun tanning, salon tanning, artificial tans, or UV/UVA/UVB rays.

